



# Dream News

OCTOBER 2020  
VOLUME 18 / ISSUE 9

Visit our Website

## IN THIS ISSUE:

**IASD Online Lucid Dreaming Conference – Begins October 31 – There is Still Time to Register!**

**2021 IASD Annual Conference in Ashland, Oregon**

- Registration Now Open
- Call for Presentations
- Call for Volunteers
- Call for Research Grant Proposals – Submission Deadline October 15
- Regional News – European Conference Postponed
- Student Research Awards – Call for Submissions
  
- Annual Pledge Drive, in Advance
- IASD Dream Study Group Program Update
- COVID-19 and Dreams Portal
- Hot Off the Press
- Dream Toon
- Total September New and Renewing Memberships – 39

## Contact:

office@asdreams.org  
209.724.0889

**Linda H. Mastrangelo**

Editor

**Joy Fatooh**

Copy Editor

**Laura Atkinson**

Design & Layout

**Richard Wilkerson**

Office Manager

**Jean Campbell**

Executive Committee Advisor

**Robert P. Gongloff**

Editorial Consultant

**Delia Puiatti**

Dream Illustrator

## THE MANY WORLDS OF LUCID DREAMING

OCTOBER 31 - NOVEMBER 14, 2020



*An Online Event from the International Association for the Study of Dreams*

<https://ASDreams.org>

**For More Details and To Register, Visit:**

[https://www.glidewing.com/iasd/lucid\\_dreaming\\_conference.html](https://www.glidewing.com/iasd/lucid_dreaming_conference.html)

IASD's first ever *The Many Worlds of Lucid Dreaming* online conference features 12 exceptional IASD lucid dreamers (names and presentation titles below). Hosted by **Robert Waggoner** and **Ed Kellogg**, this online conference lasts for two weeks, beginning October 31, 2020.

To receive special IASD member pricing of \$79 (and lower pricing for students/low income), please register here: [https://www.glidewing.com/iasd/lucid\\_dreaming\\_conference.html](https://www.glidewing.com/iasd/lucid_dreaming_conference.html)

### **Presenters and Topics:**

- 1) **Fariba Bogzaran, PhD** - *Lucid Art and Creative Consciousness*
- 2) **Dale E. Graff** - *Lucid Aspects of Precognitive Dreaming*
- 3) **Robert Hoss, MS** - *The Wisdom Within*
- 4) **Ryan Hurd** - *Shamanistic Realms of Lucid Dreaming*
- 5) **Clare Johnson, PhD** - *From Nightmares to Healing through Lucidity*
- 6) **Ed Kellogg, PhD** - *Beyond the Matrix: A Lucid Dreaming Workshop*
- 7) **Linda Mastrangelo, LMFT** - *Portals to Other Dimensions*
- 8) **Angel Morgan, PhD** - *Developmental Lucid Dreaming for Children and Teens*
- 9) **pasQuale Ourtane-Krul, MSc, MA** - *Goal Oriented Lucid Dreaming (GOLD)*
- 10) **Melinda Powell** - *The Fullness of the Void*

## 2021 IASD ANNUAL INTERNATIONAL DREAM CONFERENCE

Ashland Hills Hotel & Suites  
Ashland, Oregon

June 13-17, 2021  
(Sunday to Thursday)



"A multidisciplinary conference for  
dream studies and dream work."

Local Host: Angel Morgan  
Conference Director: Bob Hoss

<http://iasdconferences.org/2021>



## 2021 IASD ANNUAL CONFERENCE IN ASHLAND, OREGON

### [Registration Now Open](#)

#### **Early Registration Discount deadline January 1, 2021**

Mark your calendars, register and plan to join us, along with world-renowned keynote speakers and over 130 presenters from dozens of countries around the globe. It is more than just a conference; it's an extravaganza of fascinating presentations and special events. Everyone is welcome – whether you are a professional, a dreamworker, or just a curious or interested dreamer.

**The Program:** The program is organized around a variety of multidisciplinary themes, aimed at engaging most everyone's interests: scientific, psychological, spiritual, artistic, healing, lucid, extraordinary, and the ethnic and cultural aspects of dreaming. Fun special events include receptions, a Dream Art Exhibition, a Psi Dreaming Contest, and the ever-popular costume Dream Ball. This year's featured tracks include Dreams & Ethnicity and Dreams & The Arts.

**The Venue** is the Ashland Hills Hotel and Suites in beautiful Ashland, Oregon, nestled on a quiet side of town just three miles from downtown. It is on a 14-acre property, where you can rest in the intimate courtyard patio and pool or relax in the open spaces immersed in nature amid inspiring views of the surrounding Ashland Hills. We have reserved a limited block of rooms and suites at discounted conference rates in the \$100 to \$115 range.

