

# Dream News



June 2025  
VOLUME 23/ISSUE 7

## IN THIS ISSUE:

**Annual Conference Recap**  
• Recordings available soon

**Live Regional Conferences –  
Registration Open!**

**More from the annual conference:**  
• Student Research Awards winners  
• A retrospective from a DAC perspective  
• Social Media Conference Campaign  
• Thanks for buying Redbubble treasures

**Board News: Election results and new officers**

**Volunteer opportunities:**  
• Membership Committee  
• Restart the PsiberDreaming Conference

**Hot Off the Press**

**Dream Toon**

**New and Renewing Memberships:**  
June, 40; July, 23

*Visit the IASD  
Website*



## Contact

[office@asdreams.org](mailto:office@asdreams.org)  
209.724.0889

**Linda H. Mastrangelo**  
Editor

**Joy Fatooh**  
Copy Editor

**Laura Atkinson**  
Design & Layout

**Alina Mansfield**  
Central Office Manager

**Jean Campbell**  
Executive Committee Advisor

**Delia Puiatti**  
Dream Illustrator

## ANNUAL CONFERENCE UPDATES

### 2025 Conference Wrap-Up from the Conference Advisory Committee

While our preference is to hold in-person, on-site conferences, our first venture into using the Zoom Events platform to reach more attendees who otherwise may not have been able to easily attend was successful. We had 299 total attendees (246 regular attendees plus exhibiting artists) from 28 countries around the world (in contrast to 18 at our last US on-site conference). With this we achieved our financial goals plus our objective of global outreach.

About 28% of attendees answered our post-conference survey. Of those, 84% were IASD members (including 18% who became members because of the conference) and 16% non-members. The top 3 reasons (over 75%) that people said they attended the conference were to learn about the latest in dream research and theories, to meet other people passionate about dreams, and to have fun! The next highest (62%) was to learn about new clinical and new dreamwork techniques. Overall, 94% said they were satisfied with the event (69% strongly) and 3% dissatisfied (related to satisfaction with Zoom technology). A few of the comments are listed below. 96% said they were inclined to attend a future IASD conference, 74% definitely.

This year's online art exhibition showcased a powerful global array of dream-inspired artwork. It was the largest volume of submissions in the history of the exhibition: 65 artists were accepted, resulting in a vibrant show of 110 pieces, including seven video works.

A heartfelt thank you to the incredible volunteers who supported our online dream conference! Your work as Zoom session co-hosts and Help Desk guides made a huge difference in creating a smooth, welcoming experience for our attendees and presenters. We couldn't have done it without you!

Some of the comments:

- *"Learning from diverse perspectives, lots of excellent speakers, engaged participants as evidenced by the lively Q&A after the presentations. Above all, I value being part of a community who are truly passionate about exploring and working with dreams!"*
- *"This was an awesome conference. Well planned, easy to maneuver through the site. although I prefer in person, I loved the opportunities that zooming offered for an international attendance."*
- *"This was my first conference, and even though it was virtual, it was amazing! I was amazed at the amount of speakers and information presented throughout the whole conference. I enjoyed the variety of topics as well. I most certainly got my money's worth!"*
- *"I love being in the presence of so many who love and honor dreams as deeply as I do."*
- *"I just feel so connected and accepted by other dreamers and so stretched in ways I don't normally get to be stretched in the waking world."*
- *"Great variety of topics well presented, overall a high standard of quality."*
- *"Fantastic mix of clinical, research, art, experiential presentations."*
- *"The talks and discussions afterwards were exciting, inspiring and give me hope during these troubling times."*
- *"I had a major unexpected personal breakthrough... so very happy I did this conference."*
- *"I got excited about dreaming again."*

The positive attitude towards the conference was reflected on social media: many members and non-members shared conference information online to tell their friends about it (#IASD2025).

