



Dream News

September 2017 Volume 15 Issue #8

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TIME TO REGISTER FOR PSIBERDREAMING 2017

Illuminating the Path: Psi Dreaming For a Better World

Finding your way in the dark? You're not alone! The dreaming mind knows how to catch a little light from elsewhere, shed a little light for others, and create community in ways we can only dream. Close your eyes . . . and open them to a brighter world!

Join us from around the world as we spend two weeks of dialogue about dreams and tests of psi skills. IASD's 16th PsiberDreaming Conference offers **24 presentations** from expert dream researchers and dream workers, the **Precognitive Dreaming Contest**, the **Group Psi Game**, the **PsiberDreaming Art Gallery**, and the company of a global community of dreamers. You can participate 24/7 for two weeks from Sunday, September 24, 2017 through Sunday, October 8, 2017 . . . the only conference you can attend in your pajamas!

A panel of three notable IASD experts will kick off the conference: **Jodine Grundy**, **Kelly Bulkeley, PhD** and **Rev. Jeremy Taylor** will present papers on September 25 and 26 on various aspects about dreams and "Dealing With the Trump Effect." The three, like other conference presenters, will be available online for discussion.



General Public \$75
 IASD Member \$65
 Student With Valid ID \$50
 New IASD Member \$0

PsiberDreaming is IASD's way of welcoming new members. Anyone who becomes a member of IASD between August 1 and October 31 will receive access to this conference FREE!

For Registration and more information on the conference <http://iasdconferences.org/psi2017/>

PsiberDreaming Art Gallery Call for Submissions

If artistic vision is illuminating your path, then come and share your bright light with the collective!

This is a call for visionary dreamers and artists to submit dreams that have illuminated their paths. Share one of your dream inspired creations for the 16th annual PsiberDreaming Art Gallery (Sep 24 – Oct 8 2017).

This an international open call for painters, photographers, conceptual digital graphics, fiber artists, collage creators, dream doodlers, etc. We hope that this gallery will serve first and foremost as a place where dreamers of all levels of artistic ability are encouraged to display artwork based on their dreams. We value the authenticity of the connection between the original dream and the work that follows it.



The deadline for submissions is Midnight EDT, Sunday, September 10th.

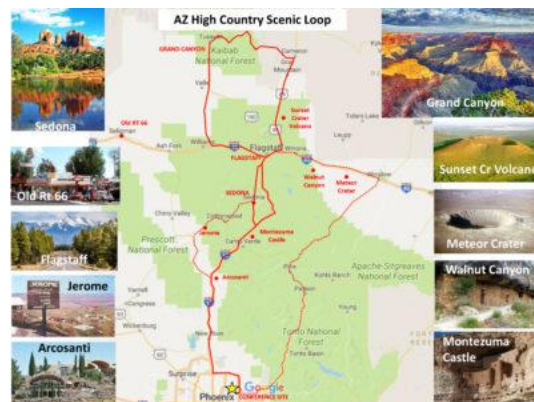
[Click here for complete information and submission guidelines](#)



2018 IASD ANNUAL CONFERENCE IN SCOTTDALE, AZ

Go to <http://iasdconferences.org/2018/> for more information

- **Call for Submissions:** Now Open
Deadline December 15, 2017.
- **Lodging Registration:** Now Open at a low \$89 group rate per night at the beautiful Doubletree Paradise Valley Resort.
- **Registration for the Conference:** information on the site, registration will open in late September.



- **Call for Volunteers** to open 20 September – your chance to attend for \$80.

The Venue • is in a beautiful resort style hotel near the heart of Scottsdale Arizona at a low \$89 per room night. It is also a perfect location for attendees who want to stay over a few days to drive the cool high country loop to the many destination sites in Arizona (see below). The hotel is 12 miles from the Phoenix Sky Harbor international airport. We have negotiated the same discount rate for 3 days before and after the conference for attendees who want to take advantage of the local attractions.

