

Dream News

VOLUME 21 / ISSUE 9

IN THIS ISSUE:

The 2024 IASD Annual International Conference, Kerkrade, Netherlands - Call for Presentations, Volunteers & Registration

Presentation Submission Deadline December 20, 2023 Poster Submission deadline March 15, 2023 Call for Volunteers

Registration Now Open

Ernest Hartmann Student Research Awards Guidelines

IASD Celebrates 40th Anniversary!

Featuring Curtiss Hoffman's Musical Tarot

Graduate Dream Study Programs

Regional News You Can Use

IASD Online Courses

Hot Off the Press

Dream Toon

Total SEPTEMBER New and Renewing Memberships = 33

Visit our Website

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THE 2024 IASD ANNUAL INTERNATIONAL CONFERENCE, KERKRADE, NETHERLANDS



Join us in the 41st Annual International Dream Conference at the beautiful 12th Century Rolduc Abbey in the Netherlands.

http://iasdconferences.org/2024

where dreams are deeply rooted in nature and history. Located in Kerkrade in the southern part of the Netherlands, the site is close to several international airports. Combine easy international travel with sightseeing in Germany and Belgium around the conference.

The Conference • is a unique gathering of the dream arts and sciences. A melting pot of perspectives from dream enthusiasts and professional dream explorers around the globe. A special event where the mysteries of the night meet the discoveries of the day. Everyone is welcome − whether you are a professional, a dreamworker, researcher, student, artist, performer, author, or a curious interested dreamer. You'll be part of a big, diverse dream family − and you may make some of the best friends of your life!

The conference features:

- · over 100 Presentations and Workshops
- world-renowned keynote speakers
- a **Dream Art Exhibition** placed around the cloister of the Abbev
- · an opening reception and art reception
- the annual Psi Dreaming Contest
- a **Dream Hike** on the Dutch/German border
- · the ever-popular costume Dream Ball
- · other special events appropriate to enjoyment of the location

Consider presenting and/or attending and exploring your dreamworld with other like minds.

Call for Presentations - Submission Deadline December 20, 2023 Research Poster Submission deadline March 15, 2024 http://iasdconferences.org/2024/call-for-presentations/

Submissions • High-quality proposals are invited that fall into any of the following tracks:

- Research and Theory
- · Clinical Approaches
- Dreamwork Practices
- Dreams & the Arts
- · Dreams & Ethnicity
- · Education
- · Religion
- · Spirituality and Philosophy
- · Extraordinary, Psi and Lucid Dreams
- · Dreams and Health
- · Culture and History

The program is multi-disciplinary and the proposals are peer-reviewed.

Submission Categories include: Talks; Symposia; Panels; Workshops; Special Events; Morning Dream Groups; and Poster Papers.

Information and Submission Instructions can be found on the conference website http://iasdconferences.org/2024/call-for-presentations/ All presenters are offered a discount. All submissions must be made online.

Registration is Open • register early and online at https://iasdconferences.org/2024/registration/ where you will find all the information needed to secure your spot at this year's conference, pre-order your meals, apply for CEs and other special offerings. We offer a multitude of rates to accommodate the varied needs of registrants whether you plan to attend as a full or single day attendee, presenter, exhibiting artist, volunteer, student, limited income, IASD member, BIPOC or other scholarship awardee, or staff. We have been given a special discounted bed & breakfast block of rooms at the Abbey Hotel Rolduc exclusively for conference registrants. Once you register for the conference, you will receive a booking code for booking your lodging at Rolduc – so register and book early for best available room selections.

Note: although Rolduc can take booking requests their systems (for invoicing and providing billing terms) will not be fully operational for another month..

Call for Volunteers • Become a part of the team and enjoy the conference at a deeply discounted rate. Volunteers attend the conference, which includes all video/audio recordings, for a fee of \$200 (€180). The workload is about half the conference session hours (roughly 14 hours) with session preferences taken into account where possible. This fee covers the conference attendance, all receptions and included special events, and the dream ball. The duties are consolidated into 4 categories:

- ---Registration/Info Desk
- ---Room Monitor
- —Audio-Visual Support (with a special fee arrangement for a few AV volunteers with Zoom and recording skills)
- ---Art Exhibition

Apply early since acceptance is determined by a combination of application date and available positions. If positions fill at first, a waiting list will be maintained. Address volunteer related questions to Julie Sparrow volunteers@asdreams.org. For information and to apply go to: https://iasdconferences.org/2024/call-for-volunteers/

Call for Art Submissions • IASD is holding a Juried Dream Art Exhibition in conjunction with the 2024 IASD conference which will be exhibited in the cloister of the Abbey Rolduc. In mid-October the detailed Call for Submissions and instructions will be posted on the conference website and otherwise announced, so watch for it.

