



# Dream News

March Volume 16 Issue #3

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February Membership Total: 59

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## 35<sup>TH</sup> ANNUAL INTERNATIONAL DREAM CONFERENCE

**Doubletree Resort Paradise Valley**  
**Scottsdale, Arizona**  
**June 16 - 20, 2018**

- Over 150 Presenters from 22 Countries!
- Continuing Education Credits Available
- Dream Ball • Juried Dream Art Exhibit
- Morning Dream Groups...

**WWW.IASDCONFERENCES.ORG/2018**  
for conference information and registration instructions.

**and so much more!!!**

**35th IASD Dream Conference**  
**Scottsdale, Arizona**  
**June 16 - 20, 2018**



<http://iasdconferences.org/2018/> for more information

- Preliminary Schedule and Program Listing Posted
- Call for Poster Submissions: Extended to March 15
- Registration for the Conference Open!
- Meal Menus posted for each day, vegan and gluten free entrees available on



request (reserving a meal is recommended since there are no other restaurants in walking distance)

- Call for Volunteers wait list open

**The Venue** • is the beautiful Doubletree Paradise Valley Resort; a resort hotel in a Frank Lloyd Wright style architecture, near the heart of Scottsdale Arizona at a low \$89 per room / night. It is also a perfect location for attendees who want to stay over for a few days to drive the cool high country loop to the many destination sites in Arizona (see below). The hotel is 12 miles from the Phoenix Sky Harbor international airport. We have negotiated the same discount rate for 3 days before and after the conference for attendees who want to take advantage of the local attractions or a high country trek.

### PLAN A TREK TO THE ARIZONA HIGH COUNTRY

Bring your family or organize a group of friends to drive the scenic loop and cool rim country of Arizona ([see the map and pictures](#)). The Grand Canyon is only a 4 hour drive but you will want to stop along the way to see the many sights: the red rocks and mystic vortexes of Sedona; Flagstaff and Oak Creek canyon with its natural water slide, Meteor Crater, the massive Indian cliff dwellings of Walnut Canyon; and drive back via the backroads through the Ghost Town of Jerome; stop off at the cliff dwelling of Montezuma's Castle or the fantastic architectural vision of Paolo Soleri at Arcosanti. Continue your visit to include the Painted Desert, the Petrified Forest, the ribbon canyons of Lake Powell in Page AZ, or re-capture the 50's on Old Route 66 in Seligman.

### ATTENTION ACCEPTED SPEAKERS FOR THE 2018 DREAM CONFERENCE:

We encourage IASD speakers to promote the conference event. The more attendees at the event, the more people that get to hear the awesome content you have to share!

**NEW in 2018** – Customized Promotional Graphic! Add your photo and presentation title, and send to your personal social media network on Facebook, Twitter or personal email.

Send your photo to [Laura Atkinson](#) by 1 April 2018. She will email your customized graphic within 48 hrs. This customization service is available only until April 1, 2018 due to schedule and demand; but you are welcome to assist with promoting the conference until the last day!

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## It's Time To Vote

**Clare Johnson, PhD, Vice President and Chair of the Nominating Committee**

It's time to vote! Each year five Member-elected IASD Directors complete their three-year term,

**Robert Stickgold, PhD**- associate professor of psychiatry at Harvard Medical School.

**Fariba Bogzaran, PhD** - founder of the Dream Studies Program at John F. Kennedy University and author of *Extraordinary Dreams*;

**Lee Irwin, PhD** - Professor of Religious Studies at the College of Charleston and author of *The Dream Seekers*;

**Katja Valli, PhD** – Senior Researcher at the Department of Psychology, University of Turku, Finland; IASD Research Committee Chair;



### CALL FOR DREAM ART ENTRIES

[Application Open Online](#)

The 2018 Juried Dream Art Exhibition will be held in conjunction with the annual conference at Scottsdale.

**Deadline: March 15, 2018.**

We are now accepting original art work about or inspired by dreams (visionary or emotional experiences that occurred during sleep). Two-dimensional and multi-dimensional media will be considered, including painting, drawing, collage, sculpture, video, and installation art. You do not need to be a member of IASD or a conference attendee to participate. [Click](#) for entry information.



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**Clare Johnson, PhD, Vice President and Chair of the Nominating Committee**

It's time to vote! Each year five Member-elected IASD Directors complete their three-year term,

and our members vote for five new Directors. At their February 2018 meeting the IASD Board of Directors approved a wonderful slate of candidates recommended by the Nominating Committee for the five Board vacancies which will be filled in June 2018.

