



Dream News

**JANUARY 2023
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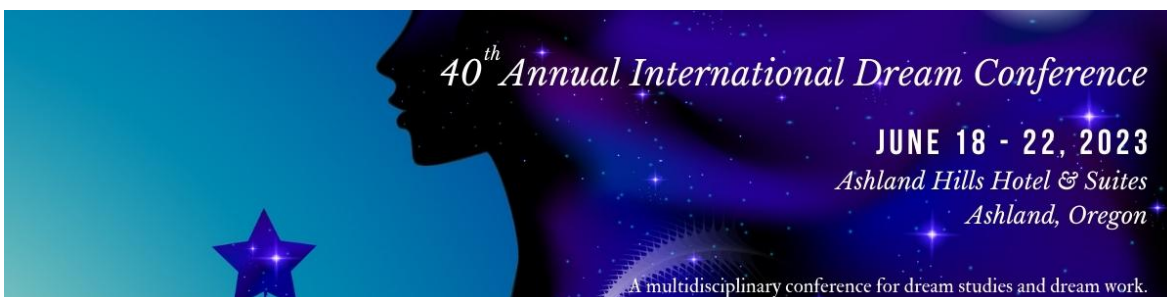
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2023 IASD ANNUAL CONFERENCE IN ASHLAND OREGON

- **Registration for ALL now OPEN**
- **Call for Art Submissions OPEN**
- **Call for Volunteers OPEN**
- **Call for Presentations: deadline passed, wait list OPEN**
- **Call for Poster Presentations OPEN – deadline March 2023**
- **Lodging Instructions**



Shakespeare wrote "All the world's a stage" and Carl Jung wrote that a dream is theater in which the

dreamer is the scene, player, promoter, producer, author, public, and critic. The best plays are like the best dreams: surprising, decentering, mind-expanding, awe-inspiring, emotionally exhausting, and acutely memorable. They are unreal, yet realer than real; retreats into fantasy that catapult us into fresh engagement with the world. Many talented artists, as well as everyday creative people, have said they feel the same kind of freedom to explore their emotions in dreams that they do when they have an encounter with the artistic process.

Please join us in 2023 for a celebration of 40 years of IASD in Ashland, Oregon, home of the Oregon Shakespeare Festival! You will be in good company with world renowned keynote speakers and over 100 presenters sharing their work with dreams from 20 or more countries around the globe. This is more than just a conference; it is an extravaganza of fascinating presentations and special events. Everyone is welcome – whether you are a professional, a dreamworker, researcher, student, artist, performer, author, or simply a curious, interested dreamer.

The Venue is the spectacular [Ashland Hills Hotel and Suites](#) in beautiful Ashland, Oregon, at the base of the Siskiyou mountains, just north of California. The hotel is nestled on a quiet side of town, just 3 miles from downtown Ashland and 19 miles from the International Medford Airport with direct connections to many [US western hubs](#). It is a 14-acre property, where you can rest in the intimate courtyard patio and pool or relax in the open spaces surrounded by nature and inspiring views of the surrounding Ashland Hills.

Lodging Instructions: We have been offered a limited block of rooms, available to conference registrants only: 110 rooms at the Ashland Hills Hotel & Suites in the \$100 to \$115 range, and 20 overflow rooms in the adjacent Windsor Inn at \$150 per night. The Ashland Hills Hotel & Suites rate is good for up to 3 days after the conference, for those who want to make it a vacation. You will receive the booking codes when you register. Book only through the hotel (take care NOT to use third parties.) Online is best, or, if you want to stay beyond the June 17-23 discounted dates, phone the hotel and let the receptionist know that you want the IASD discounted room block but want to extend your stay. See the [lodging link](#) for information on these and other lodging options in the Ashland area.

The program features peer reviewed presentations, workshops, and morning dream groups, in a multidisciplinary program including the scientific, psychological, spiritual, artistic, healing, lucid, extraordinary and multicultural aspects of dreaming. There will be many fun events, such as an Opening Reception, a Dream Art Exhibition/Reception, our annual Dream Telepathy Contest, the ever-popular costume Dream Ball, and – in honor of the arts and the location – a special night and ticket availability to Oregon Shakespeare Festival. Go to <https://iasdconferences.org/2023/conference-program/> to view the preliminary schedule at a glance.