## CALL FOR PRESENTATIONS

**Due date for submissions: December 15, 2020**  
**(Due date for poster submissions: February 15, 2021)**

**All submissions must be made online**

**For instructions and Online Submission Forms go to:**

**<http://iasdconferences.org/2021/call-for-presentations/>**

**Submissions Solicited:** High-quality proposals are invited that fall into any of the following tracks: Dreams and the Arts; Dreams and Ethnicity; Research and Theory; Clinical Approaches; Dreamwork Practices; Education; Religion, Spirituality and Philosophy; Extraordinary, Psi and Lucid Dreams; Dreams and Health; Culture and History; and Mental Imagery. Note the special emphasis this year on Dreams and Ethnicity, and on Dreams and the Arts – Ashland being a center for the arts. **Categories include:** Pre-organized symposia or panels; individual talks for a symposium; special events; workshops; morning dream groups; and poster presentations.

**Note on Pandemic Impact:** Since IASD had to cancel the 2020 conference, we are making it easier for those presenters who had an approved proposal that they wish for us to consider (unchanged) for 2021. You will only have to identify that 2020 submission (using a special form) and we will re-enter it into the 2021 approval process. Also, if we find out early next year that due to conditions surrounding the pandemic we are once again unable to convene onsite, our contingency plan is to convert the overall program to a live virtual conference – so feel comfortable in submitting your proposal.

IASD encourages presenters of all backgrounds to apply and to be sensitive to matters of diversity and disability in their submissions and presentations. IASD does not discriminate in accepting proposals with respect to race, culture, gender, age, sexual orientation or various forms of disability.

# CALL FOR VOLUNTEERS

[Now Open - Apply Online](#)

Volunteers may attend the conference for \$100 in return for performing roughly 14 hours of conference work. The initial registration fee is \$200; half (\$100) of the fee will be returned after volunteer duties are completed. This fee covers conference attendance, all receptions and the Dream Ball. Volunteers must arrange for their own travel, lodging and meals, CE fees, recordings, and any special events they wish to attend.

The duties include four categories: Registration/Info Desk; Room Monitor; Audio Visual Support; and Art Exhibition. If you wish to volunteer, click the button above to apply (open on September 15, 2020). Once you apply you will be sent a letter of acceptance if there is a position open. That letter will have a deadline in it by which you must register and pay the volunteer fee. Apply early, since acceptance is determined by a combination of application date and available positions. You may address any volunteer-related questions to Julie Sparrow ([jrsparrow22@gmail.com](mailto:jrsparrow22@gmail.com))



Click here

## CALL FOR RESEARCH GRANT PROPOSALS

DEADLINE: 15 October 2020

*Grants are offered through a partnership between IASD and the DreamScience Foundation (DSF)*

## CALL FOR 2020 RESEARCH GRANT PROPOSALS – DEADLINE OCTOBER 15, 2020

*Grants are offered through a partnership between IASD and the DreamScience Foundation (DSF)*

Go to [www.dreamscience.org](http://www.dreamscience.org) for instructions and submission forms

**Submission Areas** • High quality quantitative and qualitative research proposals are invited in areas related to dreams and dreaming, including but not limited to: the biology or neuroscience of dreaming; phenomenological and psychological studies of dreaming; and such fields as anthropological and cultural studies. Note that we still retain a small amount of dedicated funding for PTSD related research proposals as an incentive for submissions in that area of study.

**Submission Deadline** • October 15, 2020 for your proposal. Submissions are reviewed by a research board and selection is based on our funding limits, plus ratings on each proposal which take into account: a) value to advancing dream science; b) a solid hypothesis and research methodology; and c) risk factors related to the success of the study as proposed and Institutional Review Board (IRB) approval where appropriate. Awards are typically announced in December and include a scholarship to present the results at an upcoming IASD conference.

**Instructions** • Go to [www.dreamscience.org/grant-opportunity/](http://www.dreamscience.org/grant-opportunity/) or to the IASD web site [www.asdreams.org](http://www.asdreams.org) and click on the “Dream Science Foundation” icon at the bottom of the welcome page, for instructions and a submissions outline. All communication is by email and ALL SUBMISSIONS MUST BE ELECTRONICALLY SUBMITTED to [bob@dreamscience.org](mailto:bob@dreamscience.org).

