

Dream News

VOLUME 21/ISSUE 7

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Total JUNE & JULY New and Renewing Memberships = 73

Visit our Website

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2023 IASD ANNUAL CONFERENCE IN ASHLAND, OREGON WRAP UP! Bob Hoss, IASD Conference Director



The 2023 Conference at the Ashland Hills Hotel and Suites was an astounding success beyond our expectations. We had 330 participants from 20 countries, 113 of whom were presenters, along with 36 exhibiting artists; 268 participants were onsite and 62 attended virtually. It was also a financial success, exceeding our goals by over 60%, which will go a long way towards helping keep IASD afloat. Thanks to our Ashland Co-Hosts Angel Morgan and Kelly Bulkeley, our Conference Director Bob Hoss and the 24 others on the Conference Management Committee, plus the over 80 additional volunteers who all played a key role in the success of this conference.

Conference evaluations indicated that, of those who responded, 100% of onsite attendees and 81% of virtual attendees were satisfied with the event. 26% of attendees were newcomers; 19% said they became members of IASD because of the conference, and 99% said they are likely to attend again (88%).

definitely).

The top four reasons people said they attended were: to have fun (83%); to meet other people passionate about dreams like themselves (83%); to learn about the latest in dream research and theories (81%); and to learn new dreamwork techniques (76%). Comments included:

- I thought this was one of IASD's best conferences and I've attended conferences on and off since 2007. There was an infusion of creativity, extraordinary dreaming, the arts and more lighthearted events that nicely balanced the scientific and research-oriented aspects of dreamwork that are also compelling. The talks and workshops that tied into the Shakespeare Festival gave this conference a feeling of cohesion and fun.
- There were so many rich offerings and such a wonderful variety. Also, so much good feeling and good will among participants. I loved all of the opportunities to learn more and deepen my own practice and also to heal and awaken. Thank you so much for your hard work on the conference. You did an outstanding job
- Only at these conferences am I surrounded by others who value dreams and dreaming as much as I do. I always learn so much and come away feeling loved and energized and ready to face all the worlds.
- It offered many opportunities to hear from and deepen my relationships with the scientists, researchers, and dreamers I had met at the Tucson conference.
- It was a fabulous conference! There was more emphasis on the performative, artistic, experiential and experimental, rather than lecture, and I really think you all got the balance right.
- I did not know that healing could take place at such a conference, but I witnessed this and I am a strong supporter.



Opening keynote speakers with conference cohost Kelly Bulkeley. Photo by Linda Mastrangelo



Opening night with Cohosts
Angel Morgan and Kelly
Bulkeley (to the far left), with
Conference Directo, Robert
Hoss (far right). Photo by Linda
Mastrangelo



Reunion with Jean Campbell and Delia Puiatti Photo by Linda Mastrangelo



Bernard Welt with two of the DTC winners, Loren Goodman and Jason Dobrowner. Photo by Linda Mastrangelo



The Rogue Suspects and Dream Ball photos by Bhaskar Banerji



Dream Ball photo by Bhaskar Banerji

This year's Dream Telepathy Contest (DTC) featured some amazing hits to the target image of a roller coaster speeding downhill. Two of the top winners being a married couple, **Beth and Mike Porter!**Another top winner, who became lucidly aware and sought out the target, was **Jason Dobrowner**. **Loren Goodman** and **Dale Graff** completed the list of top winners with strong hits to the target sent by **Maureen Boyd Biro.** See the full story in the IASD's *DreamTime* magazine.

The Dream Ball was a big hit for sure, thanks to thehosts and committee: **Katherine Bell (MC)**, **Bhaskar Banerji**, **Marcia Emery**, **Linda Mastrangelo**, and **Angel Morgan** with a special shout out to **David Kahn** who was our timer. As per tradition the night began with a costume parade, followed by the funky sounds of the **Rogue Suspects** who kept us dancing until midnight under a spectacular backdrop of dreaminspired films as well as a photo tribute celebrating IASD's 40th anniversary. A big thanks to **Bhaskar** who curated the film shorts and photos, and to **Eric Whitman's animation students** who created their own original dream-inspired film reel. A perfect culmination to a very successful conference.



