

## IASD General Membership Meeting Minutes – June 24, 2019

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Prepared by Bob Krumhansl, Secretary, from Angel Morgan, President, notes

### IASD General Membership Meeting

June 24, 2019

Kerkrade, Netherlands

Meeting Notes

#### Participants:

Laurel Clark  
Jean Campbell  
Curt Hoffman  
Clare Johnson  
Angel Morgan  
Robert Waggoner  
Michelle Carr

Board Members  
General Members

Laurel Clark welcomed everyone, letting participants know they do not need to be members to attend the meeting. She encouraged people to become members so that they can contribute their talents and skills to IASD. She thanked all members for supporting the organization and said that this meeting is to learn how IASD functions.

#### Minutes from Last Year's Annual Meeting

First order of business was to approve the minutes from the last membership meeting from June in Anaheim. George Leute moved that we approve the minutes. Julie Sparrow seconded. All board members were in favor and the **minutes were approved**.

#### Treasury

Robert Waggoner said we have a positive income and thanked everyone who helped make it happen. He explained how we have saved money as seen in the Board report. We are saving about \$20,000 a year. He told the membership IASD received an anonymous donation of

\$100,000. There are four basic areas the donor wants the funds to go to. Members can find out more by contacting Robert Waggoner or reading the Board report. Our income from the APA journal *Dreaming* has decreased due to free scientific articles online. Our regional events have helped bring in some income.

## **Addresses of Outgoing and Incoming Presidents**

### Outgoing President Speech: Clare Johnson, PhD

I'd like to talk to you today about the energy within IASD, and that seems best done by sharing a dream with you that I had just a couple of months after becoming President. It's a dream about a big snake! Now, I think I can already see some of the Freudians in the audience nodding their heads, thinking, Oh yeah, we all know what snake dreams mean! – but I'll share my dream, and you're welcome to figure out the symbolism.

In the dream, I'm in a luminous cave with a crystal-clear lake, when suddenly I see a snake, a massive green snake, to my left, and it's watching me, it's very aware, it's got very black eyes. And I think, Hmm – that's a big snake! Although I don't feel like it's dangerous, I'm with my little daughter, so I think I'd better leave the cave and take her to safety.

But then, as we're leaving the cave, I'm aware that the snake is gliding towards me, and the moment it touches my back, three things happen.

Firstly, I become lucid, so I relax. Secondly, I realise the snake hasn't come to hurt me, it doesn't want to bite me: it wants to share its power and its knowledge with me. And the third thing that happens is that when it touches me, there's this buzzing feeling that begins on the base of my spine and it travels all the way up my spine, right up to the crown of my head, so the whole of my spine is buzzing with this energy. Then everything dissolves into light.

I wake up and my spine is still buzzing with that energy.

Now, on the personal level, this snake dream gave me the power to act in my life to resolve a situation, and it ended up resolving so much better than I could have imagined: I ended up signing two book deals within the space of two weeks! Both of them were both dream books – one on lucid dreaming, and another on nightmares.

But what was really fascinating to me was that this lucid kundalini snake dream also seemed to reflect what was happening on the collective level within IASD, because I was aware of a distinct rising of the energy within our organisation. This manifested in the following ways:

- Firstly, we had a resurgence of regional dream conferences – a sure sign of growth within IASD that brings dreams out into the wider world; a celebration of the connective power of dreaming. These took place in Santa Cruz and Ashland in the US, and we still have our annual Psiberdreaming conference to come, as well as a further regional dream conference in Southern California, which is in the planning now.

- Secondly, an innovative new project called “IASD Dream Study Groups” was birthed; this aims to bring knowledge about the historical, cross-cultural and therapeutic potential of dreams to a wider audience through focused study groups.
- Thirdly, children’s dreams are making a resurgence. Children are the future, and any work that IASD does to support the dreams of children is of immense value, so I’m pleased that our invited speaker this year spoke about the spiritual dreams of children. We also had a panel on empowering children through dreams, and I hope you’ve also seen the fabulous children’s dream art exhibition!
- IASD is also branching out into new countries. There are attendees from over thirty different countries here with us at this conference, showing that IASD has amazing global reach.
- Last but by no means least, there was a significant leap in terms of our finances. I’d like to thank all of you who have ever donated to IASD, because every cent counts, and I’m also grateful to all of you who support us every year by being members. We received some lovely donations this past year, along with one incredibly generous donation of... \$100,000 US dollars! And yes, we’re excited about it, but we’re not going to go out and spend it all at once! We plan to carefully and lucidly direct these funds into projects that allow us to continue to grow IASD and raise awareness of the value of dreams worldwide.

So, can you see why IASD feels charged up with energy?

Now, don’t get me wrong – I’m not claiming that all this IASD energy was *solely* due to me having that snake dream...! But I like the metaphor, because what I’ve seen this past year in IASD as the President is a huge surge in energy moving up the spine of our organisation, triggering movement and empowering creative change within a growing network of dreamers, and that is a very good thing indeed.

I’d like to thank the core of IASD, the imaginative and dedicated people who leap into action to guide new projects; the organisers of regional events; and those who work away in the background all the time, invisible to most of us, but essential pieces of the backbone of IASD. Let’s give them a clap!

