October Volume 16 Issue #9

2018 PsiberDreaming Conference Updates
- PDC Available on Read Only Basis
- PDC Contest Winner Announced

2019 IASD Annual International Conference in Rolduc
- Call for Presentation Submissions: Now Open
  Online; Submissions Due - December 15, 2018
- Registration to open now
- Early Bird Registration Discount deadline – December 31, 2018
- Poster Submissions Due – February 15, 2019
- Call for Art Entry Submissions Due – March 1, 2019 - Application Open Now
- Call for Volunteers - Online Application Open Now
- Call for Research Grant Proposals - Deadline October 15
- Call for Papers for the Ernest Hartmann Student Research Award

Regional News
Members in the Media
Hot Off the Press
Dream Toons (Illuminated Cosmic Dream Voyages)
September New and Renewing Membership Total: 60

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PSIBERDREAMING AVAILABLE ON READ-ONLY BASIS THROUGH END OF OCTOBER

Although the two-week discussion of PsiberDreaming Conference presentations -- along with games, contests and other activities -- ended October 7, 2018, registration for the conference continues. The 17th Annual IASD PsiberDreaming Conference, "The Dreamwide Web," will closed discussion on October 7, but the conference forum will remain open on a read-only basis until the end of October.

The 24 presentations offered at this year's conference include a fascinating collection of articles from Laurel Clark's "Virtual Connections: emailing in dreamspace!" to Steve Ernenwein's "The Girl of My Dreams," to Kelly Bulkeley's "The Dangerous Power of Precognitive Dreaming: A
Historical Case Study.”

Click here for a full look at presentations

Remember that in the read-only period, you will also have access to read discussions with the authors of presentations on questions about their topics.

Registration for the PsiberDreaming Conference

Bobbie Ann’s “guess” was 21 new members, the closest of all thirty-three contestants to the actual number of new members at the opening of the conference: 22. More new members have registered since the conference began, bringing the total now to 28, though the cutoff for the contest was at 9a.m. on the first day the conference opened.

Congratulations to Bobbie Ann for your winning prediction, and congratulations to all new members of IASD as well. You have found your Dream Tribe.

36th Annual International Dream Conference
Rolduc Conference Center | Kerkrade, The Netherlands
June 21 - 25, 2019
http://iasdconferences.org/2019

Registration, Call for Presentations and Juried Art Submissions

Call for Presentation Submissions:
 Submissions Due – December 15, 2018
 Poster Submissions Due – February 15, 2019

Call for Art Entry Submissions
 Submissions Due – March 1, 2019

Call for Volunteers

Registration
 Early Bird Registration Discount deadline – December 31, 2018

Venue • The location is the enchanting 12th century Rolduc Abbey conference facility (pictured in the masthead) in Kerkrade in the southern part of the Netherlands. The site is close to several international airports, including those in Germany and Belgium, providing ease of international travel and sightseeing for those who wish to enjoy touring before and after the conference. Mark your calendars now for this very special conference and go to the Travel and Accommodations link on the conference page for information. We warmly invite you to attend.

The Conference • will feature world-renowned keynote speakers and over 120 Presentations and Workshops from presenters around the globe, a Dream Art Exhibition placed around the cloister of the Abby, an opening reception and art reception, the annual Psi Dreaming Contest, a dream hike on the Dutch/German border, the ever-popular costume Dream Ball, and other special events appropriate to enjoying the location. You’ll be part of a big, diverse dream family – and you may make some of the best friends of your life! Enjoy exploring your dreams in The Netherlands during this five-day dream extravaganza.

Call for Program Presentations
 Submission Deadline: Midnight December 15, 2018, GMT

Call for Juried Art Exhibition Submissions
 DEADLINE FOR ENTRIES: Midnight March 1, 2019, GMT

Call for Volunteers
 Submission Deadline: Ongoing until Filled
Submissions • The program is multi-disciplinary and proposals are peer reviewed by track specialists. Therefore high-quality proposals are invited that fall into any of the following tracks: Research and Theory; Clinical Approaches; Dreamwork Practices; Arts and Humanities; Education; Religion, Spirituality and Philosophy; Extraordinary, Psi and Lucid Dreams; Dreams and Health; Culture and History; Mental Imagery. Submission Categories include: Paper Presentations; Symposia; Panels; Workshops; Special Events; Morning Dream Groups; and Poster Papers.

