

Dream News

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Visit our Website

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2023 IASD ANNUAL CONFERENCE IN ASHLAND OREGON

- Call and Registration for Presenters and Volunteers OPEN
- Call for Art Submissions Open
- General Registration Opens January 1, 2023



Shakespeare wrote "All the world's a stage" and Carl Jung wrote that a dream is theater in which the dreamer is the scene, player, prompter, producer, author, public, and critic. The best plays are like the best dreams: surprising, decentering, mind-expanding, awe-inspiring, emotionally exhausting, and acutely memorable. They are unreal, yet realer than real; retreats into fantasy that catapult us into fresh engagement with the world. Many talented artists, as well as everyday creative people, have said they feel the same kind of freedom to explore their emotions in dreams that they do when they have an encounter with the artistic process.

Please join us in 2023 for a celebration of 40 years of IASD in Ashland, Oregon, home of the Oregon Shakespeare Festival! You will be in good company with world renowned keynote speakers and over 100 presenters sharing their work with dreams from 20 or more countries around the globe. This is more than just a conference; it is an extravaganza of fascinating presentations and special events. Everyone is welcome – whether you are a professional, a dreamworker, researcher, student, artist, performer, author, or simply a curious, interested dreamer.

The Venue is the spectacular <u>Ashland Hills Hotel and Suites</u> in beautiful Ashland, Oregon, at the base of the Siskiyou mountains, just north of California. The hotel is nestled on a quiet side of town, just 3 miles from downtown Ashland and 19 miles from the International Medford Airport with direct connections to many <u>US western hubs</u>. It is a 14-acre property, where you can rest in the intimate courtyard patio and pool or relax in the open spaces surrounded by nature and inspiring views of the surrounding Ashland Hills. We have reserved a limited block of rooms and suites (many of which have private balconies) at discounted conference rates in the \$100 to \$115 range and 20 overflow rooms in the adjacent Windsor Inn at \$150 per night. The Ashland Hills Hotel and Suites rate is good for up to 3 days after the conference, for those that want to make it a vacation. You will receive the booking codes when you register for the conference. See the <u>lodging link</u> for information on these and other lodging options in the Ashland area.

The program features peer reviewed presentations, workshops, and morning dream groups, in a multidisciplinary program including the scientific, psychological, spiritual, artistic, healing, lucid, extraordinary and multicultural aspects of dreaming. There will be many fun events, such as an Opening Reception, a Dream Art Exhibition/Reception, our annual Dream Telepathy Contest, and the ever-popular costume Dream Ball Ball and – in honor of the arts and the location – a special night and ticket availability to Oregon Shakespeare Festival.



CALL FOR PRESENTATIONS

Due date for regular program submissions: December 21, 2022 Due date for poster submissions: March 1, 2023

For instructions CLICK HERE

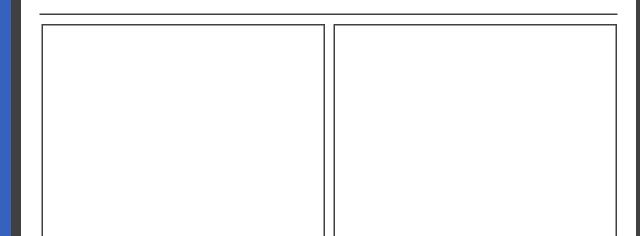
Submissions Solicited: The program is multidisciplinary; therefore, high-quality proposals are invited that fall into any of the following tracks (themes): Clinical Approaches; Culture and History; Dreams and the Arts; Dreams and Ethnicity; Dreams and Health; Dreamwork Practices; Education (teaching dream studies); Extraordinary, Psi, and Lucid Dreams; Mental Imagery; Religion, Spirituality, and Philosophy; Research; Theory. This year the featured tracks will be Dreams and the Arts and Dreams and Ethnicity. Submission Categories Include: Individual talks to be combined within Symposia; Special Events; Workshops; Morning Dream Groups; Pre-organized Symposia; Panels; and Research Poster Presentations.