A very special video created by Christine Anderson also premiered at the conference, featuring interviews and dream-inspired art.

You can watch it on YouTube

To those who joined us, thank you all for attending – and for those who didn't have a chance this year, we hope to see you next year. The location is still under negotiations, but at this point looks promising for the 12th century abbey Rolduc in the Netherlands.

If you'd like a more personal account of the conference, please visit conference cohost, <u>Angel Morgan's</u> blog

Ancestral Dreaming at IASD's 40th Conference

From Alaya Dannu, Co-Director of IASD's Dreams & Ethnicity conference track



To be able to explore and speak about ancestral dreaming at IASD is finally, well, not to sound too cliché, a dream come true.

Our 40th annual conference was expansive! I'd like to thank all of you for allowing me to open and close the conference with the Apsu Rasa - the sacred dance taught to me in my dreams over a 15-year period. To be able to share the fruit of one's dreams with a dreaming community is dreamy, like the strawberry cheesecake at the Luna Café. Creating and holding a ceremonial "dream" space was also my first public offering. I am deeply grateful.

Ancestral dreams and dreaming are experienced differently. There were four offerings of ancestral dreaming at the conference, and within each offering were differing yet overlapping views on how it manifests in our lives. From what was shared with me by those who attended and facilitated the workshops and panels, these offerings were nourishing and inspiring, exactly what I had hoped they would be.

Alaya Dannu photo by Linda Mastrangelo

I've presented at IASD conferences off and on since 2016. My first time was at Rolduc in Kerkrade, the Netherlands, and it was an invigorating, awe-inspiring, and magical experience. Not just because I witnessed a double rainbow in the garden with Christine Anderson but because I saw an opportunity for expansion. Like how the knowledge transmitted to us in ancestral dreams helps us to grow and expand on our life path, I wanted to experience the expansiveness of ancestral dreams and dreaming in the IASD space.

Dreams do come true. Let us never forget that. I gift you with this short poem that encapsulates my entire experience:

The IASD Ceremony

The Secrets of the Ancients are not always revealed, sometimes lost Into Eternity, the fruits of our dreams growing Dans le Jardin, the Prologue of what comes to pass.

Regional Gathering

The Regional Events Committee hosted our traditional annual lunch for Regional Representatives during the conference, to give people who were interested a chance to meet other Regional Reps in person. Since the Regional Reps are now meeting online twice a year, however, we did not discuss IASD "business." Instead we offered time for informal chats. We will be talking about whether and how to continue this traditional lunch at the next Regional Reps meeting in October, to get feedback from the larger group.

Board News - Election Results Your Nominating Committee Chair, Sherry Puricelli

It is a pleasure to announce IASD's new directors and officers for 2023, and to thank those who are staying, and those who are leaving. We thank our excellent president **Michelle Carr** for her two years of service and would like to welcome **Deirdre Barrett**, our new incoming IASD president.

Also on the executive committee are Sherry Puricelli (Vice-President), Robert Waggoner (Treasurer), Kelly Lydick (Secretary), and Joy Fatooh (Board Chair). The Advisors on the executive committee are Jean Campbell, Michelle Carr, Bob Hoss, David Kahn and Angel Morgan.

There are six new directors to welcome to the Board. Five filled the spots vacated by outgoing members whose term has ended, and one person has replaced a Board member who resigned. I would like to extend a big warm welcome to the five new Directors chosen by the membership: **Katherine Bell, Sophie Boudrias, Jeanne Van Bronkhorst, Alaya Dannu,** and **Karim Said**. In addition, welcome to **Tzivia Gover** who has joined the board as a replacement for **Katherine Lawson**. Huge thanks to Katherine, and as well, deep gratitude to the directors whose 3-year terms ended this summer: **Isaac Taitz** and **Linda Mastrangelo**. I know I speak on behalf of the entire Board and membership in thanking all you for your generous service to IASD.



