



# Dream News

September 2019  
Volume 17 Issue 8

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Join Us: Sep 22 - Oct 6, 2019

REGISTER NOW FOR THE  
 ANNUAL IASD PSIBERDREAMING CONFERENCE  
 NEW, FIRST-TIME IASD MEMBERS CAN ATTEND FREE!

Join us from around the world as we enter two weeks of dialogue about dreams and tests of psi skills. IASD's 18th PsiberDreaming Conference – entirely online – offers 23 presentations from expert



Discover the Winds of Change!

General Public	\$75
IASD Member	\$65
Student Non-Member	\$55
Student Member	\$50

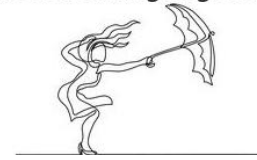
dream researchers and dream workers as well as the Outer Inn, the Precognitive Dreaming Contest, the Group Psi Game, the PsiberDreaming Art Gallery, The Place for Dreams, and the company of a global community of dreamers. You can participate 24/7 online from Sunday, September 22, 2019 through Sunday, October 6, 2019... a conference you can attend in your pajamas!

#### **New PsiberDreaming Video!**

Thanks to video guru Christine Anderson, we have a gorgeous new promo video for the PDC – take a look!

PsiberDreaming is one of IASD's ways of encouraging new members. Between now and October 6, anyone who becomes a new, first-time member of IASD will receive access to this conference FREE!

This way to  
PsiberDreaming Registration



**For Registration and more information: <http://iasdconferences.org/psi2019/>**

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#### **2020 IASD Annual International Conference in Paradise Valley, Arizona**

- **Call for Presentation Submissions: Open online September 15, 2019 (Submissions Due December 15, 2019)**
- **Registration to open online by mid-September 2019**
- **Call for Volunteers: to open online September 15, 2019**
- **Early Bird Registration Discount deadline – December 31, 2019**

#### **Announcement and Call for Presentations**

Mark your calendars and plan to join us along with world-renowned keynote speakers and more than 130 presenters from over 20 countries around the globe. It is more than just a conference, but an extravaganza of fascinating presentations and special events. Everyone is welcome – whether you are a professional, a dreamworker, or just a curious and interested dreamer. The conference features peer-reviewed presentations and workshops in a multidisciplinary program including the scientific, psychological, spiritual, artistic, healing, cultural, lucid and extraordinary aspects of dreaming; and a lot of fun events such as an opening reception, a Dream Art exhibition and reception, the annual Psi Dreaming Contest, and the ever-popular costume Dream Ball.

**The Venue** • Doubletree Resort Paradise Valley Scottsdale, 5404 Scottsdale Road, Scottsdale, Arizona 85250. The venue is a beautiful resort hotel at a very low \$94.00 cost per room night. It is also a perfect location for attendees who want to stay over a few days to visit the many unique and exciting destinations in Arizona such as the Grand Canyon, the old Western towns and Native American historical sites. The hotel is 12 miles from the Phoenix Sky Harbor international airport. We have negotiated the same discount rate for three days before and after the conference for attendees who want to take advantage of the local attractions.

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## CALL FOR PRESENTATIONS

Online Submissions  
to Open September 15, 2019

Submission Deadline - December 15, 2019  
(Research Poster deadline February 15, 2020)

Go to <http://iasdconferences.org/2020/>

**Submissions** • High quality proposals are invited that fall into any of the following tracks: Research and Theory; Clinical Approaches; Dreamwork Practices; Arts and Humanities; Education; Religion, Spirituality and Philosophy; Extraordinary, Psi and Lucid Dreams; Dreams and Health; Culture and History; and Mental Imagery. Submission categories include Paper Presentations; Symposia; Panels; Workshops; Special Events; Morning Dream Groups; and Poster Papers. IASD encourages presenters of all backgrounds to apply and to be sensitive to matters of diversity and disability in their submissions and presentations.

