The continuity waking state/dreaming state

*Sleep disorders and their effects on dream experience, and suggested treatments.

*The relationship between reality and unreality in dream experience.

*The role of dream activity in the therapeutic setting.

*The meaning of dreaming in human evolution and social life of individuals.

*The role of dream in sleep medicine

*Lucid dreaming

*The dream and the dreamer in literature and art.

TOPIC SUGGESTED:

Registration and fees

<table>
<thead>
<tr>
<th>DATE</th>
<th>IASD MEMBER</th>
<th>NON-MEMBERS</th>
<th>STUDENTS &amp; GUESTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>before 01.10.2014</td>
<td>100 €</td>
<td>130 €</td>
<td>70 €</td>
</tr>
<tr>
<td>after 01.10.2014</td>
<td>130 €</td>
<td>160 €</td>
<td>80 €</td>
</tr>
</tbody>
</table>

Payment:
Associazione Eutime Onlus.
IBAN: IT64I0103003232000001388456
BIC: pascitm1a30

Organizing Committee
Nicola Zippel (Host)
Giuseppe Lago (Program Chair, Scientific Track)
Stefano Martellotti (Program Chair, Workshops)
Tiziana Liverani (On-Site Registration)
Susannah Benson – Claude Desloges (IASD connection)

Scientific Board
Massimo Biondi, Giuseppe Lago, Francesco Peverini,
Carlo Blundo, Giuseppe Tropeano, Alberto Oliverio,
Fulvia Adriano, Riccardo de Sanctis, Antonio Petraca,
Maria Grazia Capillo

In collaboration with

ISTITUTO ROMANO DI PSICOTERAPIA PSICODINAMICA INTEGRATA
Rome - Italy

Venue: UNICEF Building
Roma, via Palestro 68

7-8 NOVEMBER 2014
Contact: nicola.zippel@gmail.com
+39 333 7511618
www.irppiscuolapsicoterapia.it
The word “dream” is not univocal: it can indicate a mental state, a neurophysiological process, a future project, a private desire, a pathic illusion, among other meanings. Such a polyvalence of the name implies a polyvalence of the concept: when saying “dream”, one can mean the brain process that instantiates during sleep, the contents of such a process, the mental state of imagination, the imagined content, and so on. To reduce this polyvalence to an ambiguity, “dream” can mean both the mental process and its contents. Thus, one can distinguish between dream as act and dream as act-content. According to this perspective, one can claim that a univocal view is not enough to approach a multifaceted phenomenon. Though the neurobiological description of the dream process remains the unavoidable basis for any rigorous investigation on dreaming, such a description does not encompass a few other aspects that can be taken into account in dealing with the dream state. Basing itself on the aforementioned considerations, the conference will propose an interdisciplinary discussion on dreaming that will focus on the diverse perspectives able to provide a comprehensive understanding of what it is like to dream. Hence, medical and neurophysiological explanations of the dream experience will be accompanied by and compared with analyses coming from the research fields of psychology, psychotherapy, cognitive science, philosophy, and art. In this way, the conference aims at offering a variegated reading of the most common and mysterious phenomenon of mental life.

**Program**

### 7 November

**8.30-9.00**
Registration

**9.00-9.30**
Welcome Address

**9.30-11.30**
Parallel Sessions:

**Dream Recall and Evaluation Scale**
Chair: Antonio Petracca

“Dream Recall and Nightmare Frequency in relation to Alexithymia and Personality Variables” – L. Kluzova Kramarova, Czech Republic

“The Level of Agreement and Position on the Bishop Grossetete Scale Should Determine the Dream Content Variability” – J. M. Corbett, IASD USA

“Characteristics of Awakenings and Arousals in the Sleep Cycle of High and Low Recallers” – P. Ruby, France

**Psychotherapy and Dream**
Chair: Stefano Martellotti

“Attitudes Towards Dreams in the Life Span” – M. Holda and B. Szmigelska, Poland

“Dream Distortion as Intrapsychical Meta-Communication”- Paolo Clemente, Italy

---

**9.00-9.30**
Morning dreaming group (Dr. S. Martellotti)

**9.30-11.00**
**Special Session: Psychodynamic and Dream**
Chair: Francesco Peverini

“The use of Dreams as an Instrument For Diagnosis and Treatment in Psychodynamic Psychotherapy” - Cristina Bottoni, Italy

“Gifted Boy is dreaming” - Giuseppe Tropeano, Italy

“The Soul’s Hands: Images in Action and Sandplaying Analysis” - Giuseppe Andreotto, Italy

**11-11.30**
Coffee break

**11.30-14.00**
**Neuroscience and Dream**
Chair: Giuseppe Tropeano

“Olfactory Stimulation during Sleep can reactivate odor-associated Images in Dreams” – M. Schredl, Germany

“Bizarre Cognition in Dreams and Wakefulness: the Role of the right Hemisphere” – A. D’Agostino, Italy

“Application of the Property of Brain Tissues’ Viscoelasticity to describe Waking-Sleep Continuity Theory” – M. Dini, Canada

“Segmentation of REM sleep into Three Substages” - Gabriele Pieri, Italy

“Dreaming in Sleep Apnea Disordered Patients” Francesco Peverini and Stefano Martellotti, Italy

**14.00-15.00**
Lunch break

**15-17.00**
**Cross-Cultural Approaches to Dreaming**
Chair: Cristina Bottoni

“Dreaming the bite” – Fulvia Adriano, Italy

“Transformation-Dreams and the 7 Stages of Consciousness” – Ann Bengtsson, Norway

“Dream in United Arab Emirates and Poland: a Cross-Cultural Comparison” – M. Dunkiewicz and D. Skrzypinska, Poland

**17.00-17.30**
Coffee break

**17.30-19.00**
**Keynote Lecture: Jennifer M. Windt (Mainz)**

“Dreaming and the Self: How Dream Research can contribute to interdisciplinary Consciousness Research”
Chair: Nicola Zippel

**19.00-19.30**
Closing Words