



# Dream News

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Volume 17 Issue 9

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## Contact:

office@asdreams.org  
209.724.0889

**Linda H. Mastrangelo**, Editor  
**Joy Fatooh**, Copy Editor  
**Laura Atkinson**, Design & Layout  
**Richard Wilkerson**, Office Manager  
**Jean Campbell**, Executive Committee Advisor  
**Robert P. Gongloff**, Editorial Consultant  
**Delia Puiatti**, Dream Illustrator



Join Us: Sep 22 - Oct 6, 2019

**PSIBERDREAMING AVAILABLE ON READ-ONLY BASIS  
THROUGH END OF OCTOBER**

Although the two-week discussion of presentations – along with games, contests and other activities – ended on October 6, 2019, registration for the 18th Annual IASD PsiberDreaming Conference, "The Winds of Change," continues. The conference will remain open on a read-only basis until the end of October.

The 21 presentations offered at this year's conference include a fascinating collection of articles: Jeanne Van Bronkhorst's "A Dream to Carry Me Home: Sylvie's Cruise," Linda Mastrangelo's "The Serpent's Path: An Exploration of Dreams, DNA and the Power of Place," Robert Waggoner's "The Voice that Makes Comments in Dreams and Lucid Dreams," and many others.



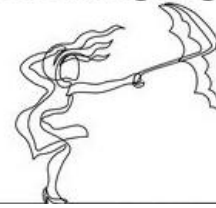
## PsiberDreaming 2019 Video!

Thanks to video guru Christine Anderson, we have a gorgeous promo video for the PDC – take a look!

For a full look at presentations, go to <http://iasdconferences.org/psi2019-presenter-bios-and-presentations/> Read-only access includes discussions with presentation authors, who responded to comments and answered questions about their topics.

Registration for the PsiberDreaming Conference can be found at <http://iasdconferences.org/psi2019/>

## This way to PsiberDreaming Registration



For Registration and more information: <http://iasdconferences.org/psi2019/>



### 2020 IASD Annual International Conference in Paradise Valley, Arizona

- Call for Presentation Submissions: OPEN online
  - (Submissions Due December 15, 2019)
- Registration OPEN online
- Call for Volunteers: OPEN online
- Announcement and Call for Presentations

37th Annual IASD International Conference  
Saturday through Wednesday, June 13-17, 2020  
<http://iasdconferences.org/2020/>

Mark your calendars and plan to join us along with world renowned keynote speakers and more than 130 presenters from over 20 countries around the globe. It is more than just a conference but an extravaganza of fascinating presentations and special events. Everyone is welcome – whether you are a professional, a dreamworker, or just a curious or interested dreamer. The conference features peer reviewed presentations and workshops, in a multidisciplinary program including the scientific, psychological, spiritual, artistic, healing, lucid and extraordinary, and cultural aspects of dreaming; and a lot of fun events such as an opening reception, a Dream Art Exhibition and reception, the annual PSI Dreaming Contest, and the ever-popular costume Dream Ball.

**The Venue • Doubletree Resort Paradise Valley Scottsdale, 5404 Scottsdale Road, Scottsdale, Arizona 85250.** The venue next year is a beautiful resort hotel at a very low \$94.00 cost per room night. It is also a perfect location for attendees who want to stay over a few days to visit the many unique and exciting destination sites in Arizona such as the Grand Canyon, the old Western towns and Native American historical sites. The hotel is 12 miles from the Phoenix Sky Harbor international airport. We have negotiated the same discount rate for three days before and after the conference for attendees who want to take advantage of the local attractions.



## CALL FOR PRESENTATIONS

**Submission Deadline December 15, 2019**  
(Research Poster deadline February 15, 2020)  
For submission instructions and forms, go to <http://iasdconferences.org/2020/>

**Submissions** • High quality proposals are invited that fall into any of the following tracks: Research and Theory; Clinical Approaches; Dreamwork Practices; Arts and Humanities; Education; Religion, Spirituality and Philosophy; Extraordinary, PSI and Lucid Dreams; Dreams and Health; Culture and History; and Mental Imagery. Submission categories include Paper Presentations; Symposia; Panels; Workshops; Special Events; Morning Dream Groups; and Poster Papers. IASD encourages presenters of all backgrounds to apply and to be sensitive to matters of diversity and disability in their submissions and presentations.

