



# Dream News

May Volume 16 Issue #5

Visit our Website

## 2018 IASD Annual International Conference in Scottsdale, AZ:

- [Preliminary Schedule, Program List, Abstracts](#) Posted
- [Meal Menus](#) Posted for Each Lunch and Dinner Buffet
- Advertise in our Conference Program Booklet – Deadline May 18
- [Accepted Conference Speakers](#) and Other Business Marketing Opportunities Available

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**2018 PsiberDreaming Conference – Call for Proposals**  
**IASD Board News – Vote Reminder!**  
**Regional News You Can Use**  
**Members in the Media**  
**Hot Off the Press**  
**Dream Toons (Illuminated Cosmic Dream Voyages)**  
**April Membership Total: 45**



## 35<sup>TH</sup> ANNUAL INTERNATIONAL DREAM CONFERENCE

**Doubletree Resort Paradise Valley**  
**Scottsdale, Arizona**  
**June 16 - 20, 2018**

- Over 150 Presenters from 22 Countries!
- Continuing Education Credits Available
- Dream Ball • Juried Dream Art Exhibit
- Morning Dream Groups...

**WWW.IASDCONFERENCES.ORG/2018**  
 for conference information and registration instructions.

**and so much more!!!**

**35th IASD Dream Conference**  
**Scottsdale, Arizona**  
**June 16 - 20, 2018**

<http://iasdconferences.org/2018/> for more information

- Preliminary Schedule, Program Listing and Abstracts Posted
- Registration for the Conference is Open!
- Meal Menus posted for each day, vegan and gluten free entrees available on request
- Up to 25 CEs Available
- Advertise in our Conference Booklet - Deadline May 18



### KEYNOTES AND FEATURED PRESENTERS

**Robert Stickgold, PhD** - associate professor of psychiatry at Harvard Medical School;  
**Fariba Bogzaran, PhD** - founder of the Dream Studies Program at John F. Kennedy University and author of *Extraordinary Dreams*;  
**Stanley Krippner, PhD** - professor of psychology at Saybrook University, San Francisco;  
**Katja Valli, PhD** – Senior Researcher at the

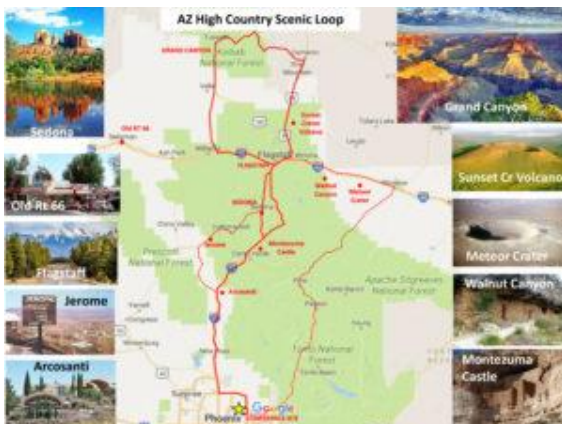
**The Venue • is the beautiful Doubletree Paradise Valley Resort**, a resort hotel in a Frank Lloyd Wright style of architecture, near the heart of Scottsdale, Arizona at a low \$89 per room night (while they last). The hotel is 12 miles from the Phoenix Sky Harbor international airport. We have negotiated the same discount rate for three days before and after the conference for attendees who want to take advantage of the local attractions or take a cool Arizona high country trek (see below).

**PLAN A TREK AROUND ARIZONA**

Make it a vacation – world famous Arizona attractions in the high country or local attractions around Phoenix.

**Scenic High Country Loop:** Drive the scenic loop and cool rim country of Arizona ([see the map and pictures](#)). The Grand Canyon is only a four-hour drive away, but you will want to stop along the way to see the many sights: the red rocks and mystic vortexes of Sedona; Flagstaff and Oak Creek Canyon with its natural water slide; Meteor Crater; the Indian cliff dwellings of Walnut Canyon and Montezuma’s Castle; or the fantastic architectural vision of Paolo Soleri at Arcosanti. Drive back via the backroads and the Ghost Town of Jerome. Continue your adventure to include the Painted Desert, the Petrified Forest, the ribbon canyons of Lake Powell in Page, AZ, or recapture the 1950s on Old Route 66 in Seligman.