**We hope to see you at our next conference, on-site and in person in Ashland, Oregon at the Ashland Hills Hotel and Suites, June 13-17, 2026.**

## **Conference Recordings Coming Soon!**

Couldn't make it to the 2025 Conference? Good news! We're putting the finishing touches on our 2025 Conference Recordings (high quality video/audio), and they'll be available for purchase very soon. Keep an eye on your inbox for details.

---

## REGIONAL NEWS YOU CAN USE

### 2025 Regional Events

Bernard Welt, IASD Regional Events Committee

IASD sponsors regional conferences where dreamers find opportunities to connect and share perspectives in person, at events meeting the same high standards as our international gatherings, featuring workshops, dream-sharing groups, and presentations on key topics in dreaming, the arts, and innovative research.

**Note:** You don't need to be a member in one of these regions to attend their planned events. Make your plans for:



August 16, 2025 *Francophone* Montréal Regional Conference  
**LE RÊVE COMME MIROIR DE LA VIE**  
**8e CONFÉRENCE GRAND PUBLIC DE L'IASD QC**  
**10 am – 4 pm Centre St-Pierre, Montréal QC Canada**

[Cliquez pour plus de détails et pour vous inscrire bientôt. Il reste encore des places!](#)  
[Click here for details and registration.](#)

Venez rencontrer 7 présentateurs experts et passionnés des rêves qui aborderont les découvertes scientifiques les plus récentes à propos de la genèse des rêves, leur pouvoir protecteur sur la santé en parallèle avec le sommeil, l'induction de rêves lucides et de rencontres spirituelles oniriques, l'art-thérapie appliquée sur les rêves, les cauchemars, les rêves en fin de vie et des histoires personnelles touchantes à propos des rêves. Au cours de cet événement, vous aurez l'occasion d'échanger avec chacun des présentateurs et d'autres passionnés de rêves.

Au cours de cette conférence, vous trouverez également des ressources pour en savoir plus sur les rêves, de l'art inspiré par les rêves (présenté par notre artiste invitée Johanne Hamel), et des livres sur les rêves écrits par plusieurs présentatrices que vous pourrez consulter.

**The Dream as a Reflection of Life. Presented in French.** Come and meet 7 expert presenters with a passion for dreams, who will discuss the latest scientific discoveries about the genesis

of dreams, their protective power on health in parallel with sleep, the induction of lucid dreams and dreamlike spiritual encounters, applied art therapy on dreams, nightmares, dreams at the end of life, and touching personal stories about dreams.



**September 26-27 2025 Northeast Regional Conference Dreaming: Culture,  
Creativity, and Cosmos  
at Bridgewater State University, Bridgewater MA  
co-sponsored with IASD by the  
Bridgewater State Anthropology Department**

If you are curious about the personal insights and objective knowledge that your dreams can provide, you will find much to enjoy at this gathering. The program begins Friday evening September 26 with music, artwork, and small dream-sharing groups led by experienced practitioners. Saturday morning's keynote address by IASD President Deirdre Barrett, an authority on dreaming and creativity as well as an accomplished artist, introduces a day of presentations and hands-on workshops led by noted authorities in dream research, anthropology, Indigenous cultures, and the arts: Deirdre Barrett, Katherine Bell, Nohham Cachat-Schilling, Sophia Demas, Jayne Gackenbach, Tzivia Gover, Curtiss Hoffman, Ava Lindberg, David Low, Linda Yael Schiller, Hoang Tran, and Bernard Welt.

"Dreaming: Culture, Creativity, and Cosmos" will provide participants with tools for lifelong exploration of dreams and dreaming, integrating your own experience into fresh perspectives on spirituality, cross-cultural perspectives, and artistic endeavor.

Parking is free on the campus. Bridgewater is a short trip from Boston (by car or commuter rail), Providence RI, the historic towns of Plymouth and New Bedford, and the beautiful New England coast.

**One-step online registration** through [Eventbrite - IASD Northeast Conference](#).  
\$10 registration discount for IASD members.