CALL FOR VOLUNTEERS

Volunteers attend the conference, which includes all video/audio recordings, for \$150 by working about half the conference session hours (roughly 14 hours). A special complementary / compensation option for Zoom experienced AV Volunteers is also available upon request when you apply for an AV position. This fee covers the conference attendance, all receptions and the dream ball. Volunteers must arrange for their own travel as well as lodging and meals, CE fees and any separately priced special events they wish to attend. The duties are consolidated into 4 categories: Registration/Info Desk, Room Monitor, Audio-Visual Support and Art Exhibition.

If you wish to volunteer, **click here** to apply.





CALL FOR ART – Prospectus

2023 Juried Dream Art Exhibition DEADLINE FOR ENTRIES: 11:59 p.m. GMT, Wednesday, March 15, 2023

Eligibility: We are accepting original artwork about or inspired by dreams. You do not need to be a member of IASD or a conference attendee to participate in the IASD Juried Dream Art Exhibition. You can exhibit whether you are competing for a prize or not. Each artist may submit up to five (5) art pieces. The entry form also allows you to upload two (2) additional detail images, total, to show detail.

Media: All two-dimensional and multidimensional media will be considered, including painting, drawing, collage, sculpture, video, and installation art. We are not able to accept performance art or entries that are strictly sound-oriented (e.g. music). However, performance artists and sound artists may consider submitting a proposal for a special event for the conference program (see Call for Presentations above).

Art awards: Cash awards will be offered for works chosen from among those accepted for display at the conference. In your submission form, you can indicate that you do not want your works to be considered for the awards.

Submission fee:

There is a NON-REFUNDABLE submission fee of \$40 per artist. You must pay this fee if:

• you are NOT registering and paying for the main conference*; or

• you have been accepted and have registered as a volunteer; or

• you are a scholarship awardee and have registered as such.

*The submission fee is waived if you are registering and paying for either a single day or the whole conference, and you can register at the discounted presenter rate using the presenter discount on the Presenter Registration Form.

HOW TO ENTER: All works must be submitted using the Online Entry Form. Go here for information and the entry form:



THE IASD ERNEST HARTMANN STUDENT AWARDS FOR 2023! Curt Hoffman, Student Research Awards Chair

Guidelines for 2023 Awards

The IASD Student Research Awards are given to students (undergraduate and graduate) in two areas: best original quantitative research on dreams and dreaming; best original historical, literary, artistic, or theoretical research on dreams. There will be three awards in the amount of \$500 each. We are pleased to announce that two anonymous donors have graciously agreed to provide matching funds for the 2023 competition! The IASD Board of Trustees will provide the balance of funds.

Award 1:

Best student submission of original quantitative research on dreams and dreaming.

Award 2:

Best student submission of original qualitative (historical, literary, artistic, or theoretical) research on dreams.

Submissions in both categories will be evaluated on the basis of four criteria: originality, relevance, coherence, and significance of contribution to the study of dreams.

Award 3:

The Diversity, Ethnicity, Inclusion (DEI) Award has been newly instituted by the IASD Board to lift up and amplify the voices of dream researchers from ethnic groups that have been underrepresented in dream research, and may be awarded for either quantitative or qualitative research. Applicants remain eligible for Award 1 and 2.

For more information CLICK HERE

https://iasdconferences.org/2023/call-for-art/

Questions? Please contact the Art Committee at this address: vac@asdreams.org (Subject line: IASD Conference Art Entry Questions)

2022 TUCSON CONFERENCE AUDIO RECORDINGS AVAILABLE

Audio recordings are NOW AVAILABLE for the 2022 Tucson conference. Conference attendees should have received an earlier link for full Zoom recordings and if not please call the office. For non-attendees Audio recordings are available by <u>clicking here</u> and making a \$40 credit card payment - you will receive the link in the confirmation email. If you are unable to pay by card you can contact <u>office@asdreams.org</u> for payment instructions. Recordings include most all lecture sessions (Symposia, Panels,



Keynotes, Invited) but do not include workshops or sessions where personal dream sharing took place.