**Grant Donations** • Grant funds come from DSF donations matched by a combination of IASD funds plus individual donations. Our ability to advance dream research is therefore limited by the funds we receive. You can help advance dream research by going to [www.dreamscience.org](http://www.dreamscience.org) and clicking on the “Donate to Research” link or button for instructions that take you to the IASD Donation form, where you will fill in the amount, then proceed to a dropdown menu to select the direction of donation – please select “Support Dream Research.”



at the Annual Board Meeting about providing a special category for “young oneironauts.” It had been part of Ernest Hartmann’s original vision for the awards program that it be open not only to undergraduate and graduate students but also to younger dreamers. To achieve this, we welcome input from IASD members who may be interested in developing an innovative program in this area! Contact me at [teximus@comcast.net](mailto:teximus@comcast.net).

---

## ANNUAL PLEDGE DRIVE, IN ADVANCE

IASD would like to thank the member who donated early this year. A total of \$108 was donated for "Dream Research for the Benefit of All."

This October donation predates the beginning of the 2020 IASD Pledge Drive, which will begin in mid-November. But donations to IASD are gratefully accepted at any time!

Make a donation at <https://www.asdreams.org/donate/>

---



## IASD DREAM STUDY GROUPS PROGRAM UPDATE Co-Chairs, Michelle Carr and Angel Morgan

The second round of the IASD DSGP Foundation Series (FS) commenced on September 1 with 84 people registered from the United States, Canada, Brazil, France, Spain, Germany, UK, the Netherlands, Hungary,

and Australia. Participants in four new Dream Study Groups (DSGs) have been introducing themselves in the DSGP Tea Room with anticipation and excitement about dreams, dream studies, and the wonderful community of IASD. The second round has almost doubled from the first round, and there are more non-members (aka future members!) than members in this cohort.

Behind the scenes we continue to improve the DSGP FS experience that launched in March of this year, incorporating helpful feedback from DSG members and IASD presenters so that each new cohort's experience gets better and better. If you have been thinking about participating in the DSGP and inviting your dreamy friends to join you, we plan to open registration again on January 1, 2021 for the next cohort to start March 1, 2021. Also, in 2021 we will start to add more DSGP series options beyond the Foundation Series. Stay tuned!

---

## COVID-19 AND DREAMS PORTAL POPULAR ADDITION TO IASD WEB SITE

At this time, there are many people around the globe reporting “COVID-19 dreams” which reflect the unexpected situation in which we all find ourselves. Esteemed IASD members have been contributing interviews, articles and research on dreams during the pandemic which we have collected to create a new page on the IASD web site. Dreamers have been finding this compilation of information to be useful. Updates are made on a regular basis. For an up-to-date list of links to articles and dream research opportunities go to <https://www.asdreams.org/covid-19-dreams/>



In this issue Hot Off the Press focuses on sleep talking. This column publishes links to evidence-based scientific articles on dreams that are written for a non-research audience

## A CONTENT ANALYSIS OF DION MCGREGOR'S SLEEP TALKING EPISODES BY DEIRDRE BARRETT

This paper explores the content of the somniloquies of Dion McGregor, the most extensive sleep talker ever recorded, and compares these with dream content from normative male dreams on the Hall and van de Castle Content Scales (1966) and Hobson (et al., 1987) Bizarreness Scales.

SOURCE: [ACADEMIA](#)

SLEEP TALKIN' MAN  
BY KAREN SLAVICK

This blog was created in October 2009 by Adam's wife Karen as a fun way to record her husband's nightly sleep talking episodes.

SOURCE: [Sleep Talkin' Man](#)

---

**Total August New and Renewing Memberships = 39**

**Total August New Memberships = 7**

Marion B. Visel  
Elizabeth Stangeland  
Nile P. Kuehn  
Catherine S. Cripps  
Donna Glee Williams  
2 Anonymous

**Total August Renewing Memberships = 32**

Jeffrey Adams  
Magloire del Rocio Aguirre  
Linda L. Atwood  
Fiona A. Bell  
Natalia Belousova  
Leah Bolen  
Brenda Jo Ferrimani  
Gale E. Fralin  
Marian E. Gay  
Nigel Ian Hamilton

Jennifer N. Hinton  
Paul Kalas  
Kloey A. Kelton  
Sue Llewellyn  
Carol Marie Malady  
Carol Manning  
Kelly Matthews  
Shirley A. McNeal  
Karen Muller  
Wendy S. Pannier  
James Pagel  
Paseman Membership  
Ribbens Membership  
Richard A. Russo  
Alan Siegel  
Sonia M. Snyder  
Mary B. Trouba  
Misa Tsuruta  
Alwin E. Wagener  
Deborah Waitley  
2 Anonymous

---



STAY CONNECTED

