

IASD Annual General Membership Meeting Minutes June 15, 2021

Prepared by Kelly Lydick—Secretary

Agenda

1. **Welcome and introductory remarks** - Maureen Biro
2. ***VOTE* Accept minutes of last year's general membership meeting** - Maureen Biro
3. **Membership Update** (including remembrance of members who have passed away) – Dolores Nurss and Misa Tsuruta
4. **Outgoing Presidential Address** – Angel Morgan
Thank you to Angel Morgan – presentation of Presidential Thank you Gift (Secret Agenda Item!) **Maureen and Anna-Karin to present***
5. **Incoming Presidential Address** – Michelle Carr
6. **Introduction of new slate of officers** – Maureen Biro
7. **Introduction of new board members** – Maureen Biro
8. Thank you to nominees considered but not elected and thank you to outgoing board members and officers. Presentation of certificates – Maureen Biro
9. **Treasurer's report** – Robert Waggoner
10. **Student Awards announcement** – Curt Hoffman
11. **Conference 2021 update** – Bob Hoss
12. **Conference 2022 & 2023 announcement** – Bob Hoss
13. **Dream Study Group Presentation** – Angel Morgan and Michelle Carr
14. **Old Business** – Maureen Biro
15. **New Business** – Maureen Biro
16. **Adjournment** – Maureen Biro

Participants:

Maureen Boyd Biro
Michelle Carr
Leslie Ellis
Angel Morgan
Jean Campbell
Remington Mallett
Robert Hoss
Jean Campbell
Dolores Nurss
Robert Waggoner
Ed Kellogg
Richard Wilkerson
Harry De Bont
Jordi Borrás Garcia
Curt Hoffman
Jeanne Van Bronkhorst
Laurel Clark
David Kahn
Et al. (general members)

Meeting

1. **Welcome and introductory remarks** - Maureen Biro
2. ***VOTE* Accept minutes of last year's general membership meeting** - Maureen

Curt Hoffman motions to approve the minutes. David Kahn seconds the motion. Maureen motions for all to approve the minutes; all approved, no opposed. Maureen declares the motions and the minutes approved.
3. **Membership Update** (including remembrance of members who have passed away) – Dolores Nurss and Misa Tsuruta

Dolores mentions that a new Membership Committee is being formed, which will include the following members: Co-chairs: Dolores Nurss & Misa Tsuruta; members: Sherry Puricelli, Jean Campbell, Donna Benson, Michelle Carr, Curt Hoffman, Linda Mastrangelo, Angel Morgan, Julie Sparrow, Robert Waggoner, Jeanne Van Bronkhorst, Lauren Goodwin, Nicole Torres, Kezia Vida, Catherine Lawson.

The goal is to broaden the diversity of the organization. Have contacted some tribal representatives, APA members and others.

We have established a new category of membership: The Culture Keeper

The group has updated member communication to better show we appreciate each member. Current membership is 571, the highest it's ever been in the past 17 months. We've added 19 new members and 35 renewed members in May alone. We celebrate our new members.

We appreciate those who have passed and offer a moment of silence for them:

Ian Edger

Manlio Caporali

Rosalind Cartwright

Kirsten Borum

Misa Tsuruta addresses the group and mentions that the committee has also been working with the DAC committee to support diversity and inclusion.

4. **Outgoing Presidential Address – Angel Morgan**

Angel K. Morgan, Ph.D. addresses the group:

Dear IASD Community,

In my first year serving as your President,

I dreamed an incredible winged lion carried me in a planter pot up into the sky and skipped me like a stone across a body of water to land on the sandy beach of an island.

From the physically isolated experience of the global pandemic, there was much to plant, nurture, and grow for the benefit of IASD, dreamers, dream studies, and the world we all share. Friends and colleagues, I have missed seeing you in person these past two years, and New Members, I have missed meeting you in person at our annual conferences. Throughout these challenging circumstances, I feel grateful to the Zoom platform for helping the IASD Board and various committees stay connected to continue important work, including the planning for this full virtual conference where we can share once again in all the ways unique to IASD as virtually possible.

