

# Dream News

#### September Volume 16 Issue #8

2018 PsiberDreaming Conference Updates

- PDC Registration Still Open
- PDC Art Submissions Deadline Soon
- PDC Contest Announced

2019 IASD Annual International Conference in Rolduc

- Call for Presentation Submissions: Now Open Online:
- Submissions Due -December 15, 2018
- Registration to open online by mid-September 2018
- Early Bird Registration Discount deadline December 31, 2018
- Poster Submissions Due February 15, 2019
- Call for Art Entry Submissions to open mid-September, Submissions Due – March 1, 2019

Members in the Media

Hot Off the Press

Dream Toons (Illuminated Cosmic Dream Voyages)

August Renewing Membership Total: 37

### Visit our Website

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Registration Now Open Registration Open for IASD PsiberDreaming Conference 2018

IASD PsiberDreaming Conference 2018 The Dreamwide Web Sunday, September 23 – Sunday, October 7, 2018

Did you ever dream about a long-lost friend, just before getting their message? Before there was an Internet, there was a **Dreamwide Web.** 

REGISTER NOW FOR THE ANNUAL IASD PSIBERDREAMING CONFERENCE. NEW, FIRST-TIME IASD MEMBERS CAN ATTEND FREE!

Join us from around the world as we enter two weeks of dialogue about dreams and tests of psi skills. IASD's 17th PsiberDreaming Online Conference offers 24 presentations from expert



## PDC Still Accepting Art Submissions

Have you ever had a dream that tapped into the vast networks of the Dreamwide Web, with all its multidimensional connections across time, space, selves, worlds, and beyond? Has a dream ever communicated information or revealed connections that your waking self could not have imagined?

We invite submissions of creative works based on such dreams for the 17th annual

dream researchers and dream workers, the Precognitive Dreaming Contest, the Group Psi Game, the PsiberDreaming Art Gallery, The Outer Inn, A Place for Dreams, and the company of a global community of dreamers. You can participate 24/7 **online** for two weeks from Sunday, September 23, 2018 through Sunday, October 7, 2018... a conference you can attend in your pajamas!

Have you felt a connection to someone grow at a whole new level when you shared a dream? Have you dreamed something about yourself that you didn't know you knew? The Dreamwide Web is multidimensional, reaching through time, space and states of consciousness in an infinite network of entangled minds. It connects us to one another, to the Earth, to our own higher and deeper selves. Explore the Dreamwide Web with us – who knows what we'll discover!

### **REGISTRATION PRICES:**

General Public \$75 IASD Member \$65 Student with valid ID \$50 New IASD Member \$0

PsiberDreaming is one of IASD's ways of encouraging new members. Between August 1 and October 7, anyone who becomes a new, first-time member of IASD will receive access to this conference FREE!

For Registration and more information on the conference <a href="http://iasdconferences.org/psi2018/">http://iasdconferences.org/psi2018/</a>

Psiberdreaming Art Gallery! (September 23 - October 7, 2018).

Whatever form your art may take, sharing these dream-inspired creations online in our virtual gallery brings forth expressions for others to explore, deepening the connection between this world and dream worlds.

No matter whether you're a professionally accomplished artist, just starting out, or simply a dream enthusiast who just feels driven to express your favorite dream, we welcome all dream-inspired expressions as a form of dreamsharing through creativity! We seek and value the authenticity of the connection between the original dream and the artwork it inspires.

Deadline for submissions: Midnight EDT, Sunday, September 16.

Click here for complete information and submission guidelines



Enter to win a **FREE ONE-YEAR MEMBERSHIP** in the International Association for the Study of Dreams (IASD), a \$110.00 USD value!

Each year, between August 1 and the beginning of IASD's PsiberDreaming Online Conference, IASD welcomes new, first-time members by giving them free entry to the conference. (Register to become a new member at <a href="http://www.asdreams.org/membershipbenefits1/">http://www.asdreams.org/membershipbenefits1/</a>)

This year we're inviting all our members and followers to join in the fun with a contest that will provide the winner with a full year's membership in IASD, absolutely free!

All you need to do is guess (dream, visualize, intuit) the number of new, first-time members signed up for the PsiberDeaming Conference by the day the conference begins on Sunday, September 23, 2018. Whether you are already an IASD member or have always wanted to be one (with the exception of IASD employees, Officers and Directors), everyone can enter.

#### **ENTER TO WIN!**

Here's How to Enter the Psi Contest

1. Guess the number of IASD members who are new since the beginning of August and attending this

year's PsiberDreaming Conference free.