IASD'S ANNUAL PLEDGE DRIVE BEGINS IN NOVEMBER

Were you aware that almost 100 percent of the dream-inspiring awards given by IASD such as Research Grants, Dream Art Awards, Student Awards and conference scholarships are provided by generous IASD members during our annual Pledge Drive?

The 2022 Pledge Drive will begin this month and run from mid-November through the end of January. We encourage you to donate if you can, to provide support for dreamers. Every little bit helps!

Thanking you in advance.



The IASD Dreams and Ethnicity Portal is offered by the IASD Diversity Task Force Advisory Committee (DAC) to encourage further understanding of authentic, culturally diverse perspectives on dreaming, and to promote increased ethnic diversity in all IASD functions: membership and recruitment, leadership positions, conferences and symposia, dream studies research, publications, educational outreach, and public relations efforts to advance dreamwork and the general understanding of dreams and dreaming. You can visit: <u>https://www.asdreams.org/dreams-and-ethnicity-portal/</u>

The IASD Dreams and Ethnicity Portal provides fundamental resources to inspire further research in the areas described by the new Dreams and Ethnicity track for IASD International Conferences: *The Dreams and Ethnicity track explores dreams through traditional worldviews and welcomes dreamers of all ethnicities to submit presentation proposals of high quality that reflect their experience with dreams*

in relation to their self-identified ethnicity. In this track, the meaning of dreams is of spiritual significance to the waking reality of human life and identity. The Dreams and Ethnicity track supports IASD's growth within a supportive multi-ethnic environment, and brings people who have a different contribution to make to the study of dreams forward in order to open up everyone's perspective.

If this description speaks to your work with dream studies, please select the Dreams and Ethnicity track when you submit your proposal to present at the <u>40th IASD conference in Ashland, Oregon in 2023</u> by December 31, 2022!

Ancestral Dreaming Invitation for 2023

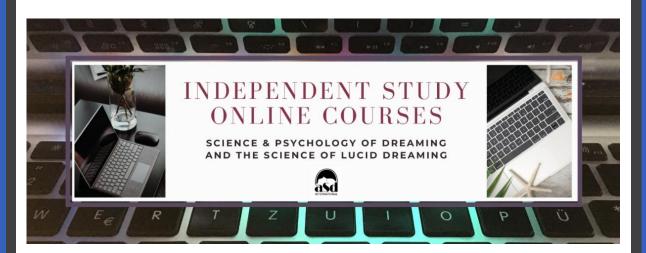
From Alaya Dannu and the DAC

Greetings Dreamers! That lovely, dreamy, creatively inspiring time is upon us once more: submitting proposals and workshops for our annual conference. As a member of the DAC and **Co-Director** for the Dreams and Ethnicity track, I invite you to submit a proposal that is focused on/explores Ancestral Dreaming.

This topic came up frequently in conversations at the Tucson conference, and it is a subject I would love to see explored more at IASD. It is also near and dear to my heart. How have your dreams of past loved ones influenced the process of your identity development? What does this look like for you? Have your dreams informed your genealogy projects and vice versa? Have your dreams inspired and guided you to uncover hidden gems of your ancestry that would otherwise have remained hidden? I invite you to reflect on these prompts and refer to your dreams. Or better yet, lovingly ask for a dream to help you with an offering for the Ancestral Dreaming topic within the Dreams and Ethnicity track for 2023.

I look forward to seeing what you (and your dreams!) come up with Click here to submit a proposal

https://iasdconferences.org/2023/CALL-FOR-PRESENTATIONS/



The online course committee (OCC) offers online courses on various aspects of dreams and dreaming to those IASD members and nonmembers who would like to take these as part of an independent study program. The initial offerings are the foundation series courses titled *The Science and Psychology of Dreaming* and *The Science of Lucid Dreaming*. While these courses are offered as part of the IASD Dream Study Groups Program, the OCC is responding to requests to also offer them as stand-alone independent study courses, which should appeal to those who prefer to take courses on their own.