## CALL FOR 2019 RESEARCH GRANT PROPOSALS

**CALL FOR 2019 RESEARCH GRANT PROPOSALS**

**Submission DEADLINE this month • October 15, 2019**

**Grants are offered through a partnership between IASD and the DreamScience Foundation (DSF)**

Go to <http://www.dreamscience.org/grant-opportunity/> for submission instructions

**Submission Areas** • High quality quantitative and qualitative research proposals are invited in areas related to dreams and dreaming, including but not limited to the biology or neuroscience of dreaming, phenomenological and psychological studies of dreaming, and such fields as anthropological and cultural studies.

**Submission Deadline** • October 15, 2019 for your grant proposal. Submissions are reviewed by a research board and selection is based on our funding limits, plus ratings on each proposal which take into account value to dream science, technical excellence, and various other factors related to the success of the proposed study. Awards are typically announced in December and include a scholarship to present the results at an upcoming IASD conference.

**Submission Instructions** • Go to [www.dreamscience.org](http://www.dreamscience.org) and click on the ASD/DSF Research Grants picture icon; or under the IASD/DSF DreamScience Foundation heading, click on the "Research Grant Opportunities" link. All communication is by

## CALL FOR VOLUNTEERS

**Call for Volunteers**  
For an online application [click here](#)

Volunteers attend the conference for \$100 performing roughly 14 conference hours of work. The initial registration fee is \$200; half (\$100) of the fee is returned after the duties are completed. This fee covers the conference attendance, all receptions and the dream ball. Volunteers must arrange for their own travel as well as lodging and meals, CE fees, recordings, and any special events they wish to attend.

The duties include four categories: Registration/Info Desk, Room Monitor, Audio Visual Support, and Art Exhibition. If you wish to volunteer, click the button above to apply. Once you apply you will be sent a letter of acceptance if there is a position open. That letter will state a deadline by which you must register and pay the non-refundable volunteer fee. Apply early since acceptance is determined by a combination of application date and available positions. You may address any volunteer related questions to Julie Sparrow ( [jrsparrow22@gmail.com](mailto:jrsparrow22@gmail.com) )

## THE ERNEST HARTMANN AWARD FOR STUDENT RESEARCH

*Curtiss Hoffman, Student Research Awards Chair*

We are pleased to announce that the anonymous donor who generously provided funding for the Student Research Award last year has graciously agreed to provide matching funds for the 2020 competition! The IASD Board of Trustees will provide the balance of funds. As in previous years, there will be two \$500 awards. The first is for the best student submission of original scientific research on dreams and dreaming. The second is for the best student submission of original historical, literary, artistic, or theoretical research.

Undergraduate and graduate students are eligible to submit papers. See <http://www.asdreams.org/student-awards/> for details.

All participants must submit their presentations in electronic format (preferably through email to [office@asdreams.org](mailto:office@asdreams.org), or if necessary by mailing the files on a CD or a DVD to the address below) by March 1, 2020. Participants may also electronically submit videos in AVI formats, or music in MIDI or MPS formats.

IASD-Student Research  
PO Box 206  
Novato, CA 94948

For deliveries that cannot use a PO Box:  
IASD  
1537 South Novato Blvd #206  
Novato CA 94948  
Alternatively, a copy can be faxed to the IASD Office at 1-209-724-0889, or scanned and emailed as an attachment to [office@asdreams.org](mailto:office@asdreams.org). A note or cover letter



email and ALL SUBMISSIONS MUST BE ELECTRONICALLY SUBMITTED to bob@dreamscience.org.

