



Dream News

November 2017 Volume 15 Issue #10
In this Issue:

Visit our Website

2018 IASD Annual International Conference
in Scottsdale, AZ:

- Call for Submissions Now Open Online
- Registration for the Conference Now Open
- Call for Volunteers Now Open
- Lodging Registration Now Open
- Preliminary Keynote Announcement
- Call for Dream Art Submissions
- IASD Annual Pledge Drive Starts in November
- Regional News You Can Use
- Members in the Media
- Hot off the Press
- Dream Toons
- October Membership Total: 38

Contact:

office@asdreams.org
209.724.0889

Linda H. Mastrangelo, Editor

Janet Garrett, Copy Editor

Laura Atkinson, Design and Layout

Richard Wilkerson, IASD Office
Manager

Jean Campbell, Executive Committee
Advisor

Robert P. Gongloff, Editorial
Consultant

Delia Puiatti, Dream Illustrator

35th Annual IASD Dream Conference

Doubletree Resort Paradise Valley
Scottsdale, Arizona

Important Deadlines:
Call for Presentations: 15 Dec 2017
Call for Artwork: 15 Mar 2018
Call for Volunteers: Open Until Filled

June 16 - 20, 2018

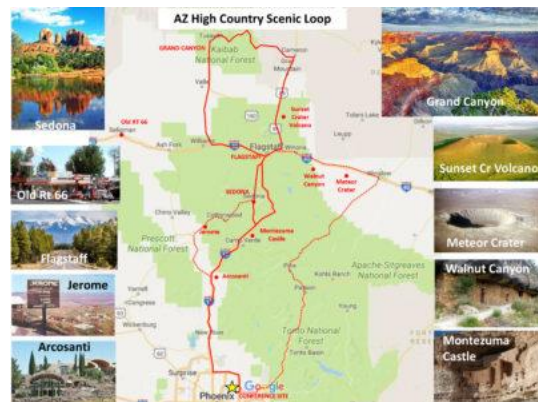
To register or more information
iasdconferences.org/2018

2018 IASD ANNUAL CONFERENCE IN SCOTTSDALE, AZ

Go to <http://iasdconferences.org/2018/> for more information

- **Call for Submissions:** Now Open Online
Deadline December 15, 2017.
- **Registration for the Conference** Now
Open!
- **Call for Volunteers** Now Open – your
chance to attend for \$80
- **Lodging Registration:** Now Open at a low
\$89 group rate per night at the beautiful
Doubletree Paradise Valley Resort.
- Preliminary Keynote Announcement
- **Call for Dream Art**

The Venue • is in a beautiful resort style hotel near the heart of Scottsdale Arizona at a low \$89 per room night. It is also a perfect location for attendees who want to stay over a few days to drive the cool high country loop to the many destination sites in Arizona (see below). The hotel is 12 miles from the Phoenix



Plan a Trek to the Arizona High Country: Bring your family or organize a group of friends to drive the scenic loop and cool rim country of Arizona ([see the map and pictures](#)). The Grand Canyon is only a 4 hour drive but you will want to stop along the way to see the many sights: the red rocks and mystic vortexes of Sedona; Flagstaff and Oak Creek canyon with its natural water slide, Meteor Crater, the massive Indian diff dwellings of Walnut Canyon; and drive back via the backroads through the Ghost

Sky Harbor international airport. We have negotiated the same discount rate for 3 days before and after the conference for attendees who want to take advantage of the local attractions.

Town of Jerome; stop off at the diff dwelling of Montezuma's Castle or the fantastic architectural vision of Paolo Soleri at Arcosanti. Continue your visit to include the Painted Desert, the Petrified Forest, the ribbon canyons of Lake Powell in Page AZ, or re-capture the 50's on Old Route 66 in Seligman.

Keynotes and Featured Presenters • a partial early snapshot includes: **Fariba Bogzaran, PhD** - founder of the Dream Studies Program at John F. Kennedy University and author of Extraordinary Dreams; **Lee Irwin, PhD** - Professor of Religious Studies at the College of Charleston and author of The Dream Seekers; **Michael Grandner, PhD** - Director of the University of Arizona Sleep and Health Research program; **Katja Valli PhD** - IASD Research Committee Chair and Senior Researcher at the Department of Psychology, University of Turku.

CALL FOR DREAM ART ENTRIES

[Application Open Online](#)

The 2018 Juried Dream Art Exhibition will be held in conjunction with the annual conference at Scottsdale.