**Questions?** Contact Dr. Curtiss Hoffman at [teximus@comcast.net](mailto:teximus@comcast.net)



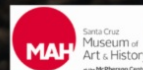
INTERNATIONAL ASSOCIATION FOR THE STUDY OF DREAMS

# Festival of DREAMS

OCTOBER 10-12 2025  
SANTA CRUZ CALIFORNIA



A Regional Event at the  
Santa Cruz Museum of Art & History



For information please visit:  
[festivalofdreams.net](http://festivalofdreams.net) #keepsantacruzdreaming

## October 10-12 2025 The Festival of Dreams, Santa Cruz A California IASD Regional Event

Hosted by Katherine Bell and Linda Mastrangelo and headlined by WISN's founder Dr. Apela Colorado. Tickets available now!

Held at the colorful Museum of Art & History in the heart of downtown Santa Cruz, the Festival is more than just an event; it's a movement to inspire attendees to connect to the power of their nighttime dreams and to meet folks with similar interests from all around northern California and beyond. The Festival of Dreams is an ongoing Santa Cruz experience now in its fourth incarnation. It is not necessary to be an IASD member to attend, but you do get a discount if you are!

Friday, October 10, 3pm: the Festival kicks off with community events, an opening circle, our first round of workshops and presentations, and art opportunities. Our pop-up gallery of dream-inspired art will be open for viewing Friday afternoon through Saturday evening. Friday evening ends with a no-host networking reception to unwind and chat with fellow dreamies.

Saturday, October 11, 9:00am-10:30pm: more presentations and workshops; special activities including music performances and poetry reading; a keynote presentation by the fabulous Dr. Apela Colorado; and a Dream Ball where you are invited to come dressed as a meaningful dream character. Be sure your costume includes your most comfy dancing shoes!

Sunday morning, October 12: a simple optional gathering (with separate fee) to network and enjoy more of what Santa Cruz has to offer.

Learn more and get tickets at [ASDreams.org/regionals](http://ASDreams.org/regionals) or [FestivalofDreams.net](http://FestivalofDreams.net)

---

**Watch this space for more regional events this year and next.**

**Please share notice of these events** with friends and colleagues in these regions or interested in traveling there. Regional gatherings have great potential for fulfilling the IASD mission of spreading awareness and understanding of our dream lives.

If you're considering proposing a regional event,  
contact Jeanne Van Bronkhorst at [vanjvb@gmail.com](mailto:vanjvb@gmail.com).  
She's ready to walk you through the process with wise and patient counsel.

---

## AWARDS & GRANT OPPORTUNITIES

### Student Research Award Winners, 2025

Dr. Curtiss Hoffman, Student Research Awards Committee Chair

Each year since 2005, IASD has invited undergraduate and graduate students to submit proposals for the Ernest Hartmann Student Research Awards, recognizing and encouraging the next generations of outstanding dream researchers. These awards are funded by anonymous donors, matched by the IASD Board of Directors.

Proposals are evaluated by the Student Research Awards Committee – composed of academics in a variety of disciplines – on the basis of originality, relevance, coherence, and contribution to dream studies in two categories: quantitative and qualitative. Since 2024 they've also worked with the Diversity Task Force Advisory Committee (DAC) to provide a special Diversity, Equity, and Inclusion (DEI) award to students identifying with an ethnic group that has been underrepresented in academic dream research. There were five submissions this year, one "quantitative" and four "qualitative"; two submitters also identified themselves as eligible for the DEI Award. The results:

**Quantitative Award: Simge Genç** for her paper "A Smartphone-Based Lucid Dream Induction Study." Simge Genç has a bachelor's in Psychology from Vrije Universiteit Amsterdam and recently graduated with a master's in Neuroscience from the University of Geneva. As a member of Sophie Schwartz's sleep lab in Geneva, she has been collaborating with the dream journaling mobile app Oniri to study lucid dream induction.

