



Dream News

January Volume 16 Issue #1

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Visit our Website

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35TH ANNUAL INTERNATIONAL DREAM CONFERENCE

Doubletree Resort Paradise Valley
Scottsdale, Arizona
June 16 - 20, 2018

- Over 150 Presenters from 22 Countries!
- Continuing Education Credits Available
- Dream Ball • Juried Dream Art Exhibit
- Morning Dream Groups...

WWW.IASDCONFERENCES.ORG/2018
for conference information and registration instructions.

and so much more!!!

35th IASD Dream Conference Scottsdale, Arizona June 16 - 20, 2018

<http://iasdconferences.org/2018/> for more information

- New Conference Video
- **Call for Submissions:** Feb 15, 2018
Deadline. Late Submissions still invited, will go on wait list
- **Registration for the Conference** Open!
- **Call for Volunteers** Open – your chance to attend for \$80
- **Preliminary Schedule Posted**

**New
Conference
Video**

The Venue • is the beautiful Doubletree Paradise Valley Resort; a resort hotel in a Frank Lloyd Wright style architecture, near the heart of Scottsdale Arizona at a low \$89 per room night. It is also a perfect location for attendees who want to stay over for a few days to drive the cool high country loop to the many destination sites in Arizona (see below). The hotel is 12 miles from the Phoenix Sky Harbor international airport. We have negotiated the same discount rate for 3 days before and after the conference for attendees who want to take advantage of the local attractions or a high country trek.

PLAN A TREK TO THE ARIZONA HIGH COUNTRY

Bring your family or organize a group of friends to drive the scenic loop and cool rim country of Arizona ([see the map and pictures](#)). The Grand Canyon is only a 4 hour drive but you will want to stop along the way to see the many sights: the red rocks and

We hope you will all join us for next year's exciting event! Watch the video here and kindly share it with your friends:



<http://iasdconferences.org/2018>

mystic vortexes of Sedona; Flagstaff and Oak Creek canyon with its natural water slide, Meteor Crater, the massive Indian cliff dwellings of Walnut Canyon; and drive back via the backroads through the Ghost Town of Jerome; stop off at the cliff dwelling of Montezuma's Castle or the fantastic architectural vision of Paolo Soleri at Arcosanti. Continue your visit to include the Painted Desert, the Petrified Forest, the ribbon canyons of Lake Powell in Page AZ, or re-capture the 50's on Old Route 66 in Seligman.



CALL FOR DREAM ART ENTRIES

[Application Open Online](#)

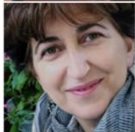
The 2018 Juried Dream Art Exhibition will be held in conjunction with the annual conference at Scottsdale.

Deadline: March 15, 2018.

We are now accepting original art work about or inspired by dreams (visionary or emotional experiences that occurred during sleep). Two-dimensional and multi-dimensional media will be considered, including painting, drawing, collage, sculpture, video, and installation art. You do not need to be a member of IASD or a conference attendee to participate. [Click](#) for entry information.



Robert Stickgold, PhD - associate professor of psychiatry at Harvard Medical School.



Fariba Bogzaran, PhD - founder of the Dream Studies Program at John F. Kennedy University and author of *Extraordinary Dreams*;



Lee Irwin, PhD - Professor of Religious Studies at the College of Charleston and author of *The Dream Seekers*;



Katja Valli PhD – Senior Researcher at the Department of Psychology, University of Turku, Finland; IASD Research Committee Chair;



Michael Grandner, PhD - Director of the University of Arizona Sleep and Health Research program.

INFORMATION EXCHANGE PROGRAM

As part of promotion for the 2018 Conference, member Michelle Carr has contacted a number of science and consciousness related organizations, offering them a brief link in IASD's Dream News or on our Facebook page in return for similar advertising within their own organizations

Parapsychology Convention in Petaluma

The Parapsychological Association will be holding its 61st annual convention on August 2-5, 2018 at the Institute of Noetic Sciences in Petaluma, California. Leading scientists will gather to present the latest parapsychological research into psi and related phenomena, such as extra-sensory perception, psychic healing, and altered states of consciousness. http://www.parapsych.org/section/58/2018_convention.asp

IASD PLEDGE DRIVE: THERE'S STILL TIME TO DONATE

if you intended to donate before the end of 2017 to IASD's annual Pledge Drive, there's still time to donate, even though it's January!

We hope you will take this opportunity to help finance special programs in IASD. Each year, our Pledge Drive extends from the end of



November through the end of January in the next year, so that members can take a look at year-end finances to determine what they can contribute.

We hope that you will join us with your support. Every penny you contribute helps sustain our dreams. Give now at <http://www.asdreams.org/pledge2017/>



You shop. Amazon gives.