- 2. Put that number, along with your name and email address, into an email with the subject line "Psi Contest" and send the email to psicontest@asdreams.org
- 3. Please submit only one (1) entry.
- 4. If more than one entrant guesses the correct number of new, first-time members attending the conference, the first dated and time-stamped entry will be selected.
- 5. If the winner is already an IASD member, the FREE membership will begin at the winner's next membership renewal date.
- 6. All entries must be submitted by midnight (12 a.m.) EDT (Eastern Daylight Time) on Friday, September 21, 2018.

(Note: If the winner correctly gives the exact number of new IASD members attending, IASD will also provide the winner with the \$10 postage and handling fee to receive the hard copy of IASD's DreamTime Magazine.)

The winner will be notified individually and also announced at the PsiberDreaming Conference on opening day, Sunday, September 23, 2018.



### THE 2019 IASD ANNUAL INTERNATIONAL CONFERENCE, KERKRADE, NETHERLANDS

Call for Presentation Submissions: Now Open Online

- Submissions Due December 15, 2018
- Poster Submissions Due February 15, 2019

Registration to open online by mid-September 2018

• Early Bird Registration Discount deadline - December 31, 2018

Call for Art Entry Submissions to open mid-September

• Submissions Due - March 1, 2019

**Venue** • The location is the enchanting 12th century Rolduc Abbey conference facility (pictured in the masthead) in Kerkrade in the southern part of the Netherlands. The site is close to several international airports, including those in Germany and Belgium, providing ease of international travel and sightseeing for those who wish to enjoy touring before and after the conference. Mark your calendars now for this very special conference and go to the Travel and Accommodations link on the conference page for information. We warmly invite you to attend.

The Conference • will feature world-renowned keynote speakers and over 120 Presentations and Workshops from presenters around the globe, a Dream Art Exhibition placed around the cloister of the Abby, an opening reception and art reception, the annual Psi Dreaming Contest, a dream hike on the Dutch/German border and the ever-popular costume Dream Ball and other special events appropriate to enjoyment of the location. You'll be part of a big, diverse dream family – and you may make some of the best friends of your life! Enjoy exploring your dreams in The Netherlands during this 5-day dream extravaganza.

### **Click Here**

Presentation
Submission Form

# Call for Juried Art Exhibition Submissions DEADLINE FOR ENTRIES: Midnight March 1, 2019, GMT

There will be a Juried Art Exhibition placed around the cloister of the Abby along with an art exhibit and cash awards for selected works among those wishing for theirs to be included in the competition We are accepting original art

work about or inspired by dreams.\* You can

### Call for Program Presentations Submission Deadline:

Midnight December 15, 2018, GMT
Research Poster Submission deadline February
15, 2019

Submissions • The program is multi-disciplinary and proposals are peer reviewed by track specialists. Therefore high-quality proposals are invited that fall into any of the following tracks: Research and Theory, Clinical Approaches; Dreamwork Practices; Arts and Humanities; Education; Religion, Spirituality and Philosophy; Extraordinary, Psi and Lucid Dreams; Dreams and Health; Culture and History; Mental Imagery. Submission Categories include: Paper Presentations; Symposia; Panels; Workshops; Special Events; Morning Dream Groups; and Poster Papers.

All approved presenters are offered a special presenter discount and must register for the conference by March 1, 2019 to remain on the program.

Go To <a href="http://iasdconferences.org/2019/call-for-presentations/">http://iasdconferences.org/2019/call-for-presentations/</a> for instructions as well as sample and Online Submission Forms.

IASD encourages presenters of all backgrounds to apply and to be sensitive to matters of diversity and disability in their submissions and presentations. <u>All submissions must be made</u> online.

exhibit whether you are competing for a prize or not and do not need to be a member of IASD or a conference attendee to participate in the Exhibition although artists who do attend the conference can enjoy the discounted presenter rate

Media: All two-dimensional and multidimensional media will be considered, including painting, drawing, collage, sculpture, video, and installation art. Works that are unusually large or require extensive installation may not be accepted but will be considered. We are not able to accept performance art. However, performance artists may wish to consider submitting a proposal for a special event for the conference program.

