

Dream News

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Visit our Website

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The Many Worlds of Lucid Dreaming Online Conference YOU CAN STILL REGISTER

Register for <u>IASD's 2nd Annual Many Worlds of Lucid Dreaming</u> conference which began October 30 and **ends November 13, 2021**, but everyone can continue to read the presentations, view the recorded Zooms and check out all of the Forum posts **for two weeks afterwards.**

Price for IASD members, \$79, and a special price for students!

To Register click here

This two-week online conference features these presenters and IASD members:

Scott Sparrow, who will lead off IASD's Second Annual Many Worlds of Lucid Dreaming online conference with a special kickoff presentation, "Encounters in Lucid Dreams: Who? What? Where?"

Bhaskar Banerji Lucid vs. Non-Lucid Healing
Fariba Bogzaran Transpersonal Lucid Dreams
Jordi Borras Garcia Awakening Psychotherapy
Karim Bou Said Speaking to the Dream
Elliot Gish A Study on Lucid Pain Relief
Dale Graff Psi Dreaming: Lucid and Non-Lucid
Robert Hoss Mastering Stress Lucidly
Ed Kellogg Lucid Being and the Laws of Magic
Kim Mascaro Dreams as Medicine
Linda Mastrangelo Strange Tales of a Psychopomp
Angel Morgan LD, Acting and Directing
Melinda Powell Wormholes in the Lucid Void
Robert Waggoner Liberation or Endless Maze?
Craig Webb Lucid Dreams, Music and Sound

Last year's event attracted more than 200 paid attendees and received many positive reviews from participants, while earning much needed revenue for IASD. This year, organizers hope to increase the number of attendees and IASD's prominence in lucid dreaming empowerment through education



The Venue is the spectacular Loews Ventana Canyon Resort, in Tucson, Arizona, USA. "Ventana," or "Window" to the Soul of the Sonoran Desert, is Loews Ventana Canyon. We have negotiated a special discounted rate of \$115 per room night (with complementary Wi-Fi and parking) for our conference in this premier spa and resort facility. Discover a magical perspective high above Tucson in the Catalina Mountains, where this stunning natural retreat embraced with nature trails and waterfalls offers a variety of activities, signature services, world class restaurants and experiences to relax, energize and inspire guests. A playground of visitor delights includes the luxurious Lakeside Spa and Tennis Center; Canyon hiking; two Tom Fazio-designed PGA golf courses and lighted tennis courts; two swimming pools; a fitness center; nearby riding trails, and more. It is accessible from the Tucson International Airport in Arizona, which has direct flights from such international hubs and cities as Atlanta, Chicago, Denver, Dallas Fort Worth, Los Angeles, Salt Lake City, San Francisco and more. Make it a Vacation – Arizona is a destination area so we negotiated 3 days before and after the conference at the same discounted room rate (space available) – go to https://iasdconferences.org/2022/attractions-around-tuscon/ for a sampling of the Tucson and Arizona attractions and register early for available rooms for extra days.

Call for Presentations - Open

Deadline January 10, 2022

Instructions and Submission Forms are now posted and open on the 2022 Conference website https://iasdconferences.org/2022/call-for-presentations/ along with a preliminary Schedule at a Glance planning template. Note that since the conference is in July 2022, the deadline for regular submissions for this conference will be January 10, 2022, and the poster submissions deadline will be March 15, 2022. The program is multidisciplinary; therefore, high-quality proposals are invited that fall into any of the following tracks: Research and Theory; Clinical Approaches; Dreamwork Practices; Research; Dreams and Ethnicity; Dreams and the Arts; Education; Religion, Spirituality and Philosophy; Extraordinary, Psi and Lucid Dreams; Dreams and Health; Culture and History; and Mental Imagery. Submission categories include Pre-organized Symposia; Pre-organized Panels; Individual talks to be combined within Symposia; Special Events; Workshops; Morning Dream Groups; and Poster Presentations. IASD encourages presenters of all backgrounds to apply and to be sensitive to matters of diversity and disability in their submissions and presentations. IASD does not discriminate in accepting proposals with respect to race, culture, gender, age, sexual orientation or various forms of disability. All submissions must be made online at https://liasdconferences.org/2022/ — click on Call for Presentations.

