



Dream News

April 2020
Volume 18 Issue 4

Visit our Website

IN THIS ISSUE

- News from the Executive Committee – the 2020 Annual Conference in Paradise Valley, Arizona is OFFICIALLY CANCELED
- Support IASD – Registration Fee Donations
- Announcement from the Arts Committee
- IASD Board Members –Time to Vote!
- Regional News – Two Upcoming Regional Events – POSTPONED
- Enrollment is Open for the IASD online Dream Study Groups Program (DSGP)

Members in the Media

Hot Off the Press

Dreams in the Time of Coronavirus (New Section!)

Dream Toons (Illuminated Cosmic Dream Voyages)

Total March New and Renewing Memberships – 46

Contact:

office@asdreams.org
209.724.0889

Linda H. Mastrangelo

Editor

Joy Fatooh

Copy Editor

Laura Atkinson

Design & Layout

Richard Wilkerson

Office Manager

Jean Campbell

Executive Committee Advisor

Robert P. Gongloff

Editorial Consultant

Delia Puiatti

Dream Illustrator

37th Annual Dream Conference
International Association for the Study of Dreams
DoubleTree Resort Paradise Valley, Scottsdale, Arizona
June 13-17, 2020

Due to the Covid-19 crisis, the IASD annual conference has been cancelled.
Please check your inbox for details, refund information, and plans for IASD going forward.
We appreciate and thank you for your understanding.
Stay healthy. Keep dreaming!

[HTTP://IASDCONFERENCES.ORG/2020](http://iasdconferences.org/2020)

LETTER FROM THE EXECUTIVE COMMITTEE – THE 2020 ANNUAL CONFERENCE IN PARADISE VALLEY, ARIZONA IS OFFICIALLY CANCELED

Dear Dreamers,

At this time, we have made the difficult but necessary decision to cancel the June 2020 IASD Annual conference in Scottsdale, Arizona, due to the ongoing COVID-19 pandemic. Our top concern is the safety and well-being of our international IASD family, the local area and the communities we serve. We want to thank all of you for your patience and understanding while we worked to make this decision. We also want to thank the Doubletree Hotel in Scottsdale for supporting our organization through this process, continuing the strong partnership which followed our successful conference in 2018.

If you have already registered for the conference you will be sent a note shortly on the process to follow for a refund. As you may know, the Annual Conference is not only our means of maintaining community, but it is our major source of income which we have now lost this year. It is a tough financial time for everyone so please don't feel obligated, but if you do have the means to donate the amount of your conference fee or any amount to help IASD [click here](#). We greatly value and appreciate your contributions and your generosity. We will sorely miss the in-person energy of our Annual Conference this year, but we hope to see you next year in Ashland!

Sincerely,
The IASD Executive Committee
IASD Office: Office@asdreams.org

THANK YOU FOR YOUR SUPPORT DURING THE CONFERENCE CANCELATION

One of our members who donated part of his registration fee back to IASD after the cancellation notice was sent out, said the following:

"We think that IASD made the correct decision to cancel this year's conference. We just donated \$200.

Does \$100 each come close to covering the profit per person that you make on the conference?

I think you should publish how much is needed to replace the conference, and how much that would be per person on average. Naturally some will be above average and some below."

The answer from Conference Committee Chairperson, Bob Hoss, is as follows:

"Our loss in revenue is estimated at \$136,000 and the loss in margin (after expenses) or what we use to fund our operations is at a minimum \$40,000. There is no way to further break this down, since many people had not registered who might have been planning to do so.

A huge thank you goes out to all of our volunteers who worked so hard on completely putting together the entire program before we were forced to cancel it. And a huge thank you as well to all of the presenters, staff and volunteers who waited and stuck with us until we could work out what our options were.

And further, a huge thank you to all who have donated back to IASD part or all of their registration amounts. Working together, we trust that we will be able to recover from what has been a very large hit on IASD's income."

Thank you so much!

UPCOMING ANNOUNCEMENT REGARDING IASD CONFERENCE ART SHOW

We thank all artists who have submitted dream art and all volunteers who were on board. While we're sad that this year's conference was canceled, we have some exciting news coming up – watch this space or follow us on social media for updates:

facebook.com/associationforstudyofdreams/

Instagram @iasddream

Twitter @DreamScholars

VOTE FOR IASD BOARD MEMBERS NOW!

