



Dream News

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Total December New and Renewing Memberships – 55

Contact:

office@asdreams.org

209.724.0889

Linda H. Mastrangelo

Editor

Joy Fatooh

Copy Editor

Laura Atkinson

Design & Layout

Richard Wilkerson

Office Manager

Jean Campbell

Executive Committee Advisor

Robert P. Gongloff

Editorial Consultant

Delia Puiatti

Dream Illustrator

2021 IASD ANNUAL INTERNATIONAL DREAM CONFERENCE

Ashland Hills Hotel & Suites
Ashland, Oregon

June 13-17, 2021
(Sunday to Thursday)



"A multidisciplinary conference for
dream studies and dream work."

Local Host: Angel Morgan
Conference Director: Bob Hoss

<http://iasdconferences.org/2021>



2021 IASD ANNUAL CONFERENCE IN ASHLAND, OREGON

MAIN SUBMISSION DEADLINE PASSED, WAIT LIST OPEN

CALL FOR RESEARCH POSTER PRESENTATION SUBMISSION

DEADLINE EXTENDED TO MARCH 15

See Call for Presentation information below

WE ARE PROUD TO ANNOUNCE THE FOLLOWING
KEYNOTE AND INVITED PRESENTERS



Fanny Brewster, PhD



Eduardo Duran, PhD



Tore Nielsen, Professor



Keith Salmon



Michael Nadorff, PhD

Fanny Brewster, PhD - *Dreams: Letting My Heart Be Broken*

Dr. Fanny Brewster is a Jungian analyst and Professor of Depth Psychology at Pacifica Graduate Institute. She is a writer of nonfiction including *African Americans and Jungian Psychology: Leaving the Shadows*; *Archetypal Grief: Slavery's Legacy of Intergenerational Child Loss*; and *The Racial Complex: A Jungian Perspective on Culture and Race*. Her poems have been published in *Psychological Perspectives Journal* where she was the Featured Poet, as well as in other journals.

Eduardo Duran, PhD - *Dream Entity Bringing Form from the Blackworld to the Plantworld*

Eduardo Duran, PhD has been working as a psychologist in Indian country for over 30 years. He integrates western clinical theory with Indigenous theory as a method of exploring the psyche. Teachings from his Indigenous teachers inform all of his writings and clinical work. His books include *Native American Postcolonial Psychology*; *Buddha in Redface*; and *Healing the Soul Wound: Counseling with American Indians and Other Native Peoples*.

Tore Nielsen, Professor - *DIY Dream Research: The Case of Sleep Onset Dreaming*

Professor of Psychiatry, U Montréal; Director, Dream & Nightmare Laboratory (Center for Advanced Research in Sleep Medicine). Tore's research concerns sleep onset microdreaming, dreaming's role in learning/memory, and nightmare pathophysiology. His research methods include introspection, polysomnography, targeted memory reactivation, cognitive and personality testing, REM sleep deprivation, EEG/ECG spectral analysis, VR exposure, and internet-based dream collection.

Keith Salmon (Closing Film Event) - *To Walk in Beauty*

Keith Salmon interweaves original videography, poetry, prose, sound, and song to explore the intimate relationship between the Natural World and the World of Dreams. His work represents a constellation of the insights and revelations gained through his lifelong exploration of Nature's mysteries through the lenses of both biological science and art—and his 35-year apprenticeship in the study of dreams.

Michael Nadorff, PhD (Research Invited) - *Bad Dreams and Nightmares: Causes, Correlates, and Interventions*

Dr. Michael Nadorff is an associate professor of psychology at Mississippi State University. His research focuses on the association between sleep difficulties, particularly nightmares, and suicide. He has published more than 65 peer-reviewed manuscripts and received more than \$4.5 million in external grant funding from NIMH, SAMHSA, and the CDC.

PANDEMIC CONSIDERATIONS

IASD is closely monitoring the pandemic situation and progress of the vaccine, both considered an important safety concern which will dictate how we hold the June conference – onsite as planned or as a virtual contingency using Zoom. In either case the conference program will remain essentially the same in terms of dates and content. In the event of a virtual contingency some schedule adjustments will be made, as much as practical, to accommodate global participants; and registration fees will be discounted. Since the pandemic and vaccination situation remains fluid, the plan is to make our final evaluation and formal decision before the end of February. We anticipate that submission approval notices will go out on time, the first of February, to include information and instructions/options in the event of a contingency.

