



Dream News

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Visit our Website

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THE MANY WORLDS OF LUCID DREAMING OCTOBER 30 - NOVEMBER 13, 2021

An Online Event from the International Association for the Study of Dreams



For more information and to register:

https://glidewing.com/iasd/lucid_dreaming_conference.html

Confirmed Speakers for IASD's *Many Worlds of Lucid Dreaming* October 30 - November 13, 2021

Confirmed Speakers for IASD's 2nd Annual *Many Worlds of Lucid Dreaming*, October 30 to November 13, 2021!

This two-week online conference features these presenters and IASD members:

Scott Sparrow, who will lead off IASD's Second Annual *Many Worlds of Lucid Dreaming* online conference with a special kickoff presentation, "Encounters in Lucid Dreams: Who? What? Where?"

Bhaskar Banerji Lucid vs. Non-Lucid Healing
Fariba Bogzaran Transpersonal Lucid Dreams
Jordi Borrás García Awakening Psychotherapy
Karim Bou Said Speaking to the Dream
Elliot Gish A Study on Lucid Pain Relief
Dale Graff Psi Dreaming: Lucid and Non-Lucid

Robert Hoss Mastering Stress Lucidly
Ed Kellogg Lucid Being and the Laws of Magic
Kim Mascaro Dreams as Medicine
Linda Mastrangelo Strange Tales of a Psychopomp
Angel Morgan LD, Acting and Directing
Melinda Powell Wormholes in the Lucid Void
Robert Waggoner Liberation or Endless Maze?
Craig Webb Lucid Dreams, Music and Sound

Last year's event attracted more than 200 paid attendees and received many positive reviews from participants, while earning much needed revenue for IASD. This year, organizers hope to increase the number of attendees and IASD's prominence in lucid dreaming empowerment through education.



The Venue will be the spectacular Loews Ventana Canyon Resort, in Tucson, Arizona, USA. "Ventana," or "Window" to the Soul of the Sonoran Desert, is Loews Ventana Canyon. We have negotiated a special discounted rate of \$115 per room night (with complementary Wi-Fi and parking) for our conference in this premier spa and resort facility. Discover a magical perspective high above Tucson's Catalina Mountains, where this stunning natural retreat offers a variety of activities, signature services and experiences to relax, energize and inspire guests. A playground of visitor delights includes the luxurious Lakeside Spa and Tennis Center; Canyon hiking; two Tom Fazio-designed PGA golf courses and lighted tennis courts; two swimming pools; a fitness center; nearby riding trails, and more. It is accessible from the Tucson International Airport in Arizona, which has direct flights from such international hubs and cities as Atlanta, Chicago, Denver, Dallas Fort Worth, Los Angeles, Salt Lake City, San Francisco and more.

Call for Volunteers, Call for Artwork, Registration, Room Reservation and other information will be made available in the October/November 2022 timeframe.

Call for Presentations – Deadline January 10, 2022 on or about September 15, the Call for Presentations will be posted on the 2022 Conference website <https://iasdconferences.org/2022/> along with a preliminary Schedule at a Glance planning template. Note that since the conference is in July 2022, the deadline for regular submissions for this conference will be January 10, 2022, and the poster submissions deadline will be March 15, 2022.

The program is multidisciplinary; therefore, high-quality proposals are invited that fall into any of the following tracks: Research and Theory; Clinical Approaches; Dreamwork Practices; Research; Dreams and Ethnicity, Dreams and the Arts; Education; Religion, Spirituality and Philosophy; Extraordinary, Psi and Lucid Dreams; Dreams and Health; Culture and History; and Mental Imagery. Submission categories include Pre-organized Symposia; Pre-organized Panels; Individual talks to be combined within Symposia; Special Events; Workshops; Morning Dream Groups; and Poster Presentations. IASD encourages presenters of all backgrounds to apply and to be sensitive to matters of diversity and disability in their submissions and presentations. IASD does not discriminate in accepting proposals with respect to race,



ERNEST HARTMANN STUDENT RESEARCH AWARDS – CALL FOR SUBMISSIONS, 2021-2022

For the Committee, Curtiss Hoffman, Chair

We are pleased to announce that, thanks to a grant from an anonymous donor which is being matched by the IASD Board of Trustees, IASD is able to offer full-time graduate and undergraduate students the opportunity to compete for two (2) \$500 awards for the best student papers in the field of dream investigation in 2021-2022: one for quantitative research; one for qualitative research including history, literature, theory, and the creative arts. The award is named in honor of the late Dr. Ernest Hartmann, a pioneer in dream research and the originator of the program.