Michelle Carr, PhD, Vice President and Chair of the Nominating Committee

It's time to vote! Each year, five Board members complete their three-year term as IASD Directors and our members vote for five new Directors. At the February 2020 Board meeting, the IASD Board of Directors approved a wonderful slate of seven candidates recommended by the Nominating Committee to run in IASD's election: **Katherine Bell (USA), Walter Berry (USA), Harry de Bont (Netherlands), Remington Mallett (USA), Linda Mastrangelo (USA), Jeanne Van Bronkhorst (Canada), Isaac Taitz (USA).**

From these seven candidates, the five with the most votes will be elected to begin their three-year term in June 2020. **PLEASE NOTE: Only current members of IASD can vote for Board Members.** You will receive a password for the vote and once you've signed the electronic consent form, you can go ahead and vote. To cast your vote please visit 2020 Time to Vote, where you will find bios and photos of the candidates.

In addition, the Board appointed three Directors: **Anna-Karin Bjorklund, Bob Hoss, David Kahn.** The slate of Executive Officers for 2020 has also been approved: **President, Angel Morgan; Board Chair, Anna-Karin Bjorklund; Vice President, Michelle Carr; Secretary, Bob Krumhansl; and Treasurer, Robert Waggoner.** All member-elected and Board-appointed Directors as well as IASD Executive Officers will begin their new terms in June 2020.

We look forward to receiving your vote. Thank you for helping us to create a wonderful and engaged team of people to head up IASD and enable our dream community to continue to grow and thrive.



REGIONAL NEWS YOU CAN USE

Michelle Carr, Chair, IASD Regional Events Committee

I want to extend my heart to all of those in our dreaming community who are facing this difficult time of uncertainty. I encourage you all to try to stay connected with other dreamers through our [IASD Facebook group](#), reach out to your [regional representative](#) or contact me if you're interested in [becoming a regional representative](#) for your local dream community.

The regional events planned for this Spring have been postponed due to the coronavirus pandemic. Your health and safety is very important to us and we will continue to update the community as the situation unfolds.



ASHLAND REGIONAL EVENT STATUS: Postponed

The Oregon Shakespeare Festival (OSF) has made a public announcement that they plan to reopen September 8 for two months with only a handful of shows, including A Midsummer Night's Dream. Many other shows from the season have been canceled. [Click here to read the announcement from OSF.](#) It is our intention to reschedule the IASD Regional, "A Midsummer Night's Dream Gathering" for late September or early October, dates still to be determined as the show dates have not been posted yet by OSF. Stay tuned for more updates on the [homepage of our website](#), and on [the Ashland regional website](#)!

Waking up to Dream 6TH IASD EUROPEAN REGIONAL CONFERENCE APRIL 25-26, 2020 VILNIUS, LITHUANIA

<http://www.asdreams.org/regionals/vilnius/>



EUROPEAN REGIONAL EVENT STATUS: Postponed

The IASD Regional Event "Waking up to Dream," scheduled for April 25-26, 2020 in Vilnius, Lithuania is going to be postponed with an aim to host the event in the Fall of 2020. We are aware that many European countries have been imposing strict travel restrictions, and European universities are closing and restricting travel for their students and faculty. We are also keeping in mind the health and safety of our members and attendees, and for this reason have decided to postpone the IASD European Regional Event. If restrictions due to COVID-19 eventually make it impossible to hold the conference, fees will be returned. As we receive more information, we will post updates on the homepage of our [website](#) and on the regional [website](#). We will get in touch by the end of May to communicate our plans for the postponed European Regional Event. We ask for your patience as we continue to monitor the situation and we hope you will be able to



ENROLL IN THE IASD ONLINE DREAM STUDY GROUPS PROGRAM

This year, for the first time in IASD's history, members and non-members alike can join the IASD Dream Study Groups Program (DSGP), where like-minded individuals will be able to meet and interact in our "DSGP Tea Room" and will be assigned to small Dream Study Groups with one of IASD's Regional Representatives as a host.

Dream Study Groups will follow IASD's DSGP Foundation Series over the course of a year in an engaging and interactive way, with access to forums and discussion questions every week.

The DSGP Foundation Series brings together courses on *A History of Dreaming*, *The Science and Psychology of Dreaming*, and *Dreamwork Methods (Parts 1 and 2)*. Each course includes video presentations and weeks of discussion questions to talk about in forums with your regional Dream Study Group. You will take a quiz after the forum discussions end to earn a certificate of completion.

