



# Dream News

DECEMBER 2020  
VOLUME 18 / ISSUE 11

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**2021 IASD ANNUAL  
INTERNATIONAL  
DREAM CONFERENCE**


Ashland Hills Hotel & Suites  
Ashland, Oregon

**June 13-17, 2021**  
(Sunday to Thursday)



"A multidisciplinary conference for  
dream studies and dream work."  
Local Host: Angel Morgan  
Conference Director: Bob Hoss

<http://iasdconferences.org/2021>



## 2021 IASD ANNUAL CONFERENCE IN ASHLAND, OREGON

**NOTE: CALL FOR PRESENTATIONS SUBMISSION  
DEADLINE EXTENDED TO DECEMBER 20**

See Call for Presentation information below

WE ARE PROUD TO ANNOUNCE THE FOLLOWING  
KEYNOTE AND INVITED PRESENTERS



Fanny Brewster, PhD



Eduardo Duran, PhD



Tore Nielsen, Professor



Keith Salmon



Michael Nadorff, PhD

Dr. Fanny Brewster is a Jungian analyst and Professor of Depth Psychology at Pacifica Graduate Institute. She is a writer of nonfiction including *African Americans and Jungian Psychology: Leaving the Shadows*; *Archetypal Grief: Slavery's Legacy of Intergenerational Child Loss*; and *The Racial Complex: A Jungian Perspective on Culture and Race*. Her poems have been published in *Psychological Perspectives Journal* where she was the Featured Poet, as well as in other journals.

**Eduardo Duran, PhD - *Dream Entity Bringing Form From the Blackworld to the Plantworld***

Eduardo Duran, PhD has been working as a psychologist in Indian country for over 30 years. He integrates western clinical theory with Indigenous theory as a method of exploring the psyche. Teachings from his Indigenous teachers informs all of his writings and clinical work. His books include *Native American Postcolonial Psychology*; *Buddha in Redface*; and *Healing the Soul Wound: Counseling with American Indians and Other Native Peoples*.

**Tore Nielsen, Professor - *DIY Dream Research: The Case of Sleep Onset Dreaming***

Professor of Psychiatry, U Montréal; Director, Dream & Nightmare Laboratory (Center for Advanced Research in Sleep Medicine). Tore's research concerns sleep onset microdreaming, dreaming's role in learning/memory, and nightmare pathophysiology. His research methods include introspection, polysomnography, targeted memory reactivation, cognitive and personality testing, REM sleep deprivation, EEG/ECG spectral analysis, VR exposure, and internet-based dream collection.

**Keith Salmon (Closing Film Event) - *To Walk in Beauty***

Keith Salmon interweaves original videography, poetry, prose, sound, and song to explore the intimate relationship between the Natural World and the World of Dreams. His work represents a constellation of the insights and revelations gained through his lifelong exploration of Nature's mysteries through the lenses of both biological science and art—and his 35-year apprenticeship in the study of dreams.

**Michael Nadorff, PhD (Research Invited) - *Bad Dreams and Nightmares: Causes, Correlates, and Interventions***

Dr. Michael Nadorff is an associate professor of psychology at Mississippi State University. His research focuses on the association between sleep difficulties, particularly nightmares, and suicide. He has published more than 65 peer-reviewed manuscripts and received more than \$4.5 million in external grant funding from NIMH, SAMHSA, and the CDC.

## **CALL FOR PRESENTATIONS**

**Due date for submissions: Extended to December 20, 2020**  
(Due date for poster submissions: February 15, 2021)

**All submissions must be made online**  
**For instructions and Online Submission Forms go to:**  
<http://iasdconferences.org/2021/call-for-presentations/>

***Although there does appear to be a lot of interest in presenting at the conference, in order to relieve some of the stress of this holiday season...and honor a few requests ...we are again extending the Call for Presentations submission deadline to December 20, 2020. Submissions received past that date can be placed on a wait list, but there is no guarantee they can be included.***

**Submissions Solicited:** High-quality proposals are invited that fall into any of the following tracks: Dreams and the Arts; Dreams and Ethnicity; Research and Theory; Clinical Approaches; Dreamwork Practices; Education; Religion, Spirituality and Philosophy; Extraordinary, Psi and Lucid Dreams; Dreams and Health; Culture and History; and Mental Imagery. Note the special emphasis this year on Dreams and Ethnicity, and on Dreams and the Arts – Ashland being a center for the arts. **Categories include:** Pre-organized symposia or panels; individual talks for a symposium; special events; workshops; morning dream groups; and poster presentations.