**Qualitative Award, and DEI Award: Canis Lin** for her paper "The Healing Potentials and Working Mechanisms of Rewriting Nightmares for Chinese Adults – A Qualitative Study." Canis Lin is a mental health consultant, a registered counselor, a dream educator, a certified Neurolinguistic Programming and Coach Trainer, and a certified hypnotherapist in Hong Kong, China. Canis pursues a doctoral degree in Transpersonal Psychology, with concentration on dream studies, at Sofia University.

**Honorable Mentions: Vanessa Dromel**, for her paper "When Places Don't Find Their Place in Our Dreams: A Journey Between Memory, Emotions, and Narration" and **Sonia Kolasinka**, for her paper "Dream Work Approaches in Integration of Spiritual Emergency: A Transpersonal Psychology Perspective."

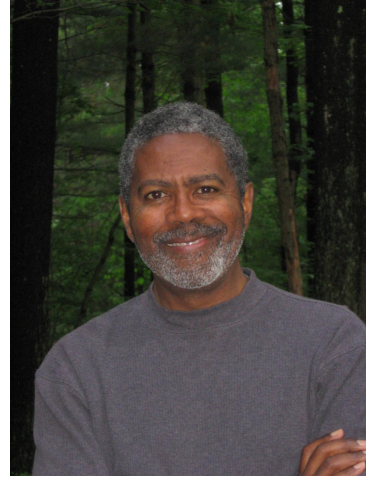
The next submission deadline is **March 15, 2026**. Students are encouraged to apply; and faculty members with students doing research in this area, please urge them to apply. See [asdreams.org/student-awards](https://asdreams.org/student-awards) for more information and submission instructions.

## DREAMS & ETHNICITY PORTAL

## IASD's 42<sup>nd</sup> Annual Conference, Online

Edward Bruce Bynum, Ph.D., Co-Director of IASD's  
Dreams & Ethnicity conference track

When we are invited into the collective dream of a family or group of scholars spanning the world and most of its continents, we expect insight, novelty and a depth of knowledge expanding horizons we had come to know. This year's IASD conference on Zoom in cyberspace lived up to that promise.



From Saturday June 21 through its closing that Wednesday, scholars, clinicians, researchers, and artists of many stripes presented seemingly every angle of our collective holographic dream. Given my own interests in the DAC (Diversity Advisory Committee), I was especially drawn to presentations on lucid dreaming, ancestral dreaming, the spiritual dimensions of dreaming, and how culture impacts our dreams. But that is just me. Others were drawn in other directions rooted with the arts.

It all began in a gracious and inclusive invocation by Victor Lee Lewis. He welcomed us all into a vibrant community with many sides and ways to contribute the unique offering that IASD presents to the world. He closed on the last day with a similar upward message. Whether it was a greater eye on lucidity you were looking for or marrying your own innermost vision of dreaming with what is emerging across the earth through our shared work and knowledge, dreaming, with all its ciphers of wisdom, made its reality known.

### [The IASD Dreams and Ethnicity Portal](#)

includes: photos and bios of DAC members; videos, podcasts, and publications; information about IASD's Diversity, Equity, and Inclusion (DEI) dream research grants and DEI student research awards; Culture-Keeper memberships; Black, Indigenous, and People of Color (BIPOC) conference scholarships and grants; and more.



Contact [diversityresponse@asdreams.org](mailto:diversityresponse@asdreams.org) to learn more about any of these initiatives, including special opportunities to sponsor scholarships and awards. And remember: That's the contact address for any comments on ethnic and racial Diversity, Equity, and Inclusion in all IASD functions.

## MEANWHILE IN SOCIAL MEDIA

From the Social Networking Committee, we want to give a big huge Thank You to everyone who helped us shout out loud about the 2025 conference online.