The Science and Psychology of Dreaming course is a mini-tutorial which covers:

- The Basics
- · The Psychology
- · Exceptional Dream Experiences

The course is taught by Robert Hoss, who chairs our research grant committee and is co-editor of IASD's book *Dreams: Understanding the Biology, Psychology and Culture* from which much of the course is derived. It is designed for anyone interested in a summary of some of the theories and research findings related to our basic understanding of dreaming. Although there is much still being researched about the nature of dreaming, this course offers a snapshot of some of the general practices, recent research and theoretical thinking.

The Science of Lucid Dreaming course covers the history of the first scientific evidence that lucid dreaming is a valid and distinct state of dreaming, and then surveys cutting-edge findings in the field. The course is taught by Robert Waggoner, an internationally known lucid dream pioneer and author of *Lucid Dreaming*. It is based on his presentation at the 2018 IASD Conference in Scottsdale, Arizona.

To enroll in either or both of these courses, please click on

IASD UPDATES THEIR GRADUATE DREAM STUDIES PAGE

At IASD we have been updating our Graduate Dream Studies program page listing in order to provide information that is current for interested graduate students. Please check out our updated page of <u>Graduate School Offerings</u>. Here are some of the current updated programs:



Accredited University Dream Studies Certificate programs

Sofia University

Institute of Transpersonal Psychology Dream Studies Certificate Program **Program and Admissions Information**

Accredited University Graduate Dream Studies courses

Goddard College

Goddard College's Department of Psychology and Counseling Title of Course: *Dreamwork in Expressive Arts Therapies* **Course and Program Information**

Pacifica Graduate Institute

M.A./Ph.D. Program in Depth Psychology Title of Course: *Dreamwork: Tending the Living Images* **Course and Program Information**

Institutes that are registered to offer CEs for Dream Studies

Dream Institute of Berkeley Program and Admissions Information

Institute for Dream Studies (IDS) Dream Certification Program Program and Admissions Information

Dream Tending & Deep Imagination Certificate Programs Certificates I, II & III Programs; Mentors of the Academy Program and Admissions Information

To contact IASD to be listed

If you are teaching graduate classes in dream studies and would like to be listed, please send the information to our office at **office@asdreams.org**

We are looking for information about these three categories:

- Accredited University Dream Studies Certificate programs (current)
- Accredited University Graduate Dream Studies courses (current)
- Institutes that are registered to offer CEs for Dream Studies (current)



REGIONAL NEWS YOU CAN USE Michelle Carr and Jeanne van Bronkhorst, Co-Chairs of the IASD Regional Events Committee

Regional Events continue to be limited by the COVID-19 pandemic. Nevertheless, we are delighted to see Robert Waggoner's and Ed Kellogg's *Many Worlds of Lucid Dreaming* online conference on Glidewing. The conference runs from October 29 through November 12, with an additional two weeks of read-only.

The Regional Reps had their twice-annual meeting in October with a thoughtful discussion on online and hybrid conferences, which IASD is considering for future annual conferences. The Regional Reps shared their experiences of other online conferences, and what they can do to encourage more participation in the annual conference by IASD members in their region. We ended the meeting with a discussion of their plans and hopes for their individual regions.



This month's spotlight is on Laurel Clark, a past President and former Board Chair of IASD, and the Regional Rep for the lower Midwest in the United States.

Laurel Clark is a teacher and dreamworker in practice since 1979. She uses an eclectic approach to dreams, with training from the School of Metaphysics and the Institute for Dream Studies. She is a certified Dreamologist and Certified Dream Professional.