The following seven candidates have been invited to run: **Michelle Carr (UK)**, **Athena Kolinski (USA)**, **Jordi Borrás (Spain)**, **Angel Morgan (USA)**, **Kim Mascaro (USA)**, **Loren Goodman (South Korea)**, **Peter Ribbens (USA)**. From these seven candidates, the five with the most votes will be announced on Monday, 18<sup>th</sup> June in the Membership Meeting at the Arizona conference (come along and support them!).



Candidates:  
Jordi Borrás  
Michelle Carr  
Loren Goodman  
Athena Kolinski  
Kim Mascaro  
Angel Morgan  
Peter Ribbens

The Board appointed three new Directors: Jean Campbell, Clare Johnson, and Robert Waggoner. The new slate of Executive Officers for 2018 has also been approved: **President**, Clare Johnson; **Board Chair**, Laurel Clark; **Vice President**, Sherry Puricelli; **Secretary**, Anna-Karin Bjorklund; and **Treasurer**, Robert Waggoner. All new member-elected and Board-appointed Directors, as well as IASD Executive Officers, will begin their terms during IASD's annual conference at the first Board meeting on Saturday, June, 16, 2018.

Only current members of IASD can vote for Board of Directors members. You will receive a password for the vote and once you've signed the electronic consent form, you can go ahead and vote.

To cast your vote please visit [2018 Time to Vote](#), where you will find bios and photos of the candidates and Officers.

We look forward to receiving your vote. Thank you for helping us to create a wonderful and engaged team of people to head up IASD and enable our dream community to continue to grow and thrive.

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## BRAIN AWARENESS WEEK MARCH 12 - 18, 2018

Help share IASD's expertise on the dreaming brain!

IASD is taking advantage of Brain Awareness Week—a global campaign of the Dana Alliance—to share knowledge of the dreaming brain.

With your help, that is.

Each day during March 12–18, an original IASD BAW article will be posted in the Articles for Dreamers section of IASD's home page, and on IASD's Facebook page. A select team of IASD researchers will discuss a range of interesting topics such as learning and dreaming, narcolepsy, and Post Traumatic Stress Disorder and dreams. Please share each day's articles widely wherever you're active online, whether it's Facebook, LinkedIn, Twitter, your own blog, or by email to friends and colleagues.



A handout PDF—"What Your Brain Is Doing While You Sleep"—is already online, at <https://tinyurl.com/ycaj4hj6>, ready to share now. You can also print it two-sided on a single sheet of paper. Consider giving out some copies locally to school teachers, healthcare providers, reporters, scout troop leaders... anyone who might have a natural interest in the brain, in dreaming, or both.

Questions? Email Gloria Sturzenacker at [glsturz@cs.com](mailto:glsturz@cs.com).

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## Jeremy Taylor Library In the Works

Kelly Bulkeley has graciously taken on the responsibility for moving, storing, and preserving Jeremy Taylor's professional books and papers, which will be the seeds for a brand-new dream research library he is building in Portland, Oregon. Jeremy's daughter Tristy, who gave the green light for this project, understands that her father had a major influence on the contemporary study of dreams and his works will have an enduring historical significance for the field.

To learn more about Kelly's process of packing up and shipping the over 15,000



pounds of books (seven and a half tons!) click [here](#).



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## Dream News Announcement

Our beloved **Janet Garrett**, who has been our copy editor since 2010, is passing the torch to **Joy Fatooh** who has graciously stepped up to join our team. Janet has done an exceptional job and she will be dearly missed. Thank you, Janet and we welcome you, Joy!

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## MEMBERSHIP NEWS

### VOLUNTEERS NEEDED!

*Sherry Puricelli, Chair*

#### 1. OFFICE: **Report Assistant**

Looking for a volunteer to manage reports in IASD's new Membee system. These include reports for membership, donations, conference registrations and other events where information is collected through the Membee program.

Volunteers needn't have previous Membee experience, but should have a basic understanding of MS Excel and MS Word, and be familiar with online browsing.

#### 2. OFFICE: **Membership Profile Assistant**

Looking for a volunteer with basic computer skills to learn the new Membee membership program, help with the membership profiles and interface with members on how to use it.

#### 3. OFFICE: **Links Checker**

Do you love to explore the web? We need people to go through the IASD website and check links to make sure they work. You'll have a great opportunity to learn more about IASD, what we do, and what our website offers!