**The Social Media Conference Campaign** ran from March 2025 through June 2025, involving IASD members, speakers, and our vibrant online community. Coordinated by the Marketing & PR Committee, we posted on social media, ran paid advertisements, and provided a press release and media-to-share. We also made 29 YouTube posts and 60 posts on Facebook and Instagram.



Our amazing IASD members talked everywhere about the conference: on social media, in their newsletters, and to their friends.

All of our combined efforts paid off! We noticed:

- 4,843 YouTube views
- 113,745 Facebook/Instagram views
- 115,000 Spirit of Change ad readers
- (... and many more readers of Dreaming, DreamTime and LDE, and newsletters from our members)
- 74 New YouTube subscribers
- 633 new Facebook/Instagram followers

In short, social media is where it happens!

So what's next? Well, we have the wonderful regional events, the conference recordings turned out great, and the Conference Committee is already preparing for the 2026 Ashland Conference.... Do you want to help out with marketing all this? Let us know at [socialmedia@asdreams.org](mailto:socialmedia@asdreams.org)

Big hugs to all you dream friends,  
**Nicoline**  
Social Networking Committee Chair

P.S. Are you curious about the full Conference Campaign report? Let me know and I will send it to you!

To all of you who bought our RedBubble treasures: dream pillows, magical mugs, whimsical stickers —thank you! Whether you're sipping your tea or napping on a cloud of inspiration, we love knowing our merch has found happy homes.

Your support helps keep the dream alive (literally)! We're already working on more dreamy designs for 2026—so stay tuned for new creations to inspire your nights and brighten your day.

<https://www.redbubble.com/people/IASD-Dream->



Thanks for snuggling,  
sipping and sticking  
with us!



[Shop/shop?asc=u](#)

## FROM THE BOARD OF DIRECTORS

### Election Results and New Officers Sherry Puricelli, Nominating Committee Chair

It is a pleasure to announce IASD's new Directors and officers for 2025-2026. Your votes were counted, and we have new and returning Board Directors. Please join me in welcoming them to the leadership team. In addition, this year's Executive Committee has been confirmed.

**Board of Directors:** each year five Directors are elected for a 3-year term.

We had a strong slate of qualified candidates. Thanks to all of the candidates for being willing to serve IASD in a Director capacity. Let's extend a big warm IASD welcome to the five new or reelected Directors: **Marta Aarli, Kiran Anumalasetty, Bhaskar Banerji, Amina Montana and Melanie Rosen.**

**Executive Committee:** Officers perform specialized duties and serve for a 1-year term.

This year IASD Board Chair **Joy Fatooh** has stepped down. Joy served as Board Chair for the past three years and has also served as Secretary. We're deeply grateful for Joy's unwavering commitment and steady leadership. Joy will continue in IASD roles including Procedures and Bylaws Committee Chair, and in various capacities supporting our *Dream News* newsletter and *DreamTime* magazine. IASD is fortunate to have her continued leadership. Thank you, Joy.

Remaining on the Executive Committee are **Deirdre Barrett** (President), **Robert Waggoner** (Treasurer), **Tzivia Gover** (Secretary), and myself, **Sherry Puricelli** (changing positions from VP to Board Chair). We extend a warm welcome to incoming Vice President **Laurel Clark**, who has served IASD in multiple capacities over the years including IASD President, Vice President, Secretary, and Board Chair. Welcome back, Laurel. The Advisors to the Executive Committee are **Jean Campbell, Bob Hoss, David Kahn and Angel Morgan.**

**Thank You** to the Directors whose 3-year positions ended this term: **Magloire Aguirre, Alaya Dannu, Joy Fatooh, Sharon Pastore, and Karim Said,** I know I speak on behalf of the entire Board and membership in thanking all of you for your generous service to IASD.

## Volunteer Opportunities

### IASD Membership Committee Opportunities

The Membership Committee is currently seeking new committee members. This is a great opportunity to become more involved in the organization and contribute to member engagement and outreach.