Papers must be submitted in electronic format to the IASD Office at office@asdreams.org – or, if necessary, by mailing the files on a CD or DVD to the IASD postal address, P.O. Box 206, Novato CA 94948 – by **March 1, 2022**. Participants may also submit videos in AVI formats, or music in MIDI or MPS formats. All submissions will be judged by a panel of IASD faculty members. See <http://www.asdreams.org/student-awards> for details and submission instructions.

Authors of winning papers, and of papers deserving honorable mention, will be announced at the 2022 IASD conference in July and in the Fall 2022 issue of *DreamTime*. Winners must agree to make their papers available for presentation either at a regional meeting of IASD or at the 2023 IASD Conference, and/or for publication in a future issue of *DreamTime* or *Dreaming*.

For more information, please contact [Curt Hoffman](#)



CALL FOR RESEARCH GRANT PROPOSALS TO BE POSTED MID AUGUST WITH A DEADLINE OF OCTOBER 15, 2021

NOTICE – SORRY ABOUT CORRUPTED SITE LAST MONTH. RETURN TO WEBSITE FOR CORRECTED SUBMISSION INSTRUCTIONS:
<http://www.dreamscience.org/grant-opportunity/>

The corrected and updated Call for Research Grant Proposals for the 2021 grant cycle is now posted with a **deadline of October 15, 2021**. IASD and the **DreamScience Foundation** are working in a partnership to provide seed grants for dream research, the objectives being to stimulate dream related research with students and professionals and to enhance IASD's mission in supporting research. High quality quantitative and qualitative research proposals are invited in areas related to dreams and dreaming, including but not limited to the biology or neuroscience of dreaming, phenomenological and psychological studies of dreaming, and such fields as anthropological and cultural studies.

The grants are awarded based on a peer review of proposals by the Research Grant Committee who consider factors such as value to dream science and technical excellence; and risk factors such as achieving the study objectives considering funding, research experience, and ethical review. The number of grants, and the amount for each, are limited by the funds made available each year from DSF and others who donate. Note that we are now offering the opportunity to apply for special Diversity, Equity, Inclusion (DEI) grant funding, for qualified proposals and submitters – for a detailed description go to <https://www.asdreams.org/dreams-and-ethnicity-portal/>

Instructions: <http://www.dreamscience.org/grant-opportunity/>

ALL SUBMISSIONS MUST BE EMAILED to bob@dreamscience.org. You may also contact Bob Hoss at this email address with any questions concerning the submission process.

Report of the 2021 Student Research Awards Committee

Curtiss Hoffman, Student Research Awards Committee Chair

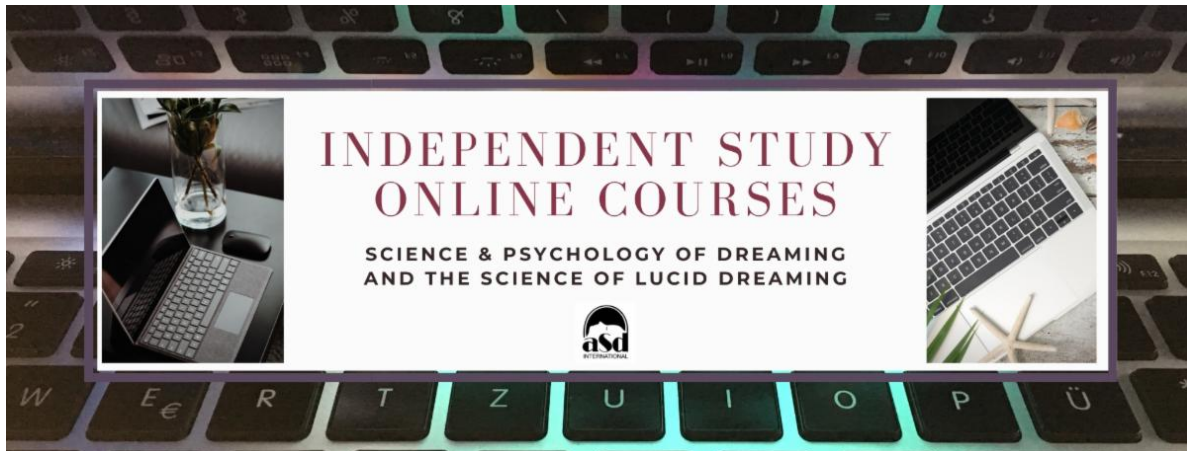
The committee (Ann Bengtsson, Mark Blagrove, Deirdre Barrett, Curtiss Hoffman, Tracy Kahan, Bernard Welt) received only two submissions this year, both in the quantitative category.