Last fall, IASD had been riding the waves of 2 potential conferences. It had been twice the work, and disorienting, but necessary. Then, after listening deeply and considering all the evidence, it was time for us to integrate those 2 paths into 1 functional conference, so we could all work together in solidarity, co-creating a brilliant virtual conference experience. In a lucid dream, I heard these words:

*This is a time of pep and cheer
Not a time of dread and fear*

I also dreamed:

IASD General Membership Meeting Minutes: June 15, 2021

2 giant majestic horses riding on waves, surfing the ocean. After looking away and looking back, only one horse is there: the larger, stronger, steadier horse that rides the waves magnificently. It is a rich brown color with black mane blowing gently in the wind as it rides, eyes gazed forward—focused and strong.

I experienced the beautiful brown horse as the Board's unified decision to support our membership, presenters, keynotes, conference committee, and international dream studies community to join us in our annual conference virtually this year. I experienced the words in my dream as the call for all of us at IASD to support and cheer for all the hard work that has been done to allow for the possibility of a full-scale virtual conference.

In my last address, I said that IASD pledged to take these actions: redouble our efforts to apply our principles toward practical areas for expanding the ethnic diversity of the IASD and the dream studies community; increase the ethnic diversity of its invited speakers at future conferences; bring BIPOC voices into the IASD nominating committee; and actively promote new conversations about dreams and ethnicity in our conference panels, publications, and online platforms. The opportunity we were faced with was a turning point in collective consciousness. As an organization, we set out to examine ourselves in the context of anti-racism, work on healing, and co-create an environment where people of all ethnicities feel welcome, honored, and essential, when discovering the many benefits and wonders of IASD membership.

Since then, we have formed IASD's first Diversity Task Force Advisory Committee to the Board, or the DAC. The DAC created a *Dreams and Ethnicity Portal* on the IASD website with DAC member bios, relevant videos, podcasts, articles, and exercises, and a diversity response contact email. Soon there will be a link added to this portal where you can donate to IASD Diversity programs, with growing opportunities and information added monthly. We have a new *Dreams and Ethnicity* conference track, IASD's *DreamTime Magazine* has featured information and articles by members of the DAC, our monthly newsletter *Dream News* keeps the dream studies community informed with DAC progress, and our APA journal *Dreaming* will soon have a special edition about dreams and ethnicity. Earlier this year, the IASD Board and Staff participated in a powerful online diversity training (detailed in the Spring edition of *DreamTime*) and the Board is in the process of integrating annual diversity training for IASD Board and Staff. As an International organization, diversity is, and will remain a priority as we continue to dream IASD forward.

IASD has many creative new initiatives offering opportunities to learn about dreams and connect with others all year online. For example, our *Dream Study Groups Program* is in its second year and doing well with a *Foundation Series*, and a *Research Series*; both starting new groups each September and March. By next March, we plan to add a *Dreams and the Arts Series* and a *Dreams and Ethnicity Series*. For those of you who prefer independent study to learning in groups, IASD also offers Online Courses that mirror many of our offerings in the DSGP. Detailed information about the DSGP and our Online Courses can be found in the Education section of the IASD website. Also, after an exciting and successful first online conference last year, this October IASD will offer the 2nd Annual *Many Worlds of Lucid Dreaming* conference. If any aspect of Lucid Dreaming interests you, or you want to widen your knowledge and experience of the various Lucid Dreaming worlds, I encourage you to participate in this exciting new annual event.

This has been an extraordinary two years. On my way out of office as IASD President, I want to say thank you to all of you for everything you have done for IASD to help keep it afloat through the pandemic, whether working on the virtual conference, serving on committees, renewing your membership, joining IASD for the first time, donating to IASD to help our organization stay strong and develop new programs, or simply believing in Dreams. As IASD continues to grow, you are all an essential contributor to this eclectic global dream community. *Thank you.*

Maureen and Anna-Karin present a thank you gift to Angel for her service to the organization.

5. **Incoming Presidential Address – Michelle Carr**

Michelle Carr addresses the group:

I'm honored and humbled to be incoming President of the International Association for the Study of Dreams. In keeping with tradition, I'd like to share a dream. In November 2020, after being asked if I would consider becoming President of IASD, I had the following dream which took part in three scenes:

Scene 1: I'm caught in the sea, with the shore some distance behind me. There's a rip tide forming around me and a tidal wave is building. I panic, bracing for the wave to crash over me. I see Angel, she is calm, focused, and then dives straight into the wave! I see her gliding below the surface; she grabs my hand and I am carried along beside her. The wave passes and we resurface. Again we're in a rip tide, a tidal wave is approaching. Again my fear is rising and I freeze to brace for impact. Again I see Angel, calm, focused, she dives into the wave. I throw up my hands and dive in beside her. The scene repeats at least 5 times, each time we resurface, another wave is approaching, but I am progressively less afraid, learning to ride the wave.