All approved presenting are offered a special presenter discount and must register for the conference by March 1, 2019 to remain on the program.

Go to http://iasdconferences.org/2019/call-for-presentations/ for instructions as well as sample and Online Submission Forms.

IASD encourages presenters of all backgrounds to apply and to be sensitive to matters of diversity and disability in their submissions and presentations.

All submissions must be made online.

There will be a Juried Art Exhibition placed around the cloister of the Abbey along with an art exhibit and cash awards for selected works among those wishing for theirs to be included in the competition. We are accepting original art work about or inspired by dreams.* You can exhibit whether you are competing for a prize or not, and do not need to be a member of IASD or a conference attendee to participate in the Exhibition, although artists who do attend the conference can enjoy the discounted presenter rate.

Media: All two-dimensional and multi-dimensional media will be considered, including painting, drawing, collage, sculpture, video, and installation art. Works that are unusually large or require extensive installation may not be accepted but will be considered. We are not able to accept performance art. However, performance artists may wish to consider submitting a proposal for a special event for the conference program.

Click on the Call for Art Submission link on the Conference welcome page. A $35 non-refundable art entry and jury fee will be required with your submission. The March 1 deadline for entries is aimed at our having acceptance notifications sent by email by the end of March 2019, in order for you to take advantage of the conference early registration discount deadline of April 15, 2019 if you wish to also attend the conference. If you have registered for the conference prior to receiving your approval letter, and if your work is not selected, and you wish not to attend the conference for that reason, you may receive a refund (less the $35 fee) assuming your request is received prior to April 15. After that, standard refund policies apply.

Volunteers attend the conference for $100 performing roughly 14 conference hours of work. The initial registration fee is $200 although half ($100) of the fee is returned after the duties are completed. This fee covers the conference attendance, all receptions and the dream ball. Volunteers must arrange for their own travel as well as lodging and meals, CE fees, recordings, and any special events they wish to attend.

The duties include four categories: Registration/Info Desk; Room Monitor; and Audiovisual Support and Art Exhibition.

If you wish to volunteer, click the button above to apply. You will be sent a letter of acceptance if there is a position open. That letter will include a deadline by which you must register and pay the non-refundable volunteer fee. Apply early since acceptance is determined by a combination of application date and available positions. You may address any volunteer related questions to Julie Sparrow.

CALL FOR 2018 RESEARCH GRANT PROPOSALS

Grants are offered through a partnership between excellence, and various other factors related to the success of the proposed study. Awards are typically announced in the December timeframe and include a scholarship to present the results at an upcoming IASD conference.

Instructions • Go to www.dreamscience.org/iasd or to the IASD web site, www.asdreams.org, and click on the “Dream Science Foundation, Call for Research Grants” icon for instructions and a
IASD and the DreamScience Foundation (DSF)
Go to www.dreamscience.org/iasd for instructions and submission forms

**Submission Areas** • High quality quantitative and qualitative research proposals are invited in areas related to dreams and dreaming, including but not limited to: the biology or neuroscience of dreaming, phenomenological and psychological studies of dreaming, and such fields as anthropological and cultural studies.

**Submission Deadline** • 15 October 2018 for your proposal. Submissions are reviewed by a research board and selection is based on our funding limits, plus ratings on each proposal which take into account: value to dream science, technical submissions outline. All communication is by email and **ALL SUBMISSIONS MUST BE ELECTRONICALLY SUBMITTED**

**Grant Donations** • Grant funds come from DSF donations matched by a combination of IASD funds plus individual donations. Our ability to advance dream research is therefore limited by the funds we receive. You can help advance dream research by going to www.dreamscience.org/iasd/ and clicking on the “Donate to Grant Fund” button. Don’t forget to check the Dream Research and Dream Research Grant Awards option at the bottom of the donation form.

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The Ernest Hartmann Award for Student Research

*Curtiss Hoffman, Student Research Awards Chair*

We are pleased to announce that the anonymous donor who generously provided funding for the Student Research Award last year has graciously agreed to provide matching funds for the 2019 competition! The IASD Board of Trustees will provide the balance of funds.

As in previous years, there will be two $500 awards. The first is for the best student submission of original scientific research on dreams and dreaming.

The second is for the best student submission of original historical, literary, artistic, or theoretical research. Undergraduate and graduate students are eligible to submit papers.


