



Dream News

July 2022
VOLUME 20 / ISSUE 7

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IN THIS ISSUE:

2022 IASD Annual Conference in Tucson, Arizona

- Zoom-based Hybrid Research Event on July 21 – registration still open
- The Full Program Listing, Schedule, Bios and Abstracts now online
- Podcasts Featuring Keynotes and Presenters

The Many Worlds of Lucid Dreams Online Conference – Save the Date!

In Memoriam

Visit the IASD Dreams and Ethnicity Portal

IASD Online Courses

Regional News

COVID-19 Portal is a Popular Addition

Members in the Media

Hot Off the Press

Dream Toon

Total June New and Renewing Memberships = 35

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International Association for the Study of Dreams

Hybrid Research Event Thursday, July 21st, 2022

(via Zoom)

In conjunction with the Annual Dream Conference

39th ANNUAL INTERNATIONAL DREAM CONFERENCE

Loews Ventana Canyon Resort Tucson
7000 North Resort Drive
Tucson, Arizona USA



Announcing the addition to the 2022 IASD Conference: IASD Hybrid Research Event Thursday July 21st 2022

The Research Committee of the International Association for the Study of Dreams is organizing a one-day Hybrid Research Event as part of the 39th IASD Annual International Conference. The event is included for onsite registrants; but if you can't attend in person, please join us virtually as the Hybrid Research Event goes live via Zoom on Thursday July 21 at 9 am Pacific US time with an opening keynote by Michelle Carr, PhD. The keynote is followed by 12 international research presentations and continues until 5:30 pm Pacific US time. Access to Zoom recordings (video and audio) of the day's sessions are included in the Hybrid Research Event fees for virtual attendees.

- Virtual Attendees \$100.00
- Restricted Student Scholarship \$50.00

Program Summary:

- **Keynote - Michelle Carr:** From Nightmares to Lucid Dreams: How Dreams Impact Our Mental Health
- **Katja Valli:** Subjective experiences are similar during anesthetic-induced unresponsiveness and NREM sleep
- **Cloé Blanchette-Carrière:** Dream activity as a potential precipitating factor for sleepwalking
- **Aurélien de la Chapelle:** Behavioral and electrophysiological evidence of attention differences in low & high dream recallers
- **Michael Schredl:** Work-Life-balance in dreams: Frequency and emotional tone of work-related and hobby-related dreams
- **Michael Schredl:** Foreign languages in dreams: A long dream series
- **Emma Peters:** Embodied dreaming: Dream incorporation using forearm muscle stimulation
- **Adam Haar Horowitz:** Dream incubation with simple timed audio cues
- **Kathleen Esfahany:** Targeted dreaming increases waking creativity
- **James F. Pagel:** The frequencies of dream
- **Pilleriin Sikka:** COVID-19 on mind: Is the pandemic reflected in the affective quality of mind-wandering and dreaming?
- **Westley Youngren, Matt K.P Gratton, & Garrett, R. Baber:** Presleep thought content & nightmare occurrences
- **Karen Konkoly:** Dreaming in individuals with Highly Superior Autobiographical Memory

Click here for the entire 2022 Conference Program Listing, Schedule at a Glance, Bios and Abstracts



IASD Conference Presenter Interviews Scheduled

IASD Board member, Katherine R. Bell, has scheduled a series of interviews with Keynote and other presenters for the upcoming conference in Tucson, AZ on her Saturday morning podcast, The Dream Journal, broadcast 10-11 am Pacific US Time on <https://ksqd.org/> Look for each podcast on the station's website on the following Monday. Past shows are released as podcasts on all major platforms or can be found at <https://ksqd.org/the-dream-journal/>

Please tune in and enjoy!

- May 7 Bruce Bynum
- May 14 Steve Ernenwein
- May 21 Jeannette Megeo
- May 28 Michelle Carr
- June 4 Leslie Ellis
- June 11 Bob Hoss
- June 18 Catherine Shainberg
- June 25 (replay)
- July 2 Rubin Naiman
- July 9 Deirdre Barrett
- July 16 on site interviews

Kelly Sullivan-Walden Interviews Robert Hoss

An interview of IASD Conference Committee Host, Robert Hoss aired on June 8, 2022 on Kelly Sullivan-Walden's show on MindBodySpirit FM.

