



Dream News

JUNE 2021
VOLUME 19/ISSUE 6

Visit our Website

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International Association for the Study of Dreams

★ **IMPORTANT ANNOUNCEMENT FROM THE CONFERENCE COMMITTEE** ★

2021 IASD ANNUAL
INTERNATIONAL DREAM CONFERENCE

Now a **VIRTUAL** Conference
with Global Reach via Zoom

June 13 - 17, 2021
(Sunday - Thursday)

"A multidisciplinary conference for dream studies and dream work."
Host: Angel Morgan
Conference Director: Bob Ross

For details about the conference: <https://iasdconferences.org/2021/>

2021 IASD ANNUAL CONFERENCE NOW VIRTUAL

In order to ensure the safety of our attendees and to avoid the risk of having to cancel our conference once again due to ongoing pandemic conditions, IASD has found it necessary to hold our full 5-day conference virtually via Zoom. It will be live and interactive, with the same symposia, panels, workshops, morning dream groups, and special events offered as had been planned for the onsite program. This not only ensures the safety of participants but increases global access to the full event.

Please join us, along with five world-renowned keynote speakers and more than 130 presentations from over 100 presenters around the globe. It is more than just a conference; even in its virtual format, it will be an extravaganza of fascinating presentations and special events. Everyone is welcome – whether you are a professional, a dreamworker, or just a curious or interested dreamer. It is a multidisciplinary program that includes the scientific, psychological, spiritual, artistic, healing, lucid and extraordinary, ethnic and

cultural aspects of dreaming; plus a lot of fun events including opening receptions, a virtual Dream Art Exhibition with a Meet the Artists reception, the annual Psi Dreaming Contest, and even a virtual gathering for the ever-popular Costume Parade and Dream Ball. This year's featured tracks include Dreams and Ethnicity and Dreams and The Arts.

See the updated website for the call for presentations, volunteers, new preliminary schedule layout, and other information at these links:

- [Registration](#) – new deeply discounted fee structure
- [Program & Schedule](#) – See the latest schedule and full program, abstracts and bios now online. It is “virtually” the same 5-day schedule as we had planned onsite, with the same keynotes and invited presenters and the same live interactive symposia, panels, workshops, morning dream groups, and special events. Note also that the times of day for the events remain Pacific US time.
- [ed very shortly.](#)
- **Entry Portal** – since we are “virtual” there are no badges. Instead, a few days before the conference, registrants will be sent a private link to an online “Entry Portal.” The Schedule at a Glance will be used to find all sessions by time of day in each Zoom meeting room. The portal will provide the entry codes to those meeting rooms. It will list all meeting rooms and events and allow registrants to click on an active button and go right into the meeting room. The Schedule at a Glance is a downloadable PDF. The Entry Portal will also be downloadable as a PDF with the Zoom IDs and URLs that you can store or print out in order to enter a particular meeting with the Zoom app on your computer.

[FEATURES OF THE PROGRAM](#)

[Click](#) for a description of, and in certain cases instructions for, some of the special features of the conference listed below:

- Opening Day Receptions including the Opening Reception, Researcher Reception, Regional Representative Reception and First Timer Reception
- IASD Membership Meeting
- Dream Telepathy Contest!
- Virtual Costume Parade and Dream Ball – also see description below
- Online Art Exhibit and associated events such as the Meet the Artists Panel and Reception plus Voting instructions for the Peoples Choice Award (for registered participants only)
- [Virtual Online Bookstore – open NOW](#)
- Recordings – since it may not be possible, accounting for global time differences, to attend all events you might wish to. As with our onsite conferences, all lecture-based sessions (Keynotes, Symposia, Panels, and some special events) will be video and audio recorded on Zoom and made available on a private link for registrants to view within a day of the event and for up to 90 days after the conference. The Audio portion of the recordings will be downloadable after the conference. Note that Workshops will not be recorded due to privacy considerations for the personal dream sharing that takes place.