Laurel is the author of *Intuitive Dreaming* and contributor to many other books including*Dreams that Change Our Lives; Weaving Dreams Into the Classroom; Chicken Soup for the Soul: Dreams and the Unexplainable,* and *The Encyclopedia of Sleep and Dreams.*

Laurel loves incubating dreams for creative inspiration, healing, and problem solving. She guides people to understand how intuition communicates through dreams, in visitations, dream telepathy, and precognition. She enjoys connecting with dreamers from around the world for deep soul friendship.

You can reach her at laurel@laurelclark.com or www.laurelclark.com

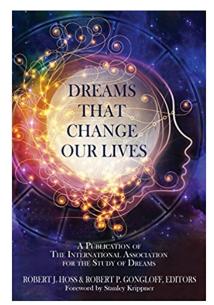
DREAMS THAT CHANGE OUR LIVES BOOK PRE-HOLIDAY SALE

A Publication from IASD

Pre-Holiday Sale! Half off original price! \$14 for Paperback

Looking for the perfect book to give this coming season? For the month of November, "Dreams That Change Our Lives" is on sale for \$14 through the <u>Chiron website</u>.

Have you ever awakened from a dream that left you feeling stunned—a dream so vivid or impactful—so unexpected—that it changes your life from that point forward? Imagine you could ask a question of a dream character, or the dream itself, and watch as a profoundly surprising response appears. Suppose you could take action in your dream to eliminate a recurring nightmare, heal a relationship, or even a physical ailment. The 100 dreamers in this book have!



These are what might be called big dreams, stories of life changing guidance, insight and healing; some that reach beyond the senses and even beyond death.



In this issue, Hot Off the Press will be focusing on death and dying in dreams. This column publishes links to evidence-based scientific articles on dreams that are written for a non-research audience.

AS DEATH APPROACHES, OUR DREAMS OFFER COMFORT, RECONCILIATION BY CARINE MARDOROSSIAN

How does one come to terms with the overwhelming grief and guilt over the thought of a loved one dying alone?

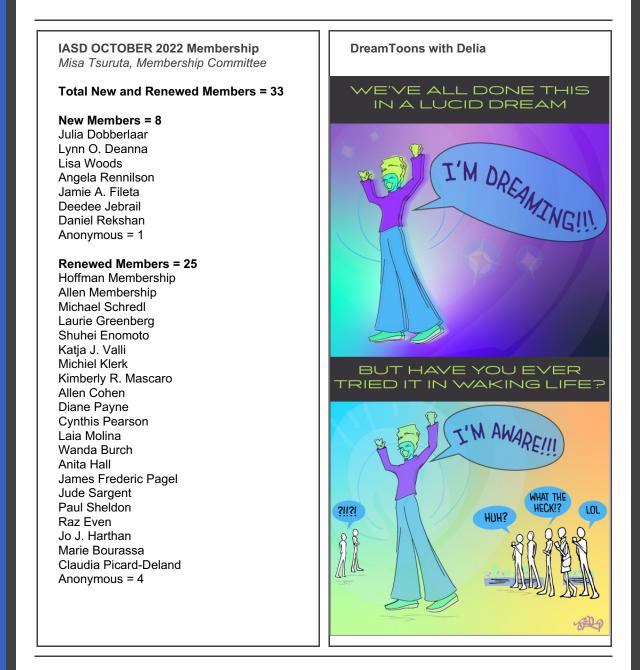
Pre-death dreams and visions help fill the void that may otherwise be created by the doubt and fear that death evokes. They help the dying reunite with those they have loved and lost, those who secured them, affirmed them and brought them peace. They heal old wounds, restore dignity, and reclaim love. Knowing about this paradoxical reality helps the bereaved cope with grief as well.

SOURCE: Medical Xpress

HAD A DEATH DREAM RECENTLY? IT MIGHT NOT BE YOUR WORST NIGHTMARE BY NATASHA CHRISTIAN

Dreaming about your own or a loved one's death is far more common around the new year period than any other time. Here's why your dreams turn grim over the holidays, and what they might mean.

SOURCE: NEWS



The Dream News Team wishes you and yours a Happy Thanksgiving