A link to the interview on YouTube can be found at <https://youtu.be/gErviRV4jBo>



THE MANY WORLDS OF LUCID DREAMING

OCTOBER 30 - NOVEMBER 13, 2022

Save the Dates

An Online Event from the International Association for the Study of Dreams and GlideWing

For More Details or to Register, Visit [GlideWing Online Workshops](https://www.glidewing.com/iasd/lucid_dreaming_conference.html)

[HTTPS://WWW.GLIDEWING.COM/IASD/LUCID_DREAMING_CONFERENCE.HTML](https://www.glidewing.com/iasd/lucid_dreaming_conference.html)

Conference Features:

- IASD's Third annual lucid dreaming online conference
- Time Zone Friendly - 24 hour forum
- Cutting Edge Lucid Dreaming Theory and Practices
- Interact in depth with lucid dreaming experts & authors for 2 weeks!
- Discover more effective techniques to go deeper into lucid dreaming.
- See how experienced lucid dreamers promote healing of the mind and body.
- Expand Your Knowledge of lucid dreaming incubation techniques.
- Learn how to maintain and prolong your lucid dreams.
- Share Your Own Experiences and Ideas with Other Lucid Dreamers!

Registration opens on August 1, 2022

IN MEMORIAM



Rita Mary Dudak Dwyer passed away on June 24, 2022 at her assisted living facility in Fairfax, VA following a long illness.

Rita was born in Hibernia, New Jersey on January 31, 1934 to George S. Dudak and Mary M. Dudak (nee Luba). She excelled in school both at her high school, Academy of Saint Elizabeth, and later in her college years at College of Saint Elizabeth. She studied chemistry in college and later took a job in 1956 at Reaction Motors Inc. (RMI), an early American maker of liquid-fueled rocket engines, located in Rockaway, New Jersey.

At Reaction Motors, Rita put her chemistry knowledge to use researching experimental rocket propellants in the lab. Rita was one female chemist working amongst 75 men. She received a number of patents for her innovative chemical compounds. In the words of her Department Supervisor, Murray S. Cohen: "Rita was hired to work on the chemistry of rocket fuels and oxidizers. Very early in her employ she demonstrated an almost ferocious drive to know and to do almost everything in rocket propellant chemistry. Her work in liquid monopropellants was significant and most dangerous. She performed some of the earliest experiments on the reaction of olefins with tetrafluorohydrazine to make vicinal difluoromines. She was one of the early researchers to synthesize high heat of formation fuels by incorporating the acetylenic bonds into the structure of both liquid and solid propellants."

In 1959, Rita was involved in an explosion in the lab where she was severely burned in the resulting fire. After hundreds of plastic surgeries and months in the hospital she recovered and was determined to still aim high and make a difference in the world.

During the fire, Rita's life was saved by a man who had dreamed repeatedly of the fire and how he would save her well before it actually happened. The revelation of his precognitive dream, and the fact that her life was saved by it, led her to the study of dreams and dream therapy. Rita was a co-founder of IASD. Her work in that arena, coupled with the pastoral counseling degree she later earned with her church, allowed her to provide support and kindness to many people who were in need of her guidance. It also took her around the world to many dream conferences in places like Moscow and Copenhagen.

In 1963, Rita married James (Jim) W. Dwyer of Chateaugay, NY. Jim also worked at Reaction Motors as a physicist. Together they moved to Vienna, VA and raised three children.

She knew no strangers and if you met her, you likely were welcomed with a hug and became her friend forever.

In her own words: "I have always had the idea that anyone could be happy who had no difficulties; real living was a study in being happy in spite of difficulties." Rita always lived her life with that "cup half full"

perspective and her optimism was infectious.

The family asks that in lieu of flowers, donations are made to the organization "So Others Might Eat," one that Rita volunteered with throughout her life.