**Note on Pandemic Impact:** Since IASD had to cancel the 2020 conference, we are making it easier for those presenters who had an approved proposal that they wish for us to consider (unchanged) for 2021. You will only have to identify that 2020 submission (using a special form) and we will re-enter it into the 2021 approval process. Also, if we find out early next year that due to conditions surrounding the pandemic we are once again unable to convene onsite, our contingency plan is to convert the overall program to a live virtual conference – so feel comfortable in submitting your proposal.

IASD encourages presenters of all backgrounds to apply and to be sensitive to matters of diversity and disability in their submissions and presentations. IASD does not discriminate in accepting proposals with respect to race, culture, gender, age, sexual orientation or various forms of disability.

## CALL FOR VOLUNTEERS

[Now Open - Apply Online](#)

Volunteers may attend the conference for \$100 in return for performing roughly 14 hours of conference work. The initial registration fee is \$200; half (\$100) of the fee will be returned after volunteer duties are completed. This fee covers conference attendance, all receptions and the Dream Ball. Volunteers must arrange for their own travel, lodging and meals, CE fees, recordings, and any special events they wish to attend.

The duties include four categories: Registration/Info Desk; Room Monitor; Audio Visual Support; and Art Exhibition. If you wish to volunteer, click the link above to apply. Once you apply you will be sent a letter of acceptance if there is a position open. That letter will have a deadline in it by which you must register and pay the volunteer fee. Apply early, since acceptance is determined by a combination of application date and available positions. You may address any volunteer-related questions to Julie Sparrow ([jrsparrow22@gmail.com](mailto:jrsparrow22@gmail.com))

## CALL FOR ART

**SUBMISSION DEADLINE IS MARCH 1, 2021**

**2021 Juried Dream Art Exhibition DEADLINE FOR ENTRIES: Midnight March 1, 2021, GMT.**

**Eligibility:** We are accepting original art work about or inspired by dreams. You can exhibit whether you are competing for a prize or not. You do not need to be a member of IASD or a conference attendee to participate in the IASD Juried Dream Art Exhibition. Media: All two-dimensional and multi-dimensional media will be considered, including painting, drawing, collage, sculpture, video, and installation art. Artworks that are unusually large or require extensive installation may not be accepted but will be considered. We are not able to accept performance art. Performance artists may wish to consider submitting a proposal for a special event for the conference program (deadline for those proposals is December 15, 2020).

Submissions and full prospectus available at <https://iasdconferences.org/2021/call-for-artwork/>

In the event that we remain impacted by an ongoing pandemic and can't hold an onsite conference, as happened in 2020, we still plan to hold the full 2021 conference but may have to switch to a virtual contingency. In this case, the exhibition will be virtual and not juried.

Know an artist who would be interested? Pass on our link!



### IASD'S ONLINE LUCID DREAMING CONFERENCE – WRAP-UP

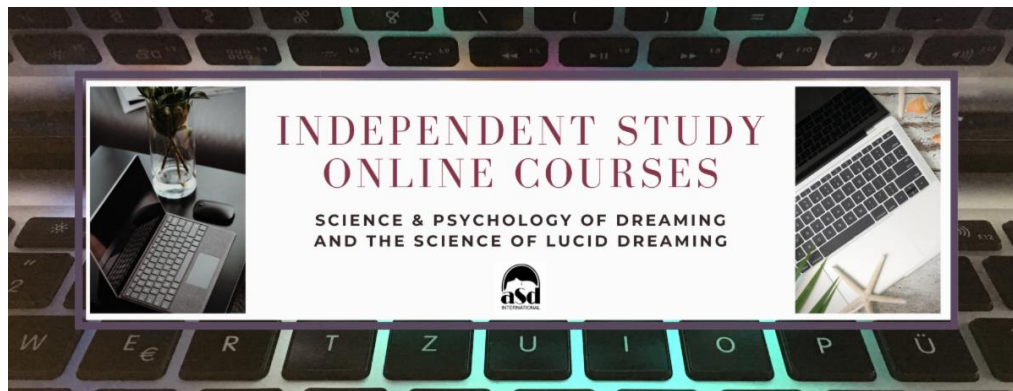
More than 200 paid participants attended IASD's first ever *The Many Worlds of Lucid Dreaming* online conference, far more than expected. Featuring presentations from 12 IASD members with vast experience in lucid dreaming, the "live" portion of this event ran from October 31 through November 14, 2020.