**Grant Donations** • Grant funds come from DSF donations matched by a combination of IASD funds plus individual donations. Our ability to advance dream research is therefore limited by the funds we receive. You can help to advance dream research by going to [www.dreamscience.org](http://www.dreamscience.org) and clicking on the "Donate to Research" link, or picture icon which links to the IASD donations page. Enter your generous amount on the IASD form and select Support Dream Research in the drop-down box.

should be included to indicate that this is for the IASD Student Research Award. Participants must specify which of the two awards they are applying for. In the case of papers with multiple authors – in terms of the ideas presented as well as the description of the results – the contestant must indicate clearly, in either the text of the paper or in an accompanying letter, which portions are the submitter's work. Submissions must include a copy of the participant's student ID. Research that has been published prior to the submissions deadline is not eligible for this award. Winners will be announced during the General Membership Meeting at the 2020 IASD annual conference in Scottsdale, Arizona.



## REGIONAL NEWS YOU CAN USE

*Michelle Carr, Chair, IASD Regional Events Committee*

Dreamers around the world, welcome to the Fall season!

We are looking to expand our regional representatives network. If you are interested in joining you would need to be a member of IASD. We are especially seeking new representatives for the following areas: Montana, Idaho, Wyoming, Kentucky, West Pennsylvania, and South New Jersey.

Please check the [IASD website](http://www.dreamscience.org) for up-to-date names and contact information for the regional representative in your area.

A regional event recently occurred this past September 2019 in Southern California, and the folks in SoCal would like to fill you all in on their wonderful gathering!

**Southern California Regional Dream Conference Recap  
"The Firebird Arrived!"**



***My experience has proven that if a space is provided, dreams will come. True to their nature, dreams showed up again at the 5<sup>th</sup> Southern California Regional conference, as Keith Himebaugh and Walter Berry collaborated in “Three Questions for the Firebird,” the featured event of the conference. They fulfilled the promise of the conference title, “Dreamwork: Experiencing the Possibilities,” by demonstrating the quality of well-presented dream work being adaptable to and by other dreamers. This key event was a big hit, and the comments and evaluation confirm that attendees were deeply affected by this unique and special presentation that wove together collective dreams within the community.***

We had nine other workshops covering spiritual, rehabilitative, scientific and experiential aspects of dreaming. Folks attended from Santa Barbara and San Diego, as well as Santa Cruz and the San Francisco Bay Area. Our presenters came from various places as well. You can see the program on the IASD website.

The conference was organized by Athena Kolinski, Bambi Corso, Geoff Nelson, Walter Berry and Barbara Bishop. Bob Hoss (who was also one of our presenters) and Michelle Carr (of the IASD Regional events committee) helped, as did Richard Wilkerson and Laura Atkinson. Our presenters included several of the planners and Keith Himebaugh, Lauren Schneider, Susan Ackerman, Devi Prem, Laura Prickett, Mark Scott, and Claudia DeBorde. Special thanks to our volunteers, Chris Senter, Lala Gyukasyan, Jamie McGuffee, and crisis counselor Judy White.

This was our fifth regional conference in southern California. We continue to build and expand the IASD connections in our area with the hope that we can build an entire dream community in the SoCal region. Dream on!

## HOW CAN YOU CONTINUE TO SUPPORT IASD ALL YEAR ROUND?

### Support IASD Through Facebook Fundraisers

Do you know that Facebook makes it easy to ask for money as a birthday fundraiser? If you want to make IASD a recipient for your birthday fundraiser, you can ask your friends to donate to

### Support IASD With AmazonSmile

Would you like to continue to support IASD all year long? Try AmazonSmile, an easy way to give money without the stress. Click on this link and sign up. Every time you make a purchase on Amazon, 0.05% goes to our organization.

our great organization.

IASD's Laurel Clark did this for her birthday, and raised \$371 in donations for IASD. All you need is a Facebook profile. Facebook walks you through how to set it up, does not charge a fee, and gives the money to the organization you designate.

