



Dream News

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2020 IASD Annual International Conference in Paradise Valley, Arizona

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- Preview of Keynotes confirmed to date

37th Annual IASD International Conference
Saturday through Wednesday, June 13-17, 2020
<http://iasdconferences.org/2020/>

Mark your calendars and plan to join us along with world renowned keynote speakers and more than 130 presenters from over 20 countries around the globe. It is more than just a conference but an extravaganza of fascinating presentations and special events. Everyone is welcome – whether you are a professional, a dreamworker, or just a curious or interested dreamer. The conference features peer reviewed presentations and workshops, in a multidisciplinary program including the scientific, psychological, spiritual, artistic, healing, lucid and extraordinary, and cultural aspects of dreaming; and a lot of fun events such as an opening reception, a Dream Art Exhibition and reception, the annual PSI Dreaming Contest, and the ever-popular costume Dream Ball.

The Venue • Doubletree Resort Paradise Valley Scottsdale, 5404 Scottsdale Road, Scottsdale, Arizona 85250. The venue next year is a beautiful resort hotel at a very low \$94.00 cost per room night. It is also a perfect location for attendees who want to stay over a few days to visit the many unique and exciting destination sites in Arizona such as the Grand Canyon, the old Western towns and Native American historical sites. The hotel is 12 miles from the Phoenix Sky Harbor international airport. We have negotiated the same discount rate for three days before and after the conference for attendees who want to take advantage of the local attractions.



CALL FOR PRESENTATIONS

Submission Deadline December 15, 2019
(Research Poster deadline February 15, 2020)
For submission instructions and forms, go to
<http://iasdconferences.org/2020/>

Submissions • High quality proposals are invited that fall into any of the following tracks: Research and Theory; Clinical Approaches; Dreamwork Practices; Arts and Humanities; Education; Religion, Spirituality and Philosophy; Extraordinary, PSI and Lucid Dreams; Dreams and Health; Culture and History; and Mental Imagery. Submission categories include Paper Presentations; Symposia; Panels; Workshops; Special Events; Morning Dream Groups; and Poster Papers. IASD encourages presenters of all backgrounds to apply and to be sensitive to matters of diversity and disability in their submissions and presentations.



CALL FOR VOLUNTEERS

Call for Volunteers
For an online application [click here](#)

Volunteers attend the conference for \$100 performing roughly 14 conference hours of work. The initial registration fee is \$200; half (\$100) of the fee is returned after the duties are completed. This fee covers the conference attendance, all receptions and the dream ball. Volunteers must arrange for their own travel as well as lodging and meals, CE fees, recordings, and any special events they wish to attend.

The duties include four categories: Registration/Info Desk, Room Monitor, Audio Visual Support, and Art Exhibition. If you wish to volunteer, click the button above to apply. Once you apply you will be sent a letter of acceptance if there is a position open. That letter will state a deadline by which you must register and pay the non-refundable volunteer fee. Apply early since acceptance is determined by a combination of application date and available positions. You may address any volunteer related questions to Julie Sparrow (jrsparrow22@gmail.com)



2020 Juried Dream Art Exhibition

DEADLINE FOR ENTRIES:
Midnight March 15, 2020, GMT

Eligibility: We are accepting original art work about or inspired by dreams. You can exhibit whether you are competing for a prize or not. You do not need to be a member of IASD or a conference attendee to participate in the IASD Juried Dream Art Exhibition.



Sneak Preview of some of our Keynotes
– too early for the full announcement, but here is a preview of the Keynote and Invited presenters we have confirmed so far:

- **Robert Hoss** – Dreams, Our Source of Resilience in Times of Stress and Trauma
- **Leslie Ellis** - Jung and Embodied Dreamwork
- **Stephen LaBerge** – Lucid Dream Research, Then and Now

Media: All two-dimensional and multi-dimensional media will be considered, including painting, drawing, collage, sculpture, video, and installation art. Artworks that are unusually large or require extensive installation may not be accepted but will be considered. We are not able to accept performance art. Performance artists may wish to consider submitting a proposal for a special event for the conference program (deadline for those proposals is December 15, 2019).

- **Michael Nadorff** (Invited)
- Nightmares and Suicide

THE ERNEST HARTMANN AWARD FOR STUDENT RESEARCH

Curtiss Hoffman, Student Research Awards Chair

We are pleased to announce that the anonymous donor who generously provided funding for the Student Research Award last year has graciously agreed to provide matching funds for the 2020 competition! The IASD Board of Trustees will provide the balance of funds.

