

May 2025  
VOLUME 23/ISSUE 5

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**Total April New and Renewing Memberships  
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*Visit the IASD  
Website*



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**ANNUAL CONFERENCE UPDATES**

International Association for the Study of Dreams

# ANNUAL DREAM CONFERENCE

June 21 – 25, 2025



5 DAY MULTI-FACETED VIRTUAL EVENT



[HTTPS://IASDCONFERENCES.ORG/2025](https://iasdconferences.org/2025)

The 2025 Conference will be Virtual: In order to be able to reach the broadest global audience this year at a lower cost to participants, the main Annual Conference will be virtual via Zoom, using the Zoom Events platform. It will be live and interactive and planned to offer the same symposia, panels, workshops, morning dream groups, and special events as you have learned to enjoy with the on-site annual conferences – including virtual receptions, a virtual art exhibit, the dream telepathy contest and even a virtual costume parade and dream ball.

Several Local/Regional Conferences are being planned to satisfy the desire for in-person gatherings - see Regional News You Can Use, below!

**Save the date pre-announcement:** From 13 through 17 June 2026, we plan to return to beautiful Ashland, Oregon for our on-site Annual Conference. More information to come.

Introduction to the keynotes and featured invited presenters:



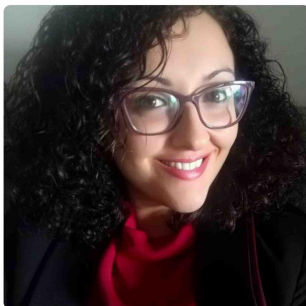
**Erin Wamsley**  
How Sleep Shapes Our  
Memories—and Our Dreams



**Charlie Morley**  
Lucid Dreaming for Trauma  
Treatment



**Julia Mossbridge**  
Should Humans Dream of  
Electric Sheep?



**Dr. Serena Scarpelli**  
 Dreams as Mirrors of Well-being: Exploring the Relationship Between Dream Activity and Life Changes



**Dr. Fanny Brewster**  
 Dreams as Healing Messages from the Divine



**Kaya and Christiane Muller**  
 The Source Code of Dreams and Signs: How to Understand the Importance of Symbolic Language in Night and Day

## Register NOW

### June 1 is the early discount deadline

While you will enjoy the same range of events as at our on-site conferences, without the expense of travel and lodging, the fee structure is also much lower. Even at that, we are offering discounts for presenters and early registrants, volunteers, IASD members, student/low-income attendees, and student and BIPOC scholarships. Recordings of lecture-based sessions are also included in the fees.



### Call for Volunteers WAIT LIST OPEN

Positions may still open, so let us know if you want to volunteer to help make our 2025 IASD Online Conference a success! The conference will be Zoom Events based, so the volunteer positions require Zoom experience for managing our Help Desk, as well as Zoom Host volunteers to manage various sessions. Volunteers need to be experienced, but will receive training in both roles.

Volunteers work about half of the conference session hours (roughly 12 to 14 hours). The application fee is \$100, which is a deeply reduced price for the conference. This fee covers conference attendance, all receptions, the online dream art exhibit and the dream ball.

If you are interested in being wait listed for either or both positions [apply here](#).

### **SOME TIPS TO HELP YOU PREPARE FOR THE DREAM BALL**

*from the Dream Ball Committee and Diversity Task Force Advisory Committee (DAC)*

On the last evening of the IASD conference, it's time to spend some timeless hours in a shared space where dreams come alive in waking life! Costumes are not mandatory, but you



are encouraged to take this chance to dress up like an image or element from your dreams and dance the night away to a lovingly curated playlist of dream-inspired danceable tunes!

There will be a dream costume parade that begins at 6:00 ET. You will have 1 minute to present how your costume relates to your dream (2 minutes for groups). Start thinking now about your costume! As it's an online conference, there will be chances to use Zoom filters to "costume" yourself without even changing your clothes! You will get some information about how to do this in your pre-conference instructions, so you might want to follow them and practice so that your Dream Ball experience goes smoothly.

We hope you will enjoy this dream community celebration and magical conclusion to the conference!

#### PLEASE NOTE: Cultural Appreciation

If your dreams are diversely populated, that's a beautiful thing. However, IASD members sharing the Zoom dance floor will appreciate your awareness that cultural and/or racial appropriation is harmful to other people in waking life.

