



# Dream News

March 2020  
Volume 18 Issue 3

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## 2020 IASD Annual International Conference in Paradise Valley, Arizona

37th Annual IASD International Conference

Saturday through Wednesday, June 13-17, 2020

<http://iasdconferences.org/2020/>

- Art Exhibit Submission Deadline extended to March 31
- [Schedule Update to be posted](#) shortly
- Call for Volunteers – a few positions and wait list open
- Wait List for submissions will remain open until early April
- Advertise in the Conference Program (see below)
- Advice on Meals and Lodging (see below)
- Notice to Instructors re: Student Partial Scholarships (see below)

**Robert Hoss, MS:** Dreams, Our Source of Resilience in Times of Stress and Trauma

**Leslie Ellis, PhD:** Combining Focusing and Jung: An embodied-experiential approach to working with dreams and nightmares

**Stephen LaBerge, PhD:** Lucid Dream Research, Then and Now

**Ronald Keith Salmon, PhD:** To Walk in Beauty (a visual and sensory experience)

**Michael Nadorff, PhD (Invited):** Bad Dreams and Nightmares: Causes, Correlates, and Interventions

**Rubin Naiman, PhD (Invited):** Integrative Health Model of Dreaming



**The Program** • Mark your calendars and plan to join us along with world renowned keynote speakers and more than 140 presentations from over a dozen countries around the globe. It is more than just a conference but an extravaganza of fascinating presentations and special events. Everyone is welcome – whether you are a professional, a dreamworker, or just a curious or interested dreamer. The conference features peer reviewed presentations, workshops and film events, in a multidisciplinary program including the scientific, psychological, spiritual, artistic, healing, lucid, extraordinary, and cultural aspects of dreaming; and a lot of fun events such as an opening reception, a Dream Art Exhibition and reception, special music and dance events, the annual Psi Dreaming Contest, and the ever-popular costume Dream Ball. The program features a special **Lucid Dreaming track** hosted by *Lucid Dreaming* author Robert Waggoner and featuring lucidity research pioneer Stephen LaBerge as a keynote.

**The Venue** • **Doubletree Resort Paradise Valley Scottsdale, 5404 Scottsdale Road, Scottsdale, Arizona 85250.** The venue is a beautiful resort hotel at a very low \$94.00 cost per room night. The same rate applies 3 days before and after for attendees who want to stay over to visit the local attractions and the many unique and exciting destination sites in Arizona such as the Grand Canyon, the old Western towns and Native American historical sites. The hotel is 12 miles from the Phoenix Sky Harbor International Airport.

#### **ADVICE on MEALS and LODGING**

Please be aware that there are no restaurants within walking distance of the Doubletree conference site, and that the main restaurant cannot guarantee fast enough service to get you to your next session on time. So we have contracted for buffet meals; please join our group in enjoying them. The menus are on the conference website at <http://iasdconferences.org/2020/buffet-menus/>. When you make your reservations with the Doubletree and also take advantage of our buffet meal plans, you help IASD. In order to get the discounted facilities which permit us to hold an annual conference, IASD must commit to certain minimum numbers of meals and rooms. If we don't meet the minimum we have to pay for every room or meal that goes unreserved.

#### **NOTICE TO INSTRUCTORS re: STUDENT SCHOLARSHIPS**

If you are an instructor or advisor in a formal or recognized institution, and are responsible for students whose educational needs would be advanced by attending this conference, be aware that we offer student partial scholarships (\$180 for the full program) with a letter of recommendation. If you are planning to attend yourself, think about bringing some of your students who might take advantage of this rate.



### **CALL FOR PRESENTATIONS - Wait List Open**

The Call for Presentations wait list will remain open through early April in case of a last-minute cancellation. For Submission Instructions click the

### **CALL FOR VOLUNTEERS**

There is still a position open for AV support as well as the wait list for all positions (Registration, Room Monitor, Audio Visual and Art Exhibition), so please apply by clicking the Call for Volunteers



## SEEKING ARTISTS FOR 2020 CONFERENCE DREAM ART EXHIBITION

**DEADLINE FOR ENTRIES EXTENDED: Midnight  
March 31, 2020, GMT**

Are you a practicing artist who creates works inspired by dreams, or do you know one?  
Submissions are still open for the Juried Dream Art

Exhibition held at the conference, for original art work about or inspired by dreams.

Click the 'Call for Artwork' button for full terms and guidelines. You can exhibit whether you are competing for a prize or not. You do not need to be a member of IASD or a conference attendee to participate in the IASD Juried Dream Art Exhibition.

**Media:** All two-dimensional and multi-dimensional media will be considered, including painting, drawing, collage, sculpture, video, and installation art. Art works that are unusually large or require extensive installation may not be accepted but will be considered. We are not able to accept performance art.