**Local Attractions Around Phoenix:** The hotel offers three nights before and after the conference at the same discount rate, so plan on enjoying some of the local attractions: Frank Lloyd Wright architecture (Taliesin West, Norman Lykes House, David and Gady’s Wright House, Biltmore Hotel, Wright Spire, Grady Gammage Auditorium); the unique world-renowned Musical Instrument Museum (6,800 recent and historic instruments on display, from around the world); the Heard Museum (41,000 American Indian historical and cultural artifacts); the Penske Racing Museum, and various Phoenix and Scottsdale art museums. Visit Old Town Scottsdale with its gift shops, art galleries, restaurants and public art, or travel north to Cave Creek for a live western town experience and go on a boat tour in Saguaro and Canyon Lakes. [Click on this link](#) for information on some of these attractions, outlined by member Nori Muster.



**CE CREDITS AVAILABLE**

IASD’s 2018 Annual Conference features approximately 25 available credits for peer reviewed presentation proposals. The content of presentations designated for CE were selected based on direct relevance to the acquisition of new skills by the continuing postgraduate and professional education of mental health or health care professionals with primary focus on clinical, theoretical, research or academic topics, such as the following:

- clinical use of dreams in psychotherapy,
- the biology and science of dreaming,
- research on the nature, function or meaning of dreams,
- cross-cultural issues in working with dreams,
- content analysis of dreams,
- comparative theories of dream function or interpretation, or
- comparative analyses of theories of dreams.

**The International Association for the Study of Dreams (IASD) is approved by the American Psychological Association to sponsor continuing education for psychologists. IASD maintains responsibility for this program and its content.** Many licensing boards for psychologists, social workers, marriage and family therapists and counselors will accept credits from an APA-approved sponsor. Check with your licensing board to make sure that credits from an APA sponsor, such as IASD, can be applied for your license renewal.

**ADVERTISE WITH US**

Highlight your presence at the 2018 IASD Conference by advertising in the annual conference program.

Do you have a product or business to promote? Do you host a dream group? Are you an artist who would like to reach out to an international audience? Do you offer ongoing workshops?

Are you one of the many published authors who are also members of IASD?

If your ad has not yet been included in the program, don’t get left out this year. You can provide us with camera-ready artwork – or with advance notice and for an additional fee, we will assign a designer to create your ad for you.

Final materials and payment deadline is **MAY 18, 2018**. Sorry, we cannot offer deadline extensions due to strict printing deadlines!

For additional information and size specifications click here: <http://iasdconferences.org/2018/buy-an-ad/>

If you have any questions or to submit your advertisement please contact [Laura Atkinson](#)



**IASD PsiberDreaming Conference 2018  
The Dreamwide Web  
Sunday, September 23 – Sunday, October 7, 2018**

Did you ever dream about a long-lost friend, just before getting their message? Before there was an Internet, there was a Dreamwide Web.

Have you felt a connection to someone grow at a whole new level when you shared a dream? Have you dreamed something about yourself that you didn't know you knew? The Dreamwide Web is multidimensional, reaching through time, space and states of consciousness in an infinite network of entangled minds. It connects us to one another, to the Earth, to our own higher and deeper selves. Explore the Dreamwide Web with us – who knows what we'll discover!

Proposal submission deadline for PsiberDreaming 2018 will be **Monday, June 25**.

Guidelines for proposal submission can be found at <http://iasdconferences.org/psi2018/>

## It's Time To Vote

**Clare Johnson, PhD, Vice President and Chair of the Nominating Committee**

Your vote counts! The following seven candidates have been invited to run in IASD's election, and the five who receive the most votes will become IASD Board members: **Michelle Carr (UK), Athena Kolinski (USA), Jordi Borrás (Spain), Angel Morgan (USA), Kim Mascaro (USA), Loren Goodman (South Korea), Peter Ribbens (USA)**. The new Board members will be announced on Monday, June 18 in the Membership Meeting at the Arizona conference. (Come along and support them!)



Candidates:  
Jordi Borrás  
Michelle Carr  
Loren Goodman  
Athena Kolinski  
Kim Mascaro  
Angel Morgan  
Peter Ribbens

Only current members of IASD can vote for Board of Directors members. You will receive a password for the vote and once you've signed the electronic consent form, you can go ahead and vote.

