



Dream News

March Volume 17 Issue #03

Visit our Website

2019 IASD Annual International Conference in Rolduc

- Registration Open
- Early discount deadline April 15, 2019
- Volunteers – Wait List still open so please apply, positions may soon become available
- Venue Lodging may be filling but plenty of nearby hotels in the same price range
- New Rolduc Video

- Ernest Hartmann Student Research Award – Deadline Extended to March 15
- Regional News
- Members in the Media
- Hot Off the Press
- Dream Toons (Illuminated Cosmic Dream Voyages)
- February New and Renewing Membership Total: 47

Contact:

office@asdreams.org
209.724.0889

Linda H. Mastrangelo, Editor
Joy Fatooh, Copy Editor
Laura Atkinson, Design & Layout
Richard Wilkerson, Office Manager
Jean Campbell, Exec. Com. Advisor
Robert P. Gongloff, Editorial Consultant
Delia Puiatti, Dream Illustrator



THE 2019 IASD ANNUAL INTERNATIONAL CONFERENCE, KERKRADE, NETHERLANDS

IMPORTANT DEADLINES COMING UP:

- Early discount deadline April 15, 2019
- Volunteers – Still taking Wait List applications, so please apply; a position may soon open
- Rolduc Conference Center Lodging filling up but plenty of nearby hotels in same price range (see [Accommodations](#) link on the conference site)

Venue • The location is the enchanting 12th century Rolduc Abbey conference facility (pictured in the masthead) in Kerkrade in the southern part of the Netherlands. The site is close to several international airports, including those in Germany and Belgium, providing ease of international travel and sightseeing for those who wish to enjoy touring before and after the conference. Mark your calendars now for this very special conference and go to the Travel and Accommodations link on the conference page for information. We warmly invite you to attend.

The Conference • will feature world-renowned keynote speakers and over 120 Presentations and Workshops from presenters around the globe, a Dream Art Exhibition placed around the cloister of the Abby, an opening reception and art reception, the annual Psi Dreaming Contest, a dream hike on the Dutch/German border, the ever-popular costume Dream Ball, and other special events appropriate to enjoying the location. You'll be part of a big, diverse dream family – and you may make some of the best friends of your life! Enjoy exploring your dreams in The Netherlands during this five-day dream extravaganza.

Keynotes and Invited
Our five Keynotes and Invited speakers have been confirmed.



Dr. Isabelle Arnulf

Parasomnia: a window into dreaming process?

Dr. Arnulf is a professor of neurology at the Sorbonne University, Paris and head of the sleep disorders clinic at Pitié-Salpêtrière Hospital. Her research is focused on neurological sleep disorders, mainly abnormal behaviors during sleep (sleepwalking, REM sleep behavior disorders), sleep in Parkinson's disease and central hypersomnias, and what these disorders tell us about dreaming.



Dr. Stefan Klein

The Road to Reality: How the New Science of Dreams Explains Our Mind

Dr. Klein is considered one of the most influential science writers in Europe. He studied physics and analytical philosophy in Munich, Grenoble and Freiburg and graduated in biophysics. But after some years in academic research he started a new career as a science writer because he "wanted to inspire people with a reality that is more exciting than any thriller." His latest work is *Dreams*



Dr. Penny Sartori

Near-Death-Experiences and Visitation Dreams

Dr. Sartori worked as a nurse in a British hospital for 21 years, 17 of those being in Intensive Care. She has conducted unique and extensive research into the near-death experiences (NDEs) of her patients. In 2005 she was awarded a PhD for her research into NDEs. Dr. Sartori's work has received worldwide attention and media coverage, and the attention of HRH Prince Charles.



Dr. Kate Adams

The hidden worlds of children's spiritual dreams

Dr. Adams is Professor of Education and Childhood at the University of Winchester, UK. Kate has done research into children's divine dreams and spent two decades researching, publishing and presenting her work on children's spirituality globally. A former Secretary and Director of IASD, Kate is co-editor of *Dreaming in Christianity and Islam*, and *Dreams and Spirituality*. She is the author of *Unseen Worlds: Looking through the Lens of Childhood*.



