

# Dream News

#### August Volume 16 Issue #7

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- June and July Membership Total: 58

#### Visit our Website

#### Contact:

office@asdreams.org 209.724.0889

Linda H. Mastrangelo, Editor Joy Fatooh, Copy Editor Laura Atkinson, Design & Layout Richard Wilkerson, Office Manager Jean Campbell, Exec. Com. Advisor Robert P. Gongloff, Editorial Consultant

Delia Puiatti, Dream Illustrator



### Registration Now Open

Did you ever dream about a long-lost friend, just before getting their message? Before there was an Internet, there was a Dreamwide Web. Early Bird Registration begins now for this year's PsiberDreaming Conference. Early Bird Registration will end on September 1, 2018, with regular registration extending throughout the conference.

Join us from around the world as we enter two weeks of dialogue about dreams and tests of psi skills. IASD's 17th PsiberDreaming Online Conference offers 24 presentations from expert dream researchers and dream workers, the Precognitive Dreaming Contest, the Group Psi Game, the PsiberDreaming Art Gallery, The Outer Inn, A Place for Dreams, and the company of a global community of dreamers. You can participate 24/7 online for two weeks from Sunday, September 23, 2018 through Sunday, October 7, 2018. It's a conference you can attend in your pajamas!

Have you felt a connection to someone grow at a whole new level when you shared a dream?



# PDC Now Accepting Art Submissions

If your art is wired into transmissions from the Dreamwide Web, we invite you to come share it with the greater collective via the 17th annual Psiberdreaming Art Gallery! (September 23 - October 7, 2018)

We're calling dreamers and artists to submit dream-inspired creations based on dreams which have tapped into the vast networks of the Dreamwide Web and all its multidimensional connections across time, space, selves, worlds, and beyond.

Whatever form your art may take, sharing these

Have you dreamed something about yourself that you didn't know you knew? The Dreamwide Web is multidimensional, reaching through time, space and states of consciousness in an infinite network of entangled minds. It connects us to one another, to the Earth, to our own higher and deeper selves. Explore the Dreamwide Web with us – who knows what we'll discover!

Early Bird Prices will be:

General Public \$70 IASD Member \$60 Student with valid ID \$50 New IASD Member \$0

September 1, full conference price:
General Public \$75
IASD Member \$65

Student with valid ID \$50 (same as Early Bird)

PsiberDreaming is one of IASD's ways of encouraging new members. Between August 1 and October 7, anyone who becomes a new, first-time member of IASD will receive access to this conference FREE!

For Registration and more information on the conference <a href="http://iasdconferences.org/psi2018/">http://iasdconferences.org/psi2018/</a>

dream-inspired creations online in our virtual gallery brings forth expressions for others to explore, deepening the connection between this world and dream worlds.

No matter whether you're a professionally accomplished artist, just starting out, or simply a dream enthusiast who just feels driven to express your favorite dream, we welcome all dream-inspired expressions as a form of dreamsharing through creativity! We seek and value the authenticity of the connection between the original dream and the artwork it inspires.

Deadline for submissions: Midnight EDT, Sunday, 16th September.

Click here for complete information and submission guidelines



### 2018 IASD ANNUAL CONFERENCE IN SCOTTSDALE, AZ WRAP UP

Bob Hoss, Conference Advisory Committee Chair

IASD had another wonderful annual conference! It was the first year it was held in Scottsdale, Arizona at the Doubletree Paradise Valley Resort – and by all reports perhaps one of the most delightful. We had over 320 attendees from 19 countries and 130 presenters. We received some of the best reviews ever from attendees. Just a sampling of what attendees said they valued most:

- "Networking with colleagues who come from around the world and the opportunity to network with young, up and coming dream researchers...and the keynotes were excellent."
- "The wide spectrum of discussion topics, high quality of speakers in general, and friendly atmosphere."
- "The warmth and encouragement of conference participants; the depth of engagement and innovation of researchers, presenters and workshop leaders; the variety of talks and workshops and the celebratory atmosphere."
- "The gathering of like-minded people who want depth of conversation and experience."
- "All of it. It is wonderful."

