



# Dream News

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The Venue is the spectacular Loews Ventana Canyon Resort, in Tucson, Arizona, USA. High above Tucson in the Catalina Mountains, this stunning natural retreat features nature trails and waterfalls, multiple pools, a spa and exercise facility, golf, world class restaurants and a delightful, relaxing experience <https://www.loewshotels.com/ventana-canyon>. We have negotiated a special discounted rate of \$115 per room night (with complementary Wi-Fi and parking) for a limited block of rooms. It is accessible from the Tucson International Airport in Arizona, which has direct flights from such international hubs and cities as Atlanta, Chicago, Denver, Dallas-Fort Worth, Los Angeles, Salt Lake City, San Francisco and more. Make it a vacation: Arizona is a destination area, so we negotiated 3 days before and after the conference at the same discounted room rate (based on space available). Go to <https://iasdconferences.org/2022/attractions-around-tucson/> for a sampling of the Tucson and Arizona attractions and register early with the hotel for available rooms for extra days.



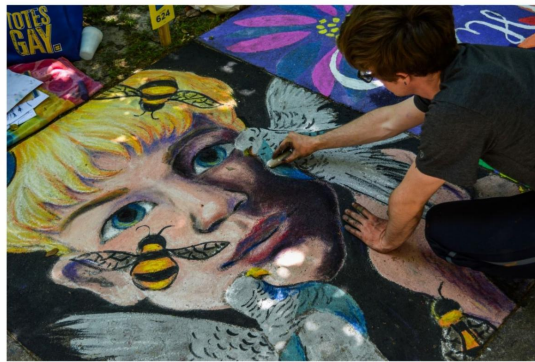
## Keynotes and Featured Presenters

We are pleased to announce the confirmation of our Keynotes and Featured Presenters:

- **Edward Bruce Bynum, PhD - *African Mysticism and the Dreams of Modern Science*** Dr. Bynum is a clinical psychologist, a student of Swami Chandrasekharan and Saraswati, a winner of the Abraham H. Maslow award from the APA, and author of several books, including *The Dreamlife of Families*, *The African Unconscious*, and *Dark Light Consciousness*.
- **Jeannette Mageo, PhD - *Metaphors and the Self in a Zombie Pandemic Dream*** Dr. Mageo is Professor of Anthropology at Washington State University. Her manifold writings on dreams show that cultural models tie personal experience to politics and public culture. Her books include *Dreaming and the Self*, *Dreaming Culture* and *The Mimetic Nature of Dream Mentation*.
- **Rubin Naiman, PhD - *The Impact of Dream Loss on Collective Consciousness*** Dr. Naiman is a psychologist, author and sleep and dream specialist at the University of Arizona's Andrew Weil Center for Integrative Medicine. He is a pioneer in the development of integrative approaches to sleep and dreams, integrating scientific with depth psychological, transpersonal, and spiritual perspectives.
- **Michelle Carr, PhD - *From Nightmares to Lucid Dreams: How Dreams Impact Our Mental Health*** Dr. Carr is President of IASD, Postdoctoral Associate in Psychiatry at the University of Rochester, and Assistant Director of the Sleep and Neurophysiology Research Laboratory. She studies the relationship between dreams and mental health, with particular interest in nightmares and lucid dreams. She also studies dream engineering — new techniques and technologies designed to influence dreams to benefit well-being.
- **Stephen LaBerge, PhD – *Anagnostic Oneirony: Dreaming and Awakening*** Dr. Stephen LaBerge pioneered lucid dreaming research at Stanford University. He developed lucid dream induction techniques known as MILD and WBTB and devices such as the DreamLight and NovaDreamer. He is author of *Exploring the World of Lucid Dreaming*, and *Lucid Dreaming: A Concise Guide to Awakening in Your Dreams and in Your Life*. His recent research shows lucid dreaming sheds light on the nature of consciousness.
- **Catherine Shainberg, PhD - *Turn on the Light: Kabbalah, Dreaming, Co-creation and Enlightenment*** Dr. Shainberg is an internationally renowned transpersonal psychologist, lecturer, and award-winning author. She created the School of Images® where her work integrates timeless wisdom with modern Western traditions to catalyze creative manifestation. Her books include *Kabbalah and the Power of Dreaming*, *DreamBirth* and *The Kabbalah of Light*.
- **Deirdre Barrett, PhD - *Dark of Night: Our Dreams of the COVID-19 Pandemic*** Dr. Barrett teaches at Harvard University. Her books include *The Committee of Sleep*, and *Pandemic Dreams*. Deirdre is Editor of *DREAMING*, and Past President of IASD and The Society for Psychological Hypnosis. Her research interests include dreams and creative problem solving, lucid dreaming, and the application of AI to dream research. She makes digital dream art which has appeared in *National Geographic* and the IASD art show.



