



# Dream News

Volume 21 / Issue #11  
December 2023

Visit our Website

The 2024 IASD Annual International Conference,  
Kerkrade, Netherlands - Call for Presentations, Volunteers  
& Registration

- Presentation Submission Deadline **SOON** -  
December 20, 2023
- Poster Submission deadline March 15, 2024
- Registration Now Open
- Call for Volunteers
- Call for Art Submissions deadline March 15, 2024

Ernest Hartmann Student Research Awards Guidelines

IASD Pledge Drive

Give the Gift of Membership

IASD Celebrates 40th Anniversary!

- Featuring Curtiss Hoffman's Musical Tarot

In Memoriam

Visit the Dreams & Ethnicity Portal

Regional News You Can Use

IASD Online Courses

Hot Off the Press

Dream Toon

Total NOVEMBER New and Renewing Memberships = 35

Contact:

[office@asdreams.org](mailto:office@asdreams.org)

209.724.0889

**Linda H. Mastrangelo**

Editor

**Joy Fatooh**

Copy Editor

**Laura Atkinson**

Design & Layout

**Alina Mansfield**

Central Office Manager

**Jean Campbell**

Executive Committee Advisor

**Delia Puiatti**

Dream Illustrator

International Association for the Study of Dreams

*Dream Conference*

**ROLDUC ABBEY | ABDIJ HOTEL ROLDUC  
KERKRADE, THE NETHERLANDS**

<http://iasdconferences.org/2024>

**SAVE THE DATES**

June 8 - 12, 2024



Join us in the 41<sup>st</sup> Annual International Dream Conference at the

# beautiful 12<sup>th</sup> Century Rolduc Abbey in the Netherlands.

<http://iasdconferences.org/2024>

**Venue** • We retreat once again to this enchanting 12th Century Rolduc Abbey (pictured in the masthead) where dreams are deeply rooted in nature and history. Located in Kerkrade in the southern part of the Netherlands, the site is close to international airports in the Netherlands, Germany and Belgium.

**Call for Presentations – DEADLINE APPROACHING**

**Submission Deadline December 20, 2023**

**Research Poster Submission deadline March 15, 2024**

<http://iasdconferences.org/2024/call-for-presentations/>

**Submissions** • High-quality proposals are invited that fall into any of the following tracks:

- Research and Theory
- Clinical Approaches
- Dreamwork Practices
- Dreams & the Arts
- Dreams & Ethnicity
- Education
- Religion
- Spirituality, Religion and Philosophy
- Extraordinary, Psi and Lucid Dreams
- Dreams and Health
- Culture and History

The program is multi-disciplinary and the proposals are peer-reviewed.

**Submission Categories include:** Talks; Symposia; Panels; Workshops; Special Events; Morning Dream Groups; and Poster Papers.

**Information and Submission Instructions** can be found on the conference website

<http://iasdconferences.org/2024/call-for-presentations/> All presenters are offered a discount. All submissions must be made online.

**The Conference** • is a unique gathering of the dream arts and sciences. A melting pot of perspectives from dream enthusiasts and professional dream explorers around the globe. Everyone is welcome – whether you are a professional, a dreamworker, researcher, student, artist, performer, author, or a curious interested dreamer. You'll be part of a big, diverse dream family – and you may make some of the best friends of your life!

**The conference features:**

- over 100 **Presentations and Workshops**
- world-renowned keynote speakers
- a **Dream Art Exhibition** placed around the cloister of the Abbey
- an opening reception and art reception
- the annual **Psi Dreaming Contest**
- a **Dream Hike** on the Dutch/German border
- the ever-popular costume **Dream Ball**
- other special events appropriate to enjoyment of the location

Consider presenting and/or attending and exploring your dreamworld with other like minds.

**Registration is Open** • register early and online at <https://iasdconferences.org/2024/registration/> where you will find all the information needed to secure your spot at this year's conference, pre-order your meals, apply for CEs and other special offerings. We offer a multitude of rates to accommodate the varied needs of registrants whether you plan to attend as a full or single day attendee, presenter, exhibiting artist, volunteer, student, limited income, IASD member, BIPOC or other scholarship awardee, or staff. We have been given a special discounted bed & breakfast block of rooms at the Abbey Hotel Rolduc exclusively for conference registrants. Once you register you will receive a **booking code** for booking your lodging at Rolduc – so register and book early for best available room selections.