The [IASD Principles of Community](#) statement says we value "Diversity: A constructive educational environment for participants at conferences and other activities, that welcomes the multiplicity of different approaches to dream studies, and strives to create an open, inclusive atmosphere of mutual respect." We hope you enjoy exploring the multiplicity of creative possibilities for dream costumes that won't offend other members.

The IASD Principles of Community also say we value "Dignity: Fairness, respect, and individual dignity. The promotion of a safe environment that is free from any type of harassment or abuse..." If your dream costume idea might target someone else's religion, race, ethnicity, culture, gender, sex, sexual orientation or personal identity, then it's best to dream up a new dream costume idea.

Thank you for helping create a safe space for our dream ball to be a great success!

Here's some valuable information that might help you decide what to avoid:

<https://www.youtube.com/watch?v=KMhKooYOQrM>



#### GET DREAM-READY FOR THE CONFERENCE!

Snuggle in, log on, and float into the magic of this year's **Annual Dream Conference** with **exclusive, dreamy merch** created just for our incredible community of dreamers, researchers, and creative explorers!

Now available on [RedBubble](#):

- **Stickers** to personalize your journals, laptops, and dream diaries
- **Official Dream Journal 2025** – your dedicated space to capture psi dreams and conference inspirations
- **Mugs** for sipping your favorite dream-brew as the sessions unfold
- **Totes** for your books, notebooks, or even post-conference market strolls

- **Throw pillows & blankets** for the *ultimate* cozy cat nap (hey, it's totally valid dream research!)

Whether you're presenting, attending, or deep-diving into the dream realms from your favorite armchair, this collection brings comfort, creativity, and community right into your space.

**Shop now and bring the dream vibe home:**

<https://www.redbubble.com/people/IASD-Dream-Shop/shop?asc=u>

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## STILL TIME TO VOTE FOR IASD BOARD DIRECTORS!

Sherry Puricelli, Nominating Committee Chair

Attention, IASD Members – It's time to vote! Announcing this year's slate of seven candidates running for Board of Director positions in IASD's member elections:



**Marta Aarli (USA), Kiran Anumalasetty (India), Alaya Dannu (USA), Bhaskar Banerji (USA), Victor Lee Lewis (USA), Amina Montana (USA), Melanie Rosen (Canada)**

From these seven candidates, the five with the most votes will be elected to begin their three-year term in June 2025. **Last day to vote: May 22.**

Only current members of IASD can vote for Board Directors. Check out the IASD website and member e-mails for all of the details needed to cast your vote.

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## NEW IASD ASSISTANT TREASURER Chris Cunniffe

Robert Waggoner, IASD Treasurer

As Treasurer, I want to thank everyone who submitted their interest in the Assistant Treasurer volunteer position at IASD. We had three applicants, which I shared with the Finance Committee – all of whom were very qualified to take on the role.



After deliberation, the Finance Committee unanimously agreed to offer the position to Chris Cunniffe, an IASD member since 2015 and former treasurer for the non-profit Charleston (SC) Jung Society. Besides having familiarity with non-profit bookkeeping requirements and Quickbooks, Chris also served as a corporate lawyer in the 1990s. You can learn more about Chris at [Lucid Coaching, LLC](#). All three applicants have agreed to join the Finance Committee, which will help IASD grow its brain trust in this area.

# DREAMS & ETHNICITY PORTAL

## NEWS FROM THE DAC!

<https://www.asdreams.org/dreams-and-ethnicity-portal/>

The IASD Dreams and Ethnicity Portal includes: photos and bios of DAC members; videos, podcasts, and publications; information about IASD's Diversity, Equity, and Inclusion (DEI) dream research grants and DEI student research awards; Culture-Keeper memberships; Black, Indigenous, and People of Color (BIPOC) conference scholarships and grants; and more. To help fund these important programs, please [click here](#) and donate to **IASD Diversity**. This category supports IASD's pledge to grow an intentional inclusive process for Black, Indigenous, and People of Color (BIPOC) with expertise or interest in dreams, expand the ethnic diversity of the IASD, and increase the ethnic diversity of invited speakers at future conferences.

Contact [diversityresponse@asdreams.org](mailto:diversityresponse@asdreams.org) to learn more about any of these initiatives, including special opportunities to sponsor scholarships and awards. And remember: That's the contact address for any comments on ethnic and racial Diversity, Equity, and Inclusion in all IASD functions.

