



Dream News

October 2017 Volume 15 Issue #9

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Visit our Website

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THERE'S STILL TIME TO REGISTER FOR PSIBERDREAMING 2017

Illuminating the Path: Psi Dreaming For a Better World

Over 200 dreamers from around the world are attending IASD's PsiberDreaming Conference 2017 right now. The discussion portion of the conference ends on October 8, but the password-protected forum will be open until October 31. It's a conference you won't want to miss at a price you can't afford to turn down!

General Public	\$75
IASD Member	\$65
Student With Valid ID	\$50
New IASD Member	\$0

PsiberDreaming is IASD's way of welcoming new members. Anyone who becomes a member of IASD between August 1 and October 31 will receive access to this conference FREE!

For Registration and more information on the conference <http://iasdconferences.org/psi2017/>

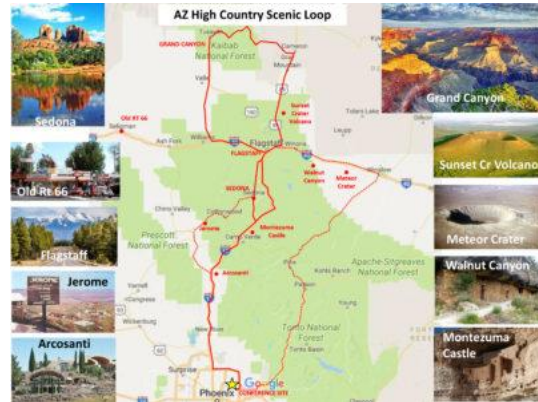


2018 IASD ANNUAL CONFERENCE IN SCOTTSDALE, AZ

Go to <http://iasdconferences.org/2018/> for more information

- **Call for Submissions:** Now Open
Deadline December 15, 2017.
- **Registration for the Conference** Now Open!
- **Call for Volunteers** Now Open – your chance to attend for \$80
- **Lodging Registration:** Now Open at a low \$89 group rate per night at the beautiful Doubletree Paradise Valley Resort.

The Venue • is in a beautiful resort style hotel near the heart of Scottsdale Arizona at a low \$89 per room night. It is also a perfect location for attendees who want to stay over a few days to drive the cool high country loop to the many destination sites in Arizona (see below). The hotel is 12 miles from the Phoenix Sky Harbor international airport. We have negotiated the same discount rate for 3 days before and after the conference for attendees who want to take advantage of the local attractions.



Plan a Trek to the Arizona High Country: Bring your family or organize a group of friends to drive the scenic loop and cool rim country of Arizona ([see the map and pictures](#)). The Grand Canyon is only a 4 hour drive but you will want to stop along the way to see the many sights: the red rocks and mystic vortexes of Sedona; Flagstaff and Oak Creek canyon with its natural water slide, Meteor Crater, the massive Indian diff dwellings of Walnut Canyon; and drive back via the backroads through the Ghost Town of Jerome; stop off at the diff dwelling of Montezuma's Castle or the fantastic architectural vision of Paolo Soleri at Arcosanti. Continue your visit to include the Painted Desert, the Petrified Forest, the ribbon canyons of Lake Powell in Page AZ, or re-capture the 50's on Old Route 66 in Seligman.



CALL FOR 2017 RESEARCH GRANT PROPOSALS

High quality quantitative and qualitative research proposals are invited in areas related to dreams and dreaming, including but not limited to: the biology or neuroscience of dreaming, phenomenological and psychological studies of dreaming, and such fields as anthropological and cultural studies.

Submission Deadline • 15 October 2017. All submissions must be electronically submitted to bob@dreamscience.org.

Go to www.dreamscience.org/iasd for instructions and submission forms

These moderate or seed grants are dependent on donations as well as a partnership between IASD and the DreamScience Foundation (DSF). Your generosity is important; you can do your part at <http://www.dreamscience.org/asd> then click on the "Make a Difference" button.



REGIONAL NEWS YOU CAN USE
Susanne Van Doorn, Chair, IASD Regional Events Committee

Recently, we have experienced an Equinox – those two times each year (20 March and 23 September) that day equals night. This is always a good time to reflect on your inner balance. I hope that your dream life has embraced this balance between light and day.

The Regional Representatives Committee has undertaken a project to participate in [Brain Awareness Week](#) “a global campaign to increase public awareness of the progress and benefits of brain research.” It’s an initiative of the [Dana Foundation](#), “a private philanthropic organization that supports brain research through grants, publications, and educational programs.” IASD is now registered as a BAW partner. There are dozens or maybe hundreds of partners, located around the world.