IASD Welcomes our Incoming President Deirdre Barrett



Incoming president, Deirdre Barrett (middle) with outgoing president, Michelle Carr (right). Photo by Bhaskar Banerji

Here is an excerpt from Dr. Deirdre Barrett's presidential address. You can read the full address in the Fall issue of *DreamTime*.

IASD comes up in my dreams fairly often, and especially in the week leading up to the conference. Most common is a recurring dream in which I'm arriving for the conference. The physical setup is that there's some kind of check-in desk. Sometimes staff is assigning us spots to set up our cots or sleeping rolls along the halls and in the lobby. Other times, we're picking our spots with groups of IASD friends. There don't seem to be any individual rooms to go to. Usually, we're at different types of hotels, but one time it was a cave. In the dream, we're always going to be in a sleeping in this shared space – very literally dreaming together.

I'm always so thrilled with this. These days, my waking self would be worried about whether I or others would snore and wanting a bathroom nearby. In the dream, it's just perfect—the vibe is those beloved middle school slumber parties. I'm excited that we're all going to be dreaming in the same space.



Notice: a formal announcement for the Call for Research Grant Proposals will be sent out later

this month. This announcement is to notify interested researchers that there will be a change this year in that we will be using an online form for grant proposal submissions. If you are preparing your submissions, know that the basic information being requested is much the same as last year; however, please wait for the form to be announced and made available on http://www.dreamscience.org/grant-opportunity/ before you submit.

Submission Areas • High quality quantitative and qualitative research proposals are invited in areas related to dreams and dreaming, including but not limited to: the biology or neuroscience of dreaming, phenomenological and psychological studies of dreaming, and such fields as anthropological and cultural studies.

Special Areas of Augmented Grant Funding• Note that if you are submitting a grant proposal and identify as a member of a specific ethnic group that has been underrepresented in the field of dream research, you will have the opportunity to also apply for IASD DEI Dream Research Grant support (see the <u>IASD Dreams & Ethnicity Portal</u> for more information). Additional funds have also been provided this year to promote research into a greater understanding of PTSD dreams and nightmares, including clinical treatment research.

Submission Deadline • October 15, 2023 for your proposal. Submissions are reviewed by a board of professional researchers with selection based on our funds available plus ratings on each proposal which consider value to dream science and the population served, a solid methodology design, and risk (as associated with ethics review, budget detail and probability of success as proposed). Awards are typically announced in December and include a scholarship to present the results at an upcoming IASD conference.

Grant Donations • Grant funds come from Dream Science Foundation donations matched by a combination of IASD funds plus individual donations. Our ability to advance dream research is therefore limited by the funds we receive. You can help to advance dream research by clicking here, **Support Dream Research on the IASD Donation form** then entering an amount of your donation in the box provided, placing '1' in the adjacent dropdown box; then check the Dream Research option in the dropdown box that appears next. If you want to donate to the DEI Dream Research Grant, check the IASD Diversity option.





40th ANNIVERSARY PRECOGNITIVE DREAM CONTEST ANNOUNCED – SAVE THE DATE!

We're Celebrating IASD's 40th Anniversary with an Online Precognitive Dream Contest

Try your psi! Since the first Precognitive Dream Contest in 2002, participants have enjoyed trying to dream of a target picture chosen randomly AFTER all their dream reports have been sent in. Join us August 24 - 29 for a time-traveling, multidimensional joy ride!

- Day 1 (Thursday August 24) Contest welcome and instructions will posted at https://www.asdreams.org/2023-precognitive-dream-contest/
- Days 2 & 3 (Friday & Saturday, August 25 & 26) Participants have until midnight EDT on Saturday, August 26 to email their dream reports and illustrations to the Psi Contest Committee.
- Day 4 (Sunday, August 27) From a numbered list of over 100 images, a target picture will be selected via random number generator and posted online. Psi Contest Committee members then start processing the entries.
- Day 5 (Monday, August 28) The names of the most notable "Precognitive Dream Champs" will be posted, and each receives an award certificate.

MUSIC THROUGHOUT THE YEAR

Due to the fact that no *Dream News* was published in July, this August issue of the newsletter contains

links to both Key 7 and Key 8 of the Musical Dream Tarot, music provided in dreams to Dr. Curtiss Hoffman.

