



# Dream News

August 2019  
Volume 17 Issue 7

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**Join Us: Sep 22 – Oct 6, 2019**

## EARLY REGISTRATION OPENS FOR IASD'S PSIBERDREAMING CONFERENCE 2019

**Become a New IASD Member and Receive This Conference Free!**

Early Registration for PsiberDreaming 2019, "The Winds of Change," is now open at <http://iasdconferences.org/psi2019/>. Register before September 1 for discounted prices.

**Become a new, first-time IASD member between now and October 6, 2019 and attend the PsiberDreaming Conference for free!**

<http://www.asdreams.org/membershipbenefits1/>

Changing your mind? Dreams can herald big changes in our lives and times — help us through them — and even bring them about. Dreams can do all of this through our focused intent, as we incubate and work with them; or suddenly and surprisingly, seemingly on their own. Join us as we blow the clouds away for a fresh, bright view of what the Winds of Change can bring you while you sleep!

# 36<sup>th</sup> Annual International Dream Conference

Rolduc Conference Center | Kerkrade, The Netherlands

June 21 - 25, 2019

<http://iasdconferences.org/2019>



## THE 2019 IASD ANNUAL INTERNATIONAL CONFERENCE, KERKRADE, THE NETHERLANDS – WRAP UP

### By Bob Hoss, Conference Advisory Committee Chair

IASD held another amazingly wonderful annual conference – a return to one of our favorite venues – the 12<sup>th</sup> century Rolduc Abbey and Conference Center in the Netherlands. We hosted 139 presenters and over 300 attendees, coming from 31 countries. This year we welcomed about 60 first time attendees; we hope they enjoyed the experience and will become a permanent part of the IASD family.

Our Keynotes and invited presenters this year included Dr Isabelle Arnulf, *Parasomnia: A Window Into Dreaming Process?*; Dr Penny Sartori, *Near-Death-Experiences and Visitation Dreams*; Dr Kate Adams, *The Hidden Worlds of Children's Spiritual Dreams*; Dr Stefan Klein, *The Road to Reality: How the New Science of Dreams Explains Our Mind* and Dr Francesca Siclari, *The EEG Correlates of Dreaming*.

We received some great reviews from attendees with 97% expressing positive satisfaction (82% strongly), and no unsatisfied ratings. A sampling of comments:

- "What you consistently provide is beyond my imagination."
- "It is special that the different directions came together: Research, therapeutic, spiritual, art and everybody could meet people of the other direction."
- "Keep 'em coming!"

Attendees loved the special events:

- "The Dream Hike and the Dream Ball were awesome (as usual)!"
- "Art exhibit was 'out of this world' terrific. So much soul and talent."
- "I liked the boomerang throw."
- "I loved the telepathy contest - I like the playful exploration."

And the Closing Ceremony, Costume Parade and Ball:

- "Wonderful! So much passion and talent is expressed through people's costumes and dream sharing."

Then there was the music, including the recorder ensemble with Curt Hoffman, Tobi Hoffman, and Scott Sparrow before each Keynote; and the spontaneous choir of 9 singers, organized by Barbara Koning, Geoff Nelson and Art Funkhouser, in the great chapel:

- "I loved the recorder ensemble. I hope they play every year."
- "The choir was so glorious – they sang so well in such a beautiful acoustically wonderful space."

### The Art Exhibit

The Art Exhibit was inspiring and diverse, with 53 adult artists and 45 children displaying their dream-inspired artwork in the cloisters. Special thanks to the art jury members that helped set up the exhibit: Dorine Hulshof, Willem Fermont, Uta Gobel Gross, Kim Vergil; and to Art volunteers Rolf Snijders, Jenke Goldewijk and Simone Anthes for their commitment.

First place was shared between Ivon Drummen and Helene de Winter. Third place: Christine Morren. People's choice: Dagmar Vom Grafen-Connolly. Awards of Honorable Mention were

### The Dream Hike

Our thanks go out to Willem Fermont and Merel Koopman for organizing one of our favorite Rolduc conference events, a hike along the Dutch/German border. Although it got hot that day, over 65 participants met outside the main building between the beautiful artworks of Ivon Drummen: water droplets harmoniously placed at the symmetric pavement. The hike passed behind the Rolduc Monastery, then across the German border and down through a small forest and into Herzogenrath; then it followed a track along the old railway to Aachen and soon entered the River Wurm Valley, which is a

rewarded to Yoko Choi and Arjen van Prooijen.