BAW is an annual event, and the dates for the next one are March 12-18, 2018. We plan to start small for BAW 2018, and then build IASD’s participation each year, if possible.

For BAW 2018, we plan to prepare two types of dreaming-and-the-brain informational items:

- Daily social media posts (for the IASD Facebook page and for IASD members to post on their individual social media pages)
- A handout about dreaming and the brain, to upload to the BAW website and to make available for IASD members to physically hand out or post in their home area.

Members of the Research Committee will be providing much of the content. But, of course, there are other IASD members who have expertise in how dreaming either occurs in or affects the brain. If you are one of them and are interested in helping create content, please email Gloria Sturzenacker at glsturz@cs.com

Also, those of you who have institutional affiliations and are willing to help promote Brain Awareness Week might want to consider becoming BAW partners yourselves. Unfortunately, IASD’s partnership is listed only under California, because that’s where our Central Office is. So if you become a partner, be sure to mention IASD in your description!

Regional Calendar

No Events Announced At This Time



Photo of Joanne Rochon with Alan Siegel

**IN MEMORIAM-
HONORING
JOANNE
ROCHON**

Robert Gongloff

While we mourn the passing of Joanne Rochon, we also wish to celebrate her contributions to the art and dream communities. Joanne passed away on July 27 after two years battling cancer.

Joanne first became involved with IASD in the early 1990’s. In 1991, she was invited by Fariba Bogzaran to serve as co-chair of the arts committee. She helped organize the conference art exhibits in Santa Fe in 1994, New York City in 1995, Berkeley in 1996, Asheville in 1997, Hawaii in 1998, and Santa Cruz in 1999. She also served as host for the NYC conference. Regrettably, she had to leave her involvement with the organization in 2000 to care for her mother and sister who were both suffering from Alzheimer’s.



In 2013, she was excited about being able to return to her involvement with IASD. She entered the art show in 2013 and received the third place prize. She produced the art labels and award certificates for the annual conferences from each year from 2013 to this last conference in LA. She asked to be on the arts committee and was looking forward to passing on some new ideas for involvement of the organization in the arts.

Her family still faces a large debt for her health care. Less than half of the \$50,000 debt has been collected. IASD has made a contribution in her behalf to the [memorial fund](#) and we invite members to also

If you want to join our regional team, you are welcome. You would need to become a member of the IASD, if you are not already registered.

Please check the IASD website for up-to-date names and contact information for the regional representative in your area. The [Regional Representative webpage](#) is divided into regions, making your search more user-friendly.

If you would like to become a representative or for further information, please contact Susanne Van Doorn, Chair of the Regional Events Committee, at susanne@mindfunda.com

contribute as they see fit.

Thank you, Joanne, for sharing your love of art and the dream with us.

SPAM ALERT REGARDING FUNDLY

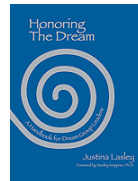
Recently, some IASD members have received an email from Fundly requesting donations for a member's medical care. This email and request is fraudulent. It did not come from IASD. Though it uses an IASD banner, it has no signature, name or authorization from the IASD Board. Robert Waggoner wrote to Fundly about this fraudulent email, and they agreed to close the account and refund any monies back to donors. Please be vigilant when it comes to unusual emails requesting funds.



THE BBC GETS INTO DREAM THERAPY

Dr. Clare Johnson appeared on BBC Radio London last month, where she was invited to talk about her new book, *Dream Therapy: Dream Your Way To Health And Happiness*. The presenter, Jo Good, remarked how "cruel" dreams can be after someone you love dies, so Clare described how dreams can in fact help us to heal from grief, and how *Dream Therapy* can empower people to become their own dream therapists. Wobbly tooth dreams, lucid fist-clenching experiments, nightmares and the existential dreams of early childhood all came into the lively discussion.

[Listen here](#) (starts at 2 hours 10 minutes)



ANNOUNCING THE UPDATED EDITION OF JUSTINA LASLEY'S HONORING THE DREAM

"A book that belongs on every dreamworker's shelf" says Jeremy Taylor of Justina Lasley's acclaimed *Honoring the Dream: A Handbook for Dream Group Leaders*. And now it will be available mid-October in a new edition with updated exercises and guidance, blending insights about dreams with the practicalities of group work. The book offers over 40 dream exercises and ready-to-use forms and handouts, as well as step-by-step guidance in creating and facilitation dream groups. In the preface to the book, Justina writes, "My mission has been to convey all I have learned about group dreamwork to others who want to form a new group or who need support in leading such a group."