Call for Research Poster Submissions OPEN  
Deadline is March 15, 2022



Call for Art – Open  
Juried Dream Art Exhibition DEADLINE FOR  
ENTRIES:

## Call for Regular Presentations has Passed but Wait List is OPEN

### Instructions

All submissions must be made online. For instructions and forms go to <https://iasdconferences.org/2022/call-for-presentations/>

### Preliminary Schedule

<https://iasdconferences.org/2022/schedule-at-a-glance/>

**Wait List** proposals for Workshops, Symposia and Panels, Individual Talks and Special Events are welcome in any of multidisciplinary tracks listed in the instructions. If you wanted to submit but missed the deadline, you can be placed on the Wait List. There is no guarantee we can fit it in since the schedule appears full, but once evaluations are completed, or as time goes on, openings do occur so feel free to submit.

**Poster Presentations** These are research poster presentations (theory or research studies) by single or multiple presenter(s) or co-authors to be posted on a 30"x40" foam board and easel (provided). Presenter or presenter(s) are to be available for discussion during a 2¾ hour session presently scheduled for Monday morning, July 18. Posters will remain available for viewing the remainder of the day.

IASD encourages presenters of all backgrounds to apply and to be sensitive to matters of diversity and disability in their submissions and presentations. IASD does not discriminate in accepting proposals with respect to race, culture, gender, age, sexual orientation or various forms of disability.

**CEs:** The International Association for the Study of Dreams (IASD) is approved by the American Psychological Association to sponsor continuing education for psychologists. The International Association for the Study of Dreams (IASD) maintains responsibility for this program and its content.



### Registration – Open

Go to the conference site <https://iasdconferences.org/2022/> for instruction and forms for Registering for the Conference as well as instructions to register for one of the discounted rooms in the limited block of **Lodging rooms at the Loews Ventana Resort**. We also have special discounted rates for students, limited

Midnight March 31, 2022, GMT.

**Eligibility:** We are encouraging artists to submit your original artwork about or inspired by dreams, to be exhibited and displayed at our conference Juried Dream Art Exhibition. In addition to the exhibit, the conference features an Art Reception, and a chance to sell your art and perhaps even win a cash award.

**Media:** All two-dimensional and multi-dimensional media will be considered, including painting, drawing, collage, sculpture, video, and installation art. Artworks that are unusually large or require extensive installation may not be accepted but will be considered. We are not able to accept performance art. Performance artists may wish to consider submitting a proposal for a special event for the conference program (deadline for those proposals is January 10, 2022 as noted above). Although artists are permitted to attend all or part of the conference for the discounted Presenter rates, you do not need to be a conference attendee to participate in the [IASD Juried Dream Art Exhibition](#). There is a \$40 non-refundable jury submission fee, however, for those not attending the conference.



### Call for Volunteers – Open

Volunteers are able to attend the conference for \$100 by working about half the conference session hours (roughly 14 hours). The initial registration fee is \$200 and half (\$100) of the fee is returned after the duties are completed.

Volunteers must arrange for their own travel as well as lodging and meals. The duties are



income and volunteers, and a few partial student and Diversity, Equity and Inclusion scholarships.