CALL FOR PRESENTATIONS

**Due date for poster submissions:
March 1, 2023**

Deadline for general submissions of December 31, 2022 has passed but wait list remains OPEN

For instructions [CLICK HERE](#)

Poster Submissions Solicited: Theory or research paper by single or multiple presenter(s) or co-authors to be posted on a 30"x 40" foam board and easel with presenter(s) available for discussion during a 2-hour session currently planned for Monday, June 19, 2023, after lunch (available for viewing the remainder of that day). Deadline is March 1, 2023.

General Wait List Open: A wait list for submissions received after the December 31, 2022 deadline will remain open until April. At this point we appear to have a full schedule, although something may open up after mid-February. Wait list proposals will be reviewed, and if accepted, scheduled pending space available. Most likely to be accepted at this time are 30-minute talks to be combined in a symposium, but categories can include Special Events, Workshops, Pre-organized Symposia, and Panels.



CALL FOR VOLUNTEERS

Volunteers attend the conference, which includes all video/audio recordings, for \$150 by working about half the conference session hours (roughly 14 hours). A special complementary fee plus compensation option for Zoom experienced AV Volunteers is also available.

The following duty categories remain open
Pre-registration setup and Registration Desk, Room Monitor, Audio-Visual Support including Zoom AV positions.

The volunteer fee covers the conference attendance, all receptions, and the Dream Ball. Volunteers must arrange for their own travel; lodging and meals; CE fees; and any separately priced special events they wish to attend. For best chances at getting a discounted room onsite, apply now. If you want more information or wish to volunteer, [click here](#) to apply.



CALL FOR ART – Prospectus

2023 Juried Dream Art Exhibition
DEADLINE FOR ENTRIES:
11:59 p.m. GMT,
Wednesday, March 15, 2023

Eligibility: We are accepting original artwork about or inspired by dreams. You do not need to be a member of IASD or a conference attendee to participate in the IASD Juried Dream Art Exhibition. You can exhibit whether you are competing for a prize or not. Each artist may submit up to five (5) art pieces. The entry form also allows you to upload two (2) additional detail images, total, to show detail.

Media: All two-dimensional and multi-dimensional media will be considered, including painting, drawing, collage, sculpture, video, and installation art. We are not able to accept performance art or entries that are strictly sound-oriented (e.g. music). However, performance artists and sound artists may consider submitting a proposal for a special event for the conference program (see Call for Presentations above).

Art awards: Cash awards will be offered for works chosen from among those accepted for display at the conference. In your submission form, you can indicate that you do not want your works to be considered for the awards.

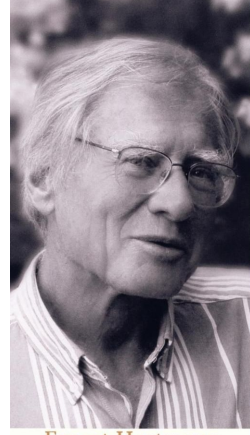
Submission fee:

There is a NON-REFUNDABLE submission fee of \$40 per artist. You must pay this fee if:

- you are NOT registering and paying for the main conference*; or
- you have been accepted and have registered as a volunteer; or
- you are a scholarship awardee and have registered as such.

*The submission fee is waived if you are registering and paying for either a single day or the whole conference, and you can register at the discounted presenter rate using the presenter discount on the Presenter Registration Form.

HOW TO ENTER: All works must be submitted using the Online Entry Form. Go here for information and the entry form:



Ernest Hartmann

1934- 2013

THE IASD ERNEST HARTMANN STUDENT AWARDS FOR 2023!

*Curt Hoffman,
Student Research Awards Chair*

Guidelines for 2023 Awards

The IASD Student Research Awards are given to students (undergraduate and graduate) in two areas: best original quantitative research on dreams and dreaming; best original historical, literary, artistic, or theoretical research on dreams. There will be three awards in the amount of \$500 each. We are pleased to announce that two anonymous donors have graciously agreed to provide matching funds for the 2023 competition! IASD will provide the balance of funds.

Award 1:

Best student submission of original quantitative research on dreams and dreaming.

Award 2:

Best student submission of original qualitative (historical, literary, artistic, or theoretical) research on dreams.

Submissions in both categories will be evaluated on the basis of four criteria: originality, relevance, coherence, and significance of contribution to the study of dreams.