#### 4. OFFICE: **Researchers**

We need volunteers with good writing and research skills who would like to add to Wikipedia. When people search for "dreams" or other dream-related topics, if Wikipedia has IASD-related references, it lets people know about us and improves our rating in search engines. Wikipedia looks for well-documented resources. When these resources are connected with IASD, people interested in dreams can find us. For example, if you look at the page on Dream Art, it says this article needs additional citations for verification. [Dream art](#) The page on Dreams has many resources but could be further updated – and continually updated as dream research and writing continues!

Please contact our president Sherry Puricelli at [awakendream@ymail.com](mailto:awakendream@ymail.com) or Board Chair Laurel Clark at [lclark@som.org](mailto:lclark@som.org) if you would like to help with these projects.

#### 5. EDUCATION COMMITTEE: **Moodle Skills**

Volunteers are needed for the IASD Online Course Center. Do you have experience in the Moodle educational learning platform? Or are you interested in learning how to develop and manage CE courses using Moodle, and helping the rapid expansion of the IASD online education center? Please contact **Anna-Karin Bjorklund** at [annakdreams@gmail.com](mailto:annakdreams@gmail.com) or **Scott Sparrow** at [Gscotspar@gmail.com](mailto:Gscotspar@gmail.com) if you want to be a part of developing our online courses!

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## REGIONAL NEWS YOU CAN USE

*Susanne Van Doorn, Chair, IASD Regional Events Committee*

As in the Northern Hemisphere the light softly increases in strength, our dreams may weave patterns of safety that we crave in our lives. Wherever we are, let's continue to make our world a better place through dreams and action.

If you want to join our regional team, you are welcome. You would need to become an IASD member if you are not already.

We currently have 52 regional representatives – IASD members living on all continents of the world. They are the people who greet the new and renewing members online and who are actively involved in promoting dream work in their region. **At the moment we are looking for a new representative for England.**

Please check the IASD website for up-to-date names and contact information for the regional representative in your area. The [Regional Representative webpage](#) is divided into regions, making your search more user-friendly.

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## IASD HEADQUARTERS HAS NEW LOCATION

Our IASD office has moved.

Our new mailing address is:

IASD  
PO Box 206  
Novato, CA 94948

If your mailer cannot send to a PO Box, use this address:

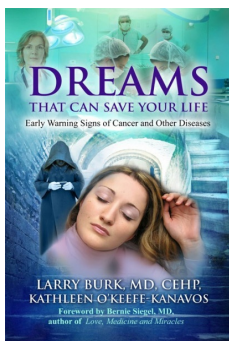
IASD  
1537 South Novato Blvd #206  
Novato, CA 94948

(Note: must have the hash tag/pound sign #206; *do not* use "unit" 206.)



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## MEMBERS IN THE MEDIA



### A NEW BOOK ON DREAMS OF DIAGNOSIS AND HEALING

Dr. Larry Burk made his first IASD presentation on dreams that warn of cancer in 2013 and published a paper in 2015 of 18 women who dreamed of their breast cancers prior to having any symptoms. One of the dreamers in his study, Kat O'Keefe-Kanavos, is his co-author for a new book *Dreams that Can Save Your Life: Early Warning Signs of Cancer and Other Diseases* to be published by Findhorn Press, an imprint of Inner Traditions/Bear & Co., on April 4, 2018. There are stories of dreams of many types of cancer and other diseases, healing dreams and dreams of illness in others. The book's vision is to restore dreams to their rightful place in medicine and inspire future research.

[www.larryburkmd.com](http://www.larryburkmd.com).

In this issue, Hot Off the Press focuses on dreams as inspiration for fantasy literature. This column publishes links to evidence-based scientific articles on dreams that are written for a non-research audience.



**13 DREAM-RELATED STORIES BY H.P. LOVECRAFT BY KELLY BULKELEY**

H.P. Lovecraft (1890-1937) was a prolific American author of poems, short stories and novellas in the horror/fantasy genre. Although he died in poverty and obscurity, he has since been recognized as one of the most influential writers of “weird fiction” since Edgar Allen Poe. In 2005 an edition with several of Lovecraft’s *Tales* was published by the eminent Library of America, in recognition of his enormous impact on contemporary fantasy literature. One of the most powerful sources of his creativity came from his dreams and nightmares. The following lists 13 of Lovecraft’s most dream-infused stories, with the dates he wrote them.