**COVID-19 Precautions:** Although the conference is over 6 months from now, we want attendees to feel safe in attending – so we are requesting that all attendees be vaccinated or have been tested before attending. If a positive test prevents you from attending, your conference fee will be fully refunded.

consolidated into four categories: Registration/Info Desk; Room Monitor; Audio Visual Support; and Art Exhibition. For more information or to apply go to <https://iasdconferences.org/2022/call-for-volunteers/#>

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## Incoming Central Office Manager

As many of you may know, we are welcoming a new Central Office Manager into IASD! The Central Office Manager has an essential role in the organization, the hub for all administrative activity behind the scenes that keeps IASD running smoothly, working with our Committee Chairs, Board Directors and Executive Team, and being the point of contact for any members or non-members who reach out with questions about IASD, technical and otherwise.



We are very excited to introduce **Alina Mansfield**. Several of us on the Executive Committee have had the pleasure of meeting Alina already, and we hope that many of you will be able to meet Alina, via e-mail or in person at our conference this summer, and give her a warm welcome to our unique community of dreamers!

Alina Mansfield has a BA in Folklore and Mythology from U.C. Berkeley, and a Master's degree in Folklore from the University of Oregon. She brings experience from various administrative roles such as Library Operations Manager for the California Institute of Integral Studies, Circulation Supervisor for the UC Berkeley Library, and program coordinator for the Oregon Folklife Network. She also worked at John F. Kennedy University where she studied dreams and Transformative Art alongside luminaries in the Dream Studies field

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## In Memoriam



Amy Brucker, 53, passed away peacefully at her home in Redwood City, CA on December 16, 2021, surrounded by family and close friends. Amy was born in St. Paul, MN on November 3, 1968. She graduated from high school in Stillwater, MN. She received a BA in Art and Art History from Gustavus Adolphus College (1991) and an MA in Spirituality from Naropa University (2002), and was ordained as an Interfaith minister at the Chaplaincy Institute in Berkeley, CA (2005).

Amy was passionate about helping women discover and embody their inspired purpose to live life with greater joy and intention. She was a spiritual counselor and business coach, and taught courses in marketing, spirituality, and dream work. Amy was a creative spirit and talented artist who loved to write, paint, sculpt, drum, sing, and dance. She enjoyed traveling and spending time in nature. Above all, Amy deeply loved spending time with her family and connecting with her close friends.

Amy was an active and precious member of our dreaming community and her wisdom (and heart!) will be dearly missed. You can read more of Amy's writing and work at <https://amybrucker.com/> and The Dream Tribe <http://thedreamtribe.com/>

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## THE VISUAL ARTS COMMITTEE NEEDS VOLUNTEERS

**Kim Virgil, Co-Chair, Visual Arts Committee**

The IASD Visual Arts Committee needs volunteers to be part of our committee. I would like to ask you: What do you feel about the continued existence of the Dream Art Exhibitions during the conference? Have you considered what the



As you can imagine, none of this happens by itself. We are now a small team: Julie Naumen-Mikulski

conference would be like without a Dream Art Exhibition? Do you value the Dream Art Exhibition enough to decide to be a part of making sure it will continue?

Let me introduce us properly to all the IASD community. The Visual Arts Committee is in charge of making the Dream Art Exhibition happen every year within the context of the IASD conference and all that entails. This means a full year of work and preparation before the conference even starts. The day it starts, an entire exhibition is installed for all to enjoy for the duration of the conference.

I have been the Visual Arts Committee Chair now for well over 13 years. I took over from Richard Russo who had taken over from Fariba Bogzaran who was the initial artist to start the Dream Art Exhibition way back when (that is another story to be told). We now have online submissions from artists around the world, and local artists in the Conference location who are invited to participate each year. The Visual Arts Committee team meets once a month to share what has been done and what is left to do, with a summer break; so, about 10 meetings a year on Zoom from around the world.

(co-chair), Robert Gongloff (technical support), Walter Berry (chief organizer and Artist liaison), Delia Puiatti (social media), and myself, Kim Vergil (co-chair). This year, during the COVID-19 pandemic, we were able to put together the stunning arts exhibit that so many saw online. Right now, we need volunteers who can join the committee and help with writing, proofreading, and technical support; IASD meeting liaisons; and on-the-ground exhibition support.