## CALL FOR 2019 RESEARCH GRANT PROPOSALS

Grants are offered through a partnership between IASD and the DreamScience Foundation (DSF)

<http://www.dreamscience.org/grant-opportunity/>

**Submission Areas** • High quality quantitative and qualitative research proposals are invited in areas related to dreams and dreaming, including but not limited to: the biology or neuroscience of dreaming, phenomenological and psychological studies of dreaming, and such fields as anthropological and cultural studies.

**Submission Deadline** • 15 October 2019 for your grant proposal. Submissions are reviewed by a research board and selection is based on our funding limits, plus ratings on each proposal which take into account value to dream science, technical excellence, and various other factors related to the success of the proposed study. Awards are typically announced in December and include a scholarship to present the results at an upcoming IASD conference.

## CALL FOR VOLUNTEERS

For an online application  
(to open September 15, 2019) [click here](#)

Volunteers attend the conference for \$100, performing roughly 14 conference hours of work. The initial registration fee is \$200 and half (\$100) of the fee is returned after the duties are completed. This fee covers conference attendance, all receptions and the dream ball. Volunteers must arrange for their own travel as well as lodging and meals, CE fees, recordings, and any special events they wish to attend.

The duties include four categories: Registration/Info Desk, Room Monitor, Audiovisual Support, and Art Exhibition. If you wish to volunteer, click the button above to apply (open September 15, 2019). Once you apply you will be sent a letter of acceptance if there is a position open. That letter will have a deadline in it by which you must register and pay the non-refundable volunteer fee. Apply early, since acceptance is determined by a combination of application date and available positions. You may address any volunteer related questions to Julie Sparrow, [jrsparrow22@gmail.com](mailto:jrsparrow22@gmail.com)

## THE ERNEST HARTMANN AWARD FOR STUDENT RESEARCH

*Curtiss Hoffman, Student Research Awards Chair*

We are pleased to announce that the anonymous donor who generously provided funding for the Student Research Award last year has graciously agreed to provide matching funds for the 2020 competition! The IASD Board of Trustees will provide the balance of funds. As in previous years, there will be two \$500 awards. The first is for the best student submission of original scientific research on dreams and dreaming. The second is for the best student submission of original historical, literary, artistic, or theoretical research. Undergraduate and graduate students are eligible to submit papers.

See <http://www.asdreams.org/student-awards/> for details.

All participants must submit their presentations in electronic format (preferably through email to [office@asdreams.org](mailto:office@asdreams.org), or if necessary by mailing the files on a CD or a DVD to the address below) by March 1, 2020. Participants may also electronically submit videos in AVI formats, or music in MIDI or MPS formats.

IASD-Student Research



**Submission Instructions** • Go to [www.dreamscience.org](http://www.dreamscience.org) and click on the ASD/DSF Research Grants picture icon; or under the IASD/DSF DreamScience Foundation heading, click on the "Research Grant Opportunities" link. All communication is by email and ALL SUBMISSIONS MUST BE ELECTRONICALLY SUBMITTED to [bob@dreamscience.org](mailto:bob@dreamscience.org).

**Grant Donations** • Grant funds come from DSF donations matched by a combination of IASD funds plus individual donations. Our ability to advance dream research is therefore limited by the funds we receive. You can help to advance dream research by going to [www.dreamscience.org](http://www.dreamscience.org) and clicking on the "Donate to Research" link, or picture icon which links to the IASD donations page. Enter your generous amount on the IASD form and select Support Dream Research in the drop-down box.

PO Box 206  
Novato, CA 94948

For deliveries that cannot use a PO Box:  
IASD  
1537 South Novato Blvd #206  
Novato CA 94948  
Alternatively, a copy can be faxed to the IASD Office at 1-209-724-0889, or scanned and emailed as an attachment to [office@asdreams.org](mailto:office@asdreams.org). A note or cover letter should be included to indicate that this is for the IASD Student Research Award. Participants must specify which of the two awards they are applying for. In the case of papers with multiple authors – in terms of the ideas presented as well as the description of the results – the contestant must indicate clearly, in either the text of the paper or in an accompanying letter, which portions are the submitter's work. Submissions must include a copy of the participant's student ID. Research that has been published prior to the submissions deadline is not eligible for this award. Winners will be announced during the General Membership Meeting at the 2020 IASD annual conference in Scottsdale, Arizona.