SOURCE: [HUFFINGTON POST](#)

**BAD DREAM LEADS TO A DREAM COME TRUE, BY KAREN CERNICH**

A bad dream awoke Nancy Campbell, Labadie, from her sleep several years ago and immediately sent her searching for paper and pen to capture the thoughts in her head. What she wrote down was a conversation between two people, but those words turned out to be the inspiration for a fantasy novel and possibly even the start of a series. *The Cost* introduces readers to Eormengrund, “a world where the magic of a mind has more power than Smith, Wesson or Winchester,” Campbell writes. “Get ready for an adventure of epic proportion, where nothing is totally what it seems.”

SOURCE: [MISSOURIAN](#)



**ILLUMINATED  
COSMIC DREAM VOYAGES**

**FEBRUARY TOTAL NEW AND RENEWING MEMBERS = 59**

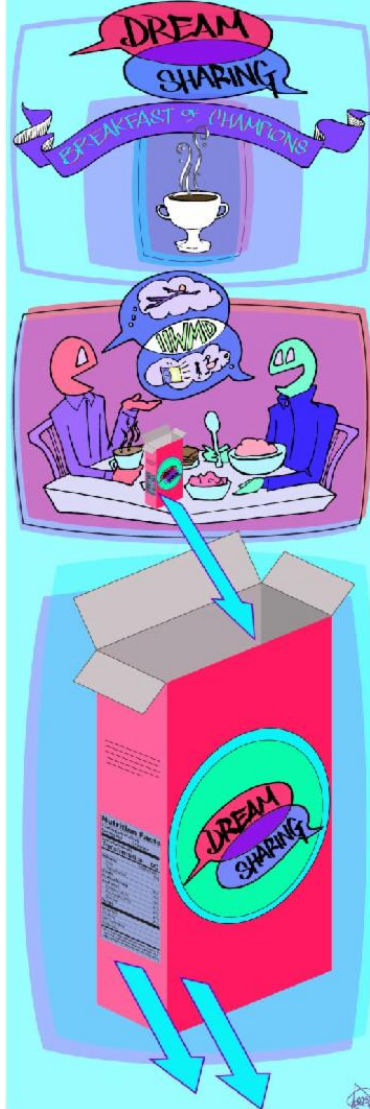
**FEBRUARY RENEWING MEMBERS = 45**

- Christian Gerike
- Suzanne Stewart
- Robert Hoss
- Lynne Hoss
- Anne Reese
- Joseph Reese
- Therezinha Moreira Leite
- Barbara A. Bluck
- Dale E. Graff
- Alfio Maggiolini
- Nicole Gratton
- Susannah Benson
- JFK Universities Library Asst. Fisher Library
- Line Salvesen
- Angel Kwan-Yin Morgan
- Laurel J. Clark
- Arnold J. Hook
- Patti Allen
- David Patrick Greene
- Bonnie Buckner
- Tracey L. Kahan
- Don Middendorf
- Beverly Ann Ford
- Linda Scott
- Carol D. Warner
- Rachel G. Norment

Melinda Powell, nee Ziemer  
 Ken Arenson  
 Rose Gordy  
 Steven E. Pilgram  
 Patricia Schmieg  
 Susanne van Doorn  
 Tadas Stumbrys  
 G. Nathan Feinstein  
 Margarete Kaylor  
 Kelly Bulkeley  
 Bernard Welt  
 Mark T. Blagrove  
 Rev. Geoff G. Nelson  
 Heather Dawn  
 Holly C. Benzenhafer  
 Seven Anonymous

**FEBRUARY NEW MEMBERS = 14**

Chris McCleary  
 Maria A. Wattier  
 Rev Robert Haden  
 Erin Headrick  
 William Rath  
 Miguel Gasca  
 Kim T. Phetteplace  
 Michael J. Wahl  
 Mr. Harry de Bont  
 Laura V. Grace  
 Four Anonymous



<b>Nutrition Facts</b>	
1 serving per morning	
Serving size	2+ people
Amount per serving	
<b>Transformation</b>	<b>∞</b>
	% Daily Value *
<b>Guidance</b>	70%
Inner	
Transpersonal	
<b>Insight</b>	82%
<b>Problem Solving</b>	70%
<b>Awareness</b>	70%
Epiphany (AHA)	97%
Precognitive (PSI)	62%
Shadow	47%
<b>Healing</b>	87%
Connection	
Creativity	
Self Expression	
Catharsis	

\* The % Daily Value estimates how much a nutrient in a session of morning dream sharing contributes to a daily practice of self development and actualisation.

STAY CONNECTED

