



Dream News

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Contact:
office@asdreams.org
209.724.0889

Linda H. Mastrangelo
Editor

Joy Fatooh
Copy Editor

Laura Atkinson
Design & Layout

Richard Wilkerson
Office Manager

Jean Campbell
Executive Committee Advisor

Robert P. Gongloff
Editorial Consultant

Delia Puiatti
Dream Illustrator



SPECIAL JUNE ONLINE OFFERINGS SCHEDULED

Because we are unable to hold the annual IASD Conference this year due to pandemic conditions, we invite you to join us in this special set of online events which will allow members to experience some of the magic of our annual conference while still staying safely at home.

Beginning on Sunday, June 14, we will present a day of **2020 Keynote Presenters** speaking on ways to cope with dreams and trauma, followed on **Monday, June 15** by the annual IASD Membership Meeting, with special announcements, a Presidential Address, and fun for all. We will also put aspects of the 2020 Art Exhibit online for your enjoyment, and give you a treat with a Precognitive Dreaming Contest!

Due to the need to send out Zoom links closer to the Special Events dates, **ALL PARTICIPANTS MUST REGISTER!**

For more information about the June Events Program and [easy online Registration click here](#).

IASD would like to thank all of the presenters, helpers and facilitators for this set of events, allowing us to reconnect from around the world during a time when we were hoping to see one another in person. We are looking forward to seeing you online during the Special June Online Offerings!

If you register for the Special June Online Offerings but are unable to attend the Keynotes or Membership Meeting in real time, links to the recordings will be emailed to you shortly after each of those events.

ANNOUNCEMENT REGARDING IASD CONFERENCE ART SHOW

Enjoy a dream art exhibition from the comfort and safety of your home as we will be hosting a free ONLINE DREAM ART SHOW! Following cancellation of the 2020 Annual Conference, we have used all of the 2020 Dream Art submissions to create a non-juried Dream Art Show (please note that Call for submissions has closed).

Stay tuned for updates here:

facebook.com/associationforstudyofdreams/

Instagram @iasddream

Twitter @DreamScholars



COVID-19 DREAMS PORTAL



COVID-19 AND DREAMS PORTAL POPULAR ADDITION TO IASD WEB SITE

At this time, there are many people around the globe reporting "COVID-19 dreams" which reflect the unexpected situation in which we all find ourselves. Esteemed IASD members have been contributing interviews, articles and research on dreams during the pandemic which we have collected to create a new page on the IASD web site. Dreamers have been finding this compilation of information to be useful. Updates are made on a regular basis. For an up-to-date list of links to articles and dream research opportunities go to <https://www.asdreams.org/covid-19-dreams/>

37th Annual Dream Conference
International Association for the Study of Dreams
DoubleTree Resort Paradise Valley, Scottsdale, Arizona
~~June 13-17, 2020~~

Due to the Covid-19 crisis, the IASD annual conference has been **cancelled.**
Please check your inbox for details, refund information, and plans for IASD going forward.
We appreciate and thank you for your understanding.
Stay healthy. Keep dreaming!

[HTTP://IASDCONFERENCES.ORG/2020](http://iasdconferences.org/2020)