WE ARE PROUD TO ANNOUNCE THE FOLLOWING KEYNOTE AND INVITED PRESENTERS



Fanny Brewster, PhD



Eduardo Duran, PhD



Tore Nielsen, Professor



Keith Salmon



Michael Nadorff, PhD

Fanny Brewster, PhD - *Dreams: Letting My Heart Be Broken*

Dr. Fanny Brewster is a Jungian analyst and Professor of Depth Psychology at Pacifica Graduate Institute. She is a writer of nonfiction including *African Americans and Jungian Psychology: Leaving the Shadows*; *Archetypal Grief: Slavery's Legacy of Intergenerational Child Loss*; and *The Racial Complex: A Jungian Perspective on Culture and Race*. Her poems have been published in *Psychological Perspectives Journal* where she was the Featured Poet, as well as in other journals.

Eduardo Duran, PhD - *Dream Entity Bringing Form from the Blackworld to the Plantworld*

Eduardo Duran, PhD has been working as a psychologist in Indian country for over 30 years. He integrates western clinical theory with Indigenous theory as a method of exploring the psyche. Teachings from his Indigenous teachers inform all of his writings and clinical work. His books include *Native*

Tore Nielsen, Professor - *DIY Dream Research: The Case of Sleep Onset Dreaming*

Professor of Psychiatry, U Montréal; Director, Dream & Nightmare Laboratory (Center for Advanced Research in Sleep Medicine). Tore's research concerns sleep onset microdreaming, dreaming's role in learning/memory, and nightmare pathophysiology. His research methods include introspection, polysomnography, targeted memory reactivation, cognitive and personality testing, REM sleep deprivation, EEG/ECG spectral analysis, VR exposure, and internet-based dream collection.

Keith Salmon (Closing Film Event) - *To Walk in Beauty*

Keith Salmon interweaves original videography, poetry, prose, sound, and song to explore the intimate relationship between the Natural World and the World of Dreams. His work represents a constellation of the insights and revelations gained through his lifelong exploration of Nature's mysteries through the lenses of both biological science and art—and his 35-year apprenticeship in the study of dreams.

Michael Nadorff, PhD (Research Invited) - *Bad Dreams and Nightmares: Causes, Correlates, and Interventions*

Dr. Michael Nadorff is an associate professor of psychology at Mississippi State University. His research focuses on the association between sleep difficulties, particularly nightmares, and suicide. He has published more than 65 peer-reviewed manuscripts and received more than \$4.5 million in external grant funding from NIMH, SAMHSA, and the CDC.

THE VIRTUAL DREAM BALL

After days and days of cerebral activity and learning on Zoom screens, it is time to jump inside our dreams and lose ourselves in the catharsis of dance and music. Although we will be physically separate, grab a partner at home and dance with the music of Ed Mays Groove Kitchen, a Seattle-based red hot dance band made up of some of the finest musicians in the Pacific Northwest area. This band will rock your soul. [Check them out at this link](#), or just join us all virtually as we dance in front of the camera while chatting with each other using the Zoom Chat function.

We will have our customary costume parade where you dress up as a character from one of your dreams and have a chance to BRIEFLY tell the dream the costume came from. What will a virtual costume parade and dream ball be like on Zoom, you ask? Whether you wish to enter the parade or just attend in costume, you can dress in a costume or mask. The Zoom "video filter" function even gives you the option of wearing a virtual mask.

PLEASE NOTE: Cultural Appreciation

If your dreams are diversely populated, that's a beautiful thing. However, IASD members sharing the virtual dance floor will appreciate your awareness that cultural and/or racial appropriation is harmful to other members in waking life. The IASD Principles of Community statement says we value "Diversity: A constructive educational environment for participants at conferences and other activities, that welcomes the multiplicity of different approaches to dream studies, and strives to create an open, inclusive atmosphere of mutual respect." We hope you enjoy exploring the multiplicity of creative possibilities for dream costumes that won't offend other members. Here's some valuable information that might help you decide what *not* to wear:

["We're a Culture, Not a Costume" Poster Campaign](#)

["We're a Culture, Not a Costume" Video](#)

ART COMMITTEE ANNOUNCEMENT

Thank you to all who submitted artworks for the IASD dream art exhibition. This year's virtual art show will be truly international, exhibiting works of 48 artists from Austria, Australia, Belgium, Brazil, Canada, India, Italy, South Africa, Switzerland, Trinidad and Tobago, the United Kingdom, and the United States. Conference attendees will be provided an opportunity to meet with contributing artists and learn about their processes at the Meet the Artists Panel on Wednesday, June 16, 4:30-6:00. Don't miss the Art Reception after the panel when the Visual Arts Committee will present selected artists with special awards, including the People's Choice Award.