Key 7 – The Chariot:

The Chariot, driven by a pair of sphinxes, one white, one black, carries the armored charioteer away from a city. Key 7 is attributed to the sign of Cancer, a Water sign associated with E flat major. The keynote for Cancer from *Esoteric Astrology* is "I build a lighted house and therein dwell." This Key is associated with the Hebrew letter Cheth, the Fence, which in the Sefer Yetzirah is attributed to the Intelligence of the House of Influence, and with the quality of speech. In the body, it represents the chest and the stomach.

Key 8 – Strength:

A white-robed woman opens the mouth of a red lion, on a plain. Key 8 is attributed to the Fire sign of Leo, which is associated with the key of E major. The keynote for Leo from *Esoteric Astrology* is "I am That and That am I." This Key is associated with the Hebrew letter Teth, the Serpent, which in the Sefer Yetzirah is attributed to the Intelligence of the Secret of Works, and with the quality of taste. In the body, it represents the heart



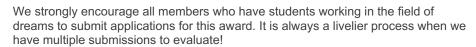
To listen to this month's selection and learn more about the

process: https://www.asdreams.org/40th-anniversary-music-throughout-the-year/

Dr. Curtiss Hoffman is Professor Emeritus of Anthropology at Bridgewater State University in Massachusetts. He has been an IASD member since 1996, and has frequently presented papers at annual IASD conferences, often based upon his own database of dreams. He is Chair of the Student Research Awards Committee.

THE ERNEST HARTMANN STUDENT RESEARCH AWARDS ANNOUNCEMENT Curtiss Hoffman, Committee Chair

It was our unanimous decision to award the Quantitative Award to Cameron Sandell for her paper, "Intentionally awakening from sleep through lucid dreaming." Ms. Sandell, who is a high school senior working under the direction of Dr. Remington Mallett, was not able to attend the conference this year, but Dr. Mallett accepted the award on her behalf at the membership meeting. We did not award the Qualitative prize, and there were no submissions in the Diversity, Ethnicity, and Inclusion category.





The deadline for submissions for next year's prizes is March 15, 2024.

Please see the guidelines on the IASD website for specific submission instructions.



IASD DREAMS & ETHNICITY PORTAL Angel Morgan, DAC Chair

Live link to: https://www.asdreams.org/dreams-and-ethnicity-portal/

IASD's Diversity Task Force Advisory Committee (DAC)

IASD's DAC would like to thank the recipients of BIPOC conference scholarships for attending the 4th IASD conference in Ashland, and everyone who donated to IASD Diversity last year to help make that possible! More about the success of the Dreams and Ethnicity track coming soon in the Fall issue of *DreamTime*. Let's keep dreaming IASD forward!

The IASD Dreams and Ethnicity Portal includes photos and bios of DAC members; videos, podcasts, and publications; information about IASD's DEI dream research grants and DEI student research awards; Culture-Keeper memberships; BIPOC conference scholarships and grants; and more.

If you want to help fund these important new programs, pleaseclick here and donate to IASD Diversity. This category supports IASD's pledge to grow an intentional inclusive process for Black, Indigenous, and People of Color (BIPOC) with expertise or interest in dreams, expand the ethnic diversity of IASD, and increase the ethnic diversity of invited speakers at future conferences.

Contact <u>diversityresponse@asdreams.org</u> to learn more about any of these initiatives, including special opportunities to sponsor scholarships and awards. And remember: That's the contact address for any comments on ethnic and racial Diversity, Equity, and Inclusion in all IASD functions.

Thank you for your support!

In MemoriamSusan Lillian Morgan

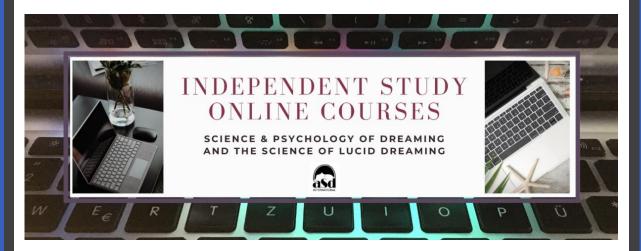
As the founder of Mystic Dream Center, Susan Morgan emerged as an Author, Teacher, Soul Worker, and Speaker. Her mission was simple yet profound: to empower individuals to navigate life in higher vibrations, to follow their passions, and to comprehend the messages carried in their dreams.