SUPPORT IASD WITH A SMILE

Would you like to continue to support IASD all year long? Try AmazonSmile, an easy way to give money without the stress. Click on this link and sign up. Every time you make a purchase on Amazon, .05% goes to our organization.

THE ERNEST HARTMANN AWARD FOR STUDENT RESEARCH

Curtiss Hoffman, Student Research Awards Chair



Ernest Hartmann
1934-2013

We are pleased to announce that the anonymous donor who generously provided funding for the Student Research Award last year has graciously agreed to provide matching funds for the 2018 competition! The IASD Board of Trustees will provide the balance of funds.

As in previous years, there will be two \$500 awards. The first is for the best student submission of original scientific research on dreams and dreaming. The second is for the best student submission of original historical, literary, artistic, or theoretical research. Undergraduate and graduate students are eligible to submit papers. See <http://www.asdreams.org/student-awards/> for additional details.

All participants must submit their presentations in electronic form, preferably through email to: office@asdreams.org, or if necessary by mailing the files to the address below, copied to a CD or a DVD, to the IASD office by March 1, 2018.

Participants may also electronically submit videos in AVI formats, or music in MIDI or MPS formats.

IASD-Student Research
1672 University Avenue
Berkeley, CA 94703 USA

Mark on any mailed box "OK to leave on porch."

Alternatively, a copy can be faxed to the IASD Office at 1-209-724-0889, or scanned and emailed as an attachment to office@asdreams.org. A note or cover letter should be included to indicate that this is for the IASD Student Research Award.

Participants must specify which of the two awards they are applying for. In the case of papers with multiple authors – in terms of the ideas presented as well as the description of the results – the contestant must indicate clearly, in either the text of the paper or in an accompanying letter, what portions are the submitter's work.

Research that has been published prior to the submissions deadline is not eligible for this award.

Submissions must include a copy of the participant's student ID.

Winners will be announced during the General Membership Meeting at the IASD annual conference, which will be held at the Doubletree Resort Paradise Valley, Scottsdale AZ, June 16-20, 2018.

Check the schedule of conference events to find out the exact date and time.



REGIONAL NEWS YOU CAN USE

Susanne Van Doorn, Chair, IASD Regional Events Committee

I hope you had a lovely Christmas and are enjoying a brand-new and positive year. The Regional Committee continues to seek out and respond to members who are interested in hosting a regional event.

This month I will tell you a little bit more about one of those members, the representative of South Africa, Dr. Deon van Zyl. In the next months I plan on introducing more regional representatives to you.

If you want to join our regional team, you are welcome. You would need to become a member of the IASD if you are not already registered.

At the moment we have 52 regional representatives –IASD members living on all continents of the world. They are the people who greet the new and renewing members online and who are actively involved in promoting dream work in their region. **At the moment we are looking for a new representative for England.**

Please check the IASD website for up-to-date names and contact information for the regional representative in your area. The Regional Representative webpage (embed <https://www.asdreams.org/regionals/contact-your-regional-rep/>) is divided into regions, making your search more user-friendly.

If you would like to become a representative, or for further information, please contact Susanne Van Doorn, Chair of the Regional Events Committee, at susanne@mindfunda.com

Regional Representative South Africa: Dr. Deon van Zyl

Dr Deon van Zyl is the South African representative of the IASD. He creates awareness of the IASD's activities and its annual conference through regular lectures on dreams and dreaming to a wide variety of audiences.

A group of 16 professional psychologists affiliated to the South African Association for Jungian Analysts meet once a month for a morning or full day seminar, and the latest theories and research on dreams and dreaming are often discussed.

Members also regularly bring client dreams for processing during group supervision. During 2017 this group had two full days on dreams and dreaming.

This professional body also has a public arm in Johannesburg called the Jung Centre, and offers public lectures. These talks are attended by an average of 50 people, and dreams have been a regular topic. The IASD and its annual conference and website are always mentioned at these talks. Deon has also given public talks on dreams to the Cape Town Jung Centre which included mention of the IASD.

Apart from these regular forums, Deon also gets invited to give public talks on dreams to a variety of other organizations, such as the local Buddhist community, a recent Toastmasters convention, a



Top Photo: Dr Deon van Zyl doing a lecture

Renaissance Group, and an Afrikaans-speaking network who meet twice a month called the "Nuwe Hervorming Netwerk". At these talks Deon always makes a point to reference the IASD and its activities.

Bottom Photo: Deon at a recent Toastmasters convention after a lecture on dreams

Brain Awareness Week

Gloria Sturzenacker

For seven days in March, IASD will be posting original articles on dreaming and the brain. You can share this knowledge with your network, and in the process, highlight the depth of scientific and clinical expertise in IASD.