With open arms we welcomed back several members who we haven't seen at a conference in a while, including **Athena Lou, Roger Martinez, Nancy Grace** and former Treasurer, **David Kahn**. Thanks to **Clare Johnson, Sherry Puricelli, Delia Puiatti** and **Benjamin Whitehurst** for hosting the first timer welcoming events - first time attendees really brought special energy to the group.

Just a couple of magic moments: **Kristien Van Den Borne** was able to meet, in person, her dream hero Keynote speaker **Stanley Krippner**; and congratulations to **Kloey Kelton** who celebrated her 25th birthday on the dance floor of the Dream Ball... a special event that received rave reviews and was once again hosted by **Walter Berry**, who works in the movie industry. The dance floor featured swirling and strobing colored studio lights, two wall sized panels displaying old Hollywood Western movie and

various dance clips which synchronized with the fantastic City Nights Band music. You would not have wanted to miss Walter dressed like a shiny black "thing" holding "the hook" with sparkling stars hanging from it – which he used (although quite sparingly) for those who took a bit too much time during the Costume Parade. One look at Walter and most all finished quite quickly! And from someone who decided not to leave early this year: "The first time I stayed for the Dream Ball - what a night!"

The juried dream art exhibit was once again a delight, with 23 artists displaying dream-inspired artwork. Special thanks to **Delia Puiatti** from Australia who arrived early to receive the artwork and physically set up the gallery with all the Arts Exhibit volunteers, as well as **Sheila Asato**, **Walter Berry**, **Robert Gongloff**, **Julie Nauman-Mikulski**, **Victoria Rabinowe**, **Kim Vergil**, judges and organizers

This year we substituted a pool party for the standard dream hike, – and it was a hit – hosted in the huge 2000 square foot, two-floor hospitality suite that had its own pool and hot tub! We thank **Athena Kolinski** for hosting that activity.

IASD would like to thank all of the Core and 2018 Conference Committee members and the many other volunteers who worked to make this conference a fun successful event – particularly the mangers **Richard Wilkerson** and **Laura Atkinson** for registration; **Geoff Nelson**, room monitor manager; **Jeff Armano**, AV manager, **Julie Sparrow**, overall volunteer manager; and **Scott Sparrow**, who managed the recordings.

You do not want to miss the conference next year when we return to the 12th century Rolduc Abbey in Kerkrade, The Netherlands. Again we have negotiated low room and meal rates which make it very attractive and affordable. Because it is nestled into the part of the Netherlands adjacent to Germany and Belgium, it is a fantastic European vacation opportunity as well.



IASD's 2018 Election Results for Board of Directors

#### Clare Johnson, PhD, President and Chair of the Nominating Committee

Following the incredible dream conference in Arizona, I'd like to extend a warm welcome to our five new IASD Board Directors: Jordi Borras, Angel Morgan, Kimberly Mascaro, Michelle Carr, and Athena Kolinski. Many thanks for your willingness to dedicate your time and energy to IASD. We look forward to working – and dreaming – with you!

I'm delighted to announce IASD's Officers: President, Clare Johnson; Chair, Laurel Clark; Vice President, Sherry Puricelli; Secretary, Anna-Karin Bjorklund; Treasurer, Robert Waggoner. Along with the Board and various committees, our job is to steer the IASD boat through all the exciting regional and online events, right through to the 2019 dream conference in the Netherlands.