People's Choice winners of the Children's awards: Yasmin Johnson, Martie Passon, Eliano Jurinda, Fenna Morsink, Aurelie and Cri Cri Koopman. Awards were given out at the primary schools that took part.

We are most grateful for everyone involved and we would like to thank everyone who voted for the People's Choice and Children's art awards.

scenic, hilly nature reserve. We followed the river, crossed a wooden bridge and ended finally at the monumental Westwall, a 630 km anti-tank wall built during WWII by Germany. From here we returned to Rolduc.

The hike was an escape from the intensiveness of conference sessions and an opportunity to meet and speak with other participants and to exchange dreams, ideas and experiences with hikers we might not have otherwise met!

## The Closing Ceremony and Dream Ball

A great thank-you to Willem Fermont, Walter Berry and Susanne van Doorn for organizing, and to all who participated in creating, one of the most fabulous Closing Events, Costume Parade and Dream Ball activities we have ever had. As Willem and Walter put it, "Finally all dream sessions were over and the real IASD conference 2019 could start!" Surrounded by an audience dressed in their colorful Dream Ball costumes, chaos was guaranteed with a closing prepared by Walter Berry and Willem Fermont.

To enable an escape from reality, a masterful piece of sculpture constructed by Willem, the DreamWarp 10 Time Voyager (or DW10), was installed and launched during the Closing. As we accelerated up to warp 10 speed or infinite velocity, the concept of time suddenly had no meaning: we became everywhere at the same time. This being exactly the case in the dreamworld, the DW10 allowed us to move between the physical world and the dreamworld.

So, with Willem as captain of the DW10 sound machine, accompanied by the Dream Band (six non-musicians that never practiced, playing 40 pots and pans, with a music script did not exist) and its director Barry, attempting the Potato Head Blues of Louis Armstrong, powerful chaos was created. Then in the slipstream of the DW10, a dream bed, shaped as a Flying Cow, was led from the real world to the dream world. One might doubt if flying cows can perform such supernatural expeditions, but a brand on the cow stated explicitly "Quod Licet Bovi Non Licet Jovi". Freely translated it says: "What a cow can do, is impossible for the gods."

Finally, in a fantastic dream scene, the outgoing president Clare Johnson, in a Green Snake space suit, spoke her parting words, settled on the Flying Cow and left the real world, protected by blue, light emitting fairies Merel, Susanne and Berry. Then the Flying Cow returned with the incoming Dream president Angel Morgan (indeed looking like an angel) who sang some heavenly angelic acapella songs.

And so we drifted all together into the Costume Parade and Dream Ball where once again the band Tiny Ann joined us for a night that was dreamy and steamy. Tiny Ann, with lead singer Isira, mixed jazzy sounds with Latin music and blues. This tiny singer with her big voice knows how to build a party. Their repertoire extends from the pop classics through today. It continued as a lively and fun night—the perfect ending, as we said goodbye to old and new friends . . . until next year.







## BOARD NEWS: IASD'S 2019 Election Results for Board of Directors by Sherry Puricelli, Outgoing Vice President, Chair of Nominating Committee

I'm pleased to announce the 2019 election results and to welcome our incoming Directors and Executive Officers.

The Board of Directors provides important leadership within IASD. In addition to their board positions, board members frequently serve on various committees and in other key capacities within our organization. In the coming year, you can expect to see board members function in currently held positions and create new opportunities to grow our membership and expand our visibility in the public arena.

Let's extend a warm welcome to 2019 member-elected board members, **Laurel Clark, Loren Goodman, Ed Kellogg, Sherry Puricelli, and Katja Valli**. We appreciate the service and dedication to IASD.

We'd also like to announce 2019 Executive Officers: **Anna-Karin Bjorklund, Board Chair; Robert Waggoner, Treasurer; Bob Krumhansl, Secretary; Michelle Carr, Vice President; and Angel Morgan, President**, with Advisors **Jean Campbell, Bob Hoss, David Kahn, and Kelly Bulkeley**. Additional Advisors will be brought in on an "as-needed" basis.

In addition to their stated roles, officers conduct the day-to-day business within IASD. Let's give them a round of applause and thank them for their leadership.

In concert with officers, committees, the board, membership, volunteers, and staff, IASD is committed to our mission of advancing dream studies worldwide! We look forward to a dynamic and productive year.