As in previous years, there will be two \$500 awards. The first is for the best student submission of original scientific research on dreams and dreaming. The second is for the best student submission of original historical, literary, artistic, or theoretical research. Undergraduate and graduate students are eligible to submit papers.

See <http://www.asdreams.org/student-awards/> for details and submission instructions.

All participants must submit their presentations in electronic format, preferably through email, to office@asdreams.org; or if necessary by mailing the files on a CD or a DVD to the IASD postal address (go online for instructions) by March 1, 2020. Participants may also electronically submit videos in AVI formats, or music in MIDI or MPS formats.

Winners will be announced during the General Membership Meeting at the 2020 IASD Annual International Conference at Scottsdale, Arizona.



Honoring the Dream - IASD Pledge Drive 2019

What Can I Do to Aid the International Association for the Study of Dreams?

The annual IASD Pledge Drive begins now! Members in the United States will be receiving a reminder Pledge post card in the next few weeks, but you can easily make a donation to the Pledge Drive by going now to <https://www.asdreams.org/pledge2019/>

Although you can donate to IASD all year, the Pledge Drive focuses on raising funds for special awards like the Dream Science Research Awards; Art Awards; the Ernest Hartmann Student Awards; and the Jeremy Taylor Memorial Dream Education Fund, which provides low-income memberships and conference scholarships for those who otherwise might not be able to afford them. Or you can contribute to IASD's general operating funds. We hope to raise over \$10,000 toward these efforts between November 2019 and the end of January 2020. Your contribution helps. Those who contribute will be listed on IASD's Pledge Wall.

AUTHORS: LIST YOUR DREAM BOOKS ON THE IASD WEBSITE

IASD is updating the list of dream books written by its members. If you can send your full list to Richard Wilkerson, or at least books from the last decade, we will include those in the Members Dream Books List (currently called the Long List). Please send by November 25, 2019 to office@asdreams.org

Why do I need to update? You may not. If we already have your books ([see list](#)) or you haven't a book to list, please ignore this request.

Format: if possible, **please use the format below.** We are calling the format "Friendly APA." MS Word preferred:

Bulkeley, K., & Adams, K., & Davis, P., (eds) (2009). *Dreaming in Christianity and Islam: Culture, Conflict, and Creativity*. New Brunswick, NJ: Rutgers University Press

Sliwinski, S. (2017). *Dreaming in Dark Times: Six Exercises in Political Thought*. Minneapolis: University of Minnesota Press.

Books only at this point, not journal articles. You can send chapters in books which may go up later, but at this time we are only updating single author or joint editor dream books.



HOW CAN YOU CONTINUE TO SUPPORT IASD ALL YEAR ROUND?

Support IASD Through Facebook Fundraisers

Do you know that Facebook makes it easy to ask for money as a birthday fundraiser? If you want to make IASD a recipient for your birthday fundraiser, you can ask your friends to donate to our great organization.

IASD's Laurel Clark did this for her birthday, and raised \$371 in donations for IASD. All you need is a Facebook profile. Facebook walks you through how to set it up, does not charge a fee, and gives the money to the organization you designate.

Support IASD With AmazonSmile

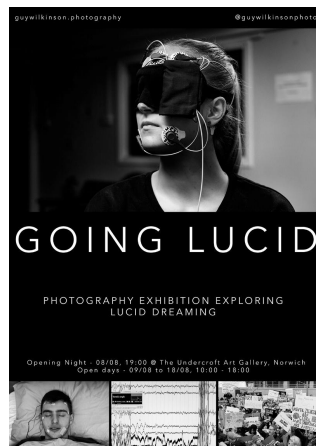
Would you like to continue to support IASD all year long? Try AmazonSmile, an easy way to give money without the stress. Click on this link and sign up. Every time you make a purchase on Amazon, 0.05% goes to our organization.