Thank you for your support!  
Angel Morgan, PhD, DAC Chair  
on behalf of IASD's Diversity Advisory Committee (DAC)



## IASD'S DREAM STUDY GROUPS PROGRAM

March 1, 2025 – March 1, 2026

**Latecomers: Registration is still open!**

**Four series to choose from:**

- Dreams & Ethnicity Series
- Dreams & the Arts Series
- Foundation Series
- Research Series

The cost for each series is \$50 for IASD members and \$75 for non-members. You can read more about the DSGP and sign up here:

<https://iasdreamcourses.org/mod/page/view.php?id=1031&popup=1>

An awesome interview with Kelly Bulkeley, one of the contributors in the Dream Study Groups Program:

**Full**

<https://youtu.be/mOkEBNYPCUA?si=a5WEnlGh81mqKZjo>

**Short**

[https://youtube.com/shorts/GIEk1NHqJYM?si=D8\\_SNb2TfdraQSeH](https://youtube.com/shorts/GIEk1NHqJYM?si=D8_SNb2TfdraQSeH)

## REGIONAL NEWS YOU CAN USE

### Bernard Welt, IASD Regional Events Committee

Looking forward to our Virtual Annual International Conference in June 2025, IASD is making a special effort to encourage regional conferences where members find opportunities to connect and share perspectives with fellow dreamers in person. You'll have more and more opportunities to meet with other members regionally, at events meeting the same high standards as our international conferences, with workshops, dream-sharing groups, and presentations on the arts, key topics in dreaming, and innovative research. Make your plans for:

**September 26-27 2025 The Northeast Region will host a conference on "Dreaming: Culture, Creativity, and Cosmos" at Bridgewater State University, Bridgewater MA, co-sponsored by the Bridgewater State Anthropology Department.**

Keynote address by current and former IASD President Deirdre Barrett, an authority on dreaming and creativity and an accomplished artist. Featuring panels on cultural framing of dreams, creative imagination, and the nature of consciousness, with invited participants from regional ethnic communities. Bridgewater is a short trip from Boston, the beautiful New England coast, and Cape Cod.

Contact Dr. Curtiss Hoffman at [teximus@comcast.net](mailto:teximus@comcast.net)



**October 10-12 2025 The Festival of Dreams: A California Regional Event Co-Sponsored by IASD at the Santa Cruz Museum of Art & History.**

Hosted by IASD powerhouses Katherine Bell and Linda Mastrangelo, the Festival will celebrate dreams through workshops, presentations, dream-sharing, dream films and art, in a particularly beautiful and serene location. Capped off with a Dream Ball, of course.



**Watch this space for more regional events this year and next.**

Please share notice of these events with friends and colleagues in these regions or interested in traveling there. Regional gatherings have great potential for fulfilling the IASD mission of spreading awareness and understanding of our dream lives.

**Note: You don't need to be a member in one of these regions to attend their planned events.**



If you're considering proposing a regional event, contact **Jeanne Van Bronkhorst** at [vanjvb@gmail.com](mailto:vanjvb@gmail.com). She's ready to walk you through the process with wise and patient counsel.



### Nicoline Douwes Isema, Chair, Social Networking Committee

Help us share the excitement about the upcoming conference!

We have put our promotional material online to share. Whether you're a presenter, attendee, or supporter, these materials make it easy to spread the word and invite others to join the experience:

- \* 2025 Conference Press Release
- \* Graphics, Banners, and Flyers
- \* Official Presenters' Badges for your social media

Download, share, and tag us to keep the energy flowing!



[Download the Media-to-Share](#)





## THE DREAM HUB ON NEW PLATFORM FEATURES IASD MEMBERS

Melissa Johnson's podcast The Dream Hub is now streaming on the online platform New Reality TV.

Weekly releases will feature episodes interviewing a number of IASD members.

Tune in here! <https://newrealitytv.com/tv-show/the-dream-hub-podcast/>

### HOT OFF THE PRESS

In this issue of Hot Off the Press, we will be focusing on the topic of dreams and artificial intelligence. This column publishes links to evidence-based scientific articles on dreams that are written for a non-research audience.

#### AI MAY SOON LET YOU RECORD AND REWATCH YOUR DREAMS

BY JOSHUA HAWKINS

What if AI could record your dreams and play them back for you? Like many AI topics we [BGR] cover, that probably sounds like a load of science fiction nonsense. But we could be closer to dream recording AI tech than you think. At least, Dr. Peter Bentley seems to think so.

Writing on BBC's Science Focus, Dr. Bentley approaches the question of "Could AI record our dreams?" with quite a bit of thought. See, it isn't really a matter of if, but more a matter of when AI could be capable of doing such a thing. In fact, we've already seen scientists looking for ways to record dreams and brain waves.