Plan a Trek to the Arizona High Country: Bring your family or organize a group of friends to drive the scenic loop and cool rim country of Arizona ([see the map and pictures](#)). The Grand Canyon is only a 4 hour drive but you will want to stop along the way to see the many sights: the red rocks and mystic vortexes of Sedona; Flagstaff and Oak Creek canyon with its natural water slide, Meteor Crater, the massive Indian cliff dwellings of Walnut Canyon; and drive back via the backroads through the Ghost Town of Jerome; stop off at the cliff dwelling of Montezuma's Castle or the fantastic architectural vision of Paolo Soleri at Arcosanti. Continue your visit to include the Painted Desert, the Petrified Forest, the ribbon canyons of Lake Powell in Page AZ, or re-capture the 50's on Old Route 66 in Seligman.



CALL FOR 2017 RESEARCH GRANT PROPOSALS

High quality quantitative and qualitative research proposals are invited in areas related to dreams and dreaming, including but not limited to: the biology or neuroscience of dreaming, phenomenological and psychological studies of dreaming, and such fields as anthropological and cultural studies.

Submission Deadline • 15 October 2017. All submissions must be electronically submitted to bob@dreamscience.org.

Go to www.dreamscience.org/iasd for instructions and submission forms

These moderate or seed grants are dependent on donations as well as a partnership between IASD and the DreamScience Foundation (DSF). Your generosity is important; you can do your part at <http://www.dreamscience.org/asd/> then click on the "Make a Difference" button.



REGIONAL NEWS YOU CAN USE
Susanne Van Doorn, Chair, IASD Regional Events Committee

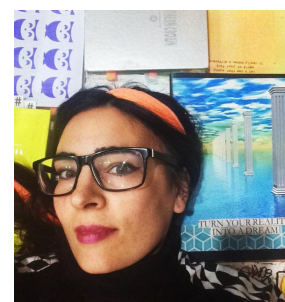
No Events Announced At This Time

If you want to join our regional team, you are welcome. You would need to become a member of the IASD, if you are not already registered.

At this moment we are looking for new representatives in the following areas:

MEET OUR NEW DREAM NEWS TEAM MEMBER

We are excited to announce we have a new dream illustrator at Dream News. We want to first thank Allan Moniz for introducing us to the delightful "Kid Lucid" and his many zany dream adventures over



- Idaho, Montana & Wyoming
- Illinois
- Indiana
- Maine & New Hampshire, currently covered by Curtis Hoffman
- Ohio and Kentucky
- Pennsylvania

If you would like to become a representative or for further information, please contact [Susanne Van Doorn](#), Chair of the Regional Events Committee

Please check the IASD website for up-to-date names and contact information for the regional representative in your area. The [Regional Representative webpage](#) is divided into regions, making your search more user-friendly.

the years. AI has passed the torch to **Delia Puiatti** and we asked her to say a bit about herself and the process.

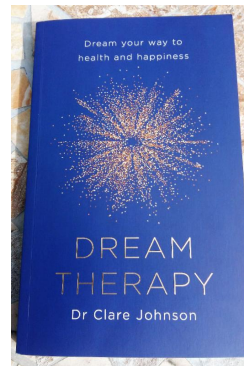
Delia writes, "The saying that "design is thinking made visual" perfectly encapsulates my modus operandi — I am constantly thinking about everything, and love to draw. In a sense, my art gathers metaphor into visual elements, and feels like interpreting life into dream-like symbols through drawing — kind of like a dream in reverse, or consciously dreaming through art. I especially love cartoons because they don't confine my art to pesky consensus reality, what a drag compared to the freedom of imagination! Besides art I also switch between fashion design, writing, and a dream journal habit spanning over 20 plus years."

SLEEP SPECIALIST CALLS ATTENTION TO EPIDEMIC DREAM LOSS

Rubin Naiman, PhD, faculty at the University of Arizona Center for Integrative Medicine, published a comprehensive review of data suggesting that we are in the midst of a silent epidemic of dream loss. In the August 2017 issue of the Annals of the New York Academy of Sciences Naiman wrote, "We are at least as dream deprived as we are sleep deprived."