## REGIONAL NEWS YOU CAN USE

*Michelle Carr, Chair, IASD Regional Events Committee*

Dreamers around the world, I hope you are enjoying a wonderful summer of dreams!

We are looking to expand our regional representatives network! If you are interested in joining you would need to be a member of IASD. We are especially seeking new representatives for the following areas: Montana, Idaho, Wyoming, Kentucky, West Pennsylvania, and South New Jersey.

Please check the [IASD website](http://IASD website) for up-to-date names and contact information for the regional representative in your area.

I am proud to announce a regional event planned for September 2019 in Southern California.

**DREAMWORK: EXPERIENCING THE POSSIBILITIES**  
Southern California 5th Regional Dream Conference  
Sponsored by the International Association for the Study of Dreams  
Saturday, Sept. 21, 2019

 Wesley Hall, 6725 Friends Ave. Whittier, CA 90601  
More info: [ASDreams.org](http://ASDreams.org)  
Facebook: @SoCal.IASD

Join us for a day of dreaming at the Southern California IASD Regional Dream Conference, being held on September 21<sup>st</sup>, 2019 from 8 am – 5:30 pm. [Register today!](#)



Come experience the possibilities of working with your dreams in various modalities such as art, dance, poetry, drawing and journaling. Learn about lucid dreaming, Dream Tending, Tarotpy©, Somatic Resonance, recovery dreams and dreaming in church. Plus, immerse yourself in our main event, “Three Questions for Firebird” that combines animation, mythology, dreamwork, and theatre into an experience you will never forget.

Psychologists, don't forget to sign up to earn continuing education while digging into dreams! Just add it onto your registration and take part in the track offered at the event. For more information, visit our [website](#) and like us on Facebook at [SoCal.IASD](#).

*The International Association for the Study of Dreams (IASD) is approved by the American Psychological Association to sponsor continuing education for psychologists. IASD maintains responsibility for this program and its content.*

## HOW CAN YOU CONTINUE TO SUPPORT IASD ALL YEAR ROUND?

### Support IASD Through Facebook Fundraisers

Do you know that Facebook makes it easy to ask for money as a birthday fundraiser? If you want to make IASD a recipient for your birthday fundraiser, you can ask your friends to donate to our great organization.

IASD's Laurel Clark did this for her birthday, and raised \$371 in donations for IASD. All you need is a Facebook profile. Facebook walks you through how to set it up, does not charge a fee, and gives the money to the organization you designate.

### Support IASD With AmazonSmile

Would you like to continue to support IASD all year long? Try AmazonSmile, an easy way to give money without the stress. Click on this link and sign up. Every time you make a purchase on Amazon, 0.05% goes to our organization.

<https://smile.amazon.com/>

## MEMBERS IN THE MEDIA

### LUCID DREAMING TV SHOW AIRS IN LOS ANGELES AND TAIWAN

A delightful TV crew based in L.A and Taiwan taped a three-part show on lucid dreaming with Dr. Clare Johnson: “Exploring the Dream World.” These SMTV dream shows have been translated into 20 languages. Click on the link to view the first one, where Clare discusses the experience of lucid dreaming and its creative potential.

You can find it by [clicking here](#):



### CALL FOR NIGHTMARES!

Do you have a nightmare you'd like to share for Dr. Clare Johnson's new book? Did you have a dreamwork breakthrough or a moment of lucidity that resolved a distressing dream? Do you have sleep paralysis or PTSD nightmares, or a memorable scary dream from your childhood? Did a nightmare change your life? Please write to [Clare](#) at or via the contact page on her [website](#) Many thanks!

## In Memoriam - Janet Garrett

IASD is sad to announce the death of Janet



Garrett, who passed away in mid-August at her home in Malaga, Spain.

Janet provided copy editing for several of IASD's publications for many years. Between 2009 and 2018, she edited or managed the copy editing for DreamTime, the IASD Dream News, conference programs and a variety of other printed material and web pages.

Born in England, Janet lived both in the United States (primarily in the San Francisco area) and the Netherlands, before retiring to Spain. She taught dream work in adult education classes for many years in Spain, along with other, related classes. Her interest in dreams spanned a period of over twenty years. She was a member of IASD from the time of her first PsiberDreaming Conference in 2004. She was also an active member of The World Dreams Peace Bridge.