Dr. Francesca Siclari

The EEG correlates of dreaming

Dr. Siclari is a neurologist and attending physician at the Center for Investigation on Research and Sleep of the Lausanne University Hospital in Switzerland. She investigates the neural correlates of dreaming using high-density EEG and serial awakening paradigms and has done some ground-breaking work identifying what she calls the dreaming "hot zone."



Call for Volunteers

Positions are filled at this point;

however, the Wait List is open.

Volunteers attend the conference for \$100, performing roughly 14 conference hours of work. The initial registration fee is \$200 although half (\$100) of the fee is returned after the duties are completed. This fee covers the conference attendance, all receptions and the Dream Ball. Volunteers must arrange for their own travel, lodging, meals, CE fees, and recordings.

Duties fall into four categories: Registration/Info Desk; Room Monitor; Audiovisual Support; and Art Exhibition.

After applying, you will be placed on the wait list and sent a letter of acceptance when a position opens. That letter will include a deadline by which you must register and pay the non-refundable volunteer fee.



Ernest Hartmann
1934-2013

The Ernest Hartmann Award for Student Research

**Deadline Extended to March
15**

*Curtiss Hoffman, Student
Research Awards Chair*

We are pleased to announce that the anonymous donor who generously provided funding for the Student Research Award last year has graciously agreed to provide matching funds for the 2019 competition! The IASD Board of Trustees will provide the balance of funds.

As in previous years, there will be two \$500 awards. The first is for the best student submission of original scientific research on dreams and dreaming.

The second is for the best student submission of original historical, literary, artistic, or theoretical research. Undergraduate and graduate students are eligible to submit papers.

See <http://www.asdreams.org/student-awards/> for details.

All participants must submit their presentations in electronic form (preferably through email to office@asdreams.org, or if necessary by mailing the files on a CD or a DVD to the address below) by **March 15, 2019**.

Participants may also electronically submit videos in AVI formats, or music in MIDI or MPS formats.

IASD-Student Research
PO Box 206
Novato, CA 94948

For deliveries that cannot use a PO Box:
IASD
1537 South Novato Blvd #206
Novato CA 94948

Alternatively, a copy can be faxed to the IASD Office at 1-209-724-0889, or scanned and emailed as an attachment to office@asdreams.org. A note or cover letter should be included to indicate that this is for the IASD Student Research Award.

Participants must specify which of the two awards they are applying for. In the case of papers with multiple authors – in terms of the ideas presented as well as the description of the results – the contestant must indicate clearly, in either the text of the paper or in an accompanying letter, what portions are the submitter's work. Submissions must include a copy of the participant's student ID.

Research that has been published prior to the submissions deadline is not eligible for this award.

Winners will be announced during the General Membership Meeting at the IASD annual conference at the Rolduc Conference Center, Kerkrade, the Netherlands, June 21-25, 2019.

Support IASD Through Facebook Fundraisers

Do you know that Facebook makes it easy to ask for money as a birthday fundraiser? If you want to make IASD a recipient for your birthday fundraiser, you can ask your friends to donate to our great organization.

IASD's Laurel Clark did this for her birthday, and so far has raised \$371 in donations for IASD. All you need is a Facebook profile. Facebook walks you through how to set it up, does not charge a fee, and gives the money to the organization you designate.

Support IASD With AmazonSmile

Would you like to continue to support IASD all year long? Try AmazonSmile, an easy way to give money without the stress. Click on this link and sign up. Every time you make a purchase on Amazon, 0.05% goes to our organization.

<https://smile.amazon.com/>



Regional News You Can Use

Susanne Van Doorn, Chair, IASD Regional Events Committee

For the last three years I have been privileged to serve as Chair of the Regional Committee. I have gathered a great team around me and with the 50 plus regional representatives we are an important bridge between the IASD and the dreamers around the world.

It is with pride that I introduce the next Chair: Michelle Carr. She will be informing you about regional news and activities starting next month.