The online Art Exhibition application will be opened in mid-September. Go to the conference site www.asdconferences.org/2019 and click on the Call for Art Submission link at that time. A \$35 non-refundable art entry and jury fee will be required with your submission. The March 1 deadline for entries is aimed at our having acceptance notifications sent by email by the end of March 2019, in order for you to take advantage of the conference early registration discount deadline of April 15, 2019 if you wish to also attend the conference. If you have registered for the conference prior to receiving your approval letter, and if your work is not selected, and you wish not to attend the conference for that reason, you may receive a refund (less the \$35 fee) assuming your request is received prior to April 15. After that, standard refund policies apply.

\*The jurors will be open-minded about the relationship of the art work to dream content when selecting the art pieces, as long as the work was inspired in some fashion by visionary or emotional experiences that occurred during sleep. Note: An entrant can create a piece inspired by someone else's dream.



### CALL FOR 2018 RESEARCH GRANT PROPOSALS

Grants are offered through a partnership between IASD and the DreamScience Foundation (DSF) Go to www.dreamscience.org/iasd for instructions and submission forms

Submission Areas • High quality quantitative and qualitative research proposals are invited in areas related to dreams and dreaming, including but not limited to: the biology or neuroscience of dreaming, phenomenological and psychological studies of dreaming, and such fields as anthropological and cultural studies.

**Submission Deadline** • 15 October 2018 for your proposal. Submissions are reviewed by a research board and selection is based on our funding limits, plus ratings on each proposal which take into account: value to dream science,

excellence, and various other factors related to the success of the proposed study. Awards are typically announced in the December timeframe and include a scholarship to present the results at an upcoming IASD conference.

Instructions • Go to www.dreamscience.org/iasd or to the IASD web site, www.asdreams.org, and click on the "Dream Science Foundation, Call for Research Grants" icon for instructions and a submissions outline. All communication is by email and ALL SUBMISSIONS MUST BE ELECTRONICALLY SUBMITTED bob@dreamscience.org.

Grant Donations • Grant funds come from DSF donations matched by a combination of IASD funds plus individual donations. Our ability to advance dream research is therefore limited by the funds we receive. You can help advance dream research by going to www.dreamscience.org/asd/ and clicking on the "Donate to Grant Fund" button. Don't forget to check the Dream Research and Dream Research Grant Awards option at the bottom of the donation form.

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### **Members in the Media**

#### JORDI BORRÀS GARCÍA ON CATALAN RADIO

Jordi Borràs García was interviewed for Catalunya Ràdio last August. He gave some tips on remembering dreams and talked, among other things, about the importance of exploring recurring dreams, the relationship between sleep paralysis and lucid dreams, and the protocol Jordi follows to explore dreams therapeutically. You can listen to the podcast (in Catalan) here:



In this issue, Hot Off the Press focuses on genetic influences in dreams and sleep. This column publishes links to evidence-based scientific articles on dreams that are written for a non-research audience.

# RESEARCHERS IDENTIFY FIRST TWO GENES REGULATING SLEEP IN MICE USING GENETIC SCREENING

Researchers have identified the first two core genes that regulate the amount of deep sleep and dreaming, a key development they believe will lead to the discovery of a network of related genes controlling sleep.

### HOW YOUR GENES INFLUENCE WHAT YOU DREAM, BY DAVID WARMFLASH

This article focuses on how our genetics influence the dreaming mind.

SOURCE: GENETIC LITERACY PROJECT

### **SOURCE: MEDICAL XPRESS**



### Illuminated Cosmic Dream Voyages

By Delia Puiatti

### WHERE ARE THE NEW IASD MEMBERS?

We're not putting the new member list into *Dream News* this month so that people who are participating in the Psi Contest won't get a clue. If you're planning to enter the Psi Contest to win a FREE one-year membership in IASD (see above) and are looking for instructions, just go to http://iasdconferences.org/psi2018/

### AUGUST TOTAL RENEWING MEMBERS = 37

Scott Sparrow Julie Sparrow Beverley J. Ashwill Norifumi Kishimoto Shanee Stepakoff Geri P. Proctor Matthew Thomas Pernille Albertus

Howard Avruhm Addison **Daniel Oldis** Patricia Eltinge Sarah E. Hall Harry R. Moody Bambi Corso Dr Pat Precin Glory Nelson Jim Pagel Linda L. Kaye Alwin E. Wagener Carol Marie Malady Michael Porter Barbara Allen David Low Bea Salgado Erika E.M. Miller Gloria Sturzenacker Govind Prasad Agarwal Tad Messenger Sabine Lucas Robert Elliot Wolff Seajay Crosson Jeanne Van Bronkhorst Pilleriin Sikka Paulina P.U. Urbańczyk 4 Anonymous



#### STAY CONNECTED