**Call for Volunteers** • Become a part of the team and enjoy the conference at a deeply discounted rate. Volunteers attend the conference, which includes all video/audio recordings, for a fee of \$200 (approximately €180). The workload is about half the conference session hours (roughly 14 hours) with session preferences taken into account where possible. This fee covers the conference attendance, all receptions and included special events, and the Dream Ball. **The duties are consolidated into 4 categories:**

- Registration/Info Desk
- Room Monitor
- Audio-Visual Support (with a special fee arrangement for a few AV volunteers with Zoom and smart tablet recording skills)
- Art Exhibition

Apply early since acceptance is determined by a combination of application date and available positions.

If positions fill, a waiting list will be provided. Address all questions to Julie Sparrow [volunteers@asdreams.org](mailto:volunteers@asdreams.org). For information and to apply go to: <https://iasdconferences.org/2024/call-for-volunteers/>

**Call for Art Submissions** • IASD is holding a Juried Dream Art Exhibition in conjunction with the 2024 IASD conference which will be exhibited in the cloister of the Abbey Rolduc. In mid-October the detailed Call for Submissions and instructions will be posted on the conference website and otherwise announced, so watch for it.

**Works:** We are accepting original artwork about or inspired by dreams. All two-dimensional and multi-dimensional media will be considered, including painting, drawing, collage, sculpture, video, and installation art.

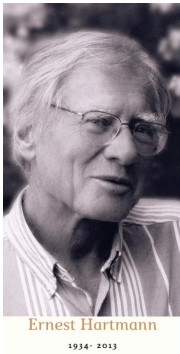
**Qualification:** You do not need to be a member of IASD or a conference attendee to participate in the IASD Juried Dream Art Exhibition. Cash awards will be offered for a few works chosen from among those accepted for display at the conference, although you can exhibit whether you are competing for a prize or not.

**Delivery:** all works accepted for the show must be hand-delivered to the on-site gallery space at Rolduc on Saturday 8 June.

**Submission:** Submitters will use an online form with a download capability. There is a non-refundable submission fee of \$40 (approximately € 38) per artist paid unless you have registered and paid for the main conference as an attendee, presenter/exhibitor, volunteer or partial scholarship awardee.

**Questions?** Address to [yac@asdreams.org](mailto:yac@asdreams.org) (subject line: *IASD Conference Art Entry Questions*)

**Deadline For Entries** will be 11:59 p.m. GMT, Wednesday, **March 15, 2024**.



## THE IASD ERNEST HARTMANN STUDENT AWARDS 2024 GUIDELINES

*Curtiss Hoffman, Student Research Awards Chair*

The IASD Student Research Awards are given to students (undergraduate and graduate) in two areas: best original quantitative research on dreams and dreaming; best original historical, literary, artistic, or theoretical research on dreams. There will be three awards in the

amount of \$500 each. We are pleased to announce that two anonymous donors have graciously agreed to provide matching funds for the 2024 competition! IASD will provide the balance of funds.

Award 1:

Best student submission of original quantitative research on dreams and dreaming.

Award 2:

Best student submission of original qualitative (historical, literary, artistic, or theoretical) research on dreams.

Submissions in both categories will be evaluated on the basis of four criteria: originality, relevance, coherence, and significance of contribution to the study of dreams.