**Know any artists who are often inspired by dreams? Pass this info on!**

## ADVERTISE IN THE CONFERENCE PROGRAM and HIGHLIGHT WHAT YOU HAVE TO OFFER

Do you have a product or business to promote? Do you host a dream group? Are you an artist who would like to reach out to an international audience? Do you offer ongoing workshops? Are you one of the many published authors who are also members of IASD?

If your ad has not yet been included in the program, don't get left out this year. You can provide us with camera-ready artwork – or with advance notice, we will assign a designer to create your ad for you (for an additional fee.)

All attendees receive the conference program, constantly refer to it for the schedule of events and hold onto it for future reference, which generates multiple impressions for advertisers. Since attendees include both IASD members and the general public, advertising in the program increases your exposure.

**Final materials and payment deadline is April 24, 2020**

Sorry, we cannot offer deadline extensions due to printing deadlines.

If you have any questions or wish to submit your advertisement please contact [Laura Atkinson](#) She will send you a link for secure online payment. All payments are in US dollars. For file type and specifications please visit the conference website: [iasdconferences.org/2020/](https://iasdconferences.org/2020/)

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## HOW CAN YOU CONTINUE TO SUPPORT IASD ALL YEAR ROUND?

### Support IASD Through Facebook Fundraisers

Do you know that Facebook makes it easy to ask for money as a birthday fundraiser? If you want to make IASD a recipient for your birthday fundraiser, you can ask your friends to donate to our great organization.

IASD's Laurel Clark did this for her birthday, and raised \$371 in donations for IASD. All you need is a Facebook profile. Facebook walks you through how to set it up, does not charge a fee, and gives the money to the organization you designate.

### Support IASD With a Smile

Would you like to continue to support IASD all year long? Try AmazonSmile, an easy way to give money without the stress. Click on this link and sign up. Every time you make a purchase on Amazon, 0.05% goes to our organization.

<https://smile.amazon.com/>

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## [A Midsummer Night's Dream Gathering](#)

Ashland, Oregon Regional Event

Co-sponsored by the International Association for the Study of Dreams

Saturday evening 4/25 and Sunday 4/26, 2020

Hidden Springs Wellness Center • 635 Lit Way, Ashland, OR 97520

and the

Oregon Shakespeare Festival • 15 S. Pioneer St. Ashland, OR 97520

Dreamers, Faeries, Beloveds, and Rustics! IASD and hosts Angel Morgan, PhD of Ashland, Oregon and Kelly Bulkeley, PhD of Portland, Oregon invite you to join us in Ashland for this **1 day regional gathering** that includes **1 evening of the Oregon Shakespeare Festival (OSF) show *A Midsummer Night's Dream***. After registration, introductions, and dinner out with friends, you will see the play as a group on Saturday night. Then Sunday, immerse yourself in an enchanting morning filled with optional **morning dream groups**, a panel with ***A Midsummer Night's Dream* artists from OSF**, and **A Midsummer Night's Dream symposium**. After a delicious lunch in Ashland, explore your dreams creatively in **afternoon workshops** inspired by themes in *A Midsummer Night's Dream*; then, after dinner, conclude the day with a magical walk in **Lithia Park**.

[Register here](#)

[Accommodations here](#)

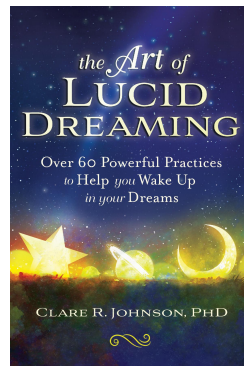
[New Program Updates](#)

### Members in the Media



#### JUSTINA LASLEY FEATURED IN NATIONAL MAGAZINE

The Institute for Dream Studies founder Justina Lasley was featured in *Women's World Magazine* January 27, 2020 edition for the article "Can Dreams Boost My Health?"



#### A NEW, SUPER-PRACTICAL GUIDE TO LUCID DREAMING IS OUT NOW!

Dr Clare Johnson is excited to announce her latest dream book, *The Art of Lucid Dreaming: Over 60 Powerful Practices to Help You Wake Up in Your Dreams*.

This is a light-spirited how-to book with a unique Lucidity Quiz, many personalized programs and exercises, and a cosmic slant.

You can read an exclusive excerpt from the book on how to create an amazing lucid dream sex life by [clicking here](#).



#### DÉJÀ PHENOMENA NOW AVAILABLE FOR RESEARCHERS

IASD members interested in déjà phenomena, we have good news. Art Funkhouser put together an Excel spreadsheet of all his déjà vécu/déjà visité data onto a file sharing website so it is available for any researcher who wishes to analyze or learn from it. It can be accessed by going to [figshare.com](http://figshare.com) and searching for Funkhouser or déjà vécu.



In this issue Hot Off the Press focuses on common themes in dreams. This column publishes links to evidence-based scientific articles on dreams that are written for a non-research audience.