Ted Murray "Raggedy Man" Jones, 62, of Humboldt, Tennessee, passed away on Wednesday, June 22, 2022. He was born on January 5, 1960, at Fort Eustis, Virginia Military Hospital. Ted graduated high school in 1978 with honors from Old Hickory Academy (Jackson, TN) where he played basketball, was voted Most Talented, Class Favorite/Mr. OHA and was involved in many creative endeavors. He went on to study at the University of Dallas but proudly graduated from Belmont University with a degree in Music and Theology in 1999.

Ted was a songwriter, poet and Americana artist with several albums (via Dream Train Music and RM Music) to his credit. He wrote "Strawberry Festival Parade" for his hometown of Humboldt, Tennessee. His music and love for adventure took him to many places, including Alaska, Australia, the Netherlands, England, Ireland, and New York City. He also hiked the entire Appalachian Trail. A friend that met Ted at an IASD conference was quoted as saying "Ted is a philanthropist whose gift to the world is fresh, clever, sublime interpretation of the joy, hope, pain and sorrow of life that each of us is familiar with."

Tzivia Gover wrote of Ted: "The world has lost a generous soul, a loyal friend, an extremely talented musician, and a big dreamer. He will be missed."



On Sunday June 5, 2022, **Mary Jo Heyen** died peacefully at home with Joe, her high school sweetheart and husband of 52 years, by her side. These past few weeks our home has been filled with tears and laughter, grief and gratitude.

Her desire for her obituary was that it be kept simple. A quote from one of her favorite mystics, Teresa de Avila: "The closer one approaches to God, the simpler one becomes."

Mary Jo enjoyed a wonderful 30-year career as a high school Spanish teacher and is still in close relationship with many of her students.

At age 55 she returned to her life's calling and that was to explore sacred relationships that come in our dreams and help us remember our soul self. She was a Practitioner of Natural Dreamwork, working with clients throughout the world and hospice patients and families to help them find the healing medicine in every dream. Her experiences of this are shared in her book, *Dreaming into the Mystery: Explorations into the Dreams and Visions of the Dying*.

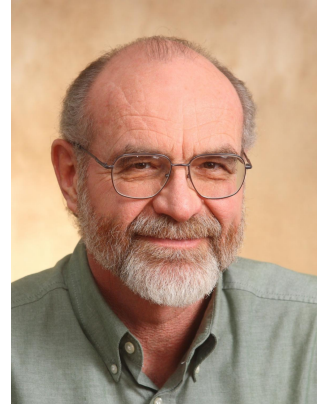
A friend recently asked Mary Jo, "Are you going to have a Celebration of Life?" She said, "I already did! And what's so delicious is that I got to attend. During these past few weeks there has been such an outpouring of love and support from so many beautiful people. They shared their memories of me and what my presence has meant to them. I got to hear all this sweetness while I'm still here to receive all this love. Their words and love help carry me over this next threshold."



The IASD Dreams and Ethnicity Portal is offered by the IASD Diversity Task Force Advisory Committee (DAC) to encourage further understanding of authentic, culturally diverse perspectives on dreaming, and to promote increased ethnic diversity in all IASD functions: membership and recruitment, leadership positions, conferences and symposia, dream-studies research, publications, educational outreach, and public-relations efforts to advance dreamwork and the general understanding of dreams and dreaming.

For this year's conference, the Regional Events Committee is hosting an informal lunchtime get-together for Regional Representatives on Wednesday, July 20 (AKA Day 4). We will meet in Kiva Ballroom A. Grab your buffet lunch from Kiva B and join us – we will have a sign for the table. This is not one of our two regular meetings, but simply a chance to meet in person other reps that you might have seen only online so far.

This month we spotlight Christian Gerike, who has been the IASD Northern California representative since 2011. He has a master's degree in anthropology and one in depth psychology, both from Sonoma State University, California. Christian has taught the Psychology of Dreaming and other courses at Sonoma State. He feels that understanding dreams provides insights to our lives and the world around us.