From March 12 to 18, 2018, IASD will publish one to two articles on the IASD website—articles from the perspectives of science, therapy, and dreaming. As a prelude to the March event, an IASD-BAW handout will soon be posted that briefly introduces a variety of important dreaming-brain topics.

Please share the handout and articles on whatever social media you participate in. If you have a blog, write about and link to them. Print out hard copies to give to your healthcare professional or your child's teacher. If you're a Facebook user, also like and comment on the articles at IASD's Facebook page.



Brain Awareness Week is a global project of the Dana Alliance, which supports brain research. Since 1996, more than 5,600 partners, in 120 countries, have participated in this annual project. This is IASD's first year as a partner.

Questions? Email Gloria Sturzenacker at glsturz@cs.com.



Members in the Media

NEW PODCAST ON DREAMS

Dreaming Back to the Earth is a podcast which explores the concept that dreams are a path to a soul-rooted relationship to self and earth. Hosts Mary Kay Kasper and Katrina Dreamer will share their unique experiences, perspectives, and practices related to earth dreaming, in order to illuminate how dreams awaken and guide us on a personal and ecological level. Practices, exercises, and strategies for utilizing dreamwork and earth-based practices will be shared at the end of each segment. Join us and deepen into your dreams and the heart of the earth.

Link to the first episode: <https://soundcloud.com/user-258184832>



In this issue of Hot Off the Press we will be focusing on dreams as health predictors. The intention of this column is to publish links to evidence-based scientific articles on the study of dreams that are written for a non-research audience.

STRANGE, VIOLENT DREAMS COULD BE TRYING TO WARN US ABOUT FUTURE BRAIN DISEASE

Researchers have found an unexpected link between strange, physically violent dreaming and the risk of neurological disease, such as Parkinson's and dementia, later in life, and say they could act as an early warning sign decades before diagnosis.

SOURCE: [SCIENCE ALERT](#)

Sleep is an indispensable normal physiology of the human body, fundamental for healthy functioning. It has been observed that Parkinson's disease (PD) not only exhibits motor symptoms, but also non-motor symptoms such as metabolic irregularities, altered olfaction, cardiovascular dysfunction, gastrointestinal complications and especially sleep disorders which is the focus of this review.

SOURCE: [ACADEMIA](#)



IN MEMORIAM Jeremy and Kathryn Taylor

From Fariba Bogzaran

Dear Dream Community,

Tristy Taylor, daughter of Jeremy and Kathryn Taylor, has asked me to announce to the dream community that Jeremy Taylor unexpectedly died of a heart attack two days following his beloved wife's death on New Year's Day. We are all in shock and deeply saddened by this news.

Naturally Tristy is overwhelmed as well and is not ready to be contacted directly. I would instead invite the community to observe your dreams in the next week for any related dreams.

What an incredible loss for our dream community and the world at large.

Holding Tristy and the family in light and love.



ILLUMINATED COSMIC DREAM VOYAGES

TOTAL DECEMBER NEW AND RENEWING MEMBERS = 50

TOTAL DECEMBER RENEWING MEMBERS = 39

Christopher G. Sowton
Jennifer M. Thompson
Barbara Andrews
William Beaver
Walter E. Berry
Dominc Potts
Mena Potts PhD
Brigitte Dr. Holzinger
David Kahn
Arthur T. Funkhouser
Iain Ross Edgar
Paul W Hartsuyker
Cynthia Pearson
Prof Pietro Rizzi
David Rivinus
Sandra Olliges MA
Kate Connolly
Prof Megumi Yama

Prof Charles Stewart
Carlyle T Smith,
Mary Jane Smith
Laura M Smith
Debbie Spector Weisman
Robert LeCates
Henry R. Warder
Johanne Hamel
Ted Hiebert
Suzanne Saldarini
Frank H. Beurskens
Janet Beurskens
Karen Mosby
Johanna King
Eugene Kovalenko
Joseph De Koninck
Estefania Moreno
Jill E Fischer
Jayne I Gackenbach
Sandy Prins
Juhani Kaariainen
Maria Carla Cernuto
Jacquie E. Lewis
Rosemary Gosselin
Diana M Thompson
David Cielak
Loren Goodman
Umberto Barcaro
Deborah Kelley-Galin

TOTAL DECEMBER NEW MEMBERS = 11

Elena Sadalskaya
Derek C Donnan
Helena C Daly
Susan H Stember
Dream Network Aotearoa New Zealand
Layne Dalfen
2 Anonymous



**Error 404:
Dream not found**



STAY CONNECTED