After reviewing these submissions and discussing them, we decided to give only one award for 2021, to: **Claudia Picard-Deland, for “Targeted memory reactivation has a sleep stage-specific delayed effect on dream content.”**

We also decided to award an Honorable Mention to **Courtney Bolstad, for “Factor Analysis and Validation of the Disturbing Dreams and Nightmare Severity Index.”**

These results were reported at the Membership Meeting. Both of the submitters attended the conference.

Once again, we strongly encourage graduate or undergraduate students to submit papers to the Committee for deliberation for the 2022 Hartmann Student Research Award. The submissions deadline will be March 1, 2022.



The online course committee (OCC) offers online courses on various aspects of dreams and dreaming to those IASD members and nonmembers who would like to take these as part of an independent study program. The initial offerings are the foundation series courses titled *The Science and Psychology of Dreaming* and *The Science of Lucid Dreaming*. While these courses are offered as part of the IASD Dream Study Groups Program, the OCC is responding to requests to also offer them as stand-alone independent study courses, which should appeal to those who prefer to take courses on their own.

The Science and Psychology of Dreaming course is a mini-tutorial which covers:

- The Basics
- The Psychology
- Exceptional Dream Experiences

The course is taught by Robert Hoss, who chairs our research grant committee, and is co-editor of IASD's book *Dreams: Understanding the Biology, Psychology and Culture* from which much of the course is derived. It is designed for anyone interested in a summary of some of the theories and research findings related to our basic understanding of dreaming. Although there is much still being researched about the nature of dreaming, this course offers a snapshot of some of the general practices, recent research and theoretical thinking.

The Science of Lucid Dreaming course covers the history of the first scientific evidence that lucid dreaming is a valid and distinct state of dreaming, and then surveys cutting-edge findings in the field. The course is taught by Robert Waggoner, an internationally known lucid dream pioneer and author of *Lucid Dreaming*. It is based on his presentation at the 2018 IASD Conference in Scottsdale, Arizona.

To enroll in either or both of these courses, please click on <http://iasdreamcourses.org/mod/page/view.php?id=1358&inpopup=1>



IASD Dream Study Groups Program (DSGP) - Welcomes New Cohort

Michelle Carr and Angel Morgan, DSGP Co-chairs

Welcome to the DSGP September cohorts! We encourage you to join your fellow dreamers in your cohort's Tea Room for dreamy conversations at the beginning of your year-long journey in the DSGP. There are over 30 participants from eight different countries – from the US, Ireland, Australia, Serbia, Canada, France, Lithuania, and Spain – in the DSGP for the Fall 2021 Foundation Series and Research Series. The next round of DSGP enrollment begins January 2022 for Spring cohorts beginning March 1st, 2022. More information about all the series IASD will offer next Spring is coming soon!



Regional News You Can Use

**Michelle Carr and Jeanne van Bronkhorst,
Co-Chairs of the IASD Regional Events
Committee**

The Regional Events Committee continues to be slowed by the coronavirus. As the world grapples with another surge of the virus, Regional Representatives continue to reach out to new members and support the dream community in their respective areas.

Our next spotlight is on Art Funkhouser, who has been an active member of IASD for over twenty years, and is currently the Regional Representative for Switzerland and Lichtenstein. At 80 years old, he is a father of three grown children and grandfather for four wonderful grandkids. He grew up in Oklahoma, but since 1973 he has lived in Switzerland where he works as a Jungian psychotherapist. He has been leading seminars in dreamwork in English and in German at the C. G. Jung Institute near Zurich each trimester since 1989, and has hosted a dream group in his home for as many years.



