



# Dream News

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★ **IMPORTANT ANNOUNCEMENT FROM THE CONFERENCE COMMITTEE** ★

2021 IASD ANNUAL  
INTERNATIONAL DREAM CONFERENCE

Now a **VIRTUAL** Conference  
with Global Reach via Zoom

**June 13 - 17, 2021**  
(Sunday - Thursday)

"A multidisciplinary conference for dream studies and dream work."  
Host: Angel Morgan  
Conference Director: Bob Hess

**For details about the conference: <https://iasdconferences.org/2021/>**

## 2021 IASD ANNUAL CONFERENCE NOW VIRTUAL

In order to ensure the safety of our attendees and to avoid the risk of having to cancel our conference once again due to ongoing pandemic conditions, IASD has found it necessary to hold our full 5-day conference virtually via Zoom. It will be live and interactive, with the same symposia, panels, workshops, morning dream groups, and special events offered as had been planned for the onsite program. This not only ensures the safety of participants but increases global access to the full event.

Please join us, along with five world-renowned keynote speakers and more than 130 presentations from over 100 presenters around the globe. It is more than just a conference; even in its virtual format, it will be an extravaganza of fascinating presentations and special events. Everyone is welcome – whether you are a professional, a dreamworker, or just a curious or interested dreamer. It is a multidisciplinary program that includes the scientific, psychological, spiritual, artistic, healing, lucid and extraordinary, ethnic and cultural aspects of dreaming; plus a lot of fun events including opening receptions, a virtual Dream Art Exhibition with a Meet the Artists reception, the annual Psi Dreaming Contest, and even a virtual gathering for the ever-popular Costume Parade and Dream Ball. This year's featured tracks include Dreams and Ethnicity and Dreams and The Arts. For the latter, we plan some sessions that feature the Oregon Shakespeare Festival.

See the updated website for the call for presentations, volunteers, new preliminary schedule layout, and other information at these links:

- **Registration** – new deeply discounted fee structure
- **Program & Schedule** – the same Sunday through Thursday, June 13 through 17 schedule on Pacific US time, featuring the same keynotes and invited presenters and the same live interactive symposia, panels, workshops, morning dream groups, and special events as had been planned for the onsite program – but in a virtual Zoom format.
- **Call for Presentations** – the Poster session (submissions now due March 15, 2021) has been converted to a Hot off the Press format of short talks (10 minutes plus 5 minutes Q&A).
- **Volunteers** – volunteer positions will change from onsite to Zoom-based support roles in two areas: Room Monitors and Help Desk. Existing approved volunteers will be converted initially if they wish, but new volunteers are welcome for openings that remain.
- **Art Exhibit** – the Art Exhibit will continue, but as an online exhibit. Submission deadline is **March 15, 2021**

#### WE ARE PROUD TO ANNOUNCE THE FOLLOWING KEYNOTE AND INVITED PRESENTERS



Fanny Brewster, PhD



Eduardo Duran, PhD



Tore Nielsen, Professor



Keith Salmon



Michael Nadorff, PhD

#### **Fanny Brewster, PhD - *Dreams: Letting My Heart Be Broken***

Dr. Fanny Brewster is a Jungian analyst and Professor of Depth Psychology at Pacifica Graduate Institute. She is a writer of nonfiction including *African Americans and Jungian Psychology: Leaving the Shadows*; *Archetypal Grief: Slavery's Legacy of Intergenerational Child Loss*; and *The Racial Complex: A Jungian Perspective on Culture and Race*. Her poems have been published in *Psychological Perspectives Journal* where she was the Featured Poet, as well as in other journals.

#### **Eduardo Duran, PhD - *Dream Entity Bringing Form from the Blackworld to the Plantworld***

Eduardo Duran, PhD has been working as a psychologist in Indian country for over 30 years. He integrates western clinical theory with Indigenous theory as a method of exploring the psyche. Teachings from his Indigenous teachers inform all of his writings and clinical work. His books include *Native American Postcolonial Psychology*; *Buddha in Redface*; and *Healing the Soul Wound: Counseling with American Indians and Other Native Peoples*.