OUTGOING PRESIDENTIAL MESSAGE  
CLARE JOHNSON

<https://youtu.be/eL7BqgftgPI>



INCOMING PRESIDENTIAL MESSAGE  
FROM ANGEL MORGAN

[https://youtu.be/1hZkYmt\\_p5A](https://youtu.be/1hZkYmt_p5A)



## SAVE THE DATES

**37<sup>th</sup> Annual IASD International Conference Announcement**  
**Saturday through Wednesday, June 13-17, 2020**  
<http://iasdconferences.org/2020/>

Mark your calendars and plan to join us along with world renowned keynote speakers and more than 130 presenters from over 20 countries around the globe. More than just a conference, it's an extravaganza of fascinating presentations and special events. Everyone is welcome – whether you are a professional, a dreamworker, or just a curious or interested dreamer. The conference features peer reviewed presentations and workshops, in a multidisciplinary program including the scientific, cultural, psychological, spiritual, artistic, healing, lucid and extraordinary aspects of dreaming; and a lot of fun events such as an opening reception, a Dream Art Exhibition and reception, the annual PSI Dreaming Contest, and the ever-popular costume Dream Ball.

**The Venue • Doubletree Resort Paradise Valley Scottsdale, 5404 Scottsdale Road, Scottsdale, Arizona ZIP 85250.** The venue is a beautiful resort hotel at a very low \$94.00 cost per room night. It is also a perfect location for attendees who want to stay over a few days to visit the many unique and exciting destination sites in Arizona such as the Grand Canyon, the old Western towns and Native American historical sites. We have negotiated the same discount rate for 3 days before and after the conference for attendees who want to take advantage of the local attractions. The hotel is 12 miles from the Phoenix Sky Harbor international airport.

### Call for Presentations to Open in September 2019

**Submission Deadline December 15, 2019**

**Submissions •** High quality proposals are invited that fall into any of the following tracks: Research and Theory; Clinical Approaches; Dreamwork Practices; Arts and Humanities; Education; Religion, Spirituality and Philosophy; Extraordinary, PSI and Lucid Dreams; Dreams and Health; Culture and History; and Mental Imagery. Submission Categories include: Paper Presentations; Symposia; Panels; Workshops; Special Events; Morning Dream Groups; and Poster Papers. IASD encourages presenters of all backgrounds to apply, and to be sensitive to matters of diversity and disability in their submissions and presentations.



## CALL FOR 2019 RESEARCH GRANT PROPOSALS

Grants are offered through a partnership between IASD and the DreamScience Foundation (DSF)

<http://www.dreamscience.org/grant-opportunity/>

**Submission Areas** • High quality quantitative and qualitative research proposals are invited in areas related to dreams and dreaming, including but not limited to: the biology or neuroscience of dreaming, phenomenological and psychological studies of dreaming, and such fields as anthropological and cultural studies.

**Submission Deadline** • 15 October 2019 for your grant proposal. Submissions are reviewed by a research board and selection is based on our funding limits, plus ratings on each proposal which take into account value to dream science, technical excellence, and various other factors related to the success of the proposed study. Awards are typically announced in December and include a scholarship to present the results at an upcoming IASD conference.

**Submission Instructions** • Go to [www.dreamscience.org](http://www.dreamscience.org) and click on the ASD/DSF Research Grants picture icon; or under the IASD/DSF DreamScience Foundation heading, click on the "Research Grant Opportunities" link. All communication is by email and ALL SUBMISSIONS MUST BE ELECTRONICALLY SUBMITTED to [bob@dreamscience.org](mailto:bob@dreamscience.org).

**Grant Donations** • Grant funds come from DSF donations matched by a combination of IASD funds plus individual donations. Our ability to advance dream research is therefore limited by the funds we receive. You can help to advance dream research by going to [www.dreamscience.org](http://www.dreamscience.org) and clicking on the "Donate to Research" link, or picture icon which links to the IASD donations page. Enter your generous amount on the IASD form and select Support Dream Research in the drop-down box.

## THE ERNEST HARTMANN AWARD FOR STUDENT RESEARCH

*Curtiss Hoffman, Student Research Awards Chair*

We are pleased to announce that the anonymous donor who generously provided funding for the Student Research Award last year has graciously agreed to provide matching funds for the 2020 competition! The IASD Board of Trustees will provide the balance of funds. As in previous years, there will be two \$500 awards. The first is for the best student submission of original scientific research on dreams and dreaming. The second is for the best student submission of original historical, literary, artistic, or theoretical research.