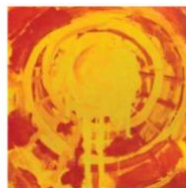
Award 3:

The Diversity, Equity, Inclusion (DEI) Award has been recently instituted by the IASD Board to lift up and amplify the voices of dream researchers from ethnic groups that have been underrepresented in dream research, and may be awarded for either quantitative or qualitative research. Applicants remain eligible for Award 1 and 2

**Deadline for submissions is March 15, 2024**

All participants must submit their presentations in electronic form, preferably through email to [office@asdreams.org](mailto:office@asdreams.org) or if necessary, by mailing the files, copied to a CD or a DVD, to the IASD office, postmarked by March 15, 2024

**[For more information click here](#)**



# IASD PLEDGE DRIVE HAPPENING NOW – GIVE THE GIFT OF DREAMS

Dear IASD Members and friends,

This year IASD is celebrating its 40th Anniversary: 40 years of keeping the dream alive! We hope that you'll be particularly generous this year in support of the work that IASD has done.

The kickoff for this year's Pledge Drive came from a Diversity Advisory Committee Fundraiser which celebrated a wonderful new book by Dr. Fanny Brewster. And the celebration will continue.

Were you aware that almost 100 percent of the dream-inspiring awards given by IASD such as Research Grants, Dream Art Awards, Student Awards and conference scholarships are provided by generous IASD members and their friends during our annual Pledge Drive?

The 2023 Pledge Drive will run from mid-November 2023 through the end of January, 2024. Our hope is to raise at least \$10,000. We encourage you to donate if you can to provide support for dreamers. Every little bit helps.

Thank you so much!

*Jean Campbell, for the IASD Pledge Drive*

[Visit the Pledge and Donation Drive Webpage](#)

International Association for the Study of Dreams

## HOLIDAY CAMPAIGN

This holiday season, give a gift of membership of a world-class dream community to somebody you are thinking about, if you know they love dreams like you do.

If you wish to give a gift, please first contact Alina Mansfield at IASD Central Office, [office@asdreams.org](mailto:office@asdreams.org) and let her know the recipient's name and email. Then she can contact the recipient to fill the application form on your behalf.



**International Association for the Study of Dreams**

*The World's Premier Dream Organization  
Celebrating 40 Years of Dream Knowledge and Wisdom  
Founded 1983*



Since we began celebrating IASD's 40th Anniversary year last January, IASD has provided a variety of events ranging from a series of Research Lectures that were free and open to the public, a special Precognitive Dreaming Contest, a beautiful celebration film created by Christine Anderson, and much more.

The month of December will conclude this celebration, with a final edition of Dr. Curtiss Hoffman's *Musical Dream Tarot*. IASD thanks all of the volunteers who have generously given of their time to create the special celebration.



## THE MUSICAL DREAM TAROT

### Dr. Curtiss Hoffman

Since the 2021 IASD Conference, I have been working on a project to produce music for each of the 78 Tarot cards derived from my dreams. The project is now complete. To celebrate the 40th Anniversary of IASD, I am offering a musical selection every month from this set, with the cards which correspond to the 12 signs of the zodiac, starting with Aquarius.

#### Key 14 – Temperance:

The archangel Michael stands with one foot in the water and one on dry land, balancing the elements by pouring water from a jug onto the lion to his right (Leo, fire) and applying a blazing torch to the eagle on his left (Scorpio, water). Key 14 is attributed to Sagittarius, a Fire sign which is associated with the key of Ab major, and its relative minor, F minor. The keynote for Sagittarius from *Esoteric Astrology* is "I see the goal. I reach that goal and then I see another." This Key is associated with the Hebrew letter Samekh, the Tent-Peg, which in the Sefer Yetzirah is attributed to the Intelligence of Probation or Trial, and with the quality of wrath. In the body, it represents the thighs.

The piece is scored for trumpet, horn, trombone, tuba, snare drum, and marimba, with an obligato Bb clarinet. It is characterized by a driving dotted rhythm throughout almost the entire piece, suggestive of the onward drive of the Sagittarian – whose keynote is "I see the goal. I reach that goal, and then I see another."

To listen to the December selection and learn more about the process: <https://www.asdreams.org/40th-anniversary-music-throughout-the-year/>

**Dr. Curtiss Hoffman** is Professor Emeritus of Anthropology at Bridgewater State University in Massachusetts. He has been an IASD member since 1996, and has frequently presented papers at annual IASD conferences, often based upon his own database of dreams. He is Chair of the IASD Student Research Awards Committee.