Works: We are accepting original artwork about or inspired by dreams. All two-dimensional and multidimensional media will be considered, including painting, drawing, collage, sculpture, video, and installation art.

Qualification: You do not need to be a member of IASD or a conference attendee to participate in the IASD Juried Dream Art Exhibition. Cash awards will be offered for a few works chosen from among those accepted for display at the conference, although you can exhibit whether you are competing for a prize or not.

Delivery: all works accepted for the show must be hand-delivered to the on-site gallery space at Rolduc on Saturday 8 June.

Submission: Submitters will use an online form with a download capability. There is a non-refundable submission fee of \$40 (approximately € 38) per artist paid unless you have registered and paid for the main conference as an attendee, presenter/exhibitor, volunteer or partial scholarship awardee.

Questions? Address to vac@asdreams.org (subject line: IASD Conference Art Entry Questions)

Deadline For Entries will be 11:59 p.m. GMT, Wednesday, March 15, 2024

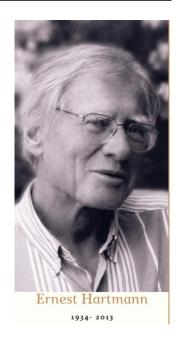
THE ERNEST HARTMANN STUDENT RESEARCH AWARDS

Curtiss Hoffman, Committee Chair

It was our unanimous decision to award the Quantitative Award to Cameron Sandell for her paper, "Intentionally awakening from sleep through lucid dreaming." Ms. Sandell, who is a high school senior working under the direction of Dr. Remington Mallett, was not able to attend the conference this year, but Dr. Mallett accepted the award on her behalf at the membership meeting. We did not award the Qualitative prize, and there were no submissions in the Diversity, Ethnicity, and Inclusion category.

We strongly encourage all members who have students working in the field of dreams to submit applications for this award. It is always a livelier process when we have multiple submissions to evaluate! The deadline for submissions for next year's prizes is March 15, 2024.

Please see the guidelines on the IASD website for specific submission instructions.





THE MUSICAL DREAM TAROT Dr. Curtiss Hoffman

Because September's edition of the Musical Dream Tarot was not posted online, we are listing the link to September's Key 9 – The Hermit – again in October. You will find it below. This month's addition to the Musical Dream Tarot, Key 11 - Justice, is also here. The composer asks us to indicate that Key 10, though it exists, does not relate to any of the major arcana, and thus is not included.



Dr. Curtiss Hoffman

Since the 2021 IASD Conference, I have been working on a project to produce music for each of the 78 Tarot cards derived from my dreams. The project is now complete. To celebrate the 40th Anniversary of IASD, I am offering a musical selection every month from this set, with the cards which correspond to the 12 signs of the zodiac, starting with Aquarius.

Key 9 – The Hermit:

The Hermit, robed in grey, with his crown in the shape of the letter Yod, stands atop a mountain to guide pilgrims through the dark night with the light from his lantern. Key 9 is attributed to the Earth sign of Virgo, which is associated with the key of F major. The keynote for Virgo from Esoteric Astrology is "I am the Mother and the Child. I, God, I, matter am." This Key is associated with the Hebrew letter Yod, the Hand, which in the Sefer Yetzirah is attributed to the Intelligence of Will, and with the quality of touch. In the body, it represents the intestines, where food is digested: the "house of bread" (Bethlehem). In Sefer Yetzirah, all of the letters of the Hebrew alphabet are said to be "crowned", and the crown is the letter Yod itself, which is the Hermit's crown. Its tip extends into the Infinite and its base is the Earth.

Key 11 - Justice:

The unblindfolded figure of Justice sits on a throne in an interior space, holding her balance in one hand and a sword in the other. Key 11 is attributed to the Air sign of Libra, which is associated with the key of F# major. The keynote for Libra from *Esoteric Astrology* is "I choose the way that leads between the two great lines of force." This Key is associated with the Hebrew letter Lamed, the Ox-Goad, which in the Sefer Yetzirah is attributed to the Faithful Intelligence, and with the quality of work or action. In the body, it represents the kidneys, which eliminate toxins.

The piece is a duet for clarinet and bassoon. It opens in 3/4 time with a series of upward-sweeping runs for each instrument. This is followed by sections in 11/4 time alternating with sections in 4/4 time. This is the most atonal and modern-sounding of all of the Major Arcana pieces. The piece is comprised of 6 dreams, and is 3:40 minutes long.