Deadline: March 15, 2018.

We are now accepting original art work about or inspired by dreams (visionary or emotional experiences that occurred during sleep). Two-dimensional and multi-dimensional media will be considered, including painting, drawing, collage, sculpture, video, and installation art. You do not need to be a member of IASD or a conference attendee to participate. [Click](#) for entry information.

INFORMATION EXCHANGE PROGRAM

As part of promotion for the 2018 Conference, member Michelle Carr has contacted a number of science and consciousness related organizations, offering them a brief link in IASD's Dream News or on our Facebook page in return for similar advertising within their own organizations.

Conference In Las Vegas

The Society for Scientific Exploration, which supports peer-reviewed research on consciousness, physics, alternative energy, healing, and more, [is hosting a conference June 6-10, 2018 in Las Vegas.](#)



IASD 2017 PLEDGE DRIVE BEGINS IN NOVEMBER

Do you love IASD? Feel like you've found your tribe? Help keep the world's finest dream research and education organization alive by giving it your generous support.

The annual IASD Pledge Drive begins now. US members will be receiving a reminder Pledge post card in the next few weeks, but you can easily make a donation to the Pledge Drive by going now to <http://www.asdreams.org/pledge2017/>

Although you can make donations to IASD all year, the Pledge Drive focuses on raising funds for special

awards like the Dream Science Research Awards, the Nancy R. Brzeski Art Awards, and the Ernest Hartmann Student Awards, as well as providing memberships and conference scholarships for others who might not be able to afford them. Between November of 2017 and the end of January, 2018, we hope to raise over \$10,000 toward these efforts.

Welcome to
amazon smile

You shop. **Amazon gives.**

SUPPORT IASD WITH A SMILE

Would you like to continue to support IASD all year long? Try AmazonSmile, an easy way to give money without the stress. Click on this link and sign up. Every time you make a purchase on Amazon, .05% goes to our organization.



REGIONAL NEWS YOU CAN USE

Susanne Van Doorn, Chair, IASD Regional Events Committee

I hope you are doing fine, and that your dream life has flourished during the PsiberDreaming Conference. There has also been a successful conference in New Zealand – see the report below. Also we are still looking for people who want to join the team to help organize Brain Awareness Week.

The Regional Committee continues to seek out and respond to members who are interested in hosting a regional event.

Successful Dream Conference in New Zealand

An enthusiastic gathering of 45 NZers and three Australians enjoyed an inspirational conference on “Dreams, Imagination, Healing” at the Franciscan Retreat Centre in Auckland from October 5 to 8. Excellent Keynote addresses were presented by Elaine Kennis, a grief specialist from Sydney, on End-of-Life Dreams; by Mark Skelding, a NZ environmental activist, on Earth Dreams and Voices: Logos and Pathologos at the Turning Point; and by Clare Caldwell, a NZ visionary artist, on When Visions Intervene in Life and Art. Twelve others presented a range of seminars or workshops, often touching some depth; and a hilarious performance by the Auckland **Playback Theatre** actors capped off the program. We’ll run our third conference in October 2019!



Regional Calendar

Brain Awareness Week
Gloria Sturzenacker

In the October issue of Dream News, we announced that IASD has become a partner in [Brain Awareness Week](#) (BAW) a worldwide effort by the Dana Foundation. It’s “a global campaign to increase public awareness

of the progress and benefits of brain research”—and among IASD’s membership are some of the leading researchers on dreaming and the brain.

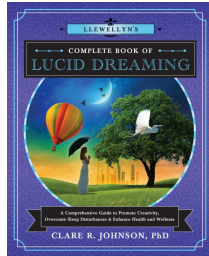
IASD’s plans for BAW 2018 are twofold: a handout that will be uploaded to the BAW website, and a series of short articles that we will post daily on social media, March 12–18. It’s an opportunity to raise awareness of IASD—and specific researchers—along with awareness of the brain.