He administers the California Dreaming and the Depth Psychology Facebook pages. He writes dream articles and edits for the *Mindfunda* web site, conducts workshops, and participates in dream groups. Christian prepares *The Dream/ing* in which excerpts from a wide range of dream literature and websites are presented on the IASD, Depth Psychology, Dream Enthusiasts, and California Dreaming Facebook pages. Christian is a moderator for the IASD Facebook page.

An enthusiastic supporter of IASD, he uses social media to promote the annual IASD conferences. He also promotes the IASD through the classes he teaches and the dream groups and workshops he participates in. Christian believes that "The more that people consciously pay attention to and work with their dreams the better a place the world will be."



COVID-19 DREAMS PORTAL



Covid-19 and Dreams Portal

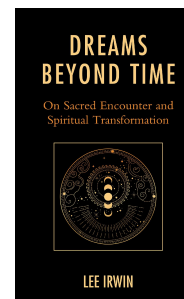
There are many people around the globe reporting "COVID-19 dreams" which reflect the unexpected situation in which we all find ourselves. Esteemed IASD members have been contributing interviews, articles and research on dreams during the pandemic, which we have collected to create a page on the IASD website. Dreamers have been finding this compilation of information to be useful. Updates are made on a regular basis. For an up-to-date list of links to articles and dream research opportunities go to <https://www.asdreams.org/covid-19-dreams/>

Members in the Media

Lee Irwin gave a recent interview on his *Dreams Beyond Time* book, conducted by Arthur Verslius of Hieros Institute.

To watch, please visit:

<https://hieros.institute/talks-and-podcasts/>



In this issue Hot Off the Press focuses on our Keynote Speakers – this month we highlight Professor Jeannette Mageo. This column

DREAMING IN CULTURAL MODELS WITH PROFESSOR JEANNETTE-MARIE MAGEO

“In this video, I discuss how anthropologists can use dream data as a part of their work. In conversation with Professor Jeannette Mageo, we discuss her research on the nature of dreams, their impact on individual subjectivity, and how social scientists can use that to enhance their work.”

SOURCE: A Partial Perspective

DREAMS AS DEEP PLAY: TOWARD A CULTURAL UNDERSTANDING OF DREAMING BY JEANNETTE-MARIE MAGEO

“This article develops a cultural theory of those dreams with rich imagery and developed plots that are likely to be dreamt in rapid-eye-movement sleep. Such dreams, it argues, are an instance of what the anthropologist Clifford Geertz calls ‘deep play.’ For Geertz, deep play is play with ‘an image ... a model, a metaphor’ that makes visible fundamental cultural structures. Image metaphors for cultural models often appear in dreams. Deep play in dreams, I argue, subjects cultural models to destabilizing play in order to adapt them to the dreamer’s experience and to confront threats to the dreamer’s identity that models for being a person can pose. Dreamers destabilize models by ambiguating images that represent them in seven ways outlined in the article. Ambiguity stops the mind from settling on a single meaning. This inability triggers hyper-associations that challenge and subvert a model’s given meanings. Two dreams from an undergraduate who participated in a study of dreaming at a major Northwestern university illustrate these ideas.”

SOURCE: ETHOS

IASD JUNE 2022 Membership

Misa Tsuruta, Membership Committee

Total new and renewed members = 35

New members = 8

Pat Barnett

Bill Meyer

Linda J. Denniston

Gayle S. Early

Nevuah Tova

Lorraine M. Levy

Rebecca Gimeno

Anthony Colombo

Renewed members = 27

Linda E. Yates

Fariba Bogzaran

J. William Pezich

Marja Moors

Rose Inserra

Katrina Martin

Otto Rheinschmiedt

Catherine R. Evans

Patrick Bertoliatti

Valerie Beale

Andrea Lawrenz

Mickey DiSiena

Natascha Steckel

Remington Mallett

Megan M. Haviland

Enrique Ramos Corbacho

Johanna Vedral

Adriana Auman

Fendel & Partner GbR

Rubin Naiman

Travis Warnet

Petra Meedt



Anonymous = 5

**PLEASE NOTE: THERE WILL BE NO AUGUST ISSUE DUE TO THE
CONFERENCE. WE HOPE TO SEE YOU ALL IN TUCSON!**

STAY CONNECTED