To listen to the September and October selections and learn more about the process: https://www.asdreams.org/40th-anniversary-music-throughout-the-year/

Dr. Curtiss Hoffman is Professor Emeritus of Anthropology at Bridgewater State University in Massachusetts. He has been an IASD member since 1996, and has frequently presented papers at annual IASD conferences, often based upon his own database of dreams. He is Chair of the IASD Student Research Awards Committee.

A BOOK LAUNCH BENEFIT FOR IASD DIVERSITY

IASD's Diversity Task Force Advisory Committee (DAC) Angel Morgan, DAC Chair



The IASD Diversity Advisory
Committee (DAC) warmly invites you
to a book launch with DAC member
Dr. Fanny Brewster, celebrating the
release of her new book,

Race and the Unconscious:
An Africanist Depth Psychology
Perspective on Dreaming
Save the date: November 5, 2023
12pm Pacific Time on Zoom.us

How to get there? When you donate any



If you want to help fund these important new programs, please <u>click here</u> and donate to **IASD Diversity**. This category supports IASD's pledge to grow an intentional inclusive process for Black, Indigenous, and People of Color (BIPOC) with expertise or interest in dreams, expand the ethnic diversity of IASD, and increase the ethnic diversity of invited speakers at future

amount to "IASD Diversity" as part of the Fall 2023

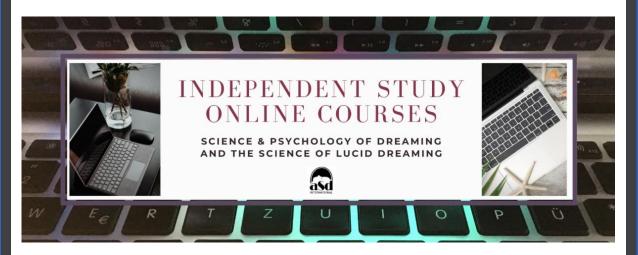
IASD Pledge Drive

https://www.asdreams.org/donate/ you will be contacted with the Zoom information prior to the book launch. Thank you for supporting diversity, equity, and inclusion in dream studies and DAC programs!

conferences.

Contact diversityresponse@asdreams.org to learn more about any of these initiatives, including special opportunities to sponsor scholarships and awards. And remember: That's the contact address for any comments on ethnic and racial Diversity, Equity, and Inclusion in all IASD functions.

Thank you for your support!



IASD ONLINE COURSES

The Online Course Committee (OCC) offers online courses on various aspects of dreams and dreaming to those IASD members and nonmembers who would like to take these as part of an independent study program. The initial offerings are the foundation series courses titled The Science and Psychology of Dreaming and The Science of Lucid Dreaming. While these courses are offered as part of the IASD Dream Study Groups Program, the OCC is responding to requests to also offer them as stand-alone independent study courses, which should appeal to those who prefer to take courses on their own.

The Science and Psychology of Dreaming course is a mini-tutorial which covers:

- · The Basics
- · The Psychology
- Exceptional Dream Experiences

The course is taught by Robert Hoss, who chairs our research grant committee and is co-editor of IASD's book *Dreams: Understanding the Biology, Psychology and Culture* from which much of the course is derived. It is designed for anyone interested in a summary of some of the theories and research findings related to our basic understanding of dreaming. Although there is much still being researched about the nature of dreaming, this course offers a snapshot of some of the general practices, recent research and theoretical thinking.

The Science of Lucid Dreaming course covers the history of the first scientific evidence that lucid dreaming is a valid and distinct state of dreaming, and then surveys cutting-edge findings in the field. The course is taught by Robert Waggoner, an internationally known lucid dream pioneer and author of Lucid Dreaming. It is based on his presentation at the 2018 IASD Conference in Scottsdale, Arizona.