Participants rated the conference extremely highly. *"I am so glad that I joined the MWLD and hope it's the first conference of many. The amount and quality of information giving in this conference exceeded all expectations and the presentations themselves were just the tip of the iceberg for the full knowledge that was giving. Having access to such a wide range of experts and to be able to converse with them directly was priceless. It was clear that all the presenters and especially the energetic hosts enjoyed helping the participants to improve in more aspects than just lucid dreaming."*

Besides a text and graphics pdf version (required for all presentations), some presentations also included attached videos, Zoom presentations, or PowerPoints to enhance impact. Text versions ensured that participants from all over the world could access the ideas and experiences at any time, even when they could not attend optional "live" presentations, which later became available as viewable recordings.

With IASD's vast expertise in dreaming, IASD-sponsored online conferences represent a powerful means





## IASD ONLINE COURSES ANNOUNCED

The online course committee (OCC) intends to offer online courses on various aspects of dreams and dreaming to those IASD members and non-members who would like to take these as part of an independent study program. The initial offering will be the foundation series courses titled *The Science and Psychology of Dreaming* and *The Science of Lucid Dreaming*. While these courses are offered as part of the IASD Dream Study Group program, the OCC is responding to requests to also offer them as stand-alone independent study courses, which should appeal to those who prefer to take courses on their own.

*The Science and Psychology of Dreaming* course, taught by Robert J. Hoss, is a mini-tutorial which covers:

- The Basics
- The Psychology
- Exceptional Dream Experiences

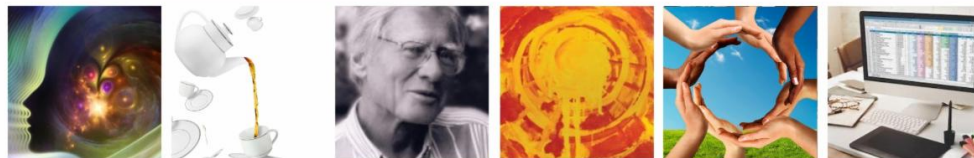
It is designed for anyone interested in a summary of some of the theories and research findings related to our basic understanding of dreaming. Although there is still much unknown and even controversial about the nature of dreaming, this course offers a snapshot of some of the general thinking, citing research and theoretical literature.

*The Science of Lucid Dreaming* course covers the history of the first scientific evidence that lucid dreaming is a valid and distinct state of dreaming, and then surveys cutting-edge findings in the field. The course is taught by Robert Waggoner, an internationally known lucid dream pioneer, and is based on his presentation at the 2018 IASD Conference in Scottsdale, Arizona.

To enroll in either or both of these courses, please click on

<http://iasdreamcourses.org/mod/page/view.php?id=1358&inpopup=1>

## DONATE



**Support the**  
**International Association for the Study of Dreams**  
THE WORLD'S PREMIER DREAM ORGANIZATION

## ANNUAL PLEDGE DRIVE

### DONATIONS ROLL IN FOR IASD'S ANNUAL PLEDGE DRIVE

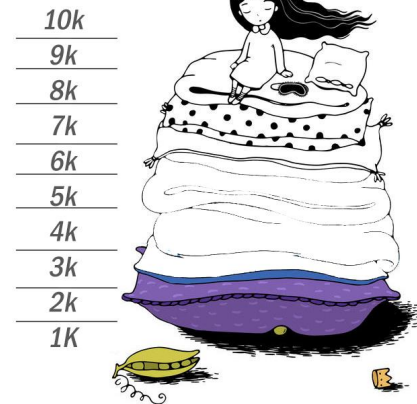
Give the gift of dreams for the holidays and all year through. Your gift might be the reason someone receives a dream research grant, a prize for dream art, a conference scholarship, or a life-saving

connection.

Thank you to members and nonmembers alike who have stepped forward during this 2020 Pledge Drive to provide IASD with generous donations. A list of Pledge Drive donors can be found at (add the link to the donor page). We set the goal at \$10,000 for this annual event, but we will happily exceed that goal for what has proven to be a difficult year for many.

IASD is a 501(c)3 US nonprofit organization. For those paying annual taxes in the United States, there is good news from the Internal Revenue Service for donors:

"Previously, charitable contributions could only be deducted if taxpayers itemized their deductions. However, taxpayers who don't itemize deductions may take a charitable deduction of up to \$300 for cash contributions made in 2020 to qualifying organizations. For the purposes of this deduction, qualifying organizations are those that are religious, charitable, educational, scientific or literary in purpose. The law changed in this area due to the Coronavirus Aid, Relief, and Economic Security Act."