CALL FOR PRESENTATIONS

CLOSED for main submissions since December 20 Deadline.

Wait List remains OPEN on a space available basis.

Due date for poster submissions: extended to March 15, 2021

All submissions must be made online

Poster Deadline Extension to 15 March 2021 Because the decision on the impact of the pandemic on the conference format will be made in February, we have extended the Call for Poster Submissions until March 15, 2021. In the event of a virtual contingency, format may be converted to Hot Off the Press sessions where you would present your poster as a short talk. Updated instructions will be forthcoming on the Poster Call for Submissions web page and forms.

IASD encourages presenters of all backgrounds to apply and to be sensitive to matters of diversity and disability in their submissions and presentations. IASD does not discriminate in accepting proposals with respect to race, culture, gender, age, sexual orientation or various forms of disability.

CALL FOR VOLUNTEERS

[Now Open - Apply Online](#)

Volunteers may attend the conference for \$100 in return for performing roughly 14 hours of conference work. The initial registration fee is \$200; half (\$100) of the fee will be returned after volunteer duties are completed. This fee covers conference attendance, all receptions and the Dream Ball. Volunteers must arrange for their own travel, lodging and meals, recordings, and any special events they wish to attend.

The duties include four categories: Registration/Info Desk; Room Monitor; Audio Visual Support; and Art Exhibition. If you wish to volunteer, click the link above to apply. Once you apply you will be sent a letter of acceptance if there is a position open. That letter will have a deadline in it by which you must register and pay the volunteer fee. Apply early, since acceptance is determined by a combination of application date and available positions. You may address any volunteer-related questions to Julie Sparrow (jrsparrow22@gmail.com).

Pandemic Consideration: in the event that in February we find that we must convert to a virtual conference, volunteers will be given a chance to convert their volunteer assignment to a virtual one to the extent that the revised roles and positions are able to accommodate those who wish to take advantage of them. Details on positions and fee arrangements will be provided at that time.

CALL FOR ART

Calling all artists: there's still time to submit dream-inspired art for IASD's 2021 Dream Art Exhibition!
DEADLINE FOR ENTRIES: Midnight March 1, 2021, GMT.

Eligibility: We are accepting original artwork about or inspired by dreams. You can exhibit whether you are competing for a prize or not. You do not need to be a member of IASD or a conference attendee to participate in the IASD Juried Dream Art Exhibition. Media: All two-dimensional and multi-dimensional media will be considered, including painting, drawing, collage, sculpture, video, and installation art. Artworks that are unusually large or require extensive installation may not be accepted but will be considered. We are not able to accept performance art.

Submissions and full prospectus available at <https://iasdconferences.org/2021/call-for-artwork/>

In the event that we remain impacted by an ongoing pandemic and can't hold an onsite conference, as happened in 2020, we still plan to hold the full 2021 conference but may have to switch to a virtual contingency. In this case, the exhibition will be virtual and not juried.

Know an artist who would be interested? Pass on our link!



2020 Research Grant Award Announcement

Each year IASD works in partnership with the DreamScience Foundation (DSF) to provide seed grants for dream research. The objective of this joint granting activity is to stimulate dream related research with students and professionals who might not otherwise be able to pursue that research project, and to enhance IASD's mission in supporting research. These grants would not be possible without the donations of others. We wish to thank Ryan Hurd and Lee Adams who donated \$1000 to help fund trauma and PTSD related studies, such as the Depersonalisation-derealisation disorder study listed

below.

In 2020 we received twenty excellent proposals for dream research grants. They are peer reviewed by a Research Grant Board of seasoned researchers who rate them on the basis of value to dream research, design methodology and factors related to risk of achievement. All were of high value and deserving of a grant; however, with our limited funds we could only fund (or partially fund) four. Others were encouraged to continue their work as they can or submit in the next cycle. These are the four that grants were offered to:

Sarah Schoch, M.Sc., PhD Student and Martin Dresler, PhD: *"The Role of Dreams in Memory Reactivations and Consolidation during Sleep."* Study to be performed in the Sleep and Memory Lab, Donders Institute for Brain, Cognition and Behaviour, Radboud University in the Netherlands.