To enroll in either or both of these courses, please click on IASD Dream Courses

ONLINE DREAM CONFERENCE COMING IN DECEMBER

The 6th International Interdisciplinary Conference "DREAMS, PHANTASMS AND MEMORIES" hosted by InMind Support and Professors Wojciech Owczarski, Katja Valli and Paulo Endo will begin November 23-24, 2023. Deadline for presentations is November 5. Please visit here for more information: https://www.inmindsupport.com/dreams-conference

GRADUATE SCHOOL OFFERINGS

At IASD, we have been updating our Graduate Dream Studies

program page listing to provide information that is current for interested graduate students. Please check out our updated page of <u>Graduate School Offerings</u>. Here are some of the current programs:



Accredited University Dream Studies Certificate programs

Centre for Counseling and Psychotherapy Education (CCPE)

Dream Research Institute (DRI)
Dreamwork Certificate Courses
Course and Program Information

Sofia University

Institute of Transpersonal Psychology Dream Studies Certificate Program Program and Admissions Information

Accredited University Graduate Dream Studies courses

Goddard College

Goddard College's Department of Psychology and Counseling Expressive Arts Therapy Concentration
Title of Course: Dreamwork in Expressive Arts Therapies
Course and Program Information

Pacifica Graduate Institute

M.A./Ph.D. Program in Depth Psychology with Specialization in Jungian and Archetypal Studies Title of Course: Dreamwork: Tending the Living Images

<u>Course and Program Information</u>

Institutes that are registered to offer CEs for Dream Studies

Embodied Experiential Dreamwork Certification Program

Certification Course

<u>Website</u>

Dream Institute of Berkeley

Program and Admissions Information

Institute for Dream Studies (IDS)

Dream Certification Program

Program and Admissions Information

Dream Tending & Deep Imagination Certificate Programs

Certificates I, II & III Programs; Mentors of the Academy Program and Admissions Information



REGIONAL NEWS YOU CAN USE

Michelle Carr and Jeanne Van Bronkhorst, Co-chairs of the IASD Regional Events Committee

Regional Spotlight

is on **Sharon Pastore, MPA, CDP.** Sharon is the owner of Empassion Marketing and Coaching, a creative marketing agency specializing in mental health, education, and nonprofits. She is a certified dreamwork professional through the Institute for Dream Studies, where she also teaches brand strategy for aspiring dreamwork professionals. She facilitates dream groups and teaches workshops on dreams and intuition.

She has been a member of IASD for ten years. She serves on the board of directors, is a regional representative, serves on the membership committee, and has presented at IASD conferences. In recent years, she has piloted two dream study programs: Dreamer's Playground™ for creative entrepreneurs and Dream Girl Power™ for underserved youth in Philadelphia.



She holds a master's in public administration and a bachelor's in education and is a proud AmeriCorps Alum. She lives in Havertown, PA, USA, with her husband, two daughters, and a guinea pig named Mazie.

MEMBERS IN THE MEDIA

MARCIA EMERY IS FEATURED IN TWO PUBLICATIONS

The groundbreaking work of past IASD Board Director, author and dream pioneer Marica Emery has been featured in two interviews. Her *New Thinking Allowed* interview on Precognition and Intuition posted on You Tube is now published as an article in the September issue of the *New Thinking Allowed* Magazine. In the lively talk "Adventures in Precognition" Marcia dives into her incredible dream journey, blending parapsychology, intuition and dreams. You can watch the interview here

DREAMVISIONS 7 RADIO NETWORK's Dreaming Healing with Kathleen (Kat) O'Keefe-Kanavos: In her talk, "The Paranormal, Intuition, Precognition & Dreams," Marcia discusses nighttime dream that may come true in your waking life. Precognitive dreams can offer valuable gifts if you understand and act on them appropriately. Premonitions of this kind can warn the dreamer of an accident or health challenge, or highlight opportunities for personal advancement, promotions, investments, or love.

Here is the link to the interview





In this issue, Hot Off the Press is focusing on the topic of scary recurring dreams. This column publishes links to evidence-based scientific articles on dreams that are written for a non-research audience.

THE CREEPIEST RECURRING DREAMS BY HANNAH DOBROGOSZ

Members of the BuzzFeed Community share their creepiest recurring dreams.

SOURCE: BUZZFEED

Misa Tsuruta, Membership Committee

Total New and Renewing Members = 33

New Members = 7 Wendy B. Keppley Pamela Saladino Rene Dimbat Diana-Lea Baranovich Matthew Zenkar Annani S. Kelley Anonymous = 1

Renewing Members = 26 Magloire Rocio Aquirre Dennis R. Archambault Molly Basterfield Natalia Belousova Glenda Christiaens Offir Dallal Dasa Dulinova Judi E. Fergus Nigel Ian Hamilton Paul Kalas Sue Llewellyn David Low Matthew Hugh Erdelyi and Diane M. Zizak James Frederic Pagel Carolina Podio Angela Rennilson Lise Robillard Gregory Rosa Rachel Jean Silvini Gloria Sturzenacker Misa Tsuruta Yue Wang Kathleen Webster O'Malley Anonymous = 2





STAY CONNECTED