#### **Tore Nielsen, Professor - *DIY Dream Research: The Case of Sleep Onset Dreaming***

Professor of Psychiatry, U Montréal; Director, Dream & Nightmare Laboratory (Center for Advanced Research in Sleep Medicine). Tore's research concerns sleep onset microdreaming, dreaming's role in learning/memory, and nightmare pathophysiology. His research methods include introspection, polysomnography, targeted memory reactivation, cognitive and personality testing, REM sleep deprivation, EEG/ECG spectral analysis, VR exposure, and internet-based dream collection.

#### **Keith Salmon (Closing Film Event) - *To Walk in Beauty***

Keith Salmon interweaves original videography, poetry, prose, sound, and song to explore the intimate relationship between the Natural World and the World of Dreams. His work represents a constellation of the insights and revelations gained through his lifelong exploration of Nature's mysteries through the lenses of both biological science and art—and his 35-year apprenticeship in the study of dreams.

#### **Michael Nadorff, PhD (Research Invited) - *Bad Dreams and Nightmares: Causes, Correlates, and***

Dr. Michael Nadorff is an associate professor of psychology at Mississippi State University. His research focuses on the association between sleep difficulties, particularly nightmares, and suicide. He has published more than 65 peer-reviewed manuscripts and received more than \$4.5 million in external grant funding from NIMH, SAMHSA, and the CDC.

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## CALL FOR PRESENTATIONS



**Wait List remains OPEN on a space available basis.**  
**Due date for Hot Off the Press submissions: extended to March 15, 2021**  
**All submissions must be made online**

**For instructions and [Online Submission Forms](#)**

**Poster Deadline Extension to 15 March 2021** The format is now converted to Hot Off the Press sessions where you would present your material as a short 15-minute talk (10-minute talk + 5-minute Q&A).

IASD encourages presenters of all backgrounds to apply and to be sensitive to matters of diversity and disability in their submissions and presentations. IASD does not discriminate in accepting proposals with respect to race, culture, gender, age, sexual orientation or various forms of disability.

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## CALL FOR "VIRTUAL" VOLUNTEERS



[Now Open - Apply Online](#)

Virtual Volunteers may now attend the conference for \$0 fee in return for performing volunteer duties for roughly 50% of the conference session hours. The initial registration fee is \$200 which will be returned after volunteer duties are completed. This fee covers conference attendance (other than any added fee based special events), all receptions, the Psi Contest, recordings, and the virtual costume parade and dream ball.

The virtual duties include two categories: Help Desk and Zoom Room Monitor. If you wish to volunteer, click the link above to apply. Existing volunteers who were approved for the onsite conference will have a chance to convert initially; however, new volunteers are invited to fill, or be wait-listed for, any remaining openings. You may address any volunteer-related questions to Julie Sparrow ([jrsparrow22@gmail.com](mailto:jrsparrow22@gmail.com)).

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## CALL FOR ART



Calling all artists: there's still time to submit dream-inspired art for IASD's 2021 Dream Art Exhibition! **DEADLINE FOR ENTRIES:** Midnight March 1, 2021, GMT. **Eligibility:** We are accepting original art work about or inspired by dreams. You can exhibit whether you are competing for a prize or not. You do not need to be a member of IASD or a conference attendee to participate in the IASD Juried Dream Art Exhibition. **Media:** All two-dimensional and multi-

dimensional media will be considered, including painting, drawing, collage, sculpture, video, and installation art. Artworks that are unusually large or require extensive installation may not be accepted but will be considered. We are not able to accept performance art.

Know an artist who would be interested? Pass on the link! Submissions and full prospectus available at <https://iasdconferences.org/2021/call-for-artwork/>

Please note that since the conference is virtual this year, we will be holding a virtual exhibition and as such, jurying will not be practicable. Stay tuned for updates on our virtual exhibition, where you can enjoy our international collection of inspired dream art at your own leisure--perhaps the one time you can attend an art exhibition in your pyjamas!

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**THANK YOU FOR HELPING IASD MEET  
ITS 2020 PLEDGE DRIVE GOAL!**

IASD would like to thank all of those who contributed to the 2020 Pledge Drive. With your help, we were able to arrive at the \$10,000 goal set for this year's event..