Katja Valli, PhD, Salla Lamusuo, MD, PhD, Juha Markkula, MD, PhD; affiliated with the University of Turku (Departments of Psychology, Neurology and Psychiatry) and Turku University Hospital's Sleep and Breathing Center (Finland): *"The prevalence, frequency and quality of dreaming-related symptoms in narcolepsy patients and correlation w/psychiatric problems, functional ability and quality of life."*

Adriana Alcaraz Sanchez, MPhil; MSc Cognitive Science, BA in Psychology affiliated with the Centre for the Study of the Perceptual Experience, Philosophy Department, University of Glasgow, UK: *"Online study on dreamless sleep experiences."*

Anna Ciaunica (PhD) and Helge Gillmeister (PhD) affiliated respectively with the University of Porto, Portugal and the University of Essex, UK: *"The estranged self – Exploring the dream continuity of phenomenological self-detachment in Depersonalisation-derealisation disorder."*

DONATE



Support the
International Association for the Study of Dreams
THE WORLD'S PREMIER DREAM ORGANIZATION

ANNUAL PLEDGE DRIVE

**IASD PLEDGE DRIVE 2020
CONCLUDES ON JANUARY 31, 2021**

There's Still Time to Contribute!

There has never been a time when dreams were more important to the world.

Help IASD give back to dreamers when you contribute in one or more of the following areas.

- Dream Research
- Dream Education
- Outreach to Dreamers
- Dream Arts
- IASD Diversity
- General Operations

To see the list of 2020 Pledge Dream Donors:
<https://www.asdreams.org/pledge-dream-donors/>
IASD is a 501(c)3 United States nonprofit organization.

International Association for the Study of Dreams

10k
9k
8k
7k
6k
5k
4k
3k
2k
1K



Pledge Drive 2020



ENROLL IN THE IASD ONLINE DREAM STUDY GROUPS PROGRAM (DSGP) FOR MARCH 2021
Co-Chairs, Michelle Carr and Angel Morgan

For the second year in IASD's history, members and non-members alike can join the IASD Dream Study Groups Program (DSGP), where like-minded individuals will be able to meet and interact in our "DSGP Tea Room" and will follow course content together over the period of one year in an engaging and interactive way, with access to forums and discussion questions.

- The cost for participation in the DSGP, \$50 for IASD members and \$75 for non-members, includes:
 - Access to the "DSGP Tea Room," a global forum for dreamers.
 - Access to either the DSGP Foundation Series or the DSGP Research Series, detailed below.
 - A one-year membership in either series, where members will interact on forums and discuss course content over the year.

The **DSGP Foundation Series** brings together courses on *A History of Dreaming*, *The Science and Psychology of Dreaming*, and *Dreamwork Methods*.

The **DSGP Research Series** offers dream research courses including some from IASD's first Online Dream Research Conference, which featured some of the best-known dream researchers in the world. Both the DSGP Foundation Series and the DSGP Research Series include video presentations and discussion questions to prompt conversations in forums with other DSGP members. You will take a quiz after each presentation to earn a certificate of completion.

The next round of the DSGP will start March 1, 2021. Registration will open January 1, 2021. For more information [click here](#).



The online course committee (OCC) intends to offer online courses on various aspects of dreams and dreaming to those IASD members and non-members who would like to take these as part of an independent study program. The initial offering will be the foundation series courses titled *The Science and Psychology of Dreaming* and *The Science of Lucid Dreaming*. While these courses are offered as part of the IASD Dream Study Group program, the OCC is responding to requests to also offer them as stand-alone independent study courses, which should appeal to those who prefer to take courses on their own.

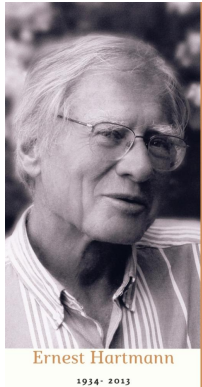
The Science and Psychology of Dreaming course, taught by Robert J. Hoss, is a mini-tutorial which covers:

- The Basics
- The Psychology
- Exceptional Dream Experiences

It is designed for anyone interested in a summary of some of the theories and research findings related to our basic understanding of dreaming. Although there is still much unknown and even controversial about the nature of dreaming, this course offers a snapshot of some of the general thinking, citing research and theoretical literature.