She will be missed.



In this issue Hot Off the Press focuses on dreams and money. This column publishes links to evidence-based scientific articles on dreams that are written for a non-research audience.

#### **THE HOW AND WHY OF MONEY DREAMS BY MARLENE KING**

Dreams about money are common, especially this time of year.

Money is used as an exchange for goods and services, and although its face, form and value have changed throughout time and within cultures, its function has not.

It's helpful to see how dreams reveal beliefs and practices around money and how being aware of them can enhance our sense of prosperity in waking life.

**SOURCE:** [Daily News](#)

#### **MAGIC MONEY: INTERPRETING WORK AND MONEY DREAMS BY LARA MCCAFFREY**

Dreams are manifested by more than just your neurons firing off randomly; they're a reflection of your subconscious. That said, anxiety dreams about work and money are unfortunately common. However, attempting to interpret these anxiety dreams can guide you to real-world solutions in your personal finances and work life. California-based [Linda Mastrangelo](#), M.A., LMFT, a psychotherapist specializing in dream analysis, says working with dreams can lead you to the core of the issue you're grappling with. Bringing consciousness to these issues can help you explore creative solutions.

**SOURCE:** [Finance 101](#)

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**TOTAL AUGUST NEW AND RENEWING MEMBERS = 49**

**TOTAL AUGUST NEW MEMBERS = 8**

Stephanie Burnside  
Kathryn Ridall  
Jaclyn M. Brown  
Alvard Lala Ghukasyan  
Michael Fagan  
3 Anonymous

**TOTAL AUGUST RENEWING MEMBERS = 41**

Denise Paseman  
Richard F. Paseman  
Gregory Scott Sparrow  
Julie Sparrow

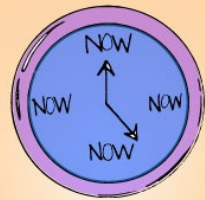
**Dream Toons by Delia Puiatti!**

Jennifer J. Choate  
 Shanee Stepakoff  
 Bambi Corso  
 Rita H. Hildebrandt  
 Gale E. Fralin  
 Rachel Jean Silvini  
 Mary E. Amstutz  
 Carol Marie Malady  
 Glory Nelson  
 Gilles Petel  
 Sue Llewellyn  
 Judith Pascoe  
 Michael Porter  
 Daniel Oldis  
 Pernille Albertus  
 John E. Ettl. e.  
 Beverley J. Ashwill  
 Howard Avruhm Addison  
 Patricia Eltinge  
 Sarah E. Hall  
 Yuuko Ootaka  
 Annette Shope  
 Chris M. Hammond  
 Peter B. Krupocki  
 Linda L. Atwood  
 Clare Johnson  
 Gloria Sturzenacker  
 Jo J. Harthan  
 Ira Barouch  
 Guylaine GRL Richer de Lafleche  
 Kirsten Backstrom  
 David Low  
 5 Anonymous

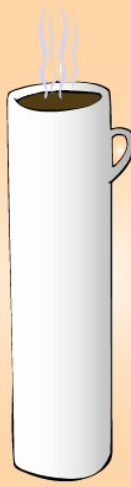
# PSIBERDREAMING: -PDC STARTER PACK-



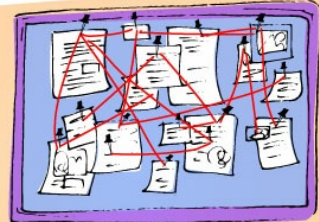
STAPLE WARDROBE



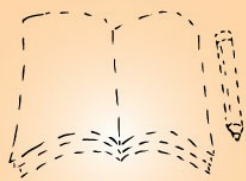
A CLOCK SET TO PDC TIME ZONE



ENOUGH COFFEE/TEA



A WAY TO ORGANISE ALL PDC NOTES + INFO (GOOD LUCK)



INVISIBLE DREAM JOURNAL AND PEN FOR ALL THOSE LATE PDC NIGHTS



STAY CONNECTED