Registration - Open

Go to the conference site https://iasdconferences.org/2022/ for instruction and forms for Registering for the Conference as well as instructions to register for one of the discounted rooms in the limited block of Lodging rooms at the Loews Ventana Resort. The rates for this year's conference have been held at the same rate as was advertised for the earlier onsite 2021 conference before we went virtual, and the room rates are actually less (at \$115 per night). We also have special discounted rates for students, limited income and volunteers, and a few partial student and Diversity, Equity and Inclusion scholarships.

Call for Volunteers - Open

Volunteers are able to attend the conference for \$100 by working about half the conference session hours (roughly 14 hours). The initial registration fee is \$200 and half (\$100) of the fee is returned after the duties are completed. Volunteers must arrange for their own travel as well as lodging and meals. The duties are consolidated into four categories: Registration/Info Desk; Room Monitor; Audio Visual Support; and Art Exhibition. For more information or to apply go to https://iasdconferences.org/2022/call-for-volunteers/#

Call for Art - Open

Juried Dream Art Exhibition DEADLINE FOR ENTRIES: Midnight March 31, 2022, GMT.

Eligibility: We are encouraging artists to submit your original art work about or inspired by dreams to be exhibited and displayed at our conference Juried Dream Art Exhibition. Aside from the exhibit, the event features an Art Reception, a chance to sell your art and perhaps even win a cash award.

Media: All two-dimensional and multi-dimensional media will be considered, including painting, drawing, collage, sculpture, video, and installation art. Artworks that are unusually large or require extensive installation may not be accepted but will be considered. We are not able to accept performance art. Performance artists may wish to consider submitting a proposal for a special event for the conference program (deadline for those proposals is January 10, 2022 as noted above). Although artists are permitted to attend all or part of the conference for the discounted Presenter rates, you do not need to be a conference attendee to participate in the IASD Juried Dream Art Exhibition (there is a \$40 non-refundable jury submission fee, however, for those not attending the conference).



ERNEST HARTMANN STUDENT RESEARCH AWARDS – CALL FOR SUBMISSIONS, 2021-2022

For the Committee, Curtiss Hoffman, Chair

We are pleased to announce that, thanks to a grant from an anonymous donor which is being matched by the IASD Board of Trustees, IASD is able to offer full-time graduate and undergraduate students the opportunity to compete for two (2) \$500 awards for the best student papers in the field of dream investigation in 2021-2022: one for quantitative research; one for qualitative research including history, literature, theory, and the creative arts. The award is named in honor of the late Dr. Ernest Hartmann, a pioneer in dream research and the originator of the program.

New Award Announced! With the intent of promoting the IASD commitment to diversity, equity, and inclusion (DEI), starting with the 2021-2022 contest a new annual \$500 award for quantitative or qualitative student dream research related to cultural diversity has been added, open to student applicants who identify as members of ethnic groups that have been underrepresented in



RESEARCH GRANT PROPOSALS -2021 GRANT CYCLE

INSTRUCTIONS:

http://www.dreamscience.org/grant-opportunity/

We received thirteen Dream Research Grant Proposals, from seven countries around the globe, for the 2021 call for grant proposals cycle which closed on October 15, 2021. Four of the applicants also applied for the Diversity, Equity and Inclusion funding. These are now in review by the seasoned researchers that make up our Dream Research Grant Board, with the aim of having final results in the late November to early December timeframe.

Please Contribute to Help Support Dream Research: IASD and the DreamScience Foundation (DSF) are working in a partnership to provide seed grant funding for dream research, with the objectives to stimulate dream related research with students and professionals and to enhance IASD's mission in supporting research. However, our joint funds are very limited, and the number of grants and amount of funding we can provide are totally dependent on the donations

dream research. To learn more about the DEI Student Research Award, see the <u>IASD Dreams & Ethnicity Portal</u>.

Papers must be emailed to the IASD Office at office@asdreams.org — or, if necessary, by mailing the files on a CD or DVD to the IASD postal address, P.O. Box 206, Novato CA 94948 — by March 1, 2022. Participants may also submit videos in AVI formats, or music in MIDI or MPS formats. All submissions will be judged by a panel of IASD faculty members. See http://www.asdreams.org/student-awards for details and submission instructions.

Authors of winning papers, and of papers deserving honorable mention, will be announced at the 2022 IASD conference in July and in the Fall 2022 issue of *DreamTime*. Winners must agree to make their papers available for presentation either at a regional meeting of IASD or at the 2023 IASD Conference, and/or for publication in a future issue of *DreamTime* or *Dreaming*.