He stated that many of health concerns attributed to sleep loss actually result from REM sleep deprivation. Naiman sees REM/dream loss as an unrecognized public health hazard that silently wreaks havoc with our lives by contributing to illness, depression, and an erosion of consciousness. He compiled data about the causes and extent of REM/dream loss associated with commonly used medications, endemic substance use disorders, rampant sleep disorders, and behavioral and lifestyle factors. He further reviewed the consequences of REM/dream loss and concluded with recommendations for restoring healthy REM/dreaming.

Dr. Naiman can be reached at rrnaiman@email.arizona.edu



A SPARKLING NEW BOOK ON LUCIDITY AND DREAMWORK

Dr Clare Johnson, life-long lucid dreamer and researcher, and current Vice President of IASD, has been dreaming at her writing desk for many months. Now the first of her two new dream books has just been released:

Dream Therapy: Dream Your Way To Health And Happiness is a highly practical book on mindful and lucid dreaming. It explores how being mindful in our dreams and bringing lucidity to dreamwork can increase our health and bring greater happiness to all aspects of our lives. At the heart of this healing book are the dream accounts and transformational stories of courageous IASD dreamers.

- Foreign rights have already been sold to China, Italy, and the US, and there's an audio book (read by Clare), and a Kindle edition. And the physical copy has gold sparkles on the cover! Find out more on [Clare's website](#)



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Would you like to continue to support IASD? Try AmazonSmile, an easy way to give money without the stress. [Click on this link](#) and sign up. Every time you make a purchase on Amazon, .05% goes to our organization.

If you have other clever suggestions on how to raise money for IASD, please let us know.



In this issue of Hot Off the Press we will be celebrating the up and coming PsiberDreaming Conference by focusing on psi dreams. The intention of this column is to publish links to evidence-based scientific articles on the study of dreams that are written for a non-research audience.

PLAYING WITH LIGHTS IN MY LUCID-DREAMS AND OUT-OF-BODY EXPERIENCES BY SIRLEY MARQUES BONHAM

In this article, the phenomena of light in both lucid and Out of Body experiences will be explored.

SOURCE: [ACADEMIA](#)

THE NIGHT I WAS ATTACKED BY A GHOST BY IVAR LOHMANN

Dreaming is an essential part of the way humans learn. But what happens when we dream while immersed in a foreign culture?

SOURCE: [SAPIENS](#)



TOTAL AUGUST NEW AND RENEWING MEMBERS = 62

NEW MEMBERS August = 12

Sharon M O'Brien
Howard Avruhm Addison
Wendy M Hammond
Thardilio Ferreira
Lisa-Madelle Bottomley
Jeannette Lambert
Bea Salgado
Dominica B. Kriz
Patricia Eltinge
3 Anonymous

RENEWING MEMBERS - 50

Howard Avruhm Addison
Pernille Albertus
Kristoffer Appel
Bjo J Ashwill
Kirsten Backstrom
Ira Barouch
Lisa-Madelle Bottomley
Jennifer J Choate

RENEWING MEMBERS - continued

Bambi Corso
Erica Cowan
Cathy Dempsey
Angela AD DuPont
Patricia Eltinge
Marcia and Jim Emery
Thardilio Ferreira
Wendy M Hammond
Toby Fesler Heathcotte
Larry and Deborah Hudson
Rose Inserra
Holly Jarvis
Norifumi Kishimoto
Dominica B. Kriz
Jeannette Lambert
Ming-Ni Lee PhD
Prof Sue Llewellyn
David B Low
Harry R Moody Ph.D.
Glory Nelson
Sharon M O'Brien
Daniel Oldis
Gilles Pétel
James F. Pagel Jr
Wendy S. Pannier
Michael Porter
Pat Precin
Peter & Sarah Ribbens
Bea Salgado
Pilleriin Sikka
Rachel Jean Silvini
Shanee Stepakoff
Matt N Tabrizi
Karen Wilson
Anne Zulian
5 Anonymous

DREAMS!



I'M LUCID!



MISSED DREAM
SIGN... AGAIN!



OUT OF BODY
EXPERIENCE



SLEEP PARALYSIS



NOT ALWAYS
A CIGAR...



PSYBERDREAMING
MADNESS



POST-CONFERENCE
BLISS



LIVING THE
DREAM

STAY CONNECTED