As part of his IASD involvement Art sends out IASD-Dreamlinks, a daily email that gives links to two or three dream-related research articles. Anyone can join by going

to <https://groups.google.com/> and searching for "IASD-Dreamlinks." Due to his abiding interest in what is commonly called "déjà vu," he has a strong interest in precognitive dreams and is one of the administrators of the precognitive dreams group on Facebook. To learn more, you can visit his website at <https://deja-experience-research.org>. He was also interviewed by Anthony Peake a few years ago; you can watch at <https://www.youtube.com/watch?v=EJA9rZvM9g4>.

If you are looking for a way to be more involved in the life of IASD, becoming a Regional Rep is a good first step. Contact Jeanne at vanjvb@gmail.com.

Visit the IASD Dreams and Ethnicity Portal

An exciting new section has arrived in the Dreams and Ethnicity Portal!

[Click here](#) to read the **IASD Diversity Finances** section, with information about several new Board approved programs from the Diversity Task Force Advisory Committee (DAC), including:

- IASD DEI (Diversity, Equity, Inclusion) Dream Research Grants,
- BIPOC Conference Scholarships and Grants,
- Culture-Keeper Memberships, and more.



More Great News...

The DAC would like to warmly welcome Dr. Fanny Brewster, who has graciously agreed to become a DAC Member starting this month. Welcome, Dr. Brewster!

Introducing...

If you want to help fund these important new programs, please [click here](#) and donate to **IASD Diversity**. This category supports IASD's pledge to grow an intentional inclusive process for Black, Indigenous, and People of Color (BIPOC) with expertise or interest in dreams, expand the ethnic diversity of the IASD, and increase the ethnic diversity of invited speakers at future conferences.

Contact diversityresponse@asdreams.org to learn more about any of these initiatives, including special opportunities to sponsor scholarships and awards. And remember: That's the contact address for any comments on ethnic and racial Diversity, Equity, and Inclusion in all IASD functions.

Thank you for your support!

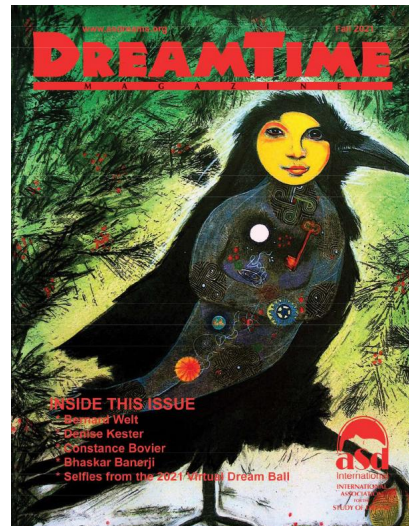


IASD's Diversity Task Force Advisory Committee (DAC)

DREAMTIME FALL ISSUE COMING SOON

The Fall 2021, post-conference issue of IASD's *DreamTime* magazine will be shipping soon. This beautiful recap of conference 2021 events, plus entertaining and educational articles and columns about dreams, will be available online and reach members around the world in hard copy by the end of September.

DreamTime is an IASD Membership benefit which is sent digitally to members three times each year. Hard copy (print) versions are available to all members with an additional annual payment of \$10 for postage and handling. Direct comments or questions to *DreamTime* Editor Jean Campbell at jccampb@aol.com



Covid-19 and Dreams Portal | Popular Addition to the IASD Website

At this time, there are many people around the globe reporting "COVID-19 dreams" which reflect the unexpected situation in which we all find ourselves. Esteemed IASD members have been contributing interviews, articles and research on dreams during the pandemic, which we have collected to create a page on the IASD website.



Dreamers have been finding this compilation of information to be useful. Updates are made on a regular basis. For an up-to-date list of links to articles and dream research opportunities please [click here](#).



IN MEMORIAM

IASD Member Mary Joyce Whitefeather remembers Karen J. Bartnicki, aka "Goshengolly," who passed away from cancer in August of this year.

I had a dream three months before the 2006 IASD Conference in Bridgewater, Massachusetts about meeting a large group of people I did not know. One or two seemed familiar, but I was not sure until the actual conference. There was a woman standing over to the side, smoking a cigarette. She smiled at me and said: "Did you meet Rita yet?!" That was Gosh! Gosh and I always had some amazing conversations over the years since we met in 2006, about IASD, dreams and how she always adored Rita Dwyer. Gosh was working on a book of all her dreams.