The cost for participation in the DSGP, \$50 for IASD members and \$75 for non-members, will include:

- Access to the "DSGP Tea Room", a global forum where dreamers can connect;
- Access to our three Foundation Series Courses;
- A one-year membership in a hosted Dream Study Group where members will interact on forums and discuss course content over the year.
- The next round of the DSGP will start September 1, 2020.

Registration will begin May 1, 2020. For more information [click here](#)

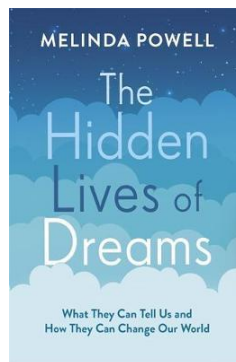
Members in the Media



LD4ALL COMMUNITY CELEBRATES THEIR 24TH YEAR ANNIVERSARY

LD4all, the lucid dreamers' community, invites all dreamers to come celebrate their 24th anniversary! LD4all is the longest living online community for lucid dreamers, founded back in 1996. After all those years, it was time for an upgrade and revitalization of the forum. We have just finished our move to a brand-new forum, just in time to celebrate our 24th anniversary!

Come and meet us (again), share your dreams, have a good time and lots of cookies! Please visit <https://community.ld4all.com>



MELINDA POWELL PUBLISHES NEW BOOK

IASD member and former IASD Vice President, Melinda Powell, has just published her new book *The Hidden Lives of Dreams: What They Can Tell Us and How They Can Change Our World* with Bonnier Books UK. Amidst a global pandemic, *The*



THE INTERNATIONAL JOURNAL OF DREAM RESEARCH PUBLISHES LATEST ISSUE

The International Journal of Dream Research, a web-based international outlet for original research articles in the field of dream research and psychological aspects of sleep,

Hidden Lives of Dreams offers a timely resource for bringing attention to the inner world of dreams, giving readers the opportunity to explore how, in such nightmarish times, our dreams can help us face our nocturnal and waking-world fears and choose how best to live.

has a new issue out.

Please visit:
<https://journals.ub.uni-heidelberg.de/index.php/IJoDR/issue/current>

Available at [Amazon.co.uk](https://www.amazon.co.uk).

MARK BLAGROVE ON BBC WORLD NEWS

Mark Blagrove was on BBC World News talking about effects of COVID-19 and lockdown on dreams. They also showed [Julia Lockheart's](#) painting of [Libby Nolan's](#) dream/nightmare that was discussed with Libby on the weekend on Facebook Live. Inside the UK the channel is BBC News; outside the UK it is BBC World News.

KATIE MASON TALKS DREAMS ON DENVER NEWS NETWORK

IASD member Katie Mason was interviewed on 9 News Denver about dreams. She shared how now many people are experiencing a surge in dream activity and "strange" dreams during this global pandemic.



In this issue Hot Off the Press focuses on dreams during the coronavirus pandemic. This column publishes links to evidence-based scientific articles on dreams that are written for a non-research audience.

WE'RE ALL HAVING CORONAVIRUS DREAMS NOW BY SHAYLA LOVE

Silly, scary or strange, these dreams hint at how we're all trying to figure out what the pandemic means to us, the people we love, and the lives we lead.

SOURCE: [VICE](#)

WHY ARE MY DREAMS SO VIVID RIGHT NOW? BY ALICE ROBB

The coronavirus pandemic has upended nearly every aspect of our [waking lives — our routines](#), our job security, our hopes for the future. Days are suffused with fear for our health and our loved ones. Checking the news — seeing dystopic images of empty cities and [graphs of crashing markets](#), learning the latest death toll — is as sweat-inducing as [going to the gym used to be](#). And our nights are changing, too: [our sleep can be fitful](#), our dreams darker — and, for many, unusually memorable.

SOURCE: [The CUT](#)

DREAMS IN THE TIME OF CORONAVIRUS

Dream News has a new section focusing on creative expressions of dreams being reflected around the COVID-19 pandemic. If you would like to submit an original dream-inspired image or short film that meets this criterion, you may send it to: dreamnews@asdreams.org Please note that copyrighted material will not be accepted.

Our first piece was submitted by Robert Hoss.

I was lying on top of some white pillow like structures that went on forever to the horizon. Behind me was an evil approaching storm - it was alive watching me judging me and I was watching and judging it.