Sherry Puricelli shared: When I joined IASD Susan Morgan, as Regional Rep, welcomed me. I had previously spent a lot of time with her, attending her dream circles in her home, being a guest on her Mystic Dream TV Show, and attending workshops she hosted for Robert Moss at the Dragon's Egg.



Susan Morgan tragically passed on July 4, 2023. Our IASD community is deeply saddened by this sudden loss and send our deepest condolences to Susan's loved ones.

You can read Susan's full obituary here: Legacy Susan Morgan



IASD ONLINE COURSES

The Online Course Committee (OCC) offers online courses on various aspects of dreams and dreaming to those IASD members and nonmembers who would like to take these as part of an independent study program. The initial offerings are the foundation series courses titled The Science and Psychology of Dreaming and The Science of Lucid Dreaming. While these courses are offered as part of the IASD Dream Study Groups Program, the OCC is responding to requests to also offer them as stand-alone independent study courses, which should appeal to those who prefer to take courses on their own.

The Science and Psychology of Dreaming course is a mini-tutorial which covers:

· The Basics

- · The Psychology
- · Exceptional Dream Experiences

The course is taught by Robert Hoss, who chairs our research grant committee and is co-editor of IASD's book *Dreams: Understanding the Biology, Psychology and Culture* from which much of the course is derived. It is designed for anyone interested in a summary of some of the theories and research findings related to our basic understanding of dreaming. Although there is much still being researched about the nature of dreaming, this course offers a snapshot of some of the general practices, recent research and theoretical thinking.

The Science of Lucid Dreaming course covers the history of the first scientific evidence that lucid dreaming is a valid and distinct state of dreaming, and then surveys cutting-edge findings in the field. The course is taught by Robert Waggoner, an internationally known lucid dream pioneer and author of Lucid Dreaming. It is based on his presentation at the 2018 IASD Conference in Scottsdale, Arizona.

To enroll in either or both of these courses, please click on IASD Dream Courses



REGIONAL NEWS YOU CAN USE Michelle Carr and Jeanne Van Bronkhorst, Co-chairs of the IASD Regional Events Committee

Regional Rep Spotlight

The Regional Events Committee continues to support our Regional Reps as they look for ways to engage IASD members and dreamers in their local communities. If you would like to join our team or learn more about this role, contact Jeanne through <u>our regional representatives</u> page on the IASD website.



On August 12 our Quebec IASD members will put on a one-day French language conference in Montreal, under the organizing leadership of Regional Representative Sophie Boudrias. Eight people will give half-hour presentations, including *Dream Engineering, Viewing the Dreamworld of Sleepwalkers*, and *Listening to the Dreamer in Palliative Care*. It looks like a fun and interesting day!

And this month we spotlight one of our newest Regional Representatives, Marta Aarli, MA, LPC. She has been a psychotherapist and dream guide in Colorado for 30 years, combining psychodynamic and transpersonal psychology. Her dreamwork includes inner parts dialogue, active imagination, dream reentry and ancestral healing. In her private practice she offers dreamwork, individual and couple's therapy, women's groups, and dream groups. Marta is also a musician and poet. She's written three books of poetry and is currently writing a book on dreamwork for personal and ancestral healing. "After attending the IASD conferences since 2017 and presenting since 2019, I'm excited to join the team of regional reps, so I can connect more with dreamers in my area and reach out to potential new members. I appreciate all the amazing people I've met through IASD, and everything that the organization does to further the field of dreaming around the world."



MEMBERS AROUND THE WORLD FANNY BREWSTER BOOK LAUNCH EVENT

The initial book launch of IASD DAC member and Dreams and Ethnicity Committee Co-Chair, Dr. Fanny Brewster's *Race and the Unconscious: An Africanist Depth Psychology Perspective on Dreaming* will be on August 4, 2023—sign up today!