We are looking for volunteers who can assist with specific projects, including:

- Welcoming and interacting with new members
- Creating curated book lists for our website

To learn more or express interest, please contact [office@asdreams.org](mailto:office@asdreams.org)

### Help re-start the PsiberDreaming Conference

From 2001 to 2019, IASD's much-loved online PsiberDreaming Conference explored psi dreaming: telepathy, precognition, mutual... every way that our dreaming minds transcend space, time, and our individual separateness.

The PDC was placed on pause when the platform it used was retired. In 2023 the Board identified reviving it as an IASD priority!

If you'd like to volunteer to be involved in planning or running it, please contact Joy Fatooh, [jfatooh@gmail.com](mailto:jfatooh@gmail.com)

## HOT OFF THE PRESS

In this issue, we explore bereaved individuals' dreams of the deceased. This column publishes links to evidence-based articles on dreams that are written for a non-research audience.

**Most bereaved people dream of or sense the deceased, study finds — and the two may be linked**

**By Eric W. Dolan**

**Source: PsyPost, citing IASD's journal *Dreaming***

A new study published in the journal *Dreaming* finds that the majority of bereaved individuals—whether grieving the death of a romantic partner or a pet—report vivid dreams or waking experiences involving the deceased. The research suggests these occurrences are more common than often assumed and may play a

### On Grief, Dreams, and Remembering

**By Jennifer Gerlach, LCSW**

**Source: Psychology Today**

In a recent dream, I sat on a marble slab near the fireplace, enjoying a small chocolate from my grandma and grandpa's candy dish. Grandma laid back in her recliner. I smiled. This place glittered with love. We talked. She told me she would always look out for me....

In grief, dreams often speak both pain and joy. Early after a loss, we might have dreams of a loved one only to wake up and realize that they are no longer on earth. When a death

meaningful role in the grief process. Those who dream of the deceased are also more likely to report experiencing their presence while awake.

<https://www.psypost.org/most-bereaved-people-dream-of-or-sense-the-deceased-study-finds-and-the-two-may-be-linked/>

is traumatic, painful imagery might pervade one's dreams. Other times, as in my case, the visions bring love and comfort.

<https://www.psychologytoday.com/us/blog/beyond-mental-health/202407/on-grief-dreams-and-remembering>

## MEMBERSHIP TOTALS

### IASD June and July 2025 Membership Membership Task Force

#### **Total new and renewed June memberships = 40**

New members = 12  
Natalia Marin  
Tore Nielsen  
Anna Carlota Fernández Moya  
Elena Gonzalez Vallejo  
Fabiana Bragagnolo  
Ida IP Poschmann  
Sophie Jones  
Anonymous=5

Renewed members = 28  
Jodine M. Grundy  
Hermine Mensink  
Andrea Koch  
Michelle Samuel  
Julie Nauman-Mikulski  
María Consuelo Lozano Celis  
Otto Rheinschmiedt Herr  
Jeri L. Staley  
Kathryn Ridall  
Antonio Zadra  
Natascha Steckel  
Megan M Haviland  
Wind Horsley  
Gayle S. Early  
Etja Ruth  
Philip Backx  
Carrie Sword  
Johanna Vedral  
Anthony A Levasseur  
Heloise Mimoun Weiss  
Justina Lasley

#### **Total new and renewed July memberships = 23**

New members = 5  
Patrice C. Raplee  
Jon Shuffler  
Sarette Zecharia  
John G Pollard  
ELSEWHERE Dream Journal

Renewed members = 18  
Toby Fesler Heathcotte  
Kristoffer Appel  
Jennifer E Allen  
Pam Muller  
Jorge M. V. Secco Caetano  
Markel M. Mendez  
Renee Sanguinetti  
Dr Ian C. Dunican  
Bea Salgado  
Peter M. Maich  
Ernesto EV del Valle  
Anonymous=7

## DREAMTOONS BY DELIA