For more information, please contact Curt Hoffman at text-university.

received. Without donations we would only be able to support or partially support a few studies. It is difficult for young and even seasoned researchers to always obtain funding for dream-related research, so we need your help with whatever amount you can provide to this effort to better understand and apply dreams and dreaming for the health and wellbeing of humankind. To donate whatever you can, please go to www.dreamscience.org/donate-to-the-research-grant-fund/

DONATE













Support the International Association for the Study of Dreams

THE WORLD'S PREMIER DREAM ORGANIZATION

ANNUAL PLEDGE DRIVE

IASD 2021 Pledge Drive Begins in November

There are many things that IASD provides for the dreaming community: Research Grants, Art Awards, Student Scholarships, the Ernest Hartmann Student Awards, and Diversity Training for Board members and others, along with a generous sharing of dream study and dream research through annual conferences.

All of these are supported by dreamers to advance universal understanding and to demonstrate the value of dreaming.

We hope you will lend your support as well. The 2021 IASD Pledge Drive, to which we invite your contribution, will begin in mid-November and end on January 31, 2022. We keep this event open through January so that those who need to figure out their annual taxes will be able to do so. IASD is a 501(c)3 US Nonprofit Organization. Donations are tax deductible and can be made at https://www.asdreams.org/donate/

IASD CENTRAL OFFICE MANAGER POSITION

The International Association for the Study of Dreams (IASD) is seeking a Central Office Manager (COM) to manage the business operations of the nonprofit; deal with day-to-day communications with staff, IASD members and the public; perform QuickBooks income and expense bookkeeping; and work with the Officers, Board members and Committee Chairs, to maintain and further IASD projects and events. General knowledge and respect for the history and science of dreaming, lucid dreaming, and dreamwork

is expected.

Applicants will need to work from their home office, handle IASD communications and mail, pay bills, attend meetings by phone or video, and handle the varied duties of a 600-member nonprofit organization. In addition to a salary, the COM will receive free attendance and travel for the annual conference.

The position requires existing or prompt acquisition of experience in the following software or online systems:

- MicroSoft Office Word, Excel, etc. and GoogleDocs
- QuickBooks or similar accounting software is useful (training provided on our system)
- Online database and membership payment systems such as MEMBEE, PayPal, Stripe, various Card systems and wire services (training to be provided on our systems)
- Basic HTML skills for minor web and link creations
- Database maintenance, manipulation and conversion (often importing into Excel)
- Online form development (e.g. Formsite, Survey Monkey) familiarity or experience
- Conferencing systems such as Zoom

The successful applicant will begin in the Feb-March 2022 period.

For a more detailed job description, please email IASD President Michelle Carr – mcarr4 (at) u.rochester.edu



The online course committee (OCC) offers online courses on various aspects of dreams and dreaming to those IASD members and nonmembers who would like to take these as part of an independent study program. The initial offerings are the foundation series courses titled *The Science and Psychology of Dreaming* and *The Science of Lucid Dreaming*. While these courses are offered as part of the IASD Dream Study Groups Program, the OCC is responding to requests to also offer them as stand-alone independent study courses, which should appeal to those who prefer to take courses on their own.

The Science and Psychology of Dreaming course is a mini-tutorial which covers:

- · The Basics
- · The Psychology
- · Exceptional Dream Experiences

The course is taught by Robert Hoss, who chairs our research grant committee, and is co-editor of IASD's book *Dreams: Understanding the Biology, Psychology and Culture* from which much of the course is derived. It is designed for anyone interested in a summary of some of the theories and research findings related to our basic understanding of dreaming. Although there is much still being researched about the nature of dreaming, this course offers a snapshot of some of the general practices, recent research and theoretical thinking.

The Science of Lucid Dreaming course covers the history of the first scientific evidence that lucid dreaming is a valid and distinct state of dreaming, and then surveys cutting-edge findings in the field. The course is taught by Robert Waggoner, an internationally known lucid dream pioneer and author of Lucid Dreaming. It is based on his presentation at the 2018 IASD Conference in Scottsdale, Arizona.