As you all know, when we pay attention to our dreams, we increase our empathy, our humanity, and compassion, and we encourage a flow of peace, all of which is very much needed in the world today, so let’s keep going with our work here at IASD, let’s move out into the world and share the wonders of dreaming with people from all walks of life.

It has been such a great honour for me to be President of the International Association for the Study of Dreams and to feel this abundance of dream energy gathering and being released into the world. I’d like to thank everyone for your faith in allowing me to head up IASD this past year, and I hope to continue giving to IASD as we move forward into a bright and dream-filled future.

Incoming President Speech: Angel Morgan, PhD

This is the International Association for the Study of Dreams. *Why* do we study dreams? Because we had dreams as children that we could not forget. Because as teenagers or young adults we discovered lucid dreaming, or experienced phenomena such as sleep paralysis or sleepwalking. Because we have questions about life, existence, and hope to find deeper meaning by understanding dreams. Because we feel we have found great answers to these questions in dreams already and want to extend our discoveries to help benefit humanity, and all life on Earth. We study dreams to help improve mental health, physical, spiritual, and emotional health. We study dreams because they are authentic, and we seek authenticity. We study dreams because we are curious. We are dedicated. We are the IASD.

At age four, my first dream guide was my father who had been inspired by the work of Kilton Stewart. He taught me to confront my fears and transform my fears using Stewart's *Senoi Dream Theory*. Later, at the age of fifteen, I was mentored by Eduardo Duran, an Apache-Pueblo shaman, who gave me tools to work with my dreams from another perspective of the life-world. When I was nineteen years old, I became a regular member of a dream group led by my next mentor, Clara Stewart Flagg, who was the widow of Kilton Stewart. Stewart, as many dream enthusiasts are aware, was the person responsible for introducing *Senoi Dream theory* to grassroots dreamworking communities in the United States after his life-changing experience with the Senoi Temiar tribe in the 1930s. Clara's group had been meeting for fifteen years before I joined them in the late 1980s. After Clara passed away, in 1995 she visited me in a dream. That same year, I began facilitating dream circles and stimulating communities in California and Oregon with the seeds of Senoi-inspired, cross-cultural dream education.

As a doctoral student at Saybrook, when I was developing a Dream-Arts curriculum for all ages, using phenomenology and documentary filmmaking as methods for researching the dream-creativity link in community, and designing an architectural structure for a Dream-Arts center, Stanley Krippner said, "*You really must join the IASD.*" I did, and he was right. On many levels my experience as a dreamworker opened up, my ideas blossomed, and I found that the IASD not only supported and encouraged my work in the multi-faceted field of Dreams, it gave me a place to give back that I support and believe in 100%.

At my first IASD conference in 2009, when I was the sender for the annual Dream Telepathy contest, I spent my time as "agent" alternately sending images of the target picture, which was a space shuttle blasting off from its launch pad, and engaging in a series of lucid dreams. This is the first part of the first dream in the series:

*I climb in the rocket and blast into space. After shooting into the sky, I swirl around with all the DT Contest sendees. They are full of love—we sing of the Dream Movement and how it is literally going to save the world.*

Since as long as I can remember, Dreams have been saving my world. Who knows how

many times Dreams have actually saved the world, or we have saved the world together, in Dreams? Each of you know how dreams have saved your world, and the worlds of others you have helped, by simply: listening to a dream, honoring a dream, studying a dream, drawing a dream, acting out a dream, writing a dream, singing a dream, dancing a dream, researching a dream in a laboratory, or meeting up with friends in a faraway dreamscape.

Dream sharing, when done in the right way, empowers individuals with sympathy, understanding, self-esteem, and a sense of community. Having an open mind to the experiences of others and co-creating a safe, non-judgmental environment are important elements for dream sharing. In my opinion, honoring and working with our dreams in a community of safety and trust replaces the decrepit paradigm of an unsafe, untrusting world. I believe well-informed dream study groups and well-prepared dream-sharing circles can benefit the psychological health of any group wishing to find truthful daily interactions. Montague Ullman wrote that dream education and social dream sharing is a needed, perhaps necessary piece to help support the survival of our species. With Board approval, input, cooperation, and collaboration from the IASD Dream Study Groups committee, the Regional Events committee, and the Education committee, it is a great pleasure for me to see that IASD Dream Study Groups will be forming soon online. If that interests you, take a look at the Education section of the IASD website for more information about how to sign up and get involved in one of these groups.

If you are researching anything related to dreams and dreaming, there is no better place to find what you are looking for than on the IASD website, in the IASD journal or magazine, at IASD conferences, and amongst the high caliber, multi-talented, IASD membership. Over the years, I cannot count how many times I have heard IASD members say that attending their first IASD conference and becoming a member improved and changed their lives in astonishing ways. We also have some pretty stellar regional events, and you can read about those on the IASD website. I want to encourage IASD members to get involved with events on a regional, as well as global level. We've made great technological advances and can achieve a great deal in cyberspace, as evidenced by the success of our October *Psiberdreaming* conferences. But as our annual conferences and regional events have shown us, nothing can exactly replace the experience of gathering in physical space. In today's world, we need both.