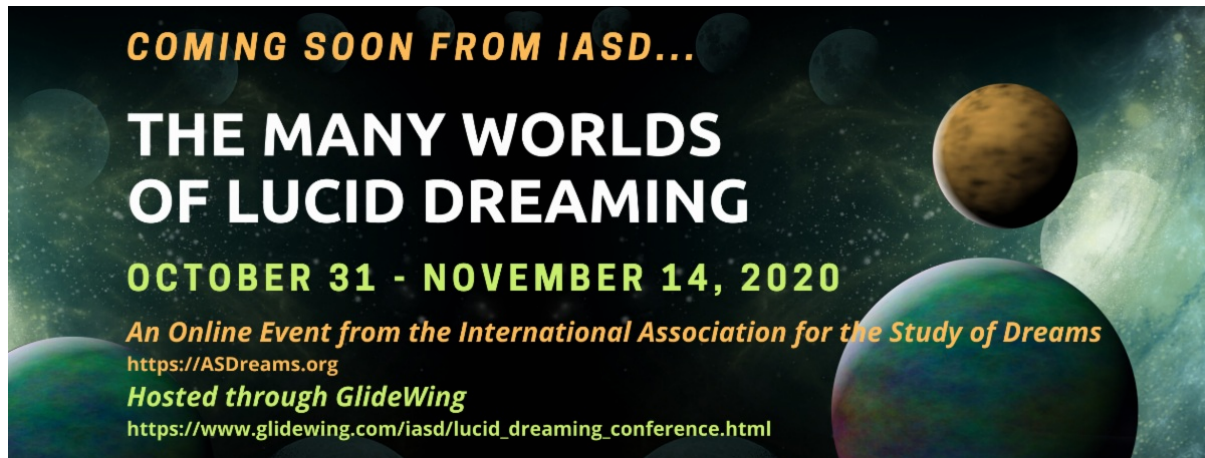
NOTICE TO THOSE WHO REGISTERED OR HAD PLANNED TO PRESENT AT THE 2020 ANNUAL CONFERENCE

Presenters: Those of you who had planned on presenting this year are encouraged to submit proposals for our 2021 conference in Ashland, Oregon – either the same proposal or a new one. We are still working out the details but we plan a simplified approach for re-submitting your same proposal if you like, or you may submit a new one using the standard submission forms. The facility is a bit smaller and, as is the usual practice, schedule fit will be a factor in final approval for 2021. More to be announced.

Registrants: If you registered for the 2020 conference, refunds should have been distributed to you by May 1, although there have been just a few minor complications. We wish to very much thank those of you who offered to donate part or in some cases all of your registration fee to help IASD offset our losses this year. This is not something we expect since it is a tough financial time for most of us, but for those who do have the means we very much appreciate your generosity. If you do wish to donate please go to our [online donation page](#). Your refund will or should have been sent separately from this donation.

Canceling Your Hotel Room: The hotel has informed us that they have canceled all rooms associated with the conference; however, as a double check, if you have not already canceled your room it is a good idea to try to do that so there is no chance you will be charged. To cancel your room please use the instructions you received on your confirmation form. There is a "contact us" link and a number, 1-866-866-8107, at the bottom of the form. If you have a problem you can call the local number for the hotel, 480-947-5400 (hotel main line).

We will sorely miss the in-person energy of our Annual Conference this year, but we hope to see you next year in Ashland, Oregon at the Ashland Hills Hotel & Suites.



COMING SOON FROM IASD...

THE MANY WORLDS OF LUCID DREAMING

OCTOBER 31 - NOVEMBER 14, 2020

An Online Event from the International Association for the Study of Dreams
<https://ASDreams.org>
Hosted through GlideWing
https://www.glidewing.com/iasd/lucid_dreaming_conference.html



DREAM STUDY GROUPS PROGRAM



This year, for the first time in IASD's history, members and non-members alike can join the IASD Dream Study Groups Program (DSGP), where like-minded individuals will be able to meet and interact in our "DSGP Tea Room" and will be assigned to small Dream Study Groups with one of IASD's Regional Representatives as a host.

Dream Study Groups will follow IASD's DSGP Foundation Series over the course of a year in an engaging and interactive way, with access to forums and discussion questions every week. The DSGP Foundation Series brings together courses on *A History of Dreaming*, *The Science and Psychology of Dreaming*, and *Dreamwork Methods (Parts 1 and 2)*. Each course includes video presentations and weeks of discussion questions to talk about in forums with your regional Dream Study Group. You will take a quiz after the forum discussions end to earn a certificate of completion.

The cost for participation in the DSGP, \$50 for IASD members and \$75 for non-members, will include:

- Access to the "DSGP Tea Room," a global forum where dreamers can connect;
- Access to our three Foundation Series Courses;
- A one-year membership in a hosted Dream Study Group where members will interact on forums and discuss course content over the year.