When I woke, I couldn't figure out what the white pillow like structures were. Then I recognized it was Toilet Paper



THE DREAM NEWS TEAM WISHES OUR BELOVED DREAMING COMMUNITY, FRIENDS AND FAMILY GOOD HEALTH AND WELL BEING DURING THIS UNCERTAIN TIME. LET US DREAM TOGETHER.

"The Uses of Sorrow"

(In my sleep I dreamed this poem)

Someone I loved once gave me
a box full of darkness.

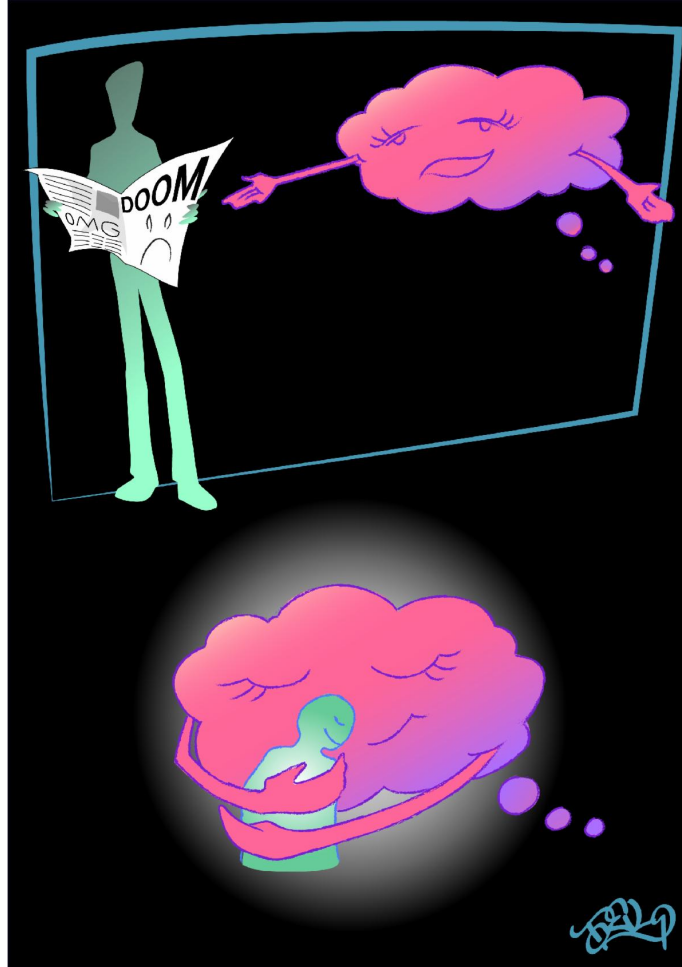
It took me years to understand
that this, too, was a gift.

Mary Oliver from *Thirst*, 2007. Beacon Press.

Dream Toons (Illuminated Cosmic Dream Voyages)

Delia Puiatti

Dream Illustrator



TOTAL MARCH NEW AND RENEWING MEMBERSHIPS = 46

TOTAL NEW MEMBERSHIPS = 12

William E. Kelly
 Leah Hodari
 Beatriz E. Ledesma
 Bruce McKeithan
 Richard L. Gomez
 Adam Cotton
 Paul Kiritsis
 Francesco A. Ancona
 Lisa R. Buie
 Vereniging voor de Studie van Dromen
 Worldwide Indigenous Science Network
 1 Anonymous

TOTAL RENEWING MEMBERSHIPS = 34

Patricia L. Kampmeier
 Diane Greig
 Marco Zanasi
 Ryan D. Hurd
 Valerie T. Bigelow
 Elizabeth Scanzani
 Judith Lisa White
 John T. Shaw
 Sheri D. Kling
 Wojciech Owczarski
 Guy Hall
 Johanne T. LaRocque
 Amy Lloyd
 Mary-Therese Dombeck
 Melinda Powell, nee Ziemer
 Helen Landerman
 Connie Bovier
 Richard Gilbar
 Lukas Bauer
 Richard J. Woods
 Catherine Banghart
 Joan Quilligan
 Liv S.M. Evensen
 Justina Lasley
 David Cielak
 Robert G. Krumhansl
 John E. Beebe III
 Katherine Mohr
 Cynthia Bauman
 5 Anonymous

STAY CONNECTED