Award 3:

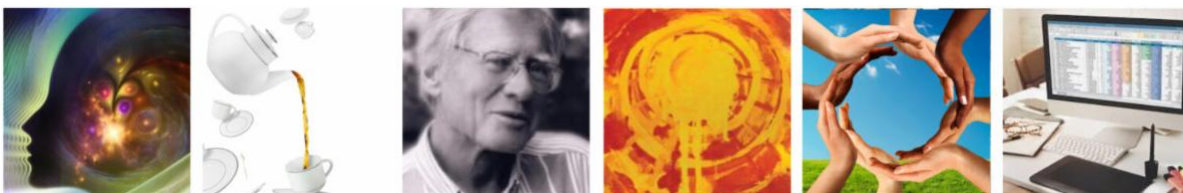
The Diversity, Equity, Inclusion (DEI) Award has been newly instituted by the IASD Board to lift up and amplify the voices of dream researchers from ethnic groups that have been underrepresented in dream research, and may be awarded for either quantitative or qualitative research. Applicants remain eligible for Award 1 and 2.

For more information [CLICK HERE](#)

Questions? Please contact the Art Committee at this address:
vac@asdreams.org (Subject line: IASD Conference Art Entry Questions)

2022 TUCSON CONFERENCE AUDIO RECORDINGS AVAILABLE

Audio recordings are NOW AVAILABLE for the 2022 Tucson conference. Conference attendees should have received an earlier link for full Zoom recordings; if not, please call the office. For non-attendees, audio recordings are available by [clicking here](#) and making a \$40 credit card payment - you will receive the link in the confirmation email. If you are unable to pay by card you can contact office@asdreams.org for payment instructions. Recordings include most lecture sessions (Symposia, Panels, Keynotes, Invited) but do not include workshops or sessions where personal dream sharing took place.



PLEDGE DRIVE ENDS JANUARY 31

THERE'S STILL TIME TO HELP

Because we want to give people time to sort out their taxes, IASD's annual Pledge Drive, which began in November, will end on January 31. Please donate, because those needing dream research grant funding, conference scholarships, Student Awards, Art Awards, and other such assistance depend on your help.

Each year, these gifts from you are given to students and others who might not otherwise be able to afford their participation in the world of dreams. To donate, simply go to <https://www.asdreams.org/donate/> and select the donation category of your choice. IASD is a US 501(c)3 nonprofit organization.



IASD CELEBRATES ITS 40TH ANNIVERSARY THIS YEAR STARTING NOW

It has been 40 years now since IASD began, and we are celebrating all year long. You'll want to join in the fun of contests and lectures and other events as we celebrate the delight of forty years of providing dream information and dream-related activities to our international group of dreamers.

The events begin with the Winter issue of IASD's magazine, *DreamTime* (coming soon), where members of the IASD Board of Directors have each answered the question, "I joined IASD because...." You'll want to see what has encouraged some of the dream world's major figures to provide their support to the world's premier dream organization.

HAPPY NEW YEAR FROM IASD'S DAC!

Feeling inspired by IASD's Diversity Initiative and wanting to participate?
Then join us for...

A Benefit for IASD Diversity

Viewing of *The Color of Fear* and deepening conversation
facilitated by
Social Justice Educator and DAC member, Victor Lee Lewis, MA

January 29, 2023
12pm – 3pm Pacific Time
On Zoom.us

How to get there?

When you make a donation of any size to the "IASD Diversity" part of the IASD Pledge Drive at <https://www.asdreams.org/donate/> you will be contacted with the Zoom information prior to the Viewing and Discussion.

Many thanks to Victor Lee Lewis, and to you for participating in this very important, enriching DEI conversation with IASD and the global dream studies community!

See you there!

IASD's Diversity Advisory Committee (DAC)



Celebrate IASD's 40th ...and the DSGP's 4th Anniversary!

Enroll in the IASD online Dream Study Groups Program (DSGP), featuring the Foundation series, Research series, Dreams and Ethnicity series, and Dreams and

the Arts series!

For the fourth year, IASD members and non-members alike can join an IASD Dream Study Groups Program (DSGP), where like-minded individuals will be able to meet and interact in our "DSGP Tea Room" forum and will follow series content together over the period of one year in an engaging and interactive way, with access to review questions and discussion forums.

- The cost for participation in the DSGP, \$50 for IASD members and \$75 for non-members, will include:
 - Access to the "DSGP Tea Room," a global forum for dreamers.
 - Access to one of these series in the DSGP: Foundation, Research, Dreams and Ethnicity, or Dreams and the Arts.
 - A one-year membership in chosen series, where members will interact on forums and discuss course content over the year.