<https://smile.amazon.com/>

MEMBERS IN THE MEDIA

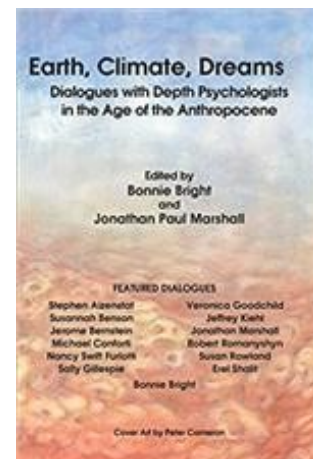
PHOTOGRAPHY EXHIBIT "GOING LUCID" IN THE UK BRINGS DREAM STUDY TO LIFE

Photographer Guy Wilkinson created "Going Lucid," a photography exhibition that was open to the public from August 8 to August 18 at the Undercroft Art Gallery in Norwich, UK. The project presented a photographic documentation of a lucid dreaming study conducted at Swansea University, along with photographs representing the participants' lucid dreams.



BOOK LAUNCH EVENT FOCUSING ON DREAMS AND THE ENVIRONMENT

Earth, Climate, Dreams: Dialogues with Depth Psychologists in the Age of the Anthropocene to be launched by Judith Pickering. Speakers will include Susannah Benson, Sally Gillespie and Kenneth McLeod.



This book contains dynamic perspectives on global challenges such as ecological destruction, climate issues, failed leadership, and limiting beliefs, while turning to imagination, dreams, symbol, metaphor, and mythology to help us gain a

The lucid dreaming study was conducted by IASD dream researchers, including Michelle Carr, Karen Konkoly, Remy Mallett, Kristoffer Appel, Chris Edwards, and Mark Blagrove. During the study, the experimenters played audio and visual cues – flashing lights and beeping sounds – while participants took a nap in the laboratory. The hope was that these cues would enter the participants' dreams and signal to the dreamer that they were dreaming – like a signal from the external world shouting "Hey – this is a dream!"

Photographer Guy Wilkinson was on site during the experiment and interviewed successful participants about their lucid dreams as soon as they finished the study. Over the next year, Guy re-imagined their lucid dreams into photographs. Several real-life events happened over that year which represented participants' dreams perfectly, strokes of 'synchronicity' where participants' lucid dreams seemed to come to life, allowing Guy to photographically document their dreams in reality.

The study itself was funded by the Dream Science Foundation, and Guy Wilkinson set up the exhibition to be a non-profit fundraiser for the Dream Science Foundation. Follow the links to [read about the project](#), see [photographs of the study itself](#) and portraits of the participants alongside [photographs representing their lucid dreams](#).

broader understanding of how we each fit into the fabric of the whole.

If you care about the planet and your part in it, don't miss this important series of interviews with leading scholars, educators, depth psychologists, and scientists who each bring critical information on how to respond to the growing crisis through connection with soul. Contributors include Jungian analyst Jerome Bernstein; climate scientist and Jungian, Jeffrey Kiehl; Jungian scholar Susan Rowland; Depth educator/author Robert Romanyshyn; Depth educator Veronica Goodchild; plus other scholars, educators, or Jungian analysts including Steve Aizenstat, Sally Gillespie, Susannah Benson, Nancy Furlotti, and Michael Conforti. Co-edited by Bonnie Bright and Jonathan Paul Marshall.

RSVP Date and time: Saturday November 16, 3:30 to 4:00 pm. For more information [click here](#).



In this issue Hot Off the Press focuses on pre- and postnatal dreams. This column publishes links to evidence-based scientific articles on dreams that are written for a non-research audience.

DO NEW MOMS DREAM DIFFERENTLY AFTER GIVING BIRTH? BY LEIGH ANN HENION

Everyone knows that having a baby can ravage your sleep, and there has been plenty of research on the ways that women who have recently given birth experience changes in the quality of their sleep, but few studies have addressed what happens to their dreams. Dr. Tore Nielsen, Ph.D., is a professor of psychiatry at the University of Montreal and one of the few researchers in the world who study postpartum dreams.

SOURCE: [Parenting](#)

MATERNAL REPRESENTATIONS IN THE DREAMS OF PREGNANT WOMEN: A PROSPECTIVE COMPARATIVE STUDY BY JESSICA LARA-CARRASCO, VALÉRIE SIMARD, KADIA SAINT-ONGE, VICKIE LAMOUREUX-TREMBLAY AND [TORE NIELSEN](#)

Dreams are thought to respond to self- and socially-relevant situations that evoke strong emotions and require rapid adaptation. First pregnancy is such a situation during which maternal mental representations (MMR) of the unborn baby, the self and significant others undergo remodeling. Some studies suggest that dreams during pregnancy contain more MMR and are more dysphoric, but such studies contain important methodological flaws. This study assessed whether dreamed MMR, like waking MMR, change from the 7th month of pregnancy to birth, and whether pregnancy-related themes and non-pregnancy characteristics are also transformed.