Undergraduate and graduate students are eligible to submit papers.

See <http://www.asdreams.org/student-awards/> for details.

All participants must submit their presentations in electronic format (preferably through email to [office@asdreams.org](mailto:office@asdreams.org), or if necessary by mailing the files on a CD or a DVD to the address below) by March 1, 2020. Participants may also electronically submit videos in AVI formats, or music in MIDI or MPS formats.

IASD-Student Research

PO Box 206

Novato, CA 94948

For deliveries that cannot use a PO Box:

IASD

1537 South Novato Blvd #206

Novato CA 94948

Alternatively, a copy can be faxed to the IASD

Office at 1-209-724-0889, or scanned and

emailed as an attachment

to [office@asdreams.org](mailto:office@asdreams.org). A note or cover letter should be included to indicate that this is for the IASD Student Research Award.

Participants must specify which of the two awards they are applying for. In the case of papers with multiple authors – in terms of the ideas presented as well as the description of the results – the contestant must indicate clearly, in either the text of the paper or in an accompanying letter, which portions are the submitter's work. Submissions must include a copy of the participant's student ID.

Research that has been published prior to the submissions deadline is not eligible for this award.

Winners will be announced during the General Membership Meeting at the 2020 IASD annual conference in Scottsdale, Arizona.



### **Michelle Carr, Chair, IASD Regional Events Committee**

With the Annual Conference in Rolduc behind us, I want to say what a pleasure it was to meet so many regional representatives at the conference. We had a wonderful luncheon and discussed the success of several regional events which were held over the past year, including the Ashland, Oregon event which you can read more about below.

If you would like to join our regional representative's network, you are welcome. You would need to become a member of the IASD if you are not already registered. We are especially seeking new representatives for the following areas: Montana, Idaho, Wyoming, Kentucky, West Pennsylvania, and South New Jersey.

Please check the [IASD website](#) for up-to-date names and contact information for the regional representative in your area.

I am proud to announce a regional event planned for September 2019; and you can read about the Ashland, Oregon event which occurred this past May 2019.



Join us for a day of dreaming at the Southern California IASD Regional Dream Conference, being held on September 21<sup>st</sup>, 2019 from 8 am – 5:30 pm. [Register today!](#)

Come experience the possibilities of working with your dreams in various modalities such as art, dance, poetry, drawing and journaling. Learn about lucid dreaming, Dream Tending, Tarotpy®, Somatic Resonance, recovery dreams and dreaming in church. Plus, immerse yourself in our main event, "Three Questions for Firebird" that combines animation, mythology, dreamwork, and theatre into an experience you will never forget.

Psychologists, don't forget to sign up to earn continuing education while digging into dreams! Just add it onto your registration and take part in the track offered at the event. For more information, visit our [website](#) and like us on Facebook at [SoCal.IASD](#).

*The International Association for the Study of Dreams (IASD) is approved by the American Psychological Association to sponsor continuing education for psychologists. IASD maintains responsibility for this program and its content.*



### **Review of Oregon Regional Conference, Theater, Dreams and Art May 31 - June 2, 2019**

The **Ashland, Oregon** regional IASD conference was held in the pastoral Hidden Springs Wellness Center, a cabin of healing nestled in a peaceful garden and lake. Dreaming consciousness bloomed during morning dream groups, and continued to blossom throughout the whole conference. There were Dream Creativity and Dream Artist panels. Dreamers gleaned insight and knowledge from an outdoor sit-down conversation with **Stanley Krippner**. Members further connected with their IASD roots through Dream Cards crafted by one of the founding members! Powerful and inspiring events like Angel Morgan's "Dream Drama" workshop reopened the dreamscape for members to re-enter and change their dreams before a supportive audience of fellow dreamers.

The **Oregon Shakespeare Festival** productions of the nightmarish *Macbeth* and phantasmagorical

*Alice in Wonderland* were perfect bookends for the conference, especially with panel discussions featuring cast and crew! Dreamers further engaged in their dreams by sharing their artistic journeys, listening to dream inspired music, and creating dream art pieces. Between presentations, delicious meals were only steps away. At the end of the last day, passionate members banded together to brainstorm for the 2021 International Conference in Ashland, and for outreach initiatives to spread the joy of dreaming with IASD to greater communities.