Please consider joining our team on a trial basis, if you believe in the continuation of the Dream Art Exhibition within the IASD conference. We NEED YOU. Please contact me

at [KIMvergilDREAM@gmail.com](mailto:KIMvergilDREAM@gmail.com) with any questions or to join the team. We look forward to hearing from a diverse group of art-loving Dreamers who can bring their support to our group in any way they can imagine. Artists are welcome but the only requirement is a love of Dream Art that has touched you in some way.

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## ERNEST HARTMANN STUDENT RESEARCH AWARDS – CALL FOR SUBMISSIONS, 2021-2022

*For the Committee, Curtiss Hoffman, Chair*

We are pleased to announce that, thanks to a grant from an anonymous donor which is being matched by the IASD Board of Trustees, IASD is able to offer full-time graduate and undergraduate students the opportunity to compete for two (2) \$500 awards for the best student papers in the field of dream investigation in 2021-2022: one for quantitative research; one for qualitative research including history, literature, theory, and the creative arts. The award is named in honor of the late Dr. Ernest Hartmann, a pioneer in dream research and the originator of the program.

**New Award Announced!** With the intent of promoting the IASD commitment to diversity, equity, and inclusion (DEI), starting with the 2021-2022 contest a new annual \$500 award for quantitative or qualitative student dream research related to cultural diversity has been added, open to student applicants who identify as members of ethnic groups that have been underrepresented in dream research. To learn more about the DEI Student Research Award, see the [IASD Dreams & Ethnicity Portal](#).



Papers must be emailed to the IASD Office at [office@asdreams.org](mailto:office@asdreams.org) – or, if necessary, by mailing the files on a CD or DVD to the IASD postal address, P.O. Box 206, Novato CA 94948 – **by March 1, 2022**. Participants may also submit videos in AVI formats, or music in MIDI or MPS formats. All submissions will be judged by a panel of IASD faculty members. See <http://www.asdreams.org/student-awards> for details and submission instructions.

Authors of winning papers, and of papers deserving honorable mention, will be announced at the 2022 IASD conference in July and in the Fall 2022 issue of *DreamTime*. Winners must agree to make their papers available for presentation either at a regional meeting of IASD or at the 2023 IASD Conference, and/or for publication in a future issue of *DreamTime* or *Dreaming*.

For more information, please contact Curt Hoffman at [teximus@comcast.net](mailto:teximus@comcast.net).

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## IASD's 2021 PLEDGE DRIVE EXCEEDS EXPECTATIONS

IASD wishes to thank all of the people who contributed to the 2021 Pledge Drive which, as it often does, exceeded the Pledge goal of \$10,000.

Generous members, both anonymous and non-anonymous, donated in response to the message of increased financial need for the upcoming year, as the organization will be dealing with the costs of hiring a new Central Office Manager, while at the same time paying for extra assistance and training.

A list of donors to the Pledge Drive, which began in November 2021 and concluded on January 31, 2022, can be found at <https://www.asdreams.org/pledge-dream-donors/>

Donations, of course, are welcomed throughout the year, and can be made at <https://www.asdreams.org/donate/> although particular attention is paid to donations made during the annual Pledge Drive and the events that occur then. This year, we would especially like to thank member Victor Lee Lewis, who graciously offered a special Pledge Drive event on January 23, 2021: a special showing and discussion of the film *The Color of Fear*, in which he starred. This event was offered particularly in support of IASD's Diversity Advisory Committee.

Thanks to all who participated.

## A DEEPENING CONVERSATION ABOUT DIVERSITY FOR IASD

**Angel Morgan, PhD, DAC Chair**  
**On behalf of the IASD DAC**



When I first met Victor Lee Lewis, he told me that one of IASD's co-founders, Jeremy Taylor, had been his mentor decades ago when Victor was working on his Master's thesis about dreams. In 2021, the IASD Board and Staff took a public course Victor co-taught with Patti Digh, called Hard Conversations: Whiteness, Race, and Social Justice, and participated in some private IASD-only sessions with Victor facilitating. Part of the public course included watching and discussing the groundbreaking documentary film *The Color of Fear*, in which Victor played a major role. Two of many important results came out of the IASD Board's public and private sessions with Victor: First, Victor accepted my invitation and volunteered to serve on IASD's Diversity Task Force Advisory Committee (DAC). Second, the IASD Board wondered, "How can we expand this important work the Board is doing to include the wider IASD community?"