If you want to join our regional team, you are welcome. You would need to become a member of the IASD if you are not already registered.

Please check the IASD website for up-to-date names and contact information for the regional representative in your area. [The Regional Representative webpage](#)

I am proud to announce several Regional Events, all in the spring of 2019.

Dream Gallery Conference in Moscow, March 19-22, 2019
From Elena Korabelnikova, *President of the Russian Society of Dream Researchers*

Dear Colleagues!

We are pleased to invite you to participate in the 2nd International Exhibition and Conference "DREAM GALLERY," which will be held in Moscow in March 19-22, 2019.

The conference will include workshops (March 19-20), the scientific program of the conference (March 21-22) and an exhibition that will last a month.

The aim of the project is to spread scientific knowledge about dreams as the basis of health, about dreams as an inexhaustible source of creative ideas, about dreams in Russian and world culture. The information will be of interest to both professionals (scientists, doctors, psychologists, art critics) and the general public. Speakers are leading scientists in the field of medicine, psychology, linguistics, art history and other activities.

The exhibition will feature works created on the basis of dreams (paintings, drawings, installations), with authors including both professional artists and children.

The conference will include oral presentations, art shows, creative workshops, discussions, and a concert of musical works written in a dream and about dreams.

More than 40 leading dream researchers from Russia and from other countries will take part in the conference: Clare Johnson (England); Sheila MacNellis Asato, Yustina Lasley, Bonnie Buckner and Robert Waggoner (USA); Claudio Bassetti (Switzerland); Reinhard Pietrovski and Antony Rimsh (Germany); and others.

More than 30 artists from Russia and abroad will participate in the exhibition. Detailed information and the program of the conference can be found on the [conference](#) website



"Festival of Dreams," an IASD Northern California Regional Event
Sponsored by the International Association for the Study of Dreams
April 12 – 14, 2019
Santa Cruz, California

[Early Bird Admission Extended!](#) Deadline is March 15, 2019:

Volunteers - Some Slots Available If you are in the Santa Cruz area and wish to volunteer your time, please contact us at info@festivalofdreams.net There's a special discount to the event.

Call for Art and Short Films • Deadline March 15, 2019 If you would like to submit your dream inspired

art or short film, please check the Festival of Dreams website for [guidelines](#).

Preliminary Schedule of Events is up---[please visit link for updates!](#)

Come join in on the fun! The Festival of Dreams, an ongoing Santa Cruz experience that is now in its third year...and it's going to be bigger and better than ever! For the first time, we are proud to be partnering with the IASD the world's premiere dream organization, as a California Regional Event.

Hosted by IASD and by Santa Cruz residents Katherine Bell and Linda Mastrangelo, the Festival of Dreams is a three-day event, April 12-14, 2019 at the [Santa Cruz Museum of Art & History](#), AKA "the MAH". There will be presentations, workshops, dream groups & consultations featuring dream gurus **Bob Hoss**, **Gregg Levoy** and **Katie Mason** plus a popup art gallery, special events and a Dream Ball.

To learn more about the event please visit the [IASD regional events web page](#). You can also keep informed by joining our [Facebook page here](#) or Instagram [#keepsantacruzdreaming](#)

Contact info@FestivalofDreams.net for more information



“Theater, Dreams, and Art” Regional Conference
Sponsored by the International Association for the Study of Dreams
May 31 – June 2, 2019
Ashland, Oregon

Wanting to learn more about Theater Arts, Dream Arts, and Visual Arts? See *Macbeth* and *Alice in Wonderland* at the Tony Award winning Oregon Shakespeare Festival with your friends from IASD, and meet some of the players? Converse with local dream artists and hear about their work?