In this issue of Hot Off the Press we will be focusing on the topic of dreams and control. This column publishes links to evidence-based scientific articles on dreams that are written for a non-research audience.

MAN IMPLANTS CHIP IN HIS BRAIN TO HELP "CONTROL" HIS DREAMS BY GERRARD KAONGA

A Russian man was hospitalized after drilling into his skull to install a microchip as part of an effort to control his dreams, according to reports and his tweets. Telegram channel Mash Siberia, the Siberian subsidiary of Russia's Mash news Telegram channel, shared images of the man from Russian city, Novosibirsk, and detailed the incident in a post shared on July 20.

The Russian national, identified as Michael Raduga on his <u>Twitter</u> account, said he used a household drill on his skull to insert a chip that would allow him to control his dreams. He said he had been studying videos on the internet that showed how neurosurgeons work.

SOURCE: NEWSWEEK

HOW A DREAM ENGINEER DEFEATS NIGHTMARES: WE CAN REWRITE THE SCRIPT ON BAD DREAMS BY KRISTEN FRENCH

IASD Past President Michelle Carr had vivid nightmares as a kid. It wasn't until she was in college that she learned about lucid dreaming, a fairly rare phenomenon in which the dreamer can consciously shape the dream. She found that she could use lucid dreams to rewrite her own nightmares and conquer her fear of them.

SOURCE: NAUTILUS

IASD JUNE & JULY 2023 Membership

Misa Tsuruta, Membership Committee

Total JUNE New and Renewing Membership = 45

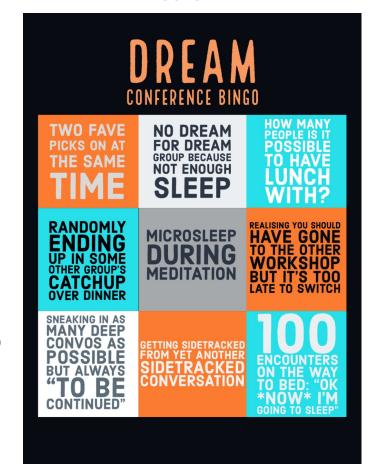
New Members = 13 (Organization/Corporate Member = 1)

Tammy & Drew
Kaislah J. Montes
Karen Muller
Ellen Carter Woodbridge
Carole C. L. Leblanc
Lou Hagood
Jessica E. Tye
Shanghai Dreaming Kids Culture
Technology Co. Ltd.
Sota S. S. Shimizu
Adam Neal
Anonymous = 2

Renewing Members = 32 (Organization/Corporate Member =1)

Jennifer E. Allen
Fariba Bogzaran
Mickey DiSiena
Catherine R. Evans
Fendel & Partner GbR
Rebecca Gimeno
Sarah Hall
Megan M. Haviland
Rose Inserra
Talbert Kanigher
Linda N. Kato
Ed Kellogg
Andreas Lawrenz
Anthony A. Levasseur

DREAM TOONS WITH DELIA



Total JULY New and Renewing Members = 28

New Members = 6 Orenda Fink Karla Holland-Scholer Oliver Markley Lorraine M. Levy
Remington Mallett
Marja Moors
Rubin Naiman
Michael Rohde Olsen
Erique Ramos Corbacho
Wolfgang F. Ronnefeldt
Jude Sargent
Richard Schweichert
Natascha Steckel
Gunnar Sundstrom
John A. Valenzuela
Johanna Vedral
Travis Wernet
Anonymous = 4

Anonymous = 3

Renewing Members = 22

Rosa Lanas Atwandter
Valerie Beale
Patrick Bertoliatti
Jorge M. V. Secco Caetano
Nancy F. Demeter
Toby Fesler Heathcotte
Norifumi Kishimoto
Katherine Ladd Pearson
Ming-Ni Lee
Markel M. Mendez
Pam Muller
Kathryn Ridall
Bea Salgado
Michelle Samuel

STAY CONNECTED

Paul Sauers Antonio Zadra Anonymous = 6