Since the forming of IASD's DAC in 2020, we have made enormous strides and the IASD Board has approved several new DEI (Diversity, Equity, Inclusion) initiatives, many of which require funding. While in the DAC, brainstorming and heartstorming what we could do to help raise funding for all the new programs (see IASD's Dreams & Ethnicity Portal), Victor volunteered to host a viewing of *The Color of Fear* and facilitate a deepening conversation with the wider IASD and global dream studies community. Combining this highly valuable educational event with the annual IASD Pledge Drive in the category of "IASD Diversity" brilliantly addressed both needs in one 3-hour event. To join the event, attendees donated any amount they could afford in the category of "IASD Diversity"—and were automatically added to the guest list.

On January 23, 2022, as Bob Krumhansl and I co-hosted this event with Victor, we warmly welcomed members of IASD and the global dream studies community, watched the film, and then Victor facilitated a deepening group conversation that was expansive, participatory, and inspiring for us all. Feeling inspired himself by the IASD community and the spirit of dreams, and wanting to continue connecting that with social justice education, he graciously offered to hold this event again at some point in the future.

Thank you, Victor Lee Lewis, and thank you to all who attended!

**INDEPENDENT STUDY  
ONLINE COURSES**

SCIENCE & PSYCHOLOGY OF DREAMING  
AND THE SCIENCE OF LUCID DREAMING

IASD  
INTERNATIONAL

The online course committee (OCC) offers online courses on various aspects of dreams and dreaming to those IASD members and nonmembers who would like to take these as part of an independent study program. The initial offerings are the foundation series courses titled *The Science and Psychology of Dreaming* and *The Science of Lucid Dreaming*. While these courses are offered as part of the IASD



Dream Study Groups Program, the OCC is responding to requests to also offer them as stand-alone independent study courses, which should appeal to those who prefer to take courses on their own.

*The Science and Psychology of Dreaming* course is a mini-tutorial which covers:

- The Basics
- The Psychology
- Exceptional Dream Experiences

The course is taught by Robert Hoss, who chairs our research grant committee and is co-editor of IASD's book *Dreams: Understanding the Biology, Psychology and Culture* from which much of the course is derived. It is designed for anyone interested in a summary of some of the theories and research findings related to our basic understanding of dreaming. Although there is much still being researched about the nature of dreaming, this course offers a snapshot of some of the general practices, recent research and theoretical thinking.

*The Science of Lucid Dreaming* course covers the history of the first scientific evidence that lucid dreaming is a valid and distinct state of dreaming, and then surveys cutting-edge findings in the field. The course is taught by Robert Waggoner, an internationally known lucid dream pioneer and author of *Lucid Dreaming*. It is based on his presentation at the 2018 IASD Conference in Scottsdale, Arizona.

To enroll in either or both of these courses, please click on

<http://iasdreamcourses.org/mod/page/view.php?id=1358&inpopup=1>



## IASD Dream Study Groups Program (DSGP) - REGISTRATION OPEN

*Michelle Carr and Angel Morgan, DSGP Co-chairs*

**Enroll in the IASD online Dream Study Groups Program (DSGP), featuring two new series: Dreams and Ethnicity, and Dreams and the Arts!**

In the third year for IASD, members and non-members alike can join the IASD Dream Study Groups Program (DSGP), where like-minded individuals will be able to meet and interact in our "DSGP Tea Room" forum, and will follow course content together over the period of one year in an engaging and interactive way, with access to review questions and discussion forums.

- The cost for participation in the DSGP, \$50 for IASD members and \$75 for non-members, will include:
  - Access to the "DSGP Tea Room", a global forum for dreamers.
  - Access to either the DSGP Dreams and Ethnicity Series, or the DSGP Dreams and the Arts Series.
  - A one-year membership in either course, where members will interact on forums and discuss course content over the year.