### Pledge Drive 2020

For further information on CARES Act deductions:

<https://www.irs.gov/newsroom/how-the-cares-act-changes-deducting-charitable-contributions>



**Make a donation.** IASD supports the dreamers who produce and work with dreams.



### ENROLL IN THE IASD ONLINE DREAM STUDY GROUPS PROGRAM (DSGP) FOR MARCH 2021 Co-Chairs, *Michelle Carr and Angel Morgan*

For the second year in IASD's history, members and non-members alike can join the IASD Dream Study Groups Program (DSGP), where like-minded individuals will be able to meet and interact in our "DSGP Tea Room" and will follow course content together over the period of one year in an engaging and interactive way, with access to forums and discussion questions.

The cost for participation in the DSGP, \$50 for IASD members and \$75 for non-members, includes:

- Access to the "DSGP Tea Room," a global forum for dreamers.
- Access to either the DSGP Foundation Series or the DSGP Research Series, detailed below.
- A one-year membership in either series, where members will interact on forums and discuss course content over the year.

The **DSGP Foundation Series** brings together courses on *A History of Dreaming*, *The Science and Psychology of Dreaming*, and *Dreamwork Methods*.

The **DSGP Research Series** offers dream research courses including some from IASD's first Online Dream Research Conference, which featured some of the best-known dream researchers in the world.

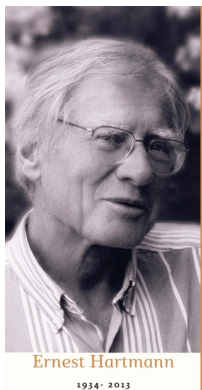
Both the DSGP Foundation Series and the DSGP Research Series include video presentations and discussion questions to prompt conversations in forums with other DSGP members. You will take a quiz after each presentation to earn a certificate of completion.

The next round of the DSGP will start March 1, 2021. Registration will open January 1, 2021. For more information [click here](#).

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## NEW MEMBERSHIP CO-CHAIRS ANNOUNCED

Many thanks are due to **Sherry Puricelli**, our outgoing Membership Chair, for all of her dedicated service to the Membership Committee and all she has done for the IASD membership. In our search for two new Membership Co-Chairs this year, the Board, Executive Committee, and the Diversity Advisory Committee (DAC)\* have discussed the need, when increasing IASD membership, to include the growth of an intentional inclusive process for BIPOC (Black, Indigenous, and People of Color) with expertise or interest in dreams. DAC members **Dolores Nurss** and **Misa Tsuruta** volunteered to be considered as the new Co-Chairs of the Membership committee. The Executive Committee discussed this on October 4 and there was unanimous support for Dolores and Misa to fulfill these roles. On November 1 the Board voted unanimously in favor, and now we are **very happy to introduce your new IASD Membership Co-Chairs**. Congratulations and thank you, **Dolores** and **Misa**! *\*More about the DAC coming in the Winter Edition of DreamTime*



### Ernest Hartmann Award for Student Research

**Attention Students / Academics:**  
The Student Research Awards Committee is seeking 2021 submissions! Award money is available for original student quantitative research or qualitative research on dreaming, including history, literature, theory, and the creative arts.  
**Submit by March 15, 2021**

[http://www.asdreams.org/  
student-awards](http://www.asdreams.org/student-awards)



## ERNEST HARTMANN STUDENT RESEARCH AWARDS – CALL FOR SUBMISSIONS *For the Committee, Curtiss Hoffman, Chair*

We are pleased to announce that, thanks to a grant from an anonymous donor which is being matched by the IASD Board of Trustees, IASD is able to offer full-time graduate and undergraduate students the opportunity to compete for two (2) \$500 awards for the best student papers in the field of dream investigation in 2020-2021: one for quantitative research; one for qualitative research including history, literature, theory, and the creative arts. The award is named in honor of the late Dr. Ernest Hartmann, a pioneer in dream research and the originator of the program.

Papers must be submitted in electronic format to the IASD Office at [office@asdreams.org](mailto:office@asdreams.org) – or, if necessary, by mailing the files on a CD or DVD to the IASD postal address, P.O. Box 206, Novato CA 94948, **by March 15, 2021**. Participants may also submit videos in AVI formats, or music in MIDI or MPS formats. All submissions will be judged by a panel of IASD faculty members. See <http://www.asdreams.org/student-awards> for details and submission instructions.