Donations are always welcome to IASD, at any time of the year, because they cover many areas of funding which we might not otherwise be able to pursue. We use the annual Pledge Drive to focus attention on the need for this mutual support.

We would also like to thank those who, possibly unable to make cash donations, contributed in the past months to volunteer work, which has carried the organization through a difficult year.

Thank you all, and the very best of dreams! Together we make dreams come true. Click here for a list of **Pledge Donors**.



*Pledge Drive 2020*



**ENROLL IN THE IASD ONLINE DREAM STUDY GROUPS PROGRAM (DSGP) FOR MARCH 2021**  
*Co-Chairs, Michelle Carr and Angel Morgan*

For the second year in IASD's history, members and non-members alike can join the IASD Dream Study Groups Program (DSGP), where like-minded individuals will be able to meet and interact in our "DSGP Tea Room" and will follow course content together over the period of one year in an engaging and interactive way, with access to forums and discussion questions.

- The cost for participation in the DSGP, \$50 for IASD members and \$75 for non-members, includes:
  - Access to the "DSGP Tea Room," a global forum for dreamers.
  - Access to either the DSGP Foundation Series or the DSGP Research Series, detailed below.

A one-year membership in either series, where members will interact on forums and discuss course content over the year.

The **DSGP Foundation Series** brings together courses on *A History of Dreaming*, *The Science and Psychology of Dreaming*, and *Dreamwork Methods*.

The **DSGP Research Series** offers dream research courses including some from IASD's first Online Dream Research Conference, which featured some of the best-known dream researchers in the world. Both the DSGP Foundation Series and the DSGP Research Series include video presentations and discussion questions to prompt conversations in forums with other DSGP members. You will take a quiz after each presentation to earn a certificate of completion.

The next round of the DSGP will start March 1, 2021. Registration will open January 1, 2021. For more information [click here](#).





## IASD ONLINE COURSES ANNOUNCED

The online course committee (OCC) intends to offer online courses on various aspects of dreams and dreaming to those IASD members and non-members who would like to take these as part of an independent study program. The initial offering will be the foundation series courses titled *The Science and Psychology of Dreaming* and *The Science of Lucid Dreaming*. While these courses are offered as part of the IASD Dream Study Group Program, the OCC is responding to requests to also offer them as stand-alone independent study courses, which should appeal to those who prefer to take courses on their own.

*The Science and Psychology of Dreaming* course, taught by Robert J. Hoss, is a mini-tutorial which covers:

- The Basics
- The Psychology
- Exceptional Dream Experiences

It is designed for anyone interested in a summary of some of the theories and research findings related to our basic understanding of dreaming. Although there is still much unknown and even controversial about the nature of dreaming, this course offers a snapshot of some of the general thinking, citing research and theoretical literature.

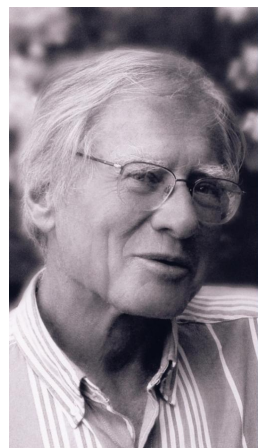
*The Science of Lucid Dreaming* course covers the history of the first scientific evidence that lucid dreaming is a valid and distinct state of dreaming, and then surveys cutting-edge findings in the field. The course is taught by Robert Waggoner, an internationally known lucid dream pioneer, and is based on his presentation at the 2018 IASD Conference in Scottsdale, Arizona.

To enroll in either or both of these courses, please [click here](#).

## ERNEST HARTMANN STUDENT RESEARCH AWARDS – CALL FOR SUBMISSIONS

*For the Committee, Curtiss Hoffman, Chair*

We are pleased to announce that, thanks to a grant from an anonymous donor which is being matched by the IASD Board of Trustees, IASD is able to offer full-time graduate and undergraduate students the opportunity to compete for two (2) \$500 awards for the best student papers in the field of dream investigation in 2020-2021: one for quantitative research; one for qualitative research including history, literature, theory, and the creative arts. The award is named in honor of the late Dr. Ernest Hartmann, a pioneer in dream research and the originator of the program.