---

## IN MEMORIAM – BARBARA TEDLOCK

### Tribute by Bernard Welt

We honor Professor Barbara Tedlock, who passed away on September 11, 2023 in Rio Rancho, New Mexico, near the Santa Ana and San Felipe Pueblos and the city of Albuquerque, where she made her home after her long tenure as Distinguished Professor of Anthropology at the State University of New York at Buffalo. Prof Tedlock joined the SUNY Buffalo faculty in 1987, concurrently with the publication of *Dreaming: Anthropological and Psychological Interpretations*, a pioneering collection of essays on dreaming considered in cultural context, edited by Prof Tedlock. The articles derived from a path-breaking seminar she convened in 1982, calling forth important new research and perspectives on dreaming and culture—not least of all her own.



Prof Tedlock entered the field of anthropology at a time when study of dreaming in world cultures largely meant mining data for evidence to support or oppose the assumptions of psychoanalysis regarding Oedipal conflict, family structure, and universal themes in the unconscious mind. She was an outstanding as well as outspoken leader in the shift away from such ethnocentric views toward a deep appreciation of all that may be learned from Indigenous worldviews, beliefs, and practices. In challenging the hard lines generally drawn in social science between dream, fantasy, and lived experience—between internal and external ways of knowing—she showed in her research with Quiché Highland Maya and Zuni people that the relation between internal and external ways of knowing was not objective but is culturally negotiated. She convinced her colleagues in anthropology that dream practices build a worldview as vitally as do language, kinship systems, and the other fundamental categories of culture hitherto accepted. She argued that we are made of stories, not abstract principles, and that therefore ethnography is a system of exercises in narrative. And she applied these ideas equally to mainstream US society as much as to the Indigenous people she famously studied—for example, in

analyzing dream-sharing groups. She also was a keynote speaker at the 2009 IASD conference in Chicago.

Prof Tedlock's influence has extended far beyond dream studies. *The Woman in the Shaman's Body: Reclaiming the Feminine in Religion and Medicine* has been widely acknowledged as a foundational text in the study of Indigenous medical and spiritual practice, as a landmark in modern feminism and Women's Studies, and as an inspiration for New Age thought. During the course of her career, Barbara Tedlock focused on how the outside researcher affected the informant's performance and vice-versa, and thus advanced a movement toward acknowledging a "dialogical" relationship where previously there stood a scholar and an object of study. Fulfilling the potential of this dialogue, Prof Tedlock increasingly embraced a "bicultural" stance: She became an adept of Quiché Maya shamanism, and a respected healer, eventually expanding her teaching and research interests to Integrative Medicine. In this context, she figured importantly in the famous 1992 Moscow conference of IASD in coordination with the Russian Center for the Study of Non-Traditional Medicine during the attempted coup against Premier Gorbachev's government—a story she has told in the essay, "Dreaming in Russia," which relates not only the chaotic experience of participants, but also their dreams.

We are still catching up to her insights, especially as regards the value of respect for Indigenous dreamwork and modes of dreaming. Her contributions have been incalculable, and her memory will be a blessing.



## VISIT THE IASD DREAMS AND ETHNICITY PORTAL

You can visit: <https://www.asdreams.org/dreams-and-ethnicity-portal/>

The IASD Dreams and Ethnicity Portal provides fundamental resources to inspire further research in the areas described by the new Dreams and Ethnicity track for IASD International Conferences:

*The Dreams and Ethnicity track explores dreams through traditional worldviews and welcomes dreamers of all ethnicities to submit presentation proposals of high quality that reflect their experience with dreams in relation to their self-identified ethnicity. In this track, the meaning of dreams is of spiritual significance to the waking reality of human life and identity. The Dreams and Ethnicity track supports IASD's growth within a supportive multi-ethnic environment, and brings people who have a different contribution to make to the study of dreams forward in order to open up everyone's perspective.*

If this description speaks to your work with dream studies, please select the Dreams and Ethnicity track when you submit your proposal to present at the 41<sup>st</sup> IASD Conference in The Netherlands in 2024 by December 20, 2023!