She wanted to write to help others understand the human psyche, the dreaming mind, especially psi. In one of our last conversations, she brought up that she wished that the three of us – me, Mena Potts and Gosh – could have a three-way conference call, to talk about psi, brainstorming “How we can bridge the gap of the ‘spiritual dreamers’ world with the scientific world?” That was the most important subject of all to her. And she wanted people to know that she loved her job helping seniors, especially hospice care. Like me, she had an uncanny knack for knowing when someone’s “soul-spirit” was leaving, “behind the eyes” – the person was about to die. She always said she wanted to be with those people to give them “comfort. Rest in peace, dear Gosh. Come visit me any time you wish.

[Click here to read Gosh’s obituary](#)



In this issue Hot Off the Press focuses on dreams and racism, featuring Dr. Fanny Brewster who has recently accepted a position as an IASD DAC Member. This column publishes links to evidence-based scientific articles on dreams that are written for a non-research audience.

THIS JUNGIAN LIFE: THE RACIAL COMPLEX

Dr. Fanny Brewster, Jungian Analyst, colleague and friend, joins This Jungian Life to discuss her forthcoming book, *The Racial Complex: A Jungian Perspective on Culture and Race*. Complexes tend to operate autonomously and unconsciously, have strong feeling-tones, and contain archetypal fuel. The racial complex, a complicated mix of color, class and culture, operates individually and collectively and in multiple ways. Although shadow projection and “othering” are intrinsic to the racial complex, America’s history of slavery further intensifies it. Like other complexes, the racial complex cannot be either denied or defeated—it can, however, be lifted into consciousness. As with any complex, learning, discussion and self-reflection can expand awareness, connection and compassion.

SOURCE: [THIS JUNGIAN LIFE](#)

RACISM IN AMERICA: INTEGRATING THE SHADOW

This video is a recording of a Depth Psychology Alliance Community Conversation featuring Jungian analyst and author Dr. Fanny Brewster, and activist and scholar Dr. David Ragland.

SOURCE: [DEPTH ALLIANCE COMMUNITY CONVERSATION](#)

TOTAL AUGUST MEMBERSHIP=39

Misa Tsuruta, Membership Committee

Total new and renewed members = 39

New members = 7

Lean Anael Siegrist
Nancy L. Tharp
Cynthia Blakeley
Michael Monhart
Steve Einhaus Einhaus
Wind Horsley
Anonymous = 1

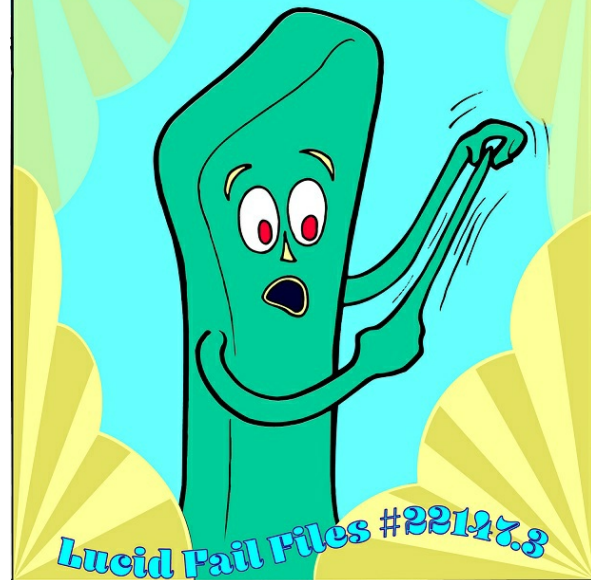
Renewed members = 32

Sparrow Membership
Boyd Biro Membership
Wendy S. Pannier
Gloria Sturzenacker
Shanee Stepakoff

Dream Toon with Delia Puiatti
Dream Illustrator

Gale Fralin
Daniel Oldis
Pernille Albertus
Kristoffer Appel
Howard Avruhm Addison
Patricia Eltinge
Sarah E. Hall
Ronda Libbey
Linda L. Atwood
Clare Johnson
Stephanie Burnside
Elizabeth Stangeland
Jo J. Harthan
Bea Saldago
Kloay A. Kelton
Govind Prasad
Kirsten Backstrom
Jeanne Van Bronkhorst
David Low
Anonymous = 8

DUE TO A POOR CHOICE OF REALITY CHECK,
GUMBY NEVER QUITE KNEW WHETHER HE WAS
DREAMING OR NOT.



STAY CONNECTED