#### **Art Awards Finalists**

#### Delia Puiatti

The 2018 conference featured an incredibly inspiring, diverse, and intriguing art exhibition. It's always a tough choice with so much great dream art, but the following winners were finally selected:

First place: Gwen Shope (USA)

Second place: Naomi Brodner (USA)

Third place: Rob Fannin (USA)

Awards of Merit: Deirdre Barrett, Richard Bonk, and Dorothy Nissen (USA)

Peoples' Choice Award: **Naomi Brodner (USA)** 

You can still see all of the art entries here,

We greatly thank everyone who helped make the show a success



# **Ernest Hartmann Awards Finalists**

#### Curtiss Hoffman, Student Research Award Committee Chair

The Student Research Awards Committee (Curtiss Hoffman. Chair; Deirdre Barrett, Anna Lerkenborg Bengtssson, Mark Blagrove, Tracey Kahan, and Bernard Welt) received only three submissions for the Ernest Hartmann Award for Student Research this year. We agreed that one of these submissions did not merit further consideration. While one of the two remaining submissions was proposed by its author for the qualitative category, we agreed that it fit better within the quantitative category, as did the third submission.

Accordingly, we have agreed to give out two quantitative awards this year, of \$500 each, to the following students:

Josh Black, "Who Dreams of the Deceased? The Roles of Dream Recall, Grief Intensity, Attachment, and Openness to Experience"

Karen Konkoly, "Learning to Lucid Dream Enhances Aspects of Personal Growth"

We will not have any honorable mentions, nor any qualitative award this year.

We encourage Board members and others to stimulate your students to submit for next year's award.



### THE 2019 IASD ANNUAL INTERNATIONAL CONFERENCE, KERKRADE, NETHERLANDS: Call for Presentations to Open Online Mid-August

Submission Deadline December 15, 2018 Poster Submissions February 15, 2019

#### Click on this link for information and submission instructions

**Venue •** The location is the very beautiful 12th Century Rolduc Abbey conference facility in Kerkrade in the southern part of the Netherlands. The site is close to several international airports, including those in Germany and Belgium, providing ease of international travel and sightseeing for those who wish to enjoy touring before and after the conference. We warmly invite you to attend. Mark your calendars now for next year's very special conference.

**The Conference** • will feature world-renowned keynote speakers and over 120 presenters from around the globe, an opening reception, a Dream Art Exhibition placed around the cloister of the Abby, an art reception, the annual Psi Dreaming Contest, a dream hike on the Dutch/German border and the ever-popular costume Dream Ball and other special events appropriate to enjoyment of the location.

**Submissions** • The program is multi-disciplinary, therefore high-quality proposals are invited that fall into any of the following tracks: Research and Theory; Clinical Approaches; Dreamwork Practices; Arts and Humanities; Education; Religion, Spirituality and Philosophy; Extraordinary, Psi and Lucid Dreams; Dreams and Health; Culture and History; Mental Imagery. Submission Categories include: Paper Presentations; Symposia; Panels; Workshops; Special Events; Morning Dream Groups; and Poster Papers.

IASD encourages presenters of all backgrounds to apply and to be sensitive to matters of diversity and disability in their submissions and presentations. **All submissions must be made online**.



# CALL FOR 2018 RESEARCH GRANT PROPOSALS

Grants are offered through a partnership between IASD and the DreamScience Foundation (DSF)

excellence, and various other factors related to the success of the proposed study. Awards are typically announced in the December timeframe and include a scholarship to present the results at an upcoming IASD conference.

Instructions • Go to www.dreamscience.org/iasd or to the IASD web site, www.asdreams.org, and click on the "Dream Science Foundation, Call for Research Grants" icon for instructions and a submissions outline. All communication is by

Go to www.dreamscience.org/iasd for instructions and submission forms

Submission Areas • High quality quantitative and qualitative research proposals are invited in areas related to dreams and dreaming, including but not limited to: the biology or neuroscience of dreaming, phenomenological and psychological studies of dreaming, and such fields as anthropological and cultural studies.

**Submission Deadline •** 15 October 2018 for your proposal. Submissions are reviewed by a research board and selection is based on our funding limits, plus ratings on each proposal which take into account: value to dream science, technical

email and ALL SUBMISSIONS MUST BE ELECTRONICALLY SUBMITTED bob@dreamscience.org.

Grant Donations • Grant funds come from DSF donations matched by a combination of IASD funds plus individual donations. Our ability to advance dream research is therefore limited by the funds we receive. You can help advance dream research by going to www.dreamscience.org/asd/ and clicking on the "Donate to Grant Fund" button. Don't forget to check the Dream Research and Dream Research Grant Awards option at the bottom of the donation form.