PODCASTS WITH CONFERENCE KEYNOTES

AND PRESENTERS

Interviews with 2021 Conference Keynote speakers and other presenters are being scheduled between now and June. Podcast hosts will schedule and air the interviews.



Shrink Rap Radio with Dr. Dave

David Van Nuys, PhD is past chair and professor emeritus in Psychology at Sonoma State University. In 2018, he received an award from the American Psychological Association for his pioneering podcast, Shrink Rap Radio.

Interviews with Keynote Presenter **Michael Nadorff, PhD**, IASD President **Angel Morgan, PhD** and Keynote Presenter **Tore Nielsen, PhD** are available on the Shrink Rap site.

All interviews can be seen at www.ShrinkRapRadio.com. Interviews are generally online the day following the interview.



The Dream Journal with Katherine Bell

Katherine Bell is a member of the IASD Board of Directors and the founder of Experiential Dreamwork.

The Dream Journal airs live Saturdays from 10 to 11 am Pacific Time, streaming live at KSQD.org. It is released as a podcast on the Monday following the show on all major podcast platforms.

Recent and upcoming guests on the show include:

May 1 Keith Salmon
May 8 Michelle Carr
May 15 Tore Nielsen
May 22 Edward Bruce Bynum
May 29 Bernard Welt
June 5 Bob Hoss
June 12 Michael Nadorff

The Ask Doctor Dream Show with Kelly Sullivan Walden



An active IASD member, Kelly Sullivan Walden is a dream expert, a certified hypnotherapist, a best-selling author and an inspirational speaker. She has interviewed IASD conference Keynote and Invited speakers and other presenters for many years.

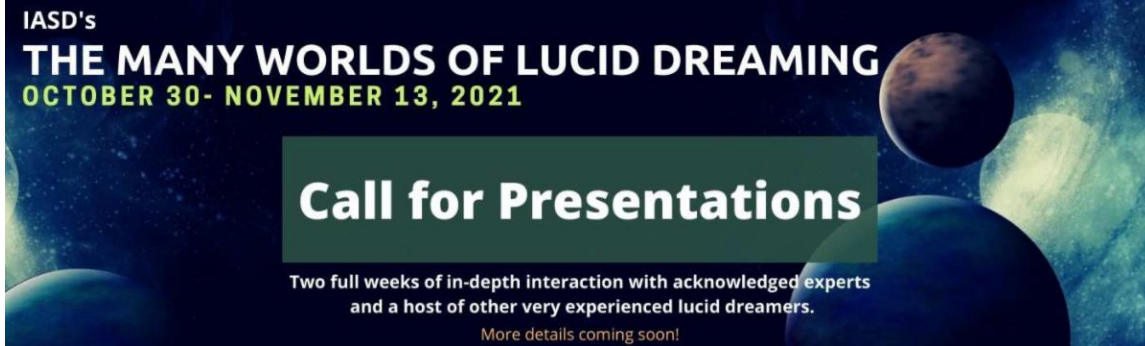
Recent and upcoming IASD guests on *Ask Doctor Dream* include:

April 7 Michael Nadorff
April 14 Bob Hoss
April 21 Katherine Bell
May 12 Keith Salmon
May 19 Angel Morgan
May 26 Tore Nielsen

The *Ask Doctor Dream* show airs LIVE on www.UnityOnLineRadio.com. Call-Ins are welcome.

After the show, each episode will be archived here www.unityonlineradio.org/ask-dr-dream and soon thereafter it will post to all podcast platforms, e.g. Apple iTunes, Spotify, Google Play (search for "Ask Dr. Dream").