To cast your vote please visit **2018 Time to Vote**, where you will find bios and photos of the candidates and Officers.

We look forward to receiving your vote. Thank you for helping us to create a wonderful and engaged team of people to head up IASD and enable our dream community to continue to grow and thrive.



**Susanne Van Doorn, Chair, IASD Regional Events Committee**

Even though the situation in the world seems dark sometimes, we dreamers interconnect like Indra's net: supporting each other, weaving lines of light. One good way to connect is to travel to the 35th Annual International Dream Conference in Scottsdale, Arizona. The IASD conference brings us closer together with so many good presentations and interesting keynotes.

For the Regional Representatives who attend the conference there will be a luncheon meeting on Monday June 18, from 12:30 - 2:00 in NE Forum. You need to bring your own lunch from the buffet along with you.

If you want to join our regional team, you are welcome. You would need to become a member of the IASD if you have not already.

Please check the IASD website for up-to-date names and contact information for the regional representative in your area. The Regional Representative [webpage](#) lists them by region, making your search very user-friendly.

If you would like to become a representative or for further information, please contact Susanne Van Doorn, Chair of the Regional Events Committee, at [susanne@mindfunda.com](mailto:susanne@mindfunda.com)

**MEMBERS IN THE MEDIA**

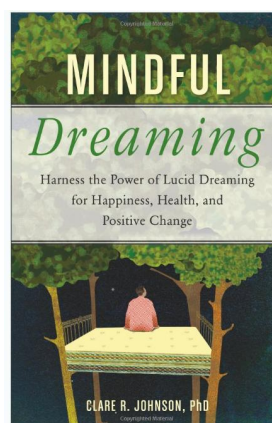


**IASD CONFERENCE COUNTDOWN INTERVIEWS**

Kathleen O-Keefe Kanavos, from *The Kat Kanavos Show*, will be interviewing the 2018 Dream Conference Keynotes, featured speaker and IASD members about their upcoming presentations, IASD experience, and the inspiration behind their dreamwork.

Interviews on Tuesdays, 5-5:30 pm Pacific Time / 8-8:30 pm Eastern Time:  
 May 1<sup>st</sup>: Robert Hoss, Laurel Clark, Kimberly Mascaro  
 May 15<sup>th</sup>: Keynote Stanley Krippner, Rubin Naiman, Walter Berry  
 May 22<sup>nd</sup>: Keynote Robert Stickgold, Carmen Sorrenti, Geoff Nelson  
 May 29<sup>th</sup>: Keynote Fariba Bogzaran, Keynote Katja Valli, Katie Mason  
 June 5<sup>th</sup>: Kathleen O'Keefe Kanavos, Larry Burke, Athena Kolinski

[Listen live or catch a replay](#) or [tune into iHeart Radio](#) to get excited for Arizona's dream-palooza!



**CLARE JOHNSON ON THE RADIO**

Dr. Clare Johnson was interviewed on [OmTimes](#) radio talking about soul dreams, archetypal dreams, and her new book, *Mindful Dreaming*.

Clare will also be live on the [Valder Beebe](#) show on 411 Radio Network at 9.15 Central Time Friday May 4th

food may affect dreams. This column publishes links to evidence-based scientific articles on dreams that are written for a non-research audience.

# hot of the press

## **WANT TO REMEMBER YOUR DREAMS? TRY TAKING VITAMIN B6, BY CRISPIN SAVAGE, UNIVERSITY OF ADELAIDE**

The study, published online ahead of print in *Perceptual and Motor Skills*, included 100 participants from around Australia taking high-dose vitamin B6 supplements before going to bed for five consecutive days. "Our results show that taking vitamin B6 improved people's ability to recall dreams compared to a placebo," says research author Dr. Denholm Aspy from the University's School of Psychology.

**SOURCE: [Medical XPress](#)**

## **SEVEN FOODS THAT AFFECT DREAMS IF YOU EAT THEM TOO CLOSE TO BEDTIME, BY JULIA GUERRA**

According to the National Sleep Foundation, there's not a whole lot of scientific evidence that directly correlates the foods you eat to the dreams you have. However, there's no denying the connection when you look at how your digestive system has a hand in almost everything your body experiences. So, it may not necessarily be about the specific foods you eat, but rather when you eat them, and how they affect the rest of the body.