I love the way IASD manages to maintain a healthy balance between science and art. We're all on the edge of our seats to see what the latest scientific discoveries can reveal to us about dreams. At the same time, we leap for joy to experience the next dream art exhibit, dream inspired performance, or the epic performance-art-infused Dream Ball. Since ancient times, writers, artists, musicians, scientists, and a variety of people from other professions have logged their dreams or shared them, then acted upon them creatively in waking life. As a psychologist I have many interests, but I specialize in the link between dreams and creativity. I enjoy working with all ages from children, teens, and parents, to my doctoral students, peers and colleagues, to unfold the empowering magic of this link. Dreamwork and creativity, development, and dream education are my passions. So I am happy to say that the IASD has started to collaborate with some dreamy, artistic organizations of a much larger scale than we

have before. It is my hope that more artistically inclined people discover the IASD and learn to nourish the natural relationship between visual, performing, or literary arts, and dreams.

There are so many great reasons to study dreams. We study dreams because we are students, teachers, professors, scientists, psychologists, anthropologists, dreamworkers, filmmakers, artists, authors, and enthusiasts. Within the vast diversity of our approaches and perspectives on studying dreams, working with dreams, and even dreaming itself, we all share an interest; a love; a passion for Dreams. And because we share that bond we get to learn from each other. Open our minds to different approaches and viewpoints. Add to our knowledge about dreams and dreaming. Share our wisdom about dreams and dreaming with each other. Grow together as an organization, a family, a tribe.

It is a great honor to serve you as the new IASD President, and my heart is full. I look forward to getting to know each of you better, hearing your ideas, learning about your strengths, and helping you find ways to get more involved. And to those of you who contribute to the IASD so much already, Thank you! You are all superheroes. Here's looking ahead to another great year of collaborating, working, playing, dreaming, and manifesting, together.

## **Board Membership**

### Officers:

This year the board approved Angel Morgan as our president; Michelle Carr as vice president; Robert Waggoner as treasurer; Bob Krumhansl as secretary, and Anna-Karin Björklund as board chair.

### New Board Members:

Laurel said that board members serve for three years, that that we can have as many as 27. Right now, we have 21 board members. She said most of them are elected by membership and added that we have an overlap of people learning and teaching with previous members helping to serve the new members.

The five board members who were elected this year are Laurel Clark, Loren Goodman, Katja Valli, Ed Kellogg, and Sherry Puricelli.

Two nominated candidates who were not elected were Bambi Corso and Peter Ribbens. If any of the board members cannot fulfill their requirements they will then be asked.

### Board Appointed Members:

This year the nominating committee recommended one person to be appointed: Bob Krumhansl.

Outgoing Board Members:

Laurel thanked Susanne van Doorn and Susannah Benson (neither were present).

Laurel said any members who wish to be part of the board can communicate with officers to let them know.

She honored a member Nicola Brownson who passed away with a moment of silence.

**Membership**

Laurel encouraged members to get involved as much as they want to. It's an organization that works from the inside out.

**Research Grant Awards**

This year, IASD and Dream Science Foundation gave grant awards to:

1) Karen Konkoly; Remington Mallett, Michelle Carr and Ken Paller

Northwestern University (team from the USA and UK): "Testing levels of control in laboratory induced lucid dreams"

2) Anthony Bloxham, Bishop

Bishop Grosseteste University: "Reactivating Memories in Sleep and Dreams"

3) Mathew Newsom

Washington State University, USA: "Dreaming Identity and Memory in Berlin"

4) Boban Eranimos, Art Funkhouser

Mahatma Gandhi University, Kottayam & Jung Institute, Switzerland; India & Switzerland: "An Exploratory Study Of The Eastern Understanding Of Déjà Rêvé (Already Dreamt) Experiences In Kerala - Indian Culture"

5) Scott Sparrow, Mark Thurston, Ryan Hurd and Remington Mallett:

"Testing an Integrated Protocol for the Treatment of PTSD-related Nightmares and Derivative Symptoms: Meditation, Dream Reliving and the Ingestion of Galantamine"

## **Conferences**

Bob Hoss told us about the conferences. He said Rolduc has a reasonable margin and everyone is enjoying it as far as he knows. Next year he said we are going back to Scottsdale, AZ June 11-18 (Sat. - Wed.). He negotiated the conferences for the next 3 years. Keeping the prices around the same as in 2018. In 2021 we will go to Ashland, OR June 13-17 (Sun. - Thurs.) at the Ashland Hills Hotel. In 2022 we will be going to Tucson, AZ July 17-21.

## **PsiberDreaming**

Jean Campbell spoke about the PsiberDreaming conference in October (Sept. 22 to Oct. 6, Sun. - Sun.) She described to Outer Inn, and the deadline for proposals is July 1st. If members would like to present a topic that fits in with psi and the topic “Winds of Change” she said please come talk to her.

## **Adjournment**

Curtiss Hoffman made a motion for the meeting to be adjourned. Art Funkhauser seconded. All were in favor, and **the meeting was adjourned.**