The IASD Dreams and Ethnicity Portal also includes: photos and bios of DAC members; videos, podcasts, and publications; information about IASD's DEI dream research grants, DEI student research awards; Culture-Keeper memberships; BIPOC conference scholarships and grants; and more. If you want to help fund these important programs, please [click here](#) and donate to **IASD Diversity**. This category supports IASD's pledge to grow an intentional inclusive process for Black, Indigenous, and People of Color (BIPOC) with expertise or interest in dreams, expand the ethnic diversity of the IASD, and increase the ethnic diversity of invited speakers at future conferences.

Contact [diversityresponse@asdreams.org](mailto:diversityresponse@asdreams.org) to learn more about any of these initiatives, including special opportunities to sponsor scholarships and awards. And remember: That's the contact address for any comments on ethnic and racial Diversity, Equity, and Inclusion in all IASD functions.

Thank you for your support!



## REGIONAL NEWS YOU CAN USE

*Michelle Carr and Jeanne Van Bronkhorst, Co-chairs of the IASD Regional Events Committee*

The Regional Events Committee is looking for new members! If you have an interest in helping people organize and develop local dream events, contact Jeanne at [vanjvb@gmail.com](mailto:vanjvb@gmail.com). The Events Committee meets infrequently and is a good place to meet dream workers and organizers from around the world.

## Regional Spotlight

Ali Riza Duru is our newest Regional Representative, in Istanbul, Turkey. He is a Psychological Counselor working with adolescents in a high school, and working on his Master's Degree in Psychology. He has been deeply interested in the study of dreams, and has established the Dream Institute in order to teach dream psychology and dream work. He gives seminars on dream psychology at local universities, and teaches dream work to mental health therapists. He writes, "In Turkey, there is no research center dealing with the psychology of dreams or a field taught as a course at the university. For this, I will make a course about dreams in the psychology departments of universities."



**INDEPENDENT STUDY  
ONLINE COURSES**

SCIENCE & PSYCHOLOGY OF DREAMING  
AND THE SCIENCE OF LUCID DREAMING

iasd

## IASD ONLINE COURSES

The Online Course Committee (OCC) offers online courses on various aspects of dreams and dreaming to those IASD members and nonmembers who would like to take these as part of an independent study program. The initial offerings are the foundation series courses titled The Science and Psychology of Dreaming and The Science of Lucid Dreaming. While these courses are offered as part of the IASD Dream Study Groups Program, the OCC is responding to requests to also offer them as stand-alone independent study courses, which should appeal to those who prefer to take courses on their own.

The Science and Psychology of Dreaming course is a mini-tutorial which covers:

- The Basics
- The Psychology
- Exceptional Dream Experiences

The course is taught by Robert Hoss, who chairs our research grant committee and is co-editor of IASD's book *Dreams: Understanding the Biology, Psychology and Culture* from which much of the course is derived. It is designed for anyone interested in a summary of some of the theories and research findings related to our basic understanding of dreaming. Although there is much still being researched about the nature of dreaming, this course offers a snapshot of some of the general practices, recent research and theoretical thinking.

*The Science of Lucid Dreaming* course covers the history of the first scientific evidence that lucid dreaming is a valid and distinct state of dreaming, and then surveys cutting-edge findings in the field. The course is taught by Robert Waggoner, an internationally known lucid dream pioneer and author of *Lucid Dreaming*. It is based on his presentation at the 2018 IASD Conference in Scottsdale, Arizona.

To enroll in either or both of these courses, please click on [IASD Dream Courses](#)

---



In this issue, Hot Off the Press is focusing on the topic dreams and the body. This column publishes links to evidence-based scientific articles on dreams that are written for a non-research audience.

#### **NEW YORK STATE RESIDENTS DREAM ABOUT THIS BODY PART THE MOST**

Sleep experts analyzed online search data to determine the most common dreams in each state, considering categories such as "pregnancy dreams" or "dreams

about spiders," on monthly search volume per 100,000 residents. There was a common theme not just among New Yorkers, but across the entire United States. [*Dream News* notes that the most common search terms do not necessarily correlate with the most common dreams, but may indicate which dream topics inspire the most curiosity.]