All participants must submit their presentations in electronic form (preferably through email to office@asdreams.org, or if necessary by mailing the files on a CD or a DVD to the address below) by March 1, 2019.

Participants may also electronically submit videos in AVI formats, or music in MIDI or MPS formats.

**IASD-Student Research**
PO Box 206
Novato, CA 94948

For deliveries that cannot use a PO Box:
**IASD**
1537 South Novato Blvd #206
Novato CA 94948

Alternatively, a copy can be faxed to the IASD Office at 1-209-724-0889, or scanned and emailed as an attachment to office@asdreams.org. A note or cover letter should be included to indicate that this is for the IASD Student Research Award.

Participants must specify which of the two awards they are applying for. In the case of papers with multiple authors – in terms of the ideas presented as well as the description of the results – the contestant must indicate clearly, in either the text of the paper or in an accompanying letter, what portions are the submitter’s work. Submissions must include a copy of the participant’s student ID.

Research that has been published prior to the submissions deadline is not eligible for this award.

Winners will be announced during the General Membership Meeting at the IASD annual conference at the Rolduc Conference Center, Kerkrade, the Netherlands, June 21-25, 2019.

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**Regional News You Can Use**

*Susanne Van Doorn, Chair, IASD Regional Events Committee*
I hope all of you have had an inspiring Dream conference in Scottsdale and are enjoying the IASD PsiberDreaming Conference, "The Dreamwide Web."

As regional chair I am delighted to introduce three ladies who have joined the regional committee: Michelle Carr, who will serve as co-chair; Athena Kolinski; and Angel Morgan. Below you can find more information about the new committee members.

If you want to join our regional team, you are welcome. You would need to become an IASD member if you are not already.

Please check the IASD website for up-to-date names and contact information for the regional representative in your area. The Regional Representative webpage is divided into regions for ease of searching.

If you would like to become a representative or for further information, please contact Susanne Van Doorn, Chair of the Regional Events Committee.

Michelle Carr, PhD

I currently work in the Swansea University Sleep Laboratory where I study dreams, nightmares, lucid dreaming, and using dreamwork for insight and healing. My research has been supported through grant funding and student research awards from IASD and the Dream Science Foundation, for which I am very grateful and eager to give back.

I first became involved with IASD in 2011 when I started my PhD at the Dream and Nightmare Laboratory in Montreal; I now consider IASD to be my home as a dreamer and a researcher. So far, I have served as a volunteer and have been active on the research committee. I am excited to be joining the regional committee. I feel this is a great way to become more involved in organizing and helping others to run regional events, and to reach more dreamers around the world.

I find the unique community of clinicians, researchers, and artists in IASD to be incredibly inspirational and mutually supportive. I'm truly enthusiastic about sharing IASD with a new generation of dreamers, and encouraging the holistic

As a member of IASD and SoCal Regional group for 12 years, logistics coordinator for 2016-18 Conference Advisory Committee, and a new board member of IASD, I am happy to be a member of the Regional Conference Committee.

Throughout my years, I have experience event planning such as chairing the 2011 SoCal IASD Regional, a Red-Carpet premiere for the movie Astro Boy, and YMCA galas and community events, in addition to marketing and executive administration experience.

Besides being a stay-home mother of two young boys, I am also a professor at University of Philosophical Research; hold workshops on dreams, perception, and the tarot; and do private and group Tarotpy© readings. Dreams, tarot and intuition have been a source of curiosity for me since childhood, and led me to my life’s work of supporting others in the realm of personal growth, inner exploration and awareness of intuition. I hope to use all my strengths to support regional members and events in the coming years.

Athena Kolinski, MA

As an interdisciplinary artist, filmmaker, and psychologist, I founded Dreambridge (theDreambridge.com) in 2008. I have worked with adults, children, teens, and parents as a Dream-Arts educator since 1995, and developed the Dreambridge curriculum in 2008. I started learning about lucid dreaming in 1975, when I was four years old. Lucid dreaming, and lucid living, are integral parts of the Dreambridge curriculum. At Sofia University I teach courses in the Global PhD program including The Psychology of Extraordinary Dreams with Stanley Krippner. As an active member of IASD for over a decade, at annual conferences I have presented my phenomenological dream research with artists of various fields and domains, and my cross-cultural research on the healing power of dream sharing; served five times as the "sender" for IASD Dream Telepathy, Psi Dreaming, and Mutual Dreaming contests; peer reviewed for the APA journal Dreaming; in 2017 became the IASD Regional Representative for the state of Oregon, and in 2018 was elected to the IASD Board of Directors. While

Angel Morgan, PhD

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approach to dreaming that IASD has to offer. Get to know Athena more at www.starcarddreaming.com or on social media at Star Card Dreaming.

serving on the IASD Regional Committee, I look forward to supporting regional presence, connectivity, and growth for the IASD.