To enroll in either or both of these courses, please click on http://iasdreamcourses.org/mod/page/view.php?id=1358&inpopup=1



IASD Dream Study Groups Program (DSGP) - Welcomes New Cohort

Michelle Carr and Angel Morgan, DSGP Co-chairs

In the Fall 2021 DSGP Foundation Series and Research Series, there are over 30 participants from eight different countries – the US, Ireland, Australia, Serbia, Canada, France, Lithuania, and Spain. The next round of DSGP enrollment will begin January 2022 for Spring cohorts beginning March 1, 2022, including a new Dreams and Ethnicity series, and a new Dreams and the Arts Series. More info coming soon



Regional News You Can Use

Ed Kellogg and Robert Wagner are hosting the second annual online conference, The Many Worlds of Lucid Dreaming, already in full swing until November 13. This year's offering promises to be as good as last year's, with fascinating presentations and an online forum for questions and discussions with presenters and all participants. For more information and registration, go to Many Worlds of Lucid Dreaming

In our continuing series on IASD Regional Representatives, meet Magloire (Rocio) Aguirre.

My name is Magloire Aguirre and I live in Bogota, Colombia. I am a certified professional coach (ICFACC), transformational educator, and mentor. I worked for multinational corporations for more than 20 years, and my work experience was enriched by my interaction with various cultures around the world and by the different roles I played in the field of technology and professional development in the training industry. I am the founder of Despierta y Vive tus Sueños (Wake Up and Live Your Dreams). My mission is to help people who have a long career path, and who are ready for a new stage in their lives, to increase their confidence and create a new and clear vision more in alignment with their deepest intentions.

I have been a member of IASD since 2013. As a Dream Coach and Teacher, I help people connect to their dreams to find answers to their most profound questions and act upon them to manifest their genuine desires. I do that through my programs on Self-confidence and Life Vision. I also bring the importance of dreams to my Spanish community by interviewing dream experts for my "Conversations to Wake Up, Dream and Heal"



I am currently undertaking two dream certification programs, with Dr. Leslie Ellis and Robert Moss. I hold a Bachelor's degree in Education, a specialization in International Business Management, and an M.A. in Transpersonal Psychology, and have certifications in Mindfulness, EFT and art therapy.

I enjoy walking in nature, writing, reading, learning, teaching, and traveling, as well as exploring the dreams of day and night. You can contact me at https://www.magloireaguirre.com and



Visit the IASD Dreams and Ethnicity Portal

DEI Student Research Award Announced

Intent

With the intent of promoting our commitment to diversity, equity, and inclusion (DEI), as of the 2021-2022 Ernest Hartmann Student Research Awards Call For Submissions, IASD has added a new annual \$500 award for quantitative or qualitative student dream research related to cultural diversity in particular, open to student applicants who identify as members of ethnic groups that have been underrepresented in dream research.

Application Procedure

Submissions for this new annual award, designated **DEI Student Research Award**, will follow the same procedure, requirements, and deadline as the existing awards for quantitative or qualitative research, with the addition of a short statement (a few sentences) confirming the applicant's identity as a member of an ethnic group that has been underrepresented in dream research. Applicants for the DEI Student Research Award will also be considered in the existing quantitative and qualitative award categories, depending on the method of the student's research.

IASD DIVERSITY FINANCES

<u>Click here</u> to read the **IASD Diversity Finances** section, with information about several new Board approved programs from the Diversity Task Force Advisory Committee (DAC), including:

- IASD DEI (Diversity, Equity, and Inclusion) Dream Research Grants.
- BIPOC Conference Scholarships and Grants,
- Culture-Keeper Memberships, and more.

If you want to help fund these important new programs, please<u>click here</u> and donate to **IASD Diversity**. This category supports IASD's pledge to grow an intentional inclusive process for Black, Indigenous, and People of Color (BIPOC) with expertise or interest in dreams, expand IASD's ethnic diversity, and increase the ethnic diversity of invited speakers at future conferences.

Contact <u>diversityresponse@asdreams.org</u> to learn more about any of these initiatives, including special opportunities to sponsor scholarships and awards. And remember: That's the contact address for any comments on ethnic and racial Diversity, Equity, and Inclusion in all IASD functions.

Thank you for your support!