**SOURCE: [ELITE DAILY](#)**



## **ILLUMINATED COSMIC DREAM VOYAGES**

**APRIL TOTAL NEW AND RENEWING MEMBERS = 45**

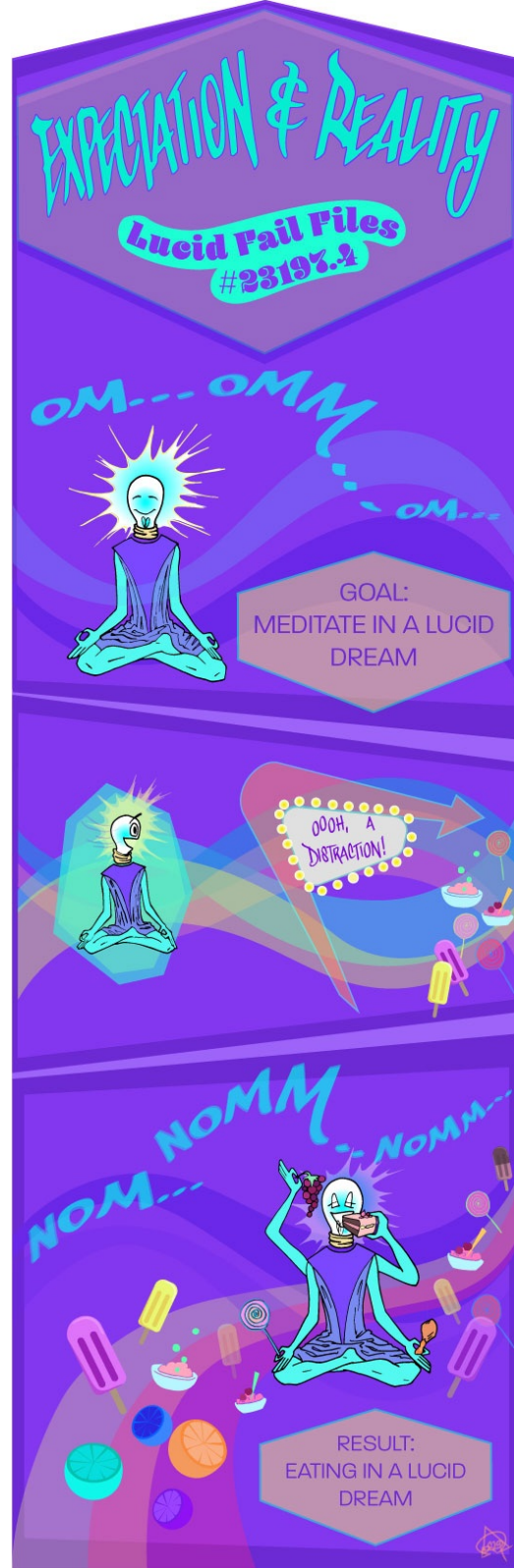
**APRIL TOTAL NEW MEMBERS = 10**

Connie Bovier  
Rachel A. Nichols  
Vanessa L. Morales  
Anna Willieme  
Gregory Rosa  
Deborah Armstrong  
Roser Camats Falip  
Cynthia Bauman  
2 Anonymous

**APRIL TOTAL RENEWING MEMBERS = 35**

David W. Gordon  
Dani Vedros  
Jennifer K. Barber-Rupp  
Nena K. Barber-Rupp  
Patricia L. Kampmeier  
Karen F. Boileau  
Linda E. Yates  
David Jenkins  
Elizabeth Scanzani  
Massimo Schinco  
John T. Shaw  
Patrick J. Stern  
Leslie Ellis  
Johanne T. LaRocque  
Katrina Martin  
Richard A. Russo  
Dr. Kathryn Belicki  
Ed Kellogg  
Dr. Claus C. B. Braun  
Star Edwards

Jabari T. Jones  
Sheila McNellis Asato  
Adam Anczyk  
Velva Lee Heraty  
Guylaine G. R. L. Richer de Lafleche  
Louis Hagood  
Franklin J. Galvin  
Kathy Dirks  
Nori Muster  
Paul Sauers  
7 Anonymous



STAY CONNECTED