The next round of the DSGP will start September 1, 2020.

Registration is now open. For more information [click here](#)

MEMBERS IN THE MEDIA



NIGHTMARES AND ANXIETY DREAMS LECTURE SERIES

This a time when nightmares and anxiety dreams are all too common, and people are looking for healing and greater emotional resilience. Two of IASD's past Presidents, Dr. Deirdre Barrett and Dr. Clare Johnson, along with active IASD member Dr. Leslie Ellis, are giving a lecture series on [Nightmare and Anxiety Dreams in Times of Crisis](#) with the Jung Platform, spanning topics from traumatic nightmares and COVID-19 dreams to the transformative healing potential of lucid dreaming. Each lecture includes suggestions and practical techniques to cope with nightmares, ease anxious dreams, and create a happier dreamlife.

LAUREL CLARK IN THE MEDIA ABOUT PANDEMIC DREAMS

Laurel Clark was interviewed on radio, TV and Instagram about dreams during the pandemic:

St. Louis Radio KTRS (AM 550):

[Laurel Clark: Dream influences by KTRS 550am](#)

Get Real to Heal, radio show/podcast:

[Get Real to Heal features Dr. Laurel Clark on Interpreting Dreams by Get Real to Heal](#)

And Instagram interview with FloraMind, an organization to educate and support young people (ages 13 - 25) about mental health: [Mindfulness.mp4](#)



In this issue Hot Off the Press focused on dreams of being chased. This column publishes links to evidence-based scientific articles on dreams that are written for a non-research audience.

WHAT DOES IT MEAN IF YOU'RE DREAMING ABOUT BEING CHASED? BY CLAIRE LAMPEN

The thrill of the chase tends not to be very thrilling when it happens in your dreams. Indeed, dreams about being chased can bring up fear, stress, and night sweats as you struggle to outmaneuver whatever ominous entity is on your tail. Interpreting dream symbols is a subjective process, and the meaning of any detail your sleeping brain presents will depend on your personal associations with that item; still, according to Jane Teresa Anderson, a dream analyst and the author of *Bird of Paradise: Taming the Unconscious to Bring Your Dreams to Fruition*, dreams about being chased could indicate that you've recently been avoiding something unpleasant in waking life.

SOURCE: [THE CUT](#)

WHAT IT MEANS WHEN YOU DREAM OF BEING CHASED – VIDEO

A series of short videos presented by The Telegraph, "What Your Dreams Mean", explores the hidden meanings behind eight of the most regularly occurring types of dreams and suggests what they could represent in your day-to-day life.

In the video link, psychologist and dreams expert Ian Wallace interprets what it may mean when you dream about being chased.

SOURCE: [THE TELEGRAPH](#)

PLEASE NOTE: THERE WILL BE NO JULY DREAM NEWS ISSUE
Hope you will join us for the June Offerings!

**Total May New
and Renewing Memberships = 35**

Total May Renewing Memberships = 28

Victoria Rabinowe
Linda E. Yates
Gail M. Friend
David Jenkins
J. William Pezick
Joy Fatooh
Jay E. Vinton
Bonnie C. Mitsch
Arnold J. Hook
Becky Day-Swain
Ed Kellogg
Susan Vasiljevic
Patricia A. Kilroe
Susanne Doell-Hentschker
Jabari T. Jones
Maria Consuelo Lozano Celis
Sharon Pastore
Otto Rheinschmiedt
Linda Leonard
Marta Aarli
David L. Kahn
Catherine R. Evans
Tzivia Gover
Jodine M. Grundy
Michael Rohde Olsen
Karen Wilson
1 Anonymous

Total May New Memberships = 7

Katherine W. Olivetti
Sven Doehner
Cornelius Lockett
Kelley L. Kolberg
Ministry of Maat
Max Black
Mariola Weindich-Masek

DREAM TOONS
(Illuminated Cosmic Dream Voyages)



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STAY CONNECTED