Covid-19 and Dreams Portal | Popular Addition to the IASD Website

There are many people around the globe reporting "COVID-19 dreams" which reflect the unexpected situation in which we all find ourselves. Esteemed IASD members have been contributing interviews, articles and research on dreams during the pandemic, which we have collected to create a page on the IASD website. Dreamers have been finding this compilation of information to be useful. Updates are made on a regular basis. For an up-to-date list of links to articles and dream research opportunities go to https://www.asdreams.org/covid-19-dreams/

MEMBERS IN THE MEDIA

TWO INTERNATIONAL CONFERENCES ANNOUNCED: "I FEEL THEREFORE I AM" AT JUNG INSTITUTE (CALL FOR PAPERS) AND "DREAMS, PHANTASMS AND MEMORIES" (ONLINE IN NOVEMBER)



Interdisciplinary Conference in Zurich Call For Papers

© 2007 Foundation of the Works of C. G. Jung, Zürich. First appeared in the Red Book (W.W. Norton & Co.)

Announcing a 3-day international and interdisciplinary conference to be held June 30 – July 2, 2023, at the C. G. Jung Institute near Zurich, Switzerland in celebration of the institute's 75th anniversary. We're very pleased that Dr. Pilleriin Sikka (Finland) will be joining us as one of our five keynote speakers. If you, like her, are involved in research related to emotions in therapy and/or dreams, please consider submitting a paper proposal with an abstract (ca. 300 words), a short biography that includes your clinical and/or academic background, professional affiliation(s), and a list of any recent publications.

Submissions should be in English and/or German and attached as a Word document in an email sent to 2023conference (at) junginstitut.ch

Interdisciplinary Online Conference in November

The 5th "Dreams, Phantasms and Memories" International Interdisciplinary Conference, organized by IASD members Wojciech Owczarski, Katja Valli and Marco Zanasi, will be held online, on November 25-26 2021.

For more information please visit the conference website:

https://www.dreamsconference.info/.

In this issue Hot Off the Press focuses on ancestral dreaming. This column publishes links to evidence-based scientific articles on dreams that are written for a non-research audience.



INNOVATION AND ANCESTRAL REVELATION: THE CASE OF DREAMS BY KATIE GLASKIN

This article explores aspects of the relationship between tradition and innovation in an Australian Aboriginal society by looking at dreams as a "traditional" facet of cultural change. In many Aboriginal societies spirits of the deceased, spirit beings, and ancestral figures are said to communicate with and "reveal" certain things to the dreamer. Some things that are revealed, such as those pertaining to ritual and ceremonial life, are said to have existed "from the beginning" and are not considered to be "new."

SOURCE: JRAI

GUIDED BY SEMITIC MUSEUM CURATOR, STUDENTS CREATE "DREAM STELA" REPLICA

Between the paws of the six-story Great Sphinx in Giza, a slab of hieroglyphs tells the story of how King Thutmose IV dreamed <u>THE AFRICAN</u>
ORIGIN OF FAMILIAL CONSCIOUSNESS AND THE DYNAMICS OF DREAMING
BY EB BYNUM

African and African American traditions of dream work and dream interpretation have a long history interweaving with other traditions, and have specific roots in the history of Africa itself. There are conceptions of the unconscious that parallel those of European traditions but in crucial ways are significantly different, particularly in the perception of personhood and psychological boundary permeability emerging in the dynamics of dreams and family life.

These conceptions in many ways challenge traditional understandings of space and time but are also in keeping with the actual experience of dreaming itself and with certain quantum and relativistic conceptions of the relationships between space, time, energy, and, by implication, the range of consciousness itself. These are rooted in the African genesis of our species, both genetically and psychically, along with the shared reality of our neural inheritance. This article is a conceptual overview of this tradition, beginning with its cultural-historical roots, to its clinical influence in practices today.

SOURCE: **DREAMING**

TOTAL OCTOBER MEMBERSHIP = 31

Misa Tsuruta, Membership Committee

Total new and renewed members = 31

New members = 5

Robert J. Spurlock Kathleen Webster O'Malley Emily Von Hausen Daniel J. Taylor 1 Anonymous

Renewed members = 26

Hoffman Membership Allen Membership Shuhei Enomoto Katja J. Valli Monique Seguin Lise Robillard Kim Vergil Kelly Lydick Dream Toon with Delia Puiatti
Dream Illustrator

Meredith Eastwood Allen Cohen Mike Hackett Diane Payne Jeffrey Adams Wanda Burch Anita Hall Barbara G. Condron Elaine Highsmith Marie Bourassa George M. Leute III Alan Siegel Natalia Belousova 3 Anonymous



STAY CONNECTED