POPULAR QUESTIONS ABOUT DREAMS  
ANSWERED WITH DREAM ANALYST LAURI  
LOEWENBERG

WHAT'S THE MOST COMMON THING WE  
ALL DREAM ABOUT?

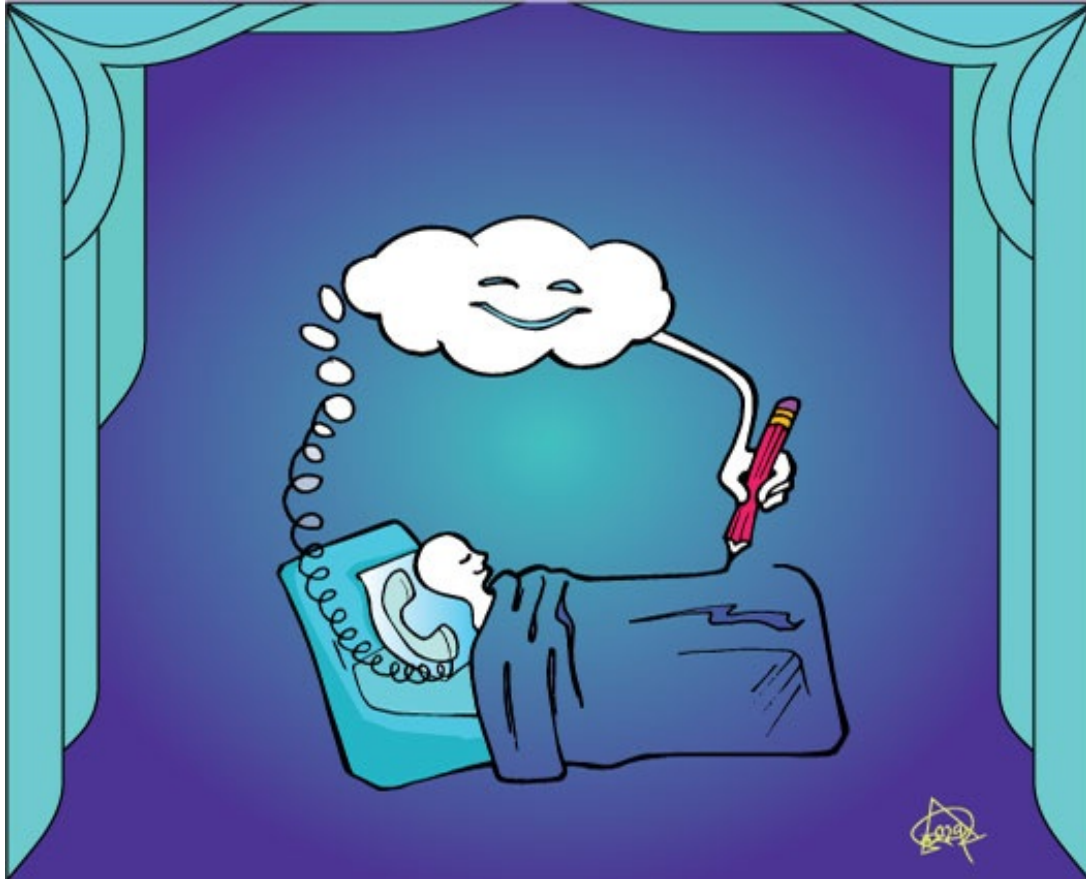
Some things are more likely to occur in our

Certified Dream Analyst, syndicated columnist, author, popular radio personality, speaker and member of IASD, Lauri Loewenberg joined the KTLA 5 Morning News live to answer the most common questions about dreams.

SOURCE: [KTLA](#)

dreams than others. Researchers have analyzed the "average" dream. Here are the results.

SOURCE: [BBC](#)



### Total February New and Renewing Memberships = 42

#### Total February New Memberships = 15

Cynthia da Silva  
Shazia Khan  
Martina Kocian  
Pamela Holmes  
Cordell Jacks  
Christian Gerike  
Amy Campion  
Irene L. Vincent  
Vivienne H. Dutzar  
Joshua Suri  
Christi Cervetti  
Isabel Santis  
Alaya A. Dannu  
Lee Adams  
1 Anonymous

#### Total February Membership Renewals = 27

Belicki family  
Dale E. Graff  
Alfio Maggiolini  
Lauren Z. Schneider  
Line Salvesen  
Patti Allen  
Bhaskar Banerji  
Prof Paul Giurlanda  
Deb M. Irvine  
Rachel G. Norment  
Ken Arenson  
Robert Haden  
Miguel Gasca  
Marina Lenney  
Laura Payne  
Steven E. Pilgram  
Patricia Schmiege  
Laurel Clark  
Margarette Kaylor  
Mark T. Blagrove  
Nori Muster  
Bernard Welt  
5 Anonymous

STAY CONNECTED