The Science of Lucid Dreaming course covers the history of the first scientific evidence that lucid dreaming is a valid and distinct state of dreaming, and then surveys cutting-edge findings in the field. The course is taught by Robert Waggoner, an internationally known lucid dream pioneer, and is based on his presentation at the 2018 IASD Conference in Scottsdale, Arizona.

[Click here to enroll in either or both of these courses](#)



**Ernest Hartmann
Award for Student
Research**

Attention Students / Academics:
The Student Research Awards Committee is seeking 2021 submissions! Award money is available for original student quantitative research or qualitative research on dreaming, including history, literature, theory, and the creative arts.
Submit by March 15, 2021

[http://www.asdreams.org/
student-awards](http://www.asdreams.org/student-awards)



**ERNEST HARTMANN STUDENT RESEARCH AWARDS
– CALL FOR SUBMISSIONS**
For the Committee, Curtiss Hoffman, Chair

We are pleased to announce that, thanks to a grant from an anonymous donor which is being matched by the IASD Board of Trustees, IASD is able to offer full-time graduate and undergraduate students the opportunity to compete for two (2) \$500 awards for the best student papers in the field of dream investigation in 2020-2021: one for quantitative research; one for qualitative research including history, literature, theory, and the creative arts. The award is named in honor of the late Dr. Ernest Hartmann, a pioneer in dream research and the originator of the program.

Papers must be submitted in electronic format to the IASD Office at office@asdreams.org – or, if necessary, by mailing the files on a CD or DVD to the IASD postal address, P.O. Box 206, Novato CA 94948 – **by March 15, 2021**. Participants may also submit videos in AVI formats, or music in MIDI or MPS formats. All submissions will be judged by a panel of IASD faculty members. See <http://www.asdreams.org/student-awards> for details and submission instructions.

Authors of winning papers, and of papers deserving honorable mention, will be announced during the General Membership Meeting at the 2021 IASD conference in Ashland, Oregon in June and in the Fall 2021 issue of *DreamTime*. Winners must agree to make their papers available for presentation either at a regional meeting of IASD or at the 2022 IASD Conference, and/or for publication in a future issue of *DreamTime* or *Dreaming*.

For more information, please contact Curt Hoffman at teximus@comcast.net.

**DREAM NETWORK JOURNAL – CALL FOR
DREAM ARTICLES**

There's never been a more important time to look at the collective unconscious. The unconscious reminds us that we have many levels of affiliation – some parts of our mythology are personal, others shared with our families and lovers, others with our cultures, subcultures and nations. But a large part of our mythology is shared with the world, with humanity as a whole. To that end, the Dream Journal Network is inviting you to deliberately dream humanity's path. Send them your dreams, articles, reviews, art and poetry, and let's dream a way forward from this situation together. That's the approximate topic, but submissions of all kinds are welcome. Also send information about upcoming events, classifieds, book publications, ongoing dream group information, etc.



If you've haven't seen DJN yet, take a look here: <https://dreamnetworkjournal.com>. **Final day for contributions is the end of March**. Email us at hello@dreamnetworkjournal.com!



COVID-19 DREAMS PORTAL



COVID-19 AND DREAMS PORTAL POPULAR ADDITION TO IASD WEBSITE

At this time, there are many people around the globe reporting "COVID-19 dreams" which reflect the unexpected situation in which we all find ourselves. Esteemed IASD members have been contributing interviews, articles and research on dreams during the pandemic, which we have collected to create a page on the IASD website. Dreamers have been finding this compilation of information to be useful. Updates are made on a regular basis. For an up-to-date list of links to articles and dream research opportunities go to <https://www.asdreams.org/covid-19-dreams/>



In this issue Hot Off the Press focuses on recurring dreams. This column publishes links to evidence-based scientific articles on dreams that are written for a non-research audience.

WHAT YOUR RECURRING DREAMS MEAN, ACCORDING TO EXPERTS BY MICHELLA ORÉ

These nightmares coming back for round two may start to feel like some sort of sign. This article explores why we may experience recurring dreams.

SOURCE: [GLAMOUR](#)

ROAD TO NFL FOR JETS' CASTILLO BEGAN WITH ONE REPEATED DREAM

Sergio Castillo had the same dream a few times every year since sixth grade. The New York Jets kicker is on the field at a stadium when he looks into the stands and sees his mother and future girlfriend in the stands cheering him on. Castillo never told anyone about his repeated visions until he wrote two letters while flying to Kansas City for his second NFL game to play the Chiefs on Nov. 1.