For more, go to: www.KellySullivanWalden.com



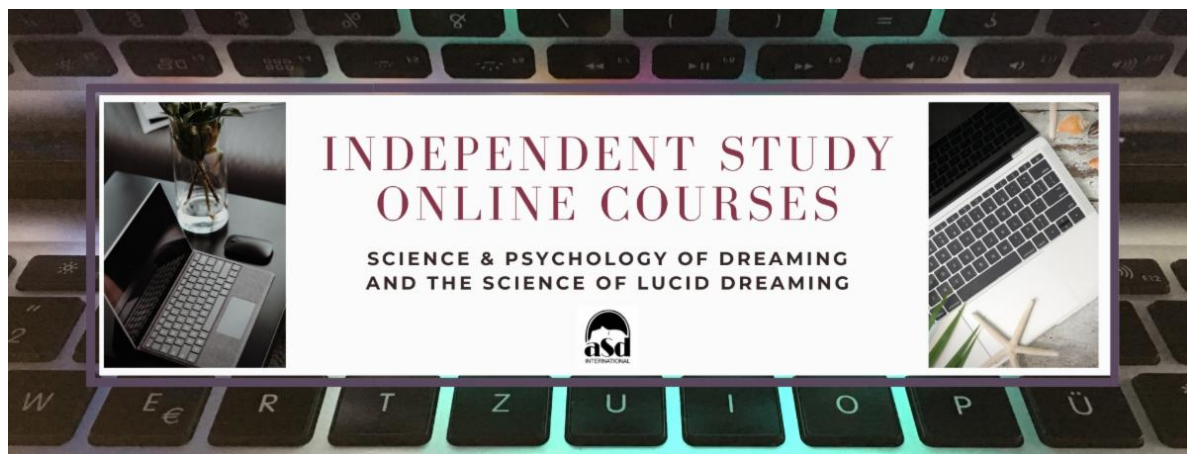
**EXTENDED DEADLINE! THE MANY WORLDS OF LUCID DREAMING
ONLINE CONFERENCE - CALL FOR PRESENTATION PROPOSALS by **JUNE 18, 2021****

One month ago **IASD** announced its plan to hold a second online *Many Worlds of Lucid Dreaming* event, with Robert Waggoner and Ed Kellogg as co-hosts. As before, this conference will offer presentations on the many facets of lucid dreaming, ranging from practical "How To's" explorations into psi, healing, philosophy, and spirituality, and the latest cutting-edge scientific research, creating a balanced program covering a wide range of subjects and points of view, suitable for both beginners and advanced lucid dreamers.

We continue to seek presentations on Lucid Dreaming from IASD members for this special *Many Worlds of Lucid Dreaming* event.

We've extended the deadline to June 18th and invite IASD members to submit brief presentation proposals for consideration ASAP. Presentation proposals need to include the following: **1) a TITLE** for the presentation, **2) the NAME** of the presenter, and a **VERY BRIEF DESCRIPTION** (one to two paragraphs) of what a presentation will cover.

If presenting at **MWLD** interests you at all – and we hope it does! –**please send your proposal(s) to co-host [RobWaggoner AT aol.com](mailto:RobWaggoner@att.net) by June 18th.** The online conference will take place from **October 30 to November 13, 2021.**



The online course committee (OCC) intends to offer online courses on various aspects of dreams and dreaming to those IASD members and non-members who would like to take these as part of an independent study program. The initial offering will be the foundation series courses titled *The Science and Psychology of Dreaming* and *The Science of Lucid Dreaming*. While these courses are offered as part of the IASD Dream Study Groups Program, the OCC is responding to requests to also offer them as stand-alone independent study courses, which should appeal to those who prefer to take courses on their own.

The Science and Psychology of Dreaming course is a mini-tutorial which covers:

- The Basics
- The Psychology
- Exceptional Dream Experiences

The course is taught by Robert Hoss, who chairs our research grant committee, and is co-editor of IASD's book *Dreams: Understanding the Biology, Psychology and Culture* from which much of the course is derived. It is designed for anyone interested in a summary of some of the theories and research findings related to our basic understanding of dreaming. Although there is still much still being researched about the nature of dreaming, this course offers a snapshot of some of the general practices, recent research and theoretical thinking.