## CLARE JOHNSON'S IASD PRESIDENTIAL ADDRESS

My sincere thanks goes out to all of you for choosing me as IASD's new President. I promise to do my best for you and for IASD. I privately commissioned a video recording of my presidential address, so if you missed it, here it is on YouTube!

Wishing you all deep dreams, Clare Johnson, PhD



## ROBERT VAN de CASTLE CLOSED MEMORABILIA AUCTION ANNOUNCED

Bobbie Ann Pimm, partner of the late Dr. Robert Van de Castle, is auctioning off some of his prized possessions to the many people around the world that he touched, inspired, led and loved. You are invited to view and bid on numerous items that held dear memories to him, including Cuna *nuchus*, Cuna *molas*, tribal masks, drums and more. Bidding starts as low as \$5.00 on some items. The auction will be held online here, from 1:00 am Eastern Time August 6 to 11:45 pm ET August 19. No need to join to view, but you will need to create an account to bid. Direct any questions to Bobbie@bobbieann.net.



In this issue, Hot Off the Press focuses on celebrities showing up in dreams in remarkable ways. This column publishes links to evidence-based scientific articles on dreams that are written for a non-research audience.

## SLEEP: THE ULTIMATE BRAINWASHER? BY MAIKEN NEDERGAARD AND JEFF ILIFF

The new work, published online today in Science, fits with a long-standing view that sleep is for recovery – that something is paid back or cleaned out, says David Dinges, a sleep researcher at the University of Pennsylvania. It builds on Nedergaard's recent discovery, described last summer in Science Translational Medicine, of a network of microscopic, fluid-filled channels that clears toxins from the brain, much as the lymphatic system clears out metabolic waste products from the rest of the body.

# WAKING UP IS HARD TO DO: PREFRONTAL CORTEX IMPLICATED IN CONSCIOUSNESS BY UNIVERSITY OF MICHIGAN

Recent research in nonhuman primates provides evidence that the prefrontal cortex has a switchboard-like relationship with other areas of the brain, helping to ignite awareness of visual information.

SOURCE: MEDICAL XPRESS

SOURCE: SCIENCE NOW



JUNE & JULY TOTAL NEW AND RENEWING MEMBERS = 58

JUNE & JULY TOTAL NEW MEMBERS = 18

Catherine R. Evans
Charlotte R. Galluccio
Daryl Lang
Schuyler Morris
Belinda N. Ahern
Transformative Wellness, LLC
Ashley N. Tornquist
Margot Jewers
Daryl Lang
Merel M. Koopman Hak
Phyllis P. Finley
Logan A. Smith
3 Anonymous

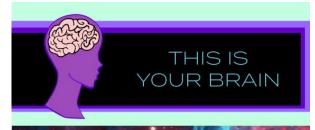
JUNE & JULY TOTAL RENEWING MEMBERS = 40

Curtiss Hoffman Tobi Hoffman David L. Kahn Richard Schweickert Jolene Gardner Patricia A. Kilroe Marja Moors Susanne Doell-Hentschker Rubin Naiman Mary Jo Heyen Marta Aarli Glenda Christiaens Mrs Johanna Vedral J. William Pezick Larry Burk Debra E. Leigh Sanford Rosenberg Rose Inserra Dawn Chalker Vivek Sharma Michael Rohde Olsen Martin Biro Maureen Boyd Biro Janet Wahl Teresa D. Cullen Robert King Ming-Ni Lee Kelly Sullivan Walden Toby Fesler Heathcotte Gale E. Fralin

Mary E. Amstutz Dawn Matheny Jennifer J. Choate Rachel Jean Silvini Peter M. Maich Anne M. Zulian Michael M.W. West Kristoffer Appel

### Illuminated Cosmic Dream Voyages

By Delia Puiatti





6 Anonymous

### STAY CONNECTED