The **DSGP Dreams and Ethnicity Series** and the **Dreams and the Arts Series** bring together presentations gathered from IASD's 2021 Annual Conference, which featured global leaders on these topics. Both of these series include video presentations, written abstracts, and quiz review questions to prompt conversation in forums with other DSGP members. You will take a quiz after each presentation to earn a certificate of completion.

**These new series will start March 1, 2022. Registration is now open.**

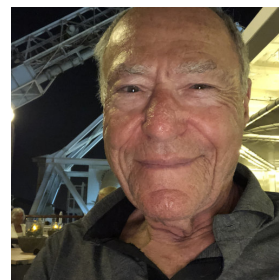
**For more information [click here](#).**



## REGIONAL NEWS YOU CAN USE

**Michelle Carr and Jeanne van Bronkhorst, Co-Chairs of the IASD Regional Events Committee**

We continue our series on our Regional Reps as we wait for the pandemic to settle. This month we are highlighting David Kahn.



David Kahn is a life-long dreamer and an academic dream researcher who is currently an Instructor in Psychiatry at the Harvard Medical School in Boston, MA, USA. David received his PhD in physics from Yale University in 1962. He has been a member of IASD since 1992, is a member of the Board, and was president in 2007-2008. He has also been a global Regional Rep for many years, connecting with members in regions where IASD does not yet have a regional rep. He enjoys contacting new and returning members and building relationships in the dreaming community. He says, "As a brain-mind dream theorist and researcher my interests lie in understanding how a sense of self is expressed in all states of consciousness, particularly how consciousness is enriched while dreaming."



## COVID-19 DREAMS PORTAL



### Covid-19 and Dreams Portal | Popular Addition to the IASD Website

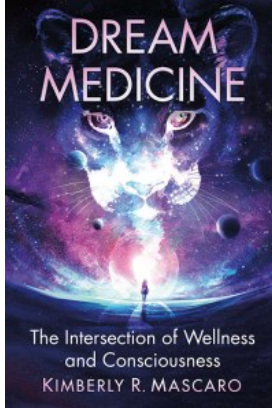
There are many people around the globe reporting "COVID-19 dreams" which reflect the unexpected situation in which we all find ourselves. Esteemed IASD members have been contributing interviews, articles and research on dreams during the pandemic, which we have collected to create a page on the IASD website. Dreamers have been finding this compilation of information to be useful. Updates are made on a regular basis. For an up-to-date list of links to articles and dream research opportunities go to <https://www.asdreams.org/covid-19-dreams/>

### NEW DREAM BOOK BY KIMBERLY MASCARO

Kimberly Mascaro, PhD surveys both the scientific and the spiritual terrain of altered states of consciousness, highlighting how extrasensory encounters can be soul-healing balm, in her recently released book, *Dream Medicine: The Intersection of Wellness and Consciousness*. This book explores a wide range of cultural interpretations of out-of-body experiences, from shamanistic practices to the importance of dreams in ancient world cultures. Over a dozen interviews with health-related professionals (including many IASD members) present unique, holistic glimpses of our inner lives.

To learn more please check out her website:





In this issue Hot Off the Press focuses on dreams of love, sex and romance. This column publishes links to evidence-based scientific articles on dreams that are written for a non-research audience.

### WHAT IT REALLY MEANS WHEN YOU DREAM ABOUT YOUR EX

Long after a breakup, when you think you've moved on from your ex, you may find them showing up in your dreams. Does this mean you're not totally over them on a deeper level? Not necessarily, according to Dr. Jenn Mann, a marriage and family therapist. She says it also doesn't mean you're unhappy with a new partner, if you have one. She says "dreams and the unconscious mind are far more complicated than that." It turns out, dreaming about your ex is incredibly common; and these are some reasons it might be happening to you.

**SOURCE:** [KISS95.1](#)

### SHOULD WE TAKE OUR SEX DREAMS SERIOUSLY?

In certain areas of analysis, it has long been thought that dreams are a window into our unconscious desires – which is troubling if you have just had a saucy dream about someone you really shouldn't have. And a new study has suggested that women are having more erotic dreams than ever before (although still fewer than men have). In a paper published in the *Psychology and Sexuality* journal, Michael Schredl, a sleep researcher at the University of Freiburg, Germany, found that the average frequency of erotic dreams for the 2,907 participants was about 18%.