Mary Jo Heyen has been a member of IASD since 2017, and its Colorado Regional Representative since 2018. She is a certified practitioner of Natural Dreamwork, working with mainstream dreamers and those in hospice, supporting their dreams and visions. She writes, “Being a member of an organization for me includes offering support in ways we are able to, whether in time spent volunteering to be on committees and/or projects, or in my case, serving as the Regional Rep for Colorado. This has expanded my awareness of the many dedicated explorations into our dreams as well as help me feel connected and

in relationship with many fellow IASD members.” Mary Jo is the author of two books: *Who Are Those Guys?* and *Dreaming into the Mystery*, both available at [amazon.com](https://www.amazon.com). You can contact her at: www.maryjoheyen.com See Members in the Media for more information about her new book!

If you are looking for a way to be more involved in the life of IASD, becoming a Regional Rep is a good first step. Contact Jeanne at vanjyb@gmail.com. Jeanne is also hosting an informal reception for Regional Reps on the first night of our June conference. If you want to learn more about this role, you are welcome to join us!



Dream painting created by Alaya Dannu

IASD ANNOUNCES DREAMS AND ETHNICITY PORTAL AND DAC FEATURING VICTOR LEE LEWIS

(INSERT Dream painting created by Alaya Dannu)

After working with the IASD Board this year, Social Justice Educator and new IASD member Victor Lee Lewis has volunteered to serve as a member of the IASD Diversity Task Force Advisory Committee (DAC). You can read about Victor's work with the IASD Board and Staff in the Spring edition of *DreamTime Magazine*.

The Dreams and Ethnicity portal includes photos and bios of IASD's Diversity Task Force Advisory Committee (DAC) members; a "Diversity Response" contact email; resources in the form of websites, publications, podcasts; and links to Diversity-related exercises for dreamers, such as the powerful and healing dream-incubation exercise Dolores Nurss has initiated in the IASD Facebook Group. With active updates from the IASD DAC, this portal is a means to advocate for greater BIPOC representation in the organization's positions of responsibility and leadership, to reflect the rich diversity of traditions and perspectives in dream studies worldwide, and to engage in the practical application of our [Principles of Community](#) to all of IASD's mission and work.

This portal provides fundamental resources to inspire further research in the areas described by the new Dreams and Ethnicity track for IASD International Conferences.

To access the portal please visit <https://www.asdreams.org/dreams-and-ethnicity-portal/>



COVID-19 DREAMS PORTAL



COVID-19 AND DREAMS PORTAL POPULAR ADDITION TO IASD WEBSITE

At this time, there are many people around the globe reporting "COVID-19 dreams" which reflect the unexpected situation in which we all find ourselves. Esteemed IASD members have been contributing interviews, articles and research on dreams during the pandemic, which we have collected to create a page on the IASD website. Dreamers have been finding this compilation of information to be useful. Updates are made on a regular basis. For an up-to-date list of links to articles and dream research



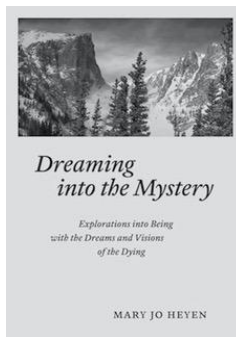
IN MEMORIAM OF IAN ROSS EDGAR

The accompanying screenshot is of a virtual dream group that Iain participated in with Walter Berry, David Jenkins, & Geoff Nelson. Iain had a dream with much yellow in it, hence we are all wearing yellow in honor of Iain's dream. Even though Iain was in a great deal of pain and

facing death, as we talked about the pervasive yellow in his dream his spirit soared as he felt the uplifting presence of the yellow and he saw it as a sign of healing and moving forward.

The IASD community mourns the loss of Dr. Iain Edgar, who passed away from cancer in May of this year. Iain was an anthropologist and had an earlier career as a social worker. His major contribution to IASD was a prolonged effort to open the world of Islamic dreaming to the IASD audience. His book *The Dream in Islam: From Qur'anic Tradition to Jihadist Interpretation* contributed to the scholarly and popular knowledge of the role of dreams in Islam, and among Jihadist groups in particular. Iain's sense of humor was a gift to those around him. He leaves a gap in our world and will be missed. We are grateful for the time Iain was with us. Rest in peace, Iain.