This scene is a testament to the intuitive and resilient leadership I've witnessed in Angel Morgan, who has been a tremendous President for the IASD for the past two years, and a dear friend and dream guide for me personally. Angel has led our organization through incredible trials with grace and strength; first, adapting to the Covid pandemic, having to cancel all in-person events and yet finding ways to support our membership remotely and reassuringly. Second, Angel and an extraordinary team have established the Diversity Task Force Advisory Committee, the DAC, leading our organizational efforts to become more diverse, equitable, and inclusive. In a single year, the DAC has launched the Dreams and Ethnicity Portal which will be maintained on the IASD website, developed the Dreams and Ethnicity Track for current and future conferences and online education, and initiated several structural and financial programs to enable greater BIPOC representation in IASD, and to expand the ethnic diversity of our dreaming community. This leads me to the second scene of my dream.

Scene 2: I observe a circle and a line. I hear a voice say: we are all one consciousness, one circle. The line is you, or me, or any individual, a section of the circle when viewed from outside.

IASD is my home, my community, and I am here because I have been endlessly inspired and supported by you, our members. In 2010, I had taken a year off from school and wanted to find a way to work in sleep research, to study dreams! I found the website for the International Association for the Study of Dreams, and emailed a handful of members listed on the online directory, asking for any advice or direction towards my goal. Within days, I had received enthusiastic and warm responses from the likes of Deirdre Barrett, Kelly Bulkeley, Tracey Kahan, Jayne Gackenbach, and others, providing resources, encouraging me to attend IASD conferences, and, pointing me in the direction of Tore Nielsen's lab.

A year later I was working on my Master's with Tore Nielsen at the Dream and Nightmare Laboratory in Montreal studying the science of dreaming – as he wrote to me at the time --- to uncover how the brain and body manages such a miraculous task of reality simulation on a nightly basis. Tore continues to be an incredible mentor for me, with a creative and curious intellect, he's a genuine explorer always on the frontiers of dream science and practice; you may have seen his keynote at this year's IASD conference on DIY dream science, using techniques to influence and study your own dreams at home.

I attended my very first IASD conference in the summer of 2012. It was amazing to see and talk with so many authors and researchers whose work I'd been following. I kept telling my parents and friends how surreal it felt, drinking a coffee and making small talk with the likes of Ernest Hartmann, a true dream research pioneer; or even better, not having to make small talk, being able to share in conversation our passion for dreaming! Simply awesome.

I also attended my first workshop at that conference, on embodied dreamwork with IASD Regional Representative Sheila Asato; this workshop started me on a personal path of working

imaginatively with dreams in both mind and body, and more recently, I've begun studying dreamwork scientifically, with IASD researchers like Mark Blagrove and Leslie Ellis. And this is what IASD does, it shows us the multifaceted ways that dreaming enriches our lives, and our world. I've since attended workshops by dozens of IASD teachers, my bookshelf is stacked with the voices of IASD authors, my walls covered in dream and nightmare art, and even my dreams now populated by IASD guides and gatherings. The IASD is a source of connection, bridging our inner worlds into true community. Which brings me to the final scene of my dream:

Scene 3: I'm on a zoom call with Angel and Kelly Bulkeley. The three of us seem to be physically together, in the center of a vast white space. I think to myself, "I didn't realize you could do this on zoom." Angel is pointing up at a bright white light. The three of us stand close and look up at the light, smiling and laughing as if posing for a photo. Iridescent and colorful light is dancing across our joyful faces, and we all have long flowing lavender hair. I wake up marveling at the scene.

As you all know, our conference has gone virtual this year, and I can only marvel, with a full heart, at the joy and enthusiasm and light that I find here. I am grateful to all who have contributed their efforts, culminating in this crescendo of Zoom gatherings, full of rich multicultural offerings and substantial educational material. I would like to express deep thanks to our conference manager Bob Hoss – who I am now convinced has seen more into the matrix of Zoom than anyone ever has before.

I also want to thank other IASD leaders who have contributed to revitalizing our organization on the virtual plane in recent years. Robert Waggoner and Ed Kellogg last year hosted our first Online Lucid Dreaming Conference, and there will be a second one this coming fall, so be sure to check it out. Jeanne V B has been breaking new ground with our global regional representatives network, setting up regular meetings, and helping to create an easily translatable and shareable e-flyer which you can find on our website. The Dream Study Groups Program, now running in its second year, and other independent study courses are available on IASD's education site. And thanks to our publications team, DreamTime magazine, Dream News and the Dreaming journal continue to offer a wealth of quality reading material for the curious mind. The IASD is alive and online, and I would encourage you all to consider ways that we can continue to engage with each other virtually into the future.