Right now, we’re seeking your help with the content, and we’d like members to start preparing to help with content distribution. If you are interested in assisting with the Brain Awareness week, please contact [Gloria](#)

~~~~~

Please check the IASD website for up-to-date names and contact information for the regional representative in your area. The [Regional Representative webpage](#) is divided into regions, making your search more user-friendly.

If you would like to become a representative or for further information, please contact Susanne Van Doorn, Chair of the Regional Events Committee, at [susanne@mindfunda.com](mailto:susanne@mindfunda.com)



### BIG DREAM, BIG BOOK!

Clare Johnson, PhD announces a new book Llewellyn’s Complete Book of *Lucid Dreaming: A Comprehensive Guide to Promote Creativity, Overcome Sleep Disturbances & Enhance*

*Health and Wellness* is packed with practical exercises and techniques for waking up in dreams, exploring deep lucid dreaming, and expanding our natural creative and healing potential.

This book is a lifelong dream come true. It’s the result of 40 years of lucid dream experience, more than 20 years of academic and personal research, and over 10 years of teaching transformative, healing and creative lucid dreaming techniques. The awesome dreams and inspiring stories of many IASD dreamers are woven throughout, along with the cutting-edge research and scientific experiments of our members.

For more information please visit; [www.DeepLucidDreaming.com/books](http://www.DeepLucidDreaming.com/books)

### CLARK SHARES HER DREAM EXPERTISE IN PRINT AND ON THE AIR

Laurel Clark gave two lectures on Dreams and Intuition along with a book signing for the new book *Chicken Soup for the Soul: Dreams and the Unexplainable*, in which she has a story, thanks to a recommendation from Kelly Sullivan Walden after she heard Laurel tell the story at this year’s IASD annual conference.



Laurel also did a podcast and appeared on KTRS 550 AM radio station in St. Louis, MO to talk about dreams on October 27th.

Click here for [podcast](#) and here for the radio show; [The Inside](#)

### PRECOGNITIVE DREAMS NEEDED FOR UPCOMING BOOK

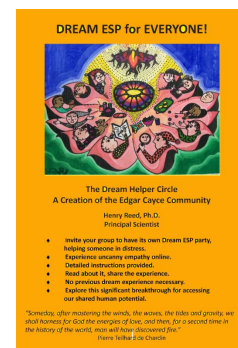
Julia Mossbridge

I am writing a mainstream book for the lay audience about the science behind precognition. The working title is *The Premonition Code*. I have had precognitive dreams regularly throughout my life, and I will describe some of them in the book, but I would also like to include outstanding examples of precognitive dreams from other people around the world. If you have an outstanding example of a precognitive dream predicting a public event that appeared in the news, and you are willing to share your dream journal entry with me via email for use in the book, I would be delighted to receive this information. Please also state whether you want your name and occupation mentioned in the book, or whether you would like to be listed just by occupation, or entirely anonymously (as a man or woman of a general age range in a certain country, such as "a middle-aged man from Australia").

You may email [Dr Mossbridge](mailto:DrMossbridge)