<https://smile.amazon.com/>

## MEMBERS IN THE MEDIA

### TV SHOW ON THE GIFT OF RECURRING DREAMS AND NIGHTMARES

The second part of a Lucid Dreaming TV show with Asia-based programme SMTV is now available for viewing. In this show, Dr. Clare Johnson talks about the message behind recurring dreams; how to work lucidly with children's scary dreams; and nightmares as healing gifts. Clare's interview starts about [3.5 minutes in](#).

### CALL FOR NIGHTMARES!

Do you have a nightmare you'd like to share for Dr. Clare Johnson's new book? Did you have a dreamwork breakthrough or a moment of lucidity that resolved a distressing dream? Do you have sleep paralysis or PTSD nightmares, or a memorable scary dream from your childhood? Did a nightmare change your life? Please write to [Clare](#) at or via the contact page on her [website](#) Many thanks!



## hot off the press

In this issue Hot Off the Press focuses on the fascinating world of animals and dreams. This column publishes links to evidence-based scientific articles on dreams that are written for a non-research audience.

### OCTOPUS THAT CHANGES COLOR WHILE SLEEPING MIGHT BE DREAMING, SCIENTIST SAYS: 'THIS REALLY IS FASCINATING' BY ARISTOS GEORGIU

PBS has released a fascinating video clip from an upcoming documentary which shows an octopus changing color multiple times in its sleep.

The documentary, sequence features in *Octopus: Making Contact*, which premiered on October 2, 2019 and. The film focuses on marine biologist David Scheel from Alaska Pacific University as he raises and studies an octopus, known as "Heidi." in his home. Scheel suggests that Heidi may be dreaming, and speculates on what she could be dreaming about.

SOURCE: [Newsweek](#)

### HAT IS YOUR CAT OR DOG DREAMING ABOUT? A HARVARD EXPERT HAS SOME ANSWERS DO ANIMALS DREAM? PEOPLE PET VET DR. EVAN ANTIN HAS A SURPRISING ANSWER

BY KELLI BENDER

In this video, Dr. Antin makes dreams come true by confirming animals do have dreams — and [they may even be dreaming about you](#) But the curious children in the clip above aren't done there. They also want to know: Can animals understand us when we talk to them? How many eggs can a crocodile lay? Why are parrots able to speak, but other animals can't?

Dr. Antin has answers for all — and what this professional has to say may surprise you. Dr. Dierdre Barrett, a Clinical and Evolutionary Psychologist at Harvard Medical School (and a Past President of IASD and Editor in Chief of the journal *Dreaming*), discusses what humans know about animal dreams and what is still uncharted.

**Total New and Renewing Members for  
September = 535**

**September Renewals = 424**

Peter & Sarah Ribbens  
Jim & Marcia Emery  
Mensink Family  
Wendy S. Pannier  
Shirley A. McNeal  
Ralf Penderak  
John M. Corbett  
Nigel Ian Hamilton  
Carol Manning  
Fiona A. Bell  
Pat Precin  
Jennifer N. Hinton  
Leah Bolen  
Mary B. Trouba  
Jeffrey Adams  
Kelly Matthews  
Ronald Keith Salmon  
Paul Kalas  
Marian E. Gay  
Karen Muller  
Gail Thomas  
Brenda Jo Ferrimani  
Seajay Crosson  
Magloire del Rocio Aguirre

Robert Elliot Wolff  
Bruce Allan Blair  
Kloey A. Kelton  
Adriana Auman  
Rhonda Libbey  
Adriana Polito  
Tony Hawkins  
Elaine Highsmith  
Jeanne Van Bronkhorst  
Alan Siegel  
Mike Hackett  
Pilleriin Sikka  
Natalia Belousova  
Lana Sackwild  
3 Anonymous

**September New Members = 11**

Michele A. Lucas  
Lauretta Goforth  
Faith Harkey  
Sema Ilhan  
Eleanor L. Mahood  
Pratikshha Sane  
Azalea Rees  
Daniel Knight  
Sanam Khan  
2 Anonymous

STAY CONNECTED