So, thank you to the IASD for being my home, for the authentic and meaningful work we do together, for the lifelong friendships crafted here. Thank you for putting your support and faith in me, and know that as President I am truly committed to paying it forward and helping to grow the next generation of IASD dreamers, I encourage any dream enthusiast to reach out, to me, to our membership, and get ready to be welcomed into our fun-loving and extraordinary community.

Cheers to the IASD!

6. Introduction of new slate of Executive Officers – Maureen

*Maureen introduces the new and incoming Executive Officers for 2021-2022: According to the by-laws, officers also need to be board members. This means on our board, there are also between 4 and 7 board-appointed members. This year we have **3 new board appointed positions: Leslie Ellis, Kelly Lydick and Maureen Boyd Biro.***

President: Michelle Carr; Board Chair: Maureen Boyd Biro; Vice President: Leslie Ellis; Secretary: Kelly Lydick; Treasurer: Robert Waggoner

7. Introduction of new board members – Maureen

Maureen introduces the new and incoming board members for 2021-2022:

We now have a total of 7 board-appointed directors, and 15 member-elected directors. Our Board terms are three years, and five people retire every year or stand for re-election, this way the whole board never goes away at the same time.

I wish to welcome our new board member: [Remington Mallett](#)

Re-elected Board Directors: [Jean Campbell](#); [Angel Morgan](#); [Jordi Borràs García](#) and [Kimberly Mascaro](#)

8. **Thank you to nominees considered** but not elected and thank you to outgoing board members and officers. Presentation of certificates – Maureen

I wish to express my gratitude for all who were nominated and ran but were not elected: [Kiran Anumalasetty \(India\)](#) and [Maria Carla Cernuto \(USA\)](#). If any of the board members cannot fulfill their terms, we would then contact the people who were nominated.

I wish to express my deepest gratitude for our outgoing board members. The terms of the board are 3 years. It is an honor to be on the IASD board, and a beautiful opportunity to learn about the organization. Board members who are retiring will not be disappearing. It just means they have completed their terms of service. If we were meeting in Ashland right now, I would be asking outgoing board directors to come forward right now, so that I could thank you, and hand you your certificate in person.

First, we thank...

[Anna-Karin Björklund, M.A. \(2017-2021\)](#) - Thank you for your warm presence and magnificent contributions to IASD over the years, as site administrator and manager for our online courses, Secretary and Board Chair.

[Bob Krumhansl \(2019-2022\)](#) - Thank you for your strong organizational skills, and for the hard work you have done with our minutes - and for all that you do for the Dream Study Group Program and our Online Courses.

[Clare Johnson, PhD \(2015-2021\)](#) - Thank you for your loving service to our organization, and all our members through your enchanting interviews in Dreamtime, and most of all your outstanding leadership during your time as our beloved President.

[Athena Kolinski, M.A. \(2018-2021\)](#) - Thank you for all the work you have done for the board and for all that you do with our conferences. Your contributions are highly valued!

Finally, we remind everyone that the organization is made up of all of us. Please let us know if you'd like to serve.

9. **Treasurer's Report** – Robert Waggoner

Finance Committee: Bob Hoss, David L. Kahn

Like so many others, our organization has been impacted by the pandemic.

Our income was \$245,075; Expenses were: \$265,291. Last year was showed a loss of \$20,216. We ended with a balance of \$237,900.

Last year, Bob Hoss negotiated out of the hotel contract without any financial harm. We also were able to renegotiate with the Ashland hotel without penalties.

In the last 2 years as part of our expense eradication efforts, we decided to let go of the office space in Berkeley, CA. If you go to the home page, you'll see that we're located in Novato now.

As of May 31, our current balance is \$268,445 ; two years prior, we had \$288,632 at the same time. Of the current balance, \$110k is considered restricted donations/income. \$100k was given in 2019 by an anonymous donor, with a stipulation of 4 categories for use of the funds. We have set up a committee to disburse the funds according to the donation's terms. Of the \$268k, only \$158k is available to spend on what we choose. It's important to continue the fundraising efforts to continue to generate income.