**SOURCE:** [WIBX](#)

#### **DREAM-ENACTMENT DISORDER ROSE UP TO FOURFOLD DURING PANDEMIC, STUDY FINDS**

Scientists have reported a two- to fourfold increase in the prevalence of dream-enactment disorder – whereby people physically act out their dreams – during the pandemic, with those who have been infected with Covid the most likely to experience it.

**SOURCE:** [THE GUARDIAN](#)

---

## **IASD November 2023 Membership**

## **DREAM TOONS WITH DELIA**

*Misa Tsuruta, Membership Committee*

**Total New and Renewing Members =  
35**

**New Members = 1**  
Joanna C. Murphy

**Renewing Members = 34**

Marcia Rose Emery  
Neil Kimmelfield  
Allen Membership  
Craig Borden  
Michael Schredl  
Thomas Whalen  
Mary C. Walsh  
Thomas K. Lane  
Erik Craig  
Cornelius Lockett  
Ole Vedfelt  
Cindy Lubar Bishop  
George Gillespie  
Chris Cunniffe  
Laurie Greenberg  
Arthur T. Funkhouser  
Daniel Erlacher  
Pieter P. de Jong  
Azima Lila Fores  
Dian H. Hardy  
Allen Cohen  
Walter Berry  
Marzia Mazzavillani  
Donna M. Mazzola



Layne Dalfen  
Laia Molina  
Willem J. J. Fermont  
Donna Glee Williams  
Suzanne Saldarini  
Debbie Borek  
David Kahn  
Tallulah R. Lyons  
Anonymous = 1

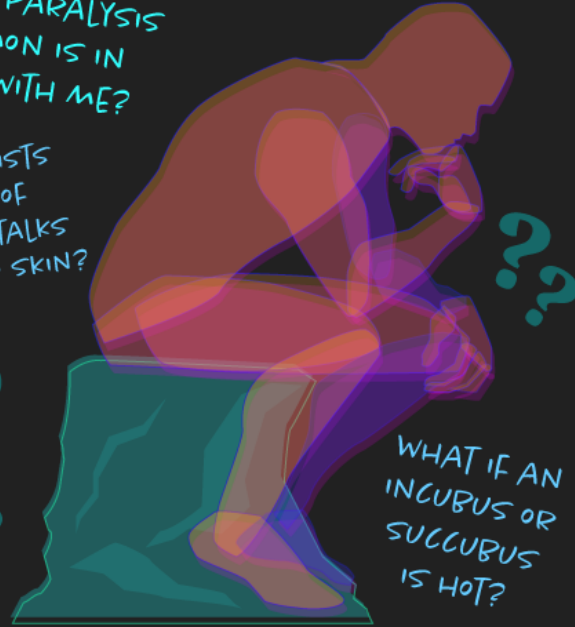
# WHAT THE THINKER WAS \*REALLY\* THINKING ABOUT

WILL I HAVE 100% DREAM  
RECALL IF I GET A DREAMCATCHER  
WITH NO HOLES IN IT?

IF I PASS ANOTHER DREAMER  
IN AN OBE, SHOULD I  
AVOID EYE CONTACT?

WHAT IF MY  
SLEEP PARALYSIS  
DEMON IS IN  
LOVE WITH ME?

DO NUDISTS  
DREAM OF  
GIVING TALKS  
WITH NO SKIN?



WHAT IF AN  
INCUBUS OR  
SUCCUBUS  
IS HOT?

WHAT'S SUPERMAN'S LUCID  
DREAMING GOAL SINCE  
HE CAN ALREADY FLY?

DOES SATAN HAVE  
NIGHTMARES OF  
LOVE AND LIGHT?

IS HYPNAGOGIC  
FALLING JUST  
ME BEING CLUMSY?



**THE DREAM NEWS TEAM WISHES YOU AND YOURS HAPPY HOLIDAYS AND A  
PEACEFUL NEW YEAR. SEE YOU ALL in 2024!**

STAY CONNECTED