Authors of winning papers, and of papers deserving honorable mention, will be announced during the General Membership Meeting at the 2021 IASD conference in Ashland, Oregon, and in the Fall 2021 issue of *DreamTime*. Winners must agree to make their papers available for presentation either at a regional meeting of IASD or at the 2022 IASD Conference, and/or for publication in a future issue of *DreamTime* or *Dreaming*.

For more information, please contact Curt Hoffman at [teximus@comcast.net](mailto:teximus@comcast.net)



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## IASD DREAMLINKS HAS MOVED!

If you were already on [iasd-dreamlinks@yahoo.com](mailto:iasd-dreamlinks@yahoo.com) you will automatically be moved to



If you would like to receive (a few each week) links to dream studies, research and other dream topics, there are a couple ways to join.

### 1. Join by email:

Send to the email address below. You can put Subscribe in the email subject field and/or body if you wish.

[iasd-dreamlinks+subscribe@googlegroups.com](mailto:iasd-dreamlinks+subscribe@googlegroups.com)

You will receive an email back asking you to confirm by either selecting the button to join in the email, or just replying.

### 2. To join and access the group home page, with past posts

(steps may change slightly with Google updates):

A. Log onto your Gmail account, click on "Google apps" (square pattern of 9 dots at upper right), scroll down to select "More from Google," then select "Google Groups" – **or** just go to

<https://groups.google.com/>

B. Change search from "My groups" to "All groups and messages"

C. Search for **dreamlinks**

D. Select IASD-DreamLinks

E. Click "Join group" button

F. Answer questions (it's good to link to your Google account and subscribe to updates)

G. Click "Join this group"

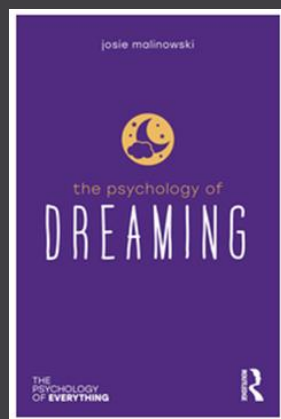
Confused? Try this video (steps have changed slightly):

<https://youtu.be/UXO-DD-CfOY>



### COVID-19 AND DREAMS PORTAL POPULAR ADDITION TO IASD WEB SITE

At this time, there are many people around the globe reporting "COVID-19 dreams" which reflect the unexpected situation in which we all find ourselves. Esteemed IASD members have been contributing interviews, articles and research on dreams during the pandemic, which we have collected to create a page on the IASD website. Dreamers have been finding this compilation of information to be useful. Updates are made on a regular basis. For an up-to-date list of links to articles and dream research opportunities go to <https://www.asdreams.org/covid-19-dreams/>



### Member in the Media

#### NEW BOOK ON DREAM RESEARCH BY DR. JOSIE MALINOWSKI

*The Psychology of Dreaming* is a short yet comprehensive foray into the last 100 years of dream research. It examines the relationship between mental health and dreaming, explores how we can use our dreams to understand ourselves better, and asks the big question: why do we dream? Exploring extraordinary experiences like lucid dreaming, precognitive dreams, and sleep paralysis nightmares, alongside cutting-edge questions like whether it will ever be possible

for androids to dream, *The Psychology of Dreaming* reveals some of the most fascinating aspects of our dreaming world. Author Dr. Josie Malinowski is a lecturer in psychology at the University of East London and has been a dream researcher for over 10 years.

[Click here for more information](#)



In this issue Hot Off the Press focuses on nightmares and stress. This column publishes links to evidence-based scientific articles on dreams that are written for a non-research audience.

### **THE RELATIONSHIP OF NIGHTMARE FREQUENCY AND NIGHTMARE DISTRESS TO WELL-BEING BY MARK BLAGROVE**

Nightmares can be defined as very disturbing dreams, the events or emotions of which cause the dreamer to wake up. In contrast, unpleasant dreams can be defined in terms of a negative emotional rating of a dream, irrespective of whether or not the emotions or events of the dream woke the dreamer. This study addresses whether frequency of unpleasant dreams is a better index of low well-being than is frequency of nightmares.

**SOURCE:** [ACADEMIA](#)

### **ARE MASKLESS NIGHTMARES THE NEW STRESS DREAMS? BY MADELEINE AGGELER**

The naked stress dream is timeless. Medieval courtiers probably jolted awake after nightmares about stepping into an audience hall without their doublets. But in 2020, these anxiety dreams have taken on a particular, pandemic-era flavor. For many now, the nightmare scenario is no longer accidentally Porky Pigging in a public place; it's being maskless.