SOURCE: BGR

<https://bgr.com/tech/ai-may-soon-let-you-record-and-rewatch-your-dreams/>

#### FUTURE MODELS OF AI-ENHANCED DREAM INTERPRETATION

BY KELLY BULKELEY

The interpretation of dreams is being revolutionized by the emergence of new technologies of artificial intelligence (AI). The advent of AI is rapidly expanding the accessibility of dream research, enabling a wider range of people to participate in and benefit from its methods and findings

SOURCE: PSYCHOLOGY TODAY

<https://www.psychologytoday.com/us/blog/dreaming-in-the-digital-age/202405/future-models-of-ai-enhanced-dream-interpretation>

### MEMBERSHIP TOTALS

**IASD APRIL 2025**

**Membership**

*Membership Committee*

**Total new and renewed  
members = 46**

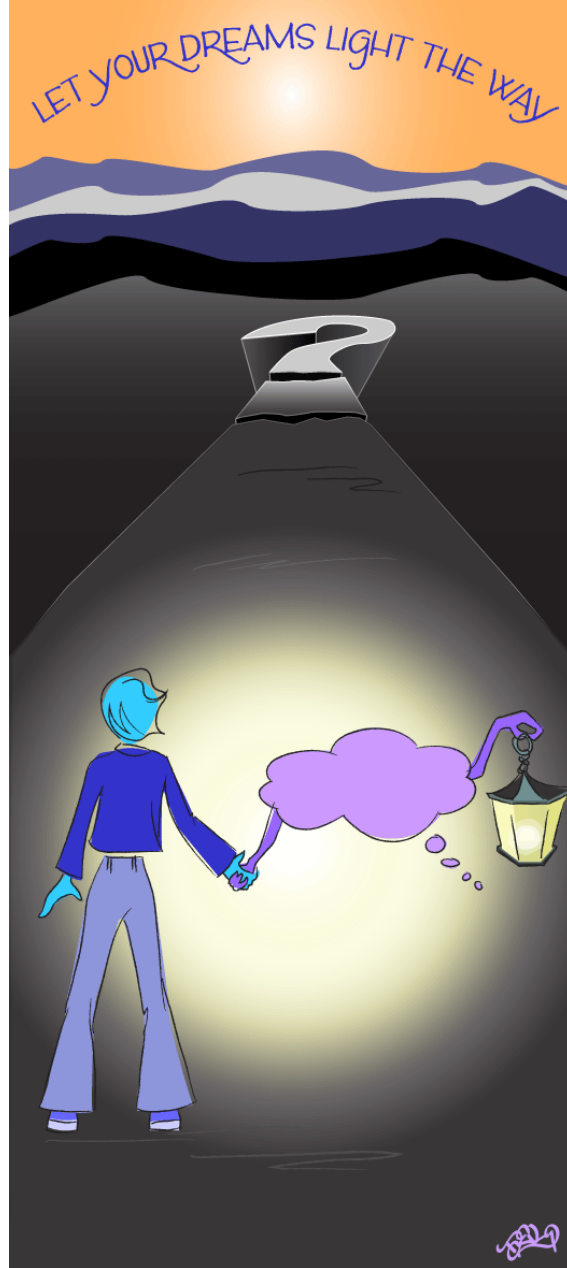
**New members = 14**

Laura E. Butler  
Adam Chodzko  
Tammy McKean  
Hazal Orhan  
Ana Maria Stefănescu  
Heather H. Taylor-  
Zimmerman  
Anna M. Uhlich  
Felipe Vanegas  
Anonymous=6

**Renewed members = 32**

Nour N. Al Nahas Etmaz Alsebaei  
Deborah Armstrong  
Sheila M. Asato  
Oniri  
Robert C. Bunch  
Deborah Lilly Coupey  
Cynthia Da Silva  
Katharine Donovan Kane  
Leslie Ellis  
Liv M. Evensen  
Royce Fitts  
Phil Fraser  
Anne-Marie Gabella  
Tziviva Gover  
Diane E. Greig  
David Jenkins  
Jabari T. Jones  
Ed Kellogg  
Lee Kravitz  
Alfio Maggiolini  
Greg Mahr  
The Haden Institute  
Joan Quilligan  
Elizabeth Scanzani  
Doris Snyder  
Gunnar Sundstrom  
Maarten M. van Rootselaar  
Susan Vasiljevic  
Anonymous=4

**DREAMTOONS BY DELIA**



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