IASD brings in income via:

Membership dues ~ \$55k each year

Electronic royalties from *Dreaming* journal ~ \$47,398 each year

Annual conference ~ \$40k each year

Donations ~ \$18k (much of this from the pledge drive) each year

Expenses each year, approximately:

Payroll for staff ~ \$117k

Conferences ~ \$9k

Operations and cc fees ~ \$24k

Dreaming Journal ~ \$19k

Dream Time Magazine ~ \$11k

For purposes of the virtual conference, we've made the Treasurer's Report downloadable from the conference platform.

Robert also thanks Richard Wilkerson for all his work with IASD; Richard will be retiring from IASD later this year.

10. **Student Awards announcement** – Curt Hoffman

At the 2004 conference in Copenhagen, Ernest Hartman proposed to the board that we create a student research award for undergraduate and graduate who are doing

qualitative or quantitative research. Nearly every year since we have awarded this prize. We have an anonymous donor who supports half the award and the board supplies the other half. The Committee currently consists of: Ann Benson, Mark Blagrove, Deirdre Barrett, Loren Goodman, Tracy Kahan, Bernard Welk, Curt Hoffman.

Submissions are received and the guidelines are posted on the website. The committee evaluates the submissions. We typically evaluate one of each category, quantitative and qualitative. This year we only have submissions for quantitative, so we will only award for this category this year.

The award goes to: Claudia Picard-Delong for her paper:
“Targeted memory reactivation as a sleep stage specific delayed effect on dream content”
Claudia will receive a plaque

Honorable mention goes to: Courtney Bolstadt for her paper:
“Factor Analysis and validation of disturbing dreams and nightmare severity index”
She will receive a certificate.

11. **Conference 2021 update** – Bob Hoss

The virtual conference has been going well so far. We created a manual for technical difficulties and we have not had to use it yet.

We have had two speakers who have had to withdrawal.

This year we have 293 regular attendees and 30 additional artists. These numbers are close to what we would usually have in person.

We remind you to vote for the artists’ People’s choice awards. Recordings have been going up in the evening and will remain available for 90 days after the conference. We cannot record dream sharing sessions, but the keynotes and panels are available.

Everything is going successfully! Hospitality and the help desk are up and running. NO crisis management has been needed.

12. **Conference 2022 & 2023 announcement** – Bob Hoss

In 2022, we’ll go back to in person, on site conference format. We will be at the Ventana resort and spa in Tucson. July 17-21, 2022. One of the two best spa resorts in AZ.

We were able to negotiate a contract with Ashland Hills in Ashland, Oregon, in June 2023. They graciously offered the same range and without penalty for changing due to the pandemic.

At this point, we're 25% above the budgeted numbers. We depend on the conference to keep IASD going. We did have income impact when we skipped the conference due to the pandemic.

We thank everyone for attending and supporting the organization and hope you enjoy the conference!

A reminder to attend the dream ball virtually with a live band!

13. **Dream Study Group Presentation** – Angel Morgan and Michelle Carr

Michelle addresses the group:

Dream Study Group program is an online program where groups of students register prior to March and September and engage in course content. Students have access to course content, quizzes and forums.

We have two series: Foundation and Research.

Foundation includes topics such as: history of dreaming, science and psychology of dreaming, and 8 different types of dreamwork methods.

Research includes: some from IASD's first online dream conference; 10 presentations and forums.

This is the second year we have offered this. So far we have 130 students, from more than 10 different countries; members and non.

Costs are \$50 for 1-year access for members; \$75 for non-members.

The link to register is on the website under the Education tab.

Angel addresses the group:

We are looking to open registration January 1 for March 1 series. Dreams & Ethnicity and Dreams of the Arts. Fall will be either Foundation or Research series.

14. **Old Business** – Maureen Biro

No old business to revisit.

15. **New Business** – Maureen Biro

No new business.

Maureen shares a dream with the group.

IASD General Membership Meeting Minutes: June 15, 2021

The group offers various updates on the conference, such as the group chat feature, the pre-conference membership number of 570, ED Mays Groove Kitchen will play for the Dream Ball.

Cindy asks to reiterate the 2022 conference dates. July 17-21; room rates will be \$115.

Sheila asks if we can get the same room rate a few days early or late? Yes, 3 days before and after.

16. **Adjournment** – Maureen Biro

Maureen asks for a motion to adjourn. Curt motions. Leslie seconds. All in favor; no opposed.

MEETING ADJOURNED.