**SOURCE:** [The Cut](#)

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### **TOTAL NOVEMBER NEW AND RENEWING MEMBERSHIPS**

**Dream Toon with Delia Puiatti  
Dream Illustrator**

#### **Total November New and Renewing Memberships - 42**

#### **Total November New Memberships – 8**

María Eugenia Parejo Ballesteros

Steven Collier

Nicole Harrison

5 Anonymous

#### **Total November Renewing Memberships - 34**

Curt & Tobi Hoffman

Arthur T. Funkhouser

Hermine Mensink

Prof Daniel Erlacher

Lesley Zaret LICSW

Willem J.J. Fermont

Greg Bogart

Kim Vergil

Cindy Lubar Bishop

Craig Borden

Michelle Samuel

Marion Rollings

Meredith Eastwood

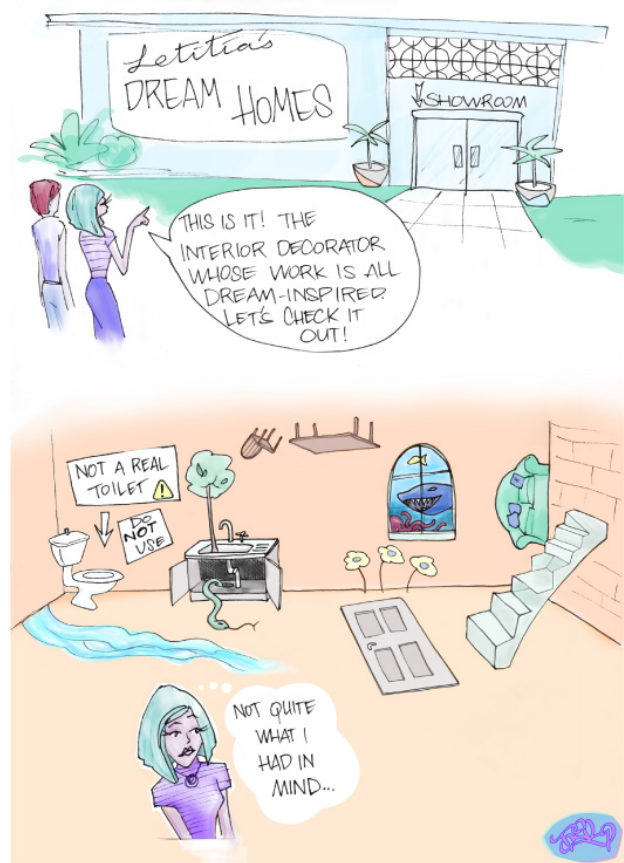
Patrick A. James

Carolina Podio

Mary Kay Kasper

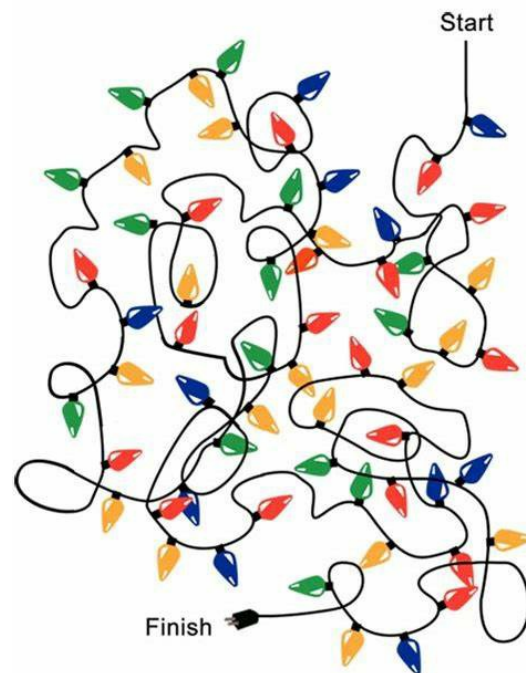


Walter E. Berry  
Brett S. Dungan  
Susan H. Stember  
Damian Amamood  
Barbara G. Condron  
Ron Bugaj  
Elaine Highsmith  
Azima Lila Forest  
Inoshi D  
Robert E. Bosnak  
Carolyn S. Cobb  
George M. Leute  
Chris Cunniffe  
Martha Anne Taylor  
Erik Craig  
Laura V. Grace  
2 Anonymous



The *Dream News* team would like to wish our  
IASD community a very  
Happy and Healthy Holiday Season!

Looking forward to seeing you all in 2021!



STAY CONNECTED