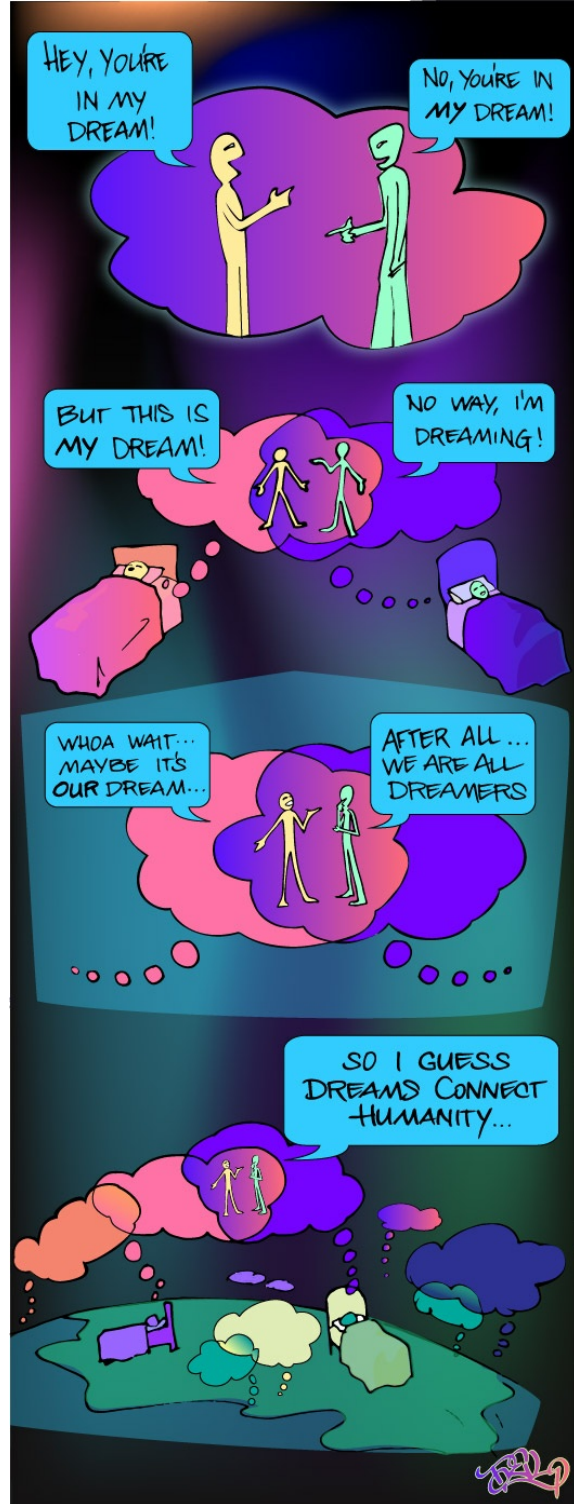
SOURCE: [Frontiers in Psychology](#)

Total October New Members = 8

Meire Santos
Anita Hall
Chase Everett McMurren
Katharine Asals
Azalea Rees
Julia J. Burton
Konrad Misiewicz
Dana Peck

Total October Renewing Members = 34

Curtiss Hoffman
Tobi Hoffman
John Allen
Susan Allen
Jeff Dolgos
Amy Dolgos
Shuhei Enomoto
Katja J. Valli
Misa Tsuruta
Mara Lebane
Monique Seguin
Lise Robillard
Paul Lippmann
Alan J. Underwood
Alwin E. Wagener
Donna Marie Mazzola
Meredith Eastwood
Kimberly R. Mascaro
Ida M. Adams
Mary Kay Kasper
Allen Cohen
Deborah Waitley
Diane Payne
Sonia M. Snyder
Cynthia Pearson
Akke-Jeanne Klerk
Wanda Burch
Barbara O'Guinn Condron
Karen R Konkoly
HUANGSHAN YIJIA SEC DEVELOPMENT CO., LTD
Susan Turner Gabrielle
Carol Breiling
2 Anonymous



STAY CONNECTED