All the **DSGP series** bring together presentations gathered from IASD's conferences, which featured global leaders on these topics. They all include video presentations, written abstracts, and quiz review questions to prompt conversation in forums with other DSGP members. You will take a quiz after each presentation to earn a certificate of completion.

The next round of the DSGP will start March 1, 2023. Registration is now open! For more information [click here](#).



IASD ONLINE COURSES

The online course committee (OCC) offers online courses on various aspects of dreams and dreaming to those IASD members and nonmembers who would like to take these as part of an independent study program. The initial offerings are the foundation series courses titled *The Science and Psychology of Dreaming* and *The Science of Lucid Dreaming*. While these courses are offered as part of the IASD Dream Study Groups Program, the OCC is responding to requests to also offer them as stand-alone independent study courses, which should appeal to those who prefer to take courses on their own.

The Science and Psychology of Dreaming course is a mini-tutorial which covers:

- The Basics
- The Psychology
- Exceptional Dream Experiences

The course is taught by Robert Hoss, who chairs our Research Grant Committee and is co-editor of IASD's book *Dreams: Understanding the Biology, Psychology and Culture* from which much of the course is derived. It is designed for anyone interested in a summary of some of the theories and research findings related to our basic understanding of dreaming. Although there is much still being researched about the nature of dreaming, this course offers a snapshot of some of the general practices, recent research and theoretical thinking.

The Science of Lucid Dreaming course covers the history of the first scientific evidence that lucid dreaming is a valid and distinct state of dreaming, and then surveys cutting-edge findings in the field. The course is taught by Robert Waggoner, an internationally known lucid dream pioneer and author of *Lucid Dreaming*. It is based on his presentation at the 2018 IASD Conference in Scottsdale, Arizona.

To enroll in either or both of these courses, please click on <http://iasdreamcourses.org/mod/page/view.php?id=1358&inpopup=1>



In this issue of Hot Off the Press, as we begin 2023, we will be focusing on the topic of “first dream of the year” traditions. This column publishes links to evidence-based scientific articles on dreams that are written for a non-research audience.

JIRŌ DREAMS OF FUJI: JAPAN’S “HATSUYUME” TRADITION

Ichi Fuji, ni taka, san nasubi. The best dream is of Mount Fuji, the second-best of hawks, and the third-best of eggplants, according to an old Japanese proverb. This is the tradition of hatsuyume—literally “first dream”—in which the visions you see as you doze at the start of the year are said to predict whether the 12 months ahead will be good ones.

SOURCE: [NIPPON.COM](http://nippon.com)

TO DREAM IN DIFFERENT CULTURES BY T. M. LUHRMANN

In traditional non-Western societies like the Toraja, what happens at night really matters. People pay close attention to their dreams, and because they are awakened more often, they have more opportunity to remember them. When the anthropologist Eduardo Kohn arrived in a small village deep in the Amazon, people slept largely outdoors in an open thatch house, surrounded by other people. They would wake at night to drink tea, because it was cold, or because of the calls of animals. “Thanks to these continuous disruptions,” he writes, “dreams spill into wakefulness and wakefulness into dreams in a way that entangles them both.”

To the author’s mind, the intriguing question is whether different sleep cultures encourage different patterns of spiritual and supernatural experience.

SOURCE: [NEW YORK TIMES](http://newyorktimes.com)

IASD DECEMBER 2022 Membership *Misa Tsuruta, Membership Committee*

Total New and Renewed Members = 39

New Members = 5

Neil Kimmelfield
Sarah Bicknell
Mary Zeman
Lindsay Forsythe
Anonymous = 1

Renewed Members = 34

Suzanne Saldarini
Ted Hiebert
Matt Watters
Annette C. Moll
David Kahn
Debbie Spector Weisman
Kiran Anumalasetty
Margaret Marion Bowater
Brigitte Holzinger
Nancy L Weson
Katie Mosher
Willem J. J. Fermont
Don L. Kuiken
Jill E. Fischer
Donna Glee Williams
Umberto Barcaro
Jacob Remacle
Pieter P. de Jong
Robert P. Gongloff
Sandy Prins
Laura M. Smith-Riva
Juhani Kaariainen
Nicole Gratton
Jeri L. Staley
Loren Goodman
Tallulah R. Lyons

DreamToons with Delia

Dan Gilhooley
Johanna Hamel
Megumi Yama
Anonymous = 4



The Dream News Team wishes you and yours a safe, joyous and dream-filled 2023 and Year of the Rabbit!



STAY CONNECTED