Members in the Media

JORDI BORRÀS GARCÍA TO BE REGULAR HOST ON DREAM FOR CATALAN RADIO

Jordi Borràs García starts a fortnightly collaboration in Catalunya Ràdio with a section dedicated to dreams. In the first program he talks about how to improve dream recall, and blind people's dreams. The second program is devoted to visitation dreams and to introduce the Psiberdreaming Conference, commenting on the different activities offered by our online congress.

1: http://www.ccma.cat/catradio/alacarta/el-suplement/per-que-ens-costar-recorder-quee-somiem/audio/1012794/

2: http://www.ccma.cat/catradio/alacarta/el-suplement/per-que-somiem-amb-morts/audio/1014446/

To celebrate Halloween season, this issue of Hot Off the Press focuses on creepy dreams and the supernatural. This column publishes links to evidence-based scientific articles on dreams that are written for a non-research audience.

NINE CREEPY DREAMS YOU MIGHT NOT REALIZE ARE SUPER COMMON BY BRANDI NEAL

While sleeping is likely one of your favorite activities, that sweet slumber can sometimes be disrupted by a creepy dream. Perhaps your dreams creep you out so much that you keep them to yourself because you fear you’re the only one having them. Common creepy dreams fall into four basic categories, according to a dream study cited by Psychology Today. This means that you and your creepy dreams are in good company, and what you’re experiencing when you close your eyes is totally normal. In fact, more than 70 percent of bad dreams tend to fall into the themes of physical aggression, interpersonal conflicts, failure, or hopelessness.

SOURCE: BUSTLE

WHAT LIES BEHIND GHOSTS, DEMONS AND ALIENS—ACCORDING TO SLEEP RESEARCHERS BY ALICE M. GREGORY

If you believe in the paranormal you might not be surprised if you hear stories of deceased loved ones appearing during the night, huge explosions heard just as someone is drifting off with no obvious cause, and other peculiar occurrences. But what if you don’t?

SOURCE: MEDICAL XPRESS

Illuminated Cosmic Dream Voyages

By Delia Puiatti
TOTAL SEPTEMBER NEW AND RENEWING MEMBERS = 60

TOTAL SEPTEMBER RENEWING MEMBERS = 38
Marcia Emery
James Emery
Richard Paseman
Denise Paseman
Peter Ribbens
Sara Ribbens
Jeffrey Adams
Fiona A. Bell
Leah Bolen
Angela A.D. DuPont
Anne-Marie Gabella
Judy B. Gardiner
Nigel Ian Hamilton
Rita H. Hildebrandt
Jennifer N. Hinton
Prof Sue Llewellyn
Carol Manning
Wendy S. Pannier
Ralf Penderak
Gilles Petel
Dianne Mouchon Rhodes
Sonia M. Snyder
Misa Tsuruta
Magloire del Rocio Aguirre
Ira Barouch
Brenda Jo Ferrimani
Ms Marybeth Haas
Jo J. Harthan
Roberta Ann Hinds
Karen R. Konkoly
Mimi Pettibone
Lise Robillard
Carmen Roman
Dreaming Fire
Dream Awareness Network
Alan Siegel
Natalia Belousova
Hans Ole Ostergard
Daniel Deslauriers
Mary Trouba
1 Anonymous

TOTAL AUGUST NEW MEMBERS = 8
Kelly Matthews
Yuuko Ootaka
Gayle Torres
Annette Shope
Pam Muller
Kirsten Backstrom
Kathleen Frazier
1 Anonymous

TOTAL SEPTEMBER NEW MEMBERS = 22
Chris M. Hammond
Akke-Jeanne Klerk
Peter Krupocki
Rhonda Libbey
Ronald Keith Salmon
Ann Sullivan
Linda L. Atwood
Jennifer Bradford
Alden L. Thompson
Kelly Arrendell
Adriana Polito
Alan Ruskin