Ernest Hartmann

1934-2013

## Ernest Hartmann Award for Student Research

**Attention Students / Academics:**  
The Student Research Awards Committee is seeking 2021 submissions! Award money is available for original student quantitative research or qualitative research on dreaming, including history, literature, theory, and the creative arts.  
**Submit by March 15, 2021**

<http://www.asdreams.org/student-awards>



Papers must be submitted in electronic format to the IASD Office at [office@asdreams.org](mailto:office@asdreams.org) – or, if necessary, by mailing the files on a CD or DVD to the IASD postal address, P.O. Box 206, Novato CA 94948 – **by March 15, 2021**. Participants may also submit videos in AVI formats, or music in MIDI or MPS formats. All submissions will be judged by a panel of IASD faculty members. See <http://www.asdreams.org/student-awards> for details and submission instructions.

Authors of winning papers, and of papers deserving honorable mention, will be announced at the 2021 IASD conference in June and in the Fall 2021 issue of *DreamTime*. Winners must agree to make their papers available for presentation either at a regional meeting of IASD or at the 2022 IASD Conference, and/or for publication in a future issue of *DreamTime* or *Dreaming*.



## DREAM NETWORK JOURNAL – CALL FOR DREAM ARTICLES

There's never been a more important time to look at the collective unconscious. The unconscious reminds us that we have many levels of affiliation – some parts of our mythology are personal, others shared with our families and lovers, others with our cultures, subcultures and nations. But a large part of our mythology is shared with the world, with humanity as a whole. To that end, the Dream Journal Network is inviting you to deliberately dream humanity's path. Send them your dreams, articles, reviews, art and poetry, and let's dream a way forward from this situation together. That's the approximate topic, but submissions of all kinds are welcome. Also send information about upcoming events, classifieds, book publications, ongoing dream group information, etc.

If you've haven't seen DJN yet, take a look here: <https://dreamnetworkjournal.com>. **Final day for contributions is the end of March.** Email us at [hello@dreamnetworkjournal.com](mailto:hello@dreamnetworkjournal.com)!



## COVID-19 DREAMS PORTAL



### COVID-19 AND DREAMS PORTAL POPULAR ADDITION TO IASD WEBSITE

At this time, there are many people around the globe reporting “COVID-19 dreams” which reflect the unexpected situation in which we all find ourselves. Esteemed IASD members have been contributing interviews, articles and research on dreams during the pandemic, which we have collected to create a page on the IASD website. Dreamers have been finding this compilation of information to be useful. Updates are made on a regular basis. For an up-to-date list of links to articles and dream research opportunities go to <https://www.asdreams.org/covid-19-dreams/>

## Members in the Media

### PODCAST FEATURING IASD MEMBER ON WELLBEING AND DREAMS

IASD's UK Regional Representative, Melinda Powell, was recently featured in a podcast on “[How Dreams Contribute to Wellbeing](#)” hosted by the UK Council of Psychotherapy and *Psychologies Magazine*, following publication of her book [The Hidden Lives of Dreams](#) (2020).



### NEW BOOK ON NIGHTMARES JUST RELEASED

[The Art of Transforming Nightmares:](#) *Harness the Creative & Healing Power of Bad Dreams, Sleep Paralysis and Recurring*

*Nightmares*, is Dr. Clare Johnson's latest book. Many generous IASD dreamers contributed their nightmares and transformative journeys to this highly practical and uplifting guidebook, which focuses on nightmares as healing gifts and tools for personal transformation.

## NASHVILLE PAINTER INSPIRED BY MOM IN A DREAM BY TERRY BULGER

Joseph Love never dreamed of being an artist until his mother kept showing up in his dreams. To this day, he credits his Mom and Dad for everything in his life, everything he's painted, even long after their lives ended years ago.

**SOURCE:** [NBC NEWS](#)

## WITH SUNFLOWERS AS HER GUIDE, POET TUNES IN TO DREAM LIFE FOR DEBUT COLLECTION BY JEEVIKA VERMA

Our subconscious knows more about us than our waking selves. And it is often through dreams that we are able to tap into this unknown realm. Writer Jackie Wang documented her dreams and sculpted them into poems for her debut collection *The Sunflower Cast a Spell To Save Us From the Void*. The book is a surrealist expression of how social processes and traumas show up in our dreams, and how we can better understand ourselves by tuning into them.