SOURCE: [The Cut](#)

IASD DECEMBER MEMBERSHIP TOTAL - 55

NEW MEMBERS - 9

Kiran Anumalasetty
Anonymous
Janine M. Nicole
Jennie K. Curtis
Margaret Marion Bowater
Jaime Lundquist-Munoz
Mark Liebermann
Anonymous-2

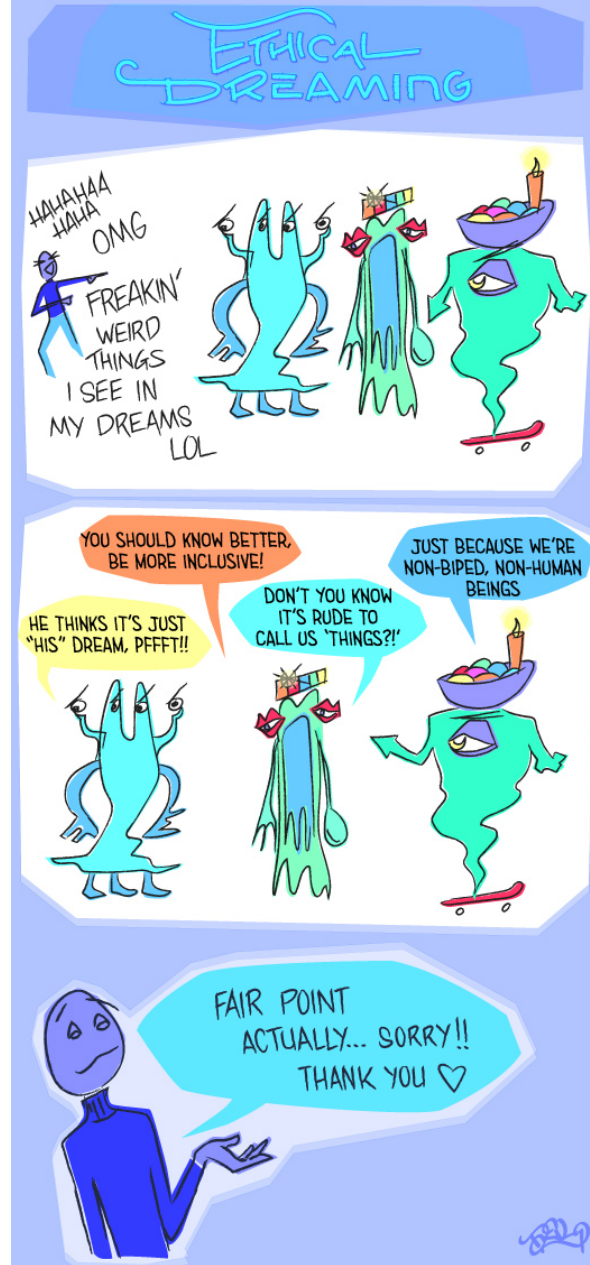
RENEWED MEMBERS - 46

Matthew Hugh Erdelvi and Diane M. Zizak
Bonnie Settlage and Noah Lowenstein
Smith Membership
Sowton Membership
Layne Dalfen
Mohamed Omar Salem
Ian Ross Edgar

Dream Toon with Delia Puiatti
Dream Illustrator

The *Dream News* team would like to wish our IASD community a very Happy New Year! We are looking forward to 2021!

Rosemary Watts
 Megumi Yama
 Suzanne Saldarini
 David Billington
 Ole Vedfelt
 Brigitte Holzinger
 David Kahn
 Debbie Spector Weisman
 Karim Bou Said
 Joseph De Koninck
 Don L. Kuiken
 Ted Hiebert
 Deon Andre van Zyl
 Donna M. Mazzola
 Johanna King
 Francesco Gazzillo
 Jill E. Fischer
 Dan Gilhooley
 Jayne I. Gackenbach
 Sandy Prins
 Tallulah R. Lyons
 Claude Couture
 Evelyn M. Duesbury
 Laura M. Smith-Riva
 Charles Stewart
 Robert LeCates
 Christopher N. Ufere
 Karen E. Melady
 Robert P. Gongloff
 George Gillespie
 Nicole Gratton
 Nori Muster
 Geoff G. Nelson
 Loren Goodman
 Philip H. King
 Anonymous - 4



STAY CONNECTED