#### Photos from the Oregon Regional Conference:



## MEMBERS IN THE MEDIA

### Jordi Borràs Interviewed for Moss Radio

Please check out the interview for Robert Moss' radio show "Way of the Dreamer" with Jordi Borràs, who shares, "Although it was a general conversation, we talked, among other things, about learning from the dreams of our children, our experience as fathers helping them to deal with nightmares, etc."

You can find it here:

<http://www.healthylife.net/RadioShow/archiveWD.htm>

### Sufi Journal Explores Dreams in Latest Issue

The summer issue of *Sufi* highlights "different types or states of dreaming—from lucid dreams to 'true' dreams that predict the future and represent a direct connection to the divine. They explore the boundary between sleeping dreams and waking visions—itself a mirror of the veil between the individual seeker and the Beloved's absolute unity." Articles include conversations with Tenzin Wangyal Rinpoche and dreaming in other dimensions with Linda Mastrangelo.

Read it here:

<https://www.sufijournal.org/sufijournal-latest-issue/>



In this issue Hot Off the Press focuses on dream recall. This column publishes links to evidence-based scientific articles on dreams that are written for a non-research audience.

### Why Do Some People Always Remember Their Dreams, While

### Recalling A Dream Could Affect The Neural Processing of Emotional Stimuli

By Eric W. Dolan

Recalling a dream is associated with increased activation of brain regions involved in emotional processing, according to



Others Almost Never Do?

By Megan Schmidt

What is it about people who don't remember their dreams that sets them apart from the people that do? Is it possible for the brain to stop producing dreams? And could something be wrong in the brains of people who report never dreaming? Raphael Vallat, a neuroscientist specializing in sleep and dream research at the University of California, Berkeley Sleep and Neuroimaging Lab, offered insights to a number of these questions.

SOURCE: [Discover](#)

new research. The findings, which appear in the journal [Dreaming](#), provide preliminary evidence that dream recall impacts the processing of emotional stimuli.

SOURCE: [PsyPost](#)

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## HOW CAN YOU CONTINUE TO SUPPORT IASD ALL YEAR ROUND?

### Support IASD Through Facebook Fundraisers

Do you know that Facebook makes it easy to ask for money as a birthday fundraiser? If you want to make IASD a recipient for your birthday fundraiser, you can ask your friends to donate to our great organization.

IASD's Laurel Clark did this for her birthday, and raised \$371 in donations for IASD. All you need is a Facebook profile. Facebook walks you through how to set it up, does not charge a fee, and gives the money to the organization you designate.

### Support IASD With AmazonSmile

Would you like to continue to support IASD all year long?

Try AmazonSmile, an easy way to give money without the stress. Click on this link and sign up. Every time you make a purchase on Amazon, 0.05% goes to our organization.

<https://smile.amazon.com/>



This month we use our excellent dream recall to re-enter one of our favorite...

**Dream Toons by Delia Puiatti!**

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### TOTAL JUNE/JULY NEW AND RENEWING MEMBERS = 58

#### June/July New Members = 14

Helen Hwang  
Nancy Dallman  
Anna Christine Leis  
Brad Huard  
Brenda Parrish  
Chris Edwards  
Patrick Bertoliatti  
Valerie Beale  
Andrea Lawrenz  
Leslie Joren Wagner  
Fendel & Partner GbR  
Carissa Marie Galgano  
Alina Musiol  
1 Anonymous

#### June/July Renewing Members = 44

J. William Pezick  
Marja Moors  
Rose Inserra  
Becky Day-Swain  
Larry Burk  
Helena S. Richardson  
Robert King  
Patricia A. Kilroe  
Susanne Doell-Hentschker  
Rubin Naiman

Johanna Vedral  
Mary Jo Heyen  
Chase Markovich  
Catherine R. Evans  
Margot Jewers  
Kristien Van den Borne  
Mimi Pettibone  
Louis Hagood  
Martin Biro  
Maureen Boyd Biro  
Dawn Matheny  
Ming-Ni Lee  
Geri P. Proctor  
Toby Fesler Heathcotte  
Teresa D. Cullen  
Norifumi Kishimoto  
Peter M Maich  
Anne M Zulian  
Dianne Mouchon Rhodes  
Janet Wahl  
Kelly Sullivan Walden  
Kristoffer Appel  
Rosa Lanas Anwandter  
Laura S. Snell  
Merel M. Koopman Hak  
Jim Pagel  
Tad Messenger  
Dawn Chalker  
Guylaine GRL Richer de Lafleche  
Bea Salgado  
Logan A. Smith  
3 Anonymous



STAY CONNECTED