**SOURCE:** [The Guardian](#)

## IASD January 2021 Membership

*Misa Tsuruta, Membership Committee*

**Total New and Renewed Members = 62**

**New Members = 12**

Nancy L. Weston

Jacob Remacle

Len Worley

Thomas Yun

Miranda Alcock

Emile Gaiera

Katherine Lawson

Arden K. Varnel

Jennifer Hart

**Anonymous = 3**

**Renewing Members = 50**

Smith Membership

Sowton Membership

Dennis E. Conner

Tallulah R. Lyons

Georgine Y. Miller

Sandra Olliges

Robert LeCates

Sandy Prins

Katherine R. Bell

Jeri L. Staley

Yvette Lyons

Angel Kwan-Yin Morgan

## Dream Toon with Delia Puiatti Dream Illustrator

ARE YOU TIRED OF THE SAME OLD  
BORING REALITY CHECKS??

NEED TO UP YOUR LUCIDITY GAME?



THEN TRY THESE NEW IMPROVED  
**RADICAL** REALITY CHECKS!!!

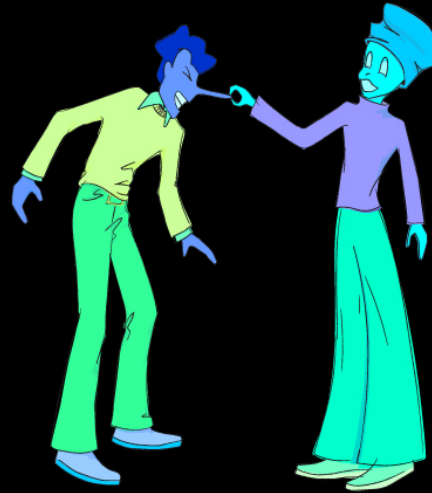
PART 1 OF A SERIES!

IMPROVES CHANCES OF **LUCIDITY**  
BY **ELEVENTY ZILLION PERCENT\***

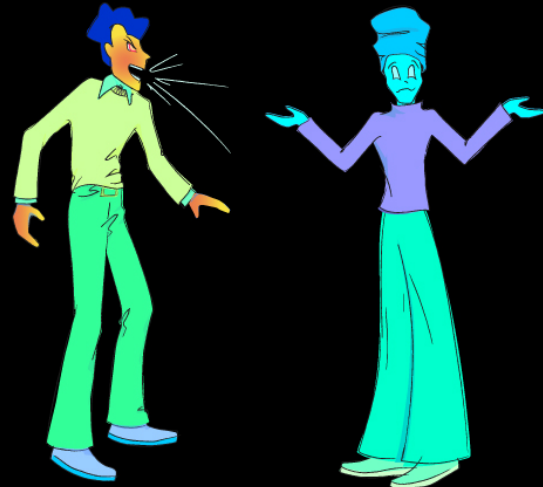
\*SOURCE: WILD GUESS

INSTEAD OF PULLING YOUR FINGER...

Kathlyn Belicki  
Sophie Bourdias  
Jordi Borrás García  
Johanna King  
Meredith Sabini  
Deon D. A. van Zyl  
Glory Nelson  
Dan Kennedy  
Bonnie Buckner  
Kate Connolly  
Jennifer J. Choate  
Miguel Gasca  
Jerry Enns  
Janet Piedilato  
Cynthia Da Silva  
Jerome E. Braun  
Maria Carla Cernuto  
Cecilia Stancell  
Dale E. Graff  
Vibeke Vagle  
Vivienne H. Dutzar  
Christine Tau  
Robyn Hubbard  
Nancy Grace  
Tadas Stambrys  
Jonny Lewis  
Christi Cervetti  
Cara Roxanne  
Robert G. Waggoner  
Walter R. Smith  
Mary Branche  
Valerie VP Popowski Reichmann  
Anonymous = 4



TRY PULLING SOMEONE ELSE'S NOSE



IF THEY START YELLING  
AND SCREAMING,  
*YOU'RE PROBABLY NOT DREAMING*

STAY CONNECTED