**SOURCE:** [NPR](#)

## TOTAL JANUARY NEW AND RENEWING MEMBERSHIPS – 47

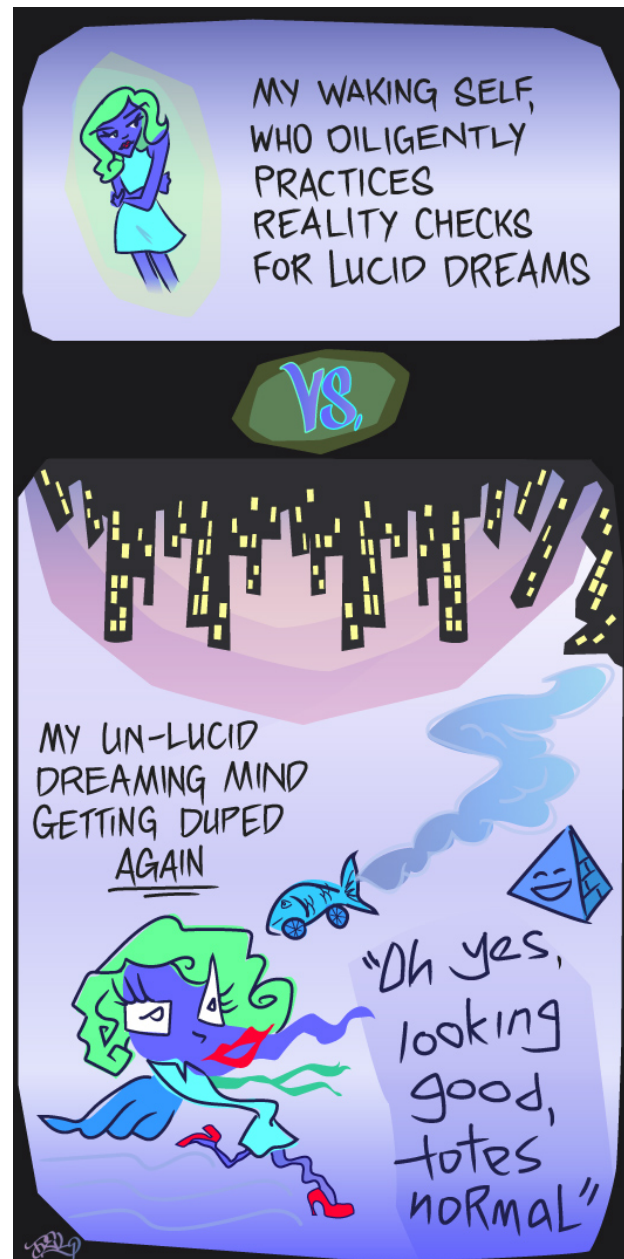
### NEW MEMBERS - 11

Umberto Barcaro  
Jason Cassidy  
Kathleen Crinion  
Deanna Guardiola  
Jay Joslin  
Yvette Lyons  
Bess E. Park  
Cara Roxanne  
Matt Watters  
2 Anonymous

### RENEWED MEMBERS - 36

Katherine R. Bell  
Beurskens Membership  
Harry de Bont  
Jordi Borrás García  
Jerome E. Braun  
Bonnie Buckner  
Maria Carla Cernuto  
Christi Cervetti  
Robert Cole  
Dennis E. Conner  
Kate Collony  
Miguel Gasca  
Christian Gerike  
Nancy Grace  
Sylvia G. Green-Guenette  
Johanne Hamel  
Robyn Hubbard  
Juhani Kaariainen  
Tracy L. Kahan  
Katarzyna Kaminska  
Talbert Kanigher  
Dan Kennedy  
Don Laird  
Angel Kwan-Yin Morgan  
Valerie VP Popowski Reichmann  
Devi DP Prem  
Lisa B. Rigge  
Walter R. Smith  
Jeri L. Stanley  
Todas Stumbrys

## Dream Toon with Delia Puiatti Dream Illustrator



Christine Tau  
Vibeke Vagle  
Robert G. Waggoner  
Mary C. Walsh  
1 Anonymous

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STAY CONNECTED