You can learn more by [clicking here](#)

CHECK OUT THE NEW LDE MAGAZINE

The September edition of the free online magazine, *Lucid Dreaming Experience*, is now online. By clicking on the cover at www.DreamingLucid.com you can read some fascinating articles and lucid dreams by IASD members, Clare Johnson, Alexandra Enns, Robert Waggoner and others.



DREAM YOUR WORLD ONLINE CONFERENCE IN OCTOBER

Announcing the **Dream Your World** online conference and project: A movement to create empowered dreamers among girls and young women who will envision, create, and manifest positive change in their lives, their communities, and their world.



The Dream Your World Online Conference takes place **October 25 - 28, 2017**, consisting of over 30 speakers from around the world teaching about dreaming, along with other tools for manifesting dreams in actualized projects. Open to all audiences, The Dream Your World Project is a year-long project-based curriculum for girls/young women ages 8 – 29, using dreams to: identify communal dreams and a necessity, find responses, and bring about realized, tangible projects to meet that response.

This year's presenters include IASD members **Susannah Benson, Jane Austin, and Deirdre Barrett**.



SUPPORT IASD WITH A SMILE

Would you like to continue to support IASD? Try AmazonSmile, an easy way to give money without the stress. [Click on this link](#) and sign up. Every time you make a purchase on Amazon, .05% goes to our organization.

If you have other clever suggestions on how to raise money for IASD, please let us know.

KEYNOTE ADDRESS NOW AVAILABLE

G. William Domhoff's keynote address at the 2017 Conference of the International Association for the Study of Dreams in Anaheim, California on June 19, 2017: *Seven Surprising Discoveries That Changed My Thinking About Dreams* is now available

Domhoff writes "It is shortened in various ways via editing, and augmented by pictures of many dream researchers and by graphics and subtitles that go beyond the list of slides I used at the talk."

[Here is a link to the video](#)



G. William Domhoff, 2017 Keynote

Conference is Free and Open to the Public

[Click to register](#)



In this issue of Hot Off the Press we will be focusing on the darker side of dreams. The intention of this column is to publish links to evidence-based scientific articles on the study of dreams that are written for a non-research audience.

LUCID NIGHTMARES: THE DARK SIDE OF SELF-AWARENESS IN DREAMS, BY RYAN HURD

In this article, the phenomena of lucid nightmares and near death experiences are explored.

SOURCE: [ACADEMIA](#)

WHEN BETRAYAL IN A DREAM LEADS TO REAL-LIFE CONFLICT, BY CRYSTAL PONTI

While researchers still aren't sure why we have nightmares, one theory is that they provide a safe, low-stakes space to work through difficult emotions or situations that might be troubling us in waking life.

SOURCE: [NEW YORK MAGAZINE](#)



TOTAL SEPTEMBER NEW AND RENEWING MEMBERS = 61

SEPTEMBER RENEWING MEMBERS = 33

Richard Paseman
Denise Paseman
Judy B. Gardiner
Shirley A. McNeal
Anne-Marie Gabella
John M. Corbett
Nigel Ian Hamilton
Rev. Sven Hedenrud
Misa Tsuruta
Dr Carol Manning
Mara Lebane
Ms Carol Marie Malady
Dr Idalina Aparecida de Souza
Mr Alwin E. Wagener
Mrs Magloire del Rocio Aguirre

Ms Kelly Lydick
 Dr Ave Minajeva
 Ms Becky Steele
 Ms Mary Kay Kasper
 Brenda Jo Ferrimani
 Lise Robillard
 Roberta Ann Hinds
 Seajay Crosson
 Mr Robert Elliot Wolff
 Mr Lean Siegrist
 Christine Anderson
 Ms Marybeth Haas
 Mr Bruce Allan Blair
 Ms Seyta Selter
 Ms Karen Konkoly
 Diane W. Jackson
 Mr Shuhei Enomoto
 Karen J. Bartnicki
 1 Anonymous

SEPTEMBER NEW MEMBERS = 28

Matthew Thomas
 Sarah E Hall
 Barbara Allen
 Gary Braun
 Debra Braun
 Hans Ole Ostergard
 David J Barr Jr
 Stephen M Findley
 Gail GS Sobotkin
 Deborah Waitley
 Mary Deiona
 Leah J Henry
 Jennifer N Hinton
 Leah Bolen
 Erika EM Miller
 Noris Binet
 Mr. Anthony M Hawkins
 Kloey A Kelton
 Carmen Roman
 Dream Awareness Network
 Dreaming Fire
 Paulina Urbańczyk
 Oliver Seger
 Dhyana Salazar
 6 Anonymous



STAY CONNECTED