### THE DREAM HELPER CIRCLE IS NOW BACK IN CYBERSPACE

A powerful dreamwork method, the “Dream Helper Circle,” has been made freely available to the public for their use. In this method, a circle of dreamers promise to remember a dream that may provide insight on the undisclosed challenge facing the person who has requested this help. Developed by Henry Reed and the late Robert Van de Castle, the circle has been demonstrated at various IASD conventions in the late 1970s. In a past issue of *DreamTime*, Reed described the educational benefits that arise from this group method. Recent research in cyberspace has confirmed that this evocative method can be reproduced through emails. The ramification is that now, anyone, even someone with no previous dreamwork experience, can run a dream circle and



## CRAIG WEBB INTERVIEWED FOR GERMANY RADIO

Craig Webb was grateful to be interviewed for DLF national radio (like BBC, but in Germany) about his dream-inspired music and his book *Learn Creative Dreaming as 100+ Top Artists Reveal their Breakthrough Inspirations*. For anyone interested (especially for those fluent in German), the program will air on Nov. 5 starting at 3:05 pm Eastern (8:05pm CET). (<http://dreamsbehindthemusic.com>).

obtain the typical helpful results. He has written a manual, *DREAM ESP FOR EVERYBODY*, that describes the method and the research, and which contains all the necessary instructions, as well as the pre-written (but editable) emails.

It is available as an Amazon Kindle book. By mentioning IASD, readers may obtain a free copy by emailing at [henry.reed@atlanticuniv.edu](mailto:henry.reed@atlanticuniv.edu)



In this issue of Hot Off the Press we will be focusing on sleep disorders. The intention of this column is to publish links to evidence-based scientific articles on the study of dreams that are written for a non-research audience.

### SLEEPWALKERS ARE BETTER AT AUTOMATIC WALKING BY HILLARY SANCTUARY

Breakthrough research using virtual reality has revealed significant differences in how the brains of sleepwalkers and non-sleepwalkers control and perceive body movement – a first in cognitive science. Sleepwalkers exhibit increased automation in their movements with respect to non-sleepwalkers. The results are published in *Current Biology* on October 23, 2017.

Breakthrough research using virtual reality has

SOURCE: [MEDICAL XPRESS](#)

### DREAMING OF A CURE: THE BATTLE TO BEAT NARCOLEPSY BY HENRY NICHOLLS

A global struggle to find the cause of the rare condition that causes uncontrollable sleepiness has a long and strange history, but there's hope of a cure at hand.

SOURCE: [THE GUARDIAN](#)



**TOTAL OCTOBER NEW & RENEWING MEMBERS = 38**

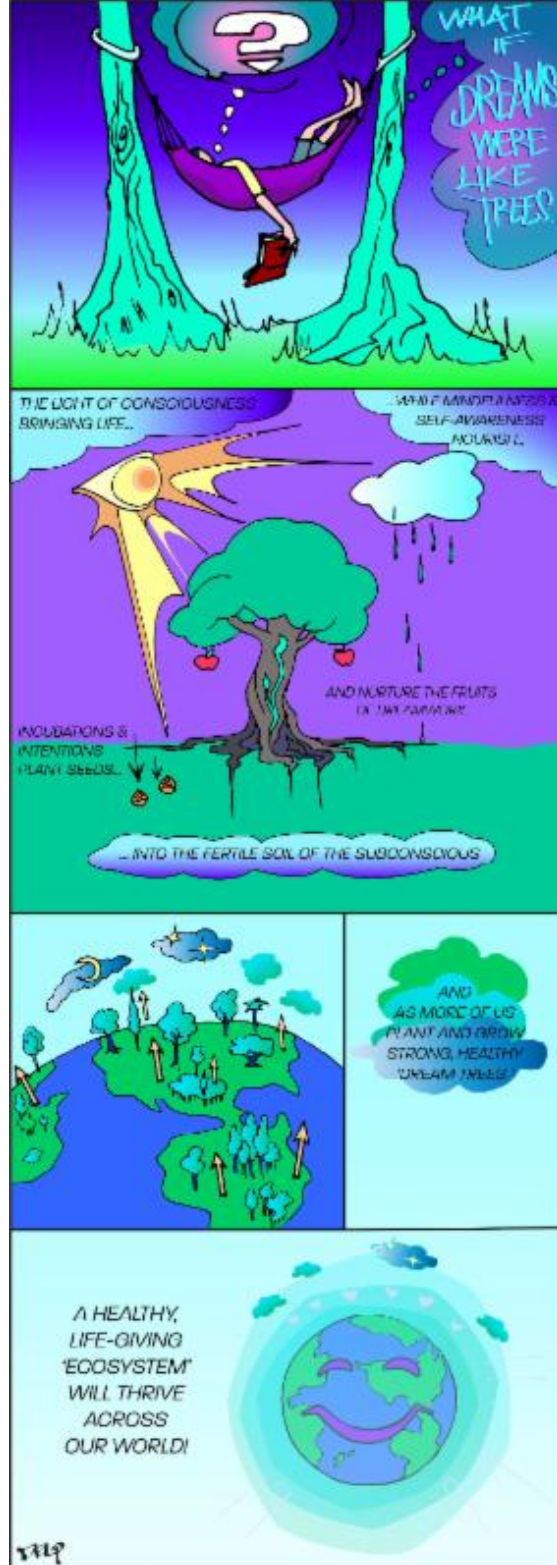
**TOTAL OCTOBER RENEWING MEMBERS = 21**

John Allen  
Laurie Greenberg  
Pieter de Jong  
Linda Yael Schiller  
Judith Pascoe  
Luc Therrien  
Becky Steele  
Anna Nandraziova  
Jonson Miller  
Donna Marie Mazzola  
Alan J Underwood BSc  
Katja J Valli  
Craig Borden  
Lydia Nakashima Degarrod  
Benjamin Whitehurst

Dorothy L Renner  
Claude L.Desloges  
Emily Batchelder  
3 ANONYMOUS

TOTAL OCTOBER NEW MEMBERS = 17

Susan Allen  
Jeffrey M Dolgos  
Amy Dolgos  
Stefania F. Ingrosso  
Jessica J Leathers  
Jeffrey Adams  
Sonia M Snyder  
Josie Malinowski  
Monica Villarreal  
Rebecca E S Cleland  
Liv LE Evensen  
Natalia Belousova  
Karel J. Bouse  
5 ANONYMOUS



STAY CONNECTED