Stanley Krippner's Keynote on the role of dreaming in Shakespeare's plays, **Bernard Welt** presenting on *A Midsummer Night's Dream*, **Kelly Bulkeley** presenting on *Macbeth*, workshops such as dream drama with **Angel Morgan**, dream masks, personas, and active imagination with **Linda Mastrangelo**, merging metaphors and magical moments with **Walter Berry**, and visitation dreams altar making with **Kimberly Mascaro** are all happening (and more) at the Ashland IASD regional, **“Theater, Dreams, and Art”!**

You are invited to gather in the large, round Skylight Room of Hidden Springs Wellness Center to celebrate the links between dreams and creativity in the forms of theater and visual arts, with OSF plays on Friday and Saturday nights. Join IASD hosts Angel Morgan and Kelly Bulkeley, dream artists, healing artists, performing artists, and Ashland locals for an incredible weekend! Sound dreamy?

[Register by clicking here](#)

[Accommodations:](#)

Members In The Media





CRAIG WEBB'S BOOK ON DREAMS AND MUSIC WELL RECEIVED

Craig Webb's recent book, *The Dreams Behind the Music*, was recently featured in second place (just behind a Nobel Prize winner) amongst top psychology books on high traffic website Fupping.com. <http://dreamsbehindthemusic.com/>

Craig Webb was also glad to again recently present about lucid dreaming and perform dream-inspired music in New Zealand. Please visit <http://craigwebb.ca/>



JORDI BORRÀS GARCÍA ON CATALAN RADIO AND SPANISH NATIONAL RADIO

This month, Jordi Borràs had his fortnightly section in Catalunya Ràdio. In the first program he talked about dreams which have changed history (bringing discoveries, scientific theories, political decisions...), and in the second he talked about mutual dreaming:

<https://www.ccma.cat/catradio/alicarta/el-suplement/somnis-que-han-canviat-la-historia/audio/1027763/>

<https://www.ccma.cat/catradio/alicarta/el-suplement/es-poden-compartir-els-somnis/audio/1031130/>

Jordi's also been interviewed in "Gente despierta" for the Spanish National Radio (RNE), where he could [talk about his own approach in working with dreams therapeutically](#)



In this issue Hot Off the Press focuses on dreams and pregnancy. This column publishes links to evidence-based scientific articles on dreams that are written for a non-research audience.

What Does It Mean If You Dream About Having A Baby? It's Not Uncommon By KAITLYN WYLDE

If you've ever woken up panting because you just had a freakishly realistic dream that you were pregnant, you're not alone. While there are a lot of differing opinions on what it means if you dream about having a baby, one thing is clear: a lot of people have this dream.

SOURCE: [Bustle](#)

JONES' JOURNEY: MY DREAM, BABY BY LAUREN JONES

Take a glimpse inside the mind of Lauren Jones, who shares details of [one of](#) her dreams during her pregnancy.

SOURCE: [Wave 3 News](#)



MEMBERSHIP TOTALS

TOTAL FEBRUARY NEW AND RENEWING MEMBERS = 47

TOTAL FEBRUARY RENEWING MEMBERS = 37

Ken Arenson
Bhaskar Banerji
Richard Bonk
Kelly Bulkeley
RoseMarie Cappiello
David Cielak
Laurel Clark
Heather Dawn
Sven Doehner
Christian Gerike
Suzanne Stewart
Laura V. Grace
Dale E. Graff
Brigitte Holzinger
Arnold J. Hook
Tracey L. Kahan
Margarette Kaylor
Therezinha Moreira Leite
Clinton Marquardt
Chris McCleary
Dorothy Nissen
Rachel G Norment
Melinda Powell, nee Ziemer
Sandy Prins
Anne Reese
Joseph W. Reese
Line Salvesen
Patricia Schmieg
Lauren Z. Schneider
Susanne van Doorn
Nancy F. Warfield
Maria A. Wattier
6 Anonymous

TOTAL FEBRUARY NEW MEMBERS = 10

Driss Ben Brahim
Barbara A. Bluck
Melissa Grace Chianta
Richard Gilbar
Margrit Eleonore Haid
Darren Jakubec
Jennifer Sousae
Will Sousae
Devi Prem
2 Anonymous

BREAKFAST

EPIPHANIES



WHEN A CONTEMPLATIVE
BREAKFAST MAKES YOUR
DREAMS COME THROUGH

STAY CONNECTED