Members in the Media



NEW BOOK ON DREAMS AND VISIONS OF THE DYING

Mary Jo Heyen's new book ***Dreaming into the Mystery: Explorations into Being with the Dreams and Visions of the Dying*** is now available in ebook and paperback. To be with another in their final days, to be invited into exploring their dreams and visions, is a sacred privilege. There truly is a healing medicine in each and every one of our dreams.... Heyen's groundbreaking work has been featured in the premier peer-reviewed *Journal of Palliative Medicine*.

Mary Jo Heyen's



IASD BOARD MEMBER ACCEPTS NEW POSITION AT IDS

IASD board member and *Dream News* editor Linda Mastrangelo has officially accepted the position of Director of the Institute for Dream Studies (IDS). She will be working alongside IASD members and IDS founder Justina Lasley and the Education Director Tzivia Gover to create more dynamic educational programs and projects in the field of dreams. For more information please visit: <https://institutefordreamstudies.org>



IASD BOARD MEMBER BRINGS TWO NEW TALKS ON DREAMS

Jordi Borràs García speaks on dreams for two new programs:

Conversation with a Tantra teacher on how we can know ourselves better through our dreams and, particularly, through lucidity

Conversation with a specialist in bereavement and in accompanying the terminally ill, on the importance of dreams in these vital stages



In this issue Hot Off the Press focuses on the science of sleep, dreams and teens. This column publishes links to evidence-based scientific articles on dreams that are written for a non-research audience.

THE CONTENT OF RECURRENT DREAMS IN YOUNG ADOLESCENTS BY ANTONIO ZADRA

Many kinds of contemporary dream theories converge in their view that recurrent dreams are related to unresolved difficulties in the dreamer's life, and researchers have shown that the occurrence of recurrent dreams during adulthood is associated with stressors and lowered levels of psychological well-being. Although recurrent dreams are relatively common, with 60% to 75% adults reporting having had one at some point in their lives, relatively little is known about their actual contents, especially in children and young adolescents.

SOURCE: ACADEMIA

DAVE GROHL REVEALS HE HAS REOCCURRING DREAM ABOUT KURT COBAIN

It has been over 25 years since Nirvana frontman Kurt Cobain passed away, yet like many fans, former Nirvana drummer Dave Grohl still thinks about the iconic singer regularly. Now, the Foo Fighters frontman has revealed he has been having a reoccurring dream that features Cobain and a concert gone wrong. While Grohl said the dream always starts out nice, it eventually turns sour as the two take the stage.

SOURCE: AUDACITY

Total new and renewed members = 54

**Dream Toon with Delia Puiatti
Dream Illustrator**

New members = 19

Aaron M. Corcoran
Amy Hallinan
Anders Vogt
Johanne T. LaRocque
Adelita Chirino
Lily Lewis
Allen Proctor
Susannah Blachly
Greg Mahr
Eric C. Snyder
Claude Blue
Robert C. Bunch
Sheri R. Klein
Sarah J. Palmer
The Haden Institute
Anton Rimsh
Angie Azur
Anonymous = 2

Renewed members = 35

Louis Hagood
Susan Vasiljevic
Judith Lisa White
Gina Pearlin
Becky Day-Swain
Katrina Martin
Linda Leonard
Michele known as Misha Crosbie
Victoria Rabinowe
Jay E. Vinton
Gunnar Sundstrom
Jabari T. Jones
Joy Fatooh
Cornelius Lockett
Karen Wilson
Jason M. DeBord
Katie Mosher
Otto Rheinschmiedt
Royce Fitts
Christopher Matthews

John M. Spiesman
Sharon Pastore
Bonnie C. Mitsch
Ministry of Maat, Inc.
David L. Kahn
Travis Wernet
Jennifer E. Allen
Kate Adams
Gail M. Friend
Richard Schweickert
Linda E. Yates
Christina M. Scott
Michael Rohde Olsen
Arlene M. French
Anonymous = 1



**There will be no JULY issue of Dream News.
Looking forward to seeing you at the conference!**

STAY CONNECTED

