|  |  |  |  |
| --- | --- | --- | --- |
| Nature 10050 | | MONTREAL’S 3RD  IASD REGIONAL CONFERENCE  April 13, 2013  ***A DAY FOR DREAMING*** | [asdlogo2](http://asdreams.org/index.htm) |
|  | |  |  |
|  | | The Colloque was held in Auditorium Sylvain Lelièvre of  Collège de Maisonneuve  conveniently located near two metro stations and major bus lines |  |
|  | |  |  |
|  |  | **377 participants**  registered for the Colloque |  |
|  | |  |  |
|  | | MC, **Angela Dupont**, invited attendees to imagine they had boarded a train about to leave for dreamland. During the journey eleven presenters would guide them through a variety of dreamscapes, inviting them to ... |  |
|  | |  |  |
| **...listen to their dreams in order to :** | | | |
|  | | live life’s adventure more fully  *From Dream to Reality*  **Manon Lévesque** |  |
|  | | learn from illness (stage IV cancer) to unearth the contradictions between the waking ego’ will and the aspirations of the unconscious  *Dreams and Healing*  **Guy Corneau** |  |
|  | | accompany dying persons  and their relatives  *Listening to a dying person’s dreams*  **Monique Séguin** |  |
|  | |  |  |
|  | | **... understand their dreams** |  |
|  | | Simple tools to understand your personal symbolism  *How to Decode Your Dreams*  **Nicole Gratton** |  |
|  | | Personal examples of  *Compensatory, Precognitive, Telepathic and Spiritual*  *Dreams*  **Denise Cardinal,**  **Yves Dubuc, Claude Couture** |  |
| **... expand the horizons of dreaming** | | | |
|  | | A guided tour of dream incubation traditions around the world  *Dream Incubation*  *Yesterday and Today*  **Claude Desloges** |  |
|  | | Lucid dreaming, inner freedom and expansion of the self  *Lucid Dreaming*  **Louise Marchand** |  |
|  | |  |  |

|  |  |  |
| --- | --- | --- |
| **... explore the scientific foundations of dreaming** | | |
|  | The reflexions of a researcher on current research on sleep and dream  *Why We Dream?*  **Tore Nielsen** |  |
|  | Our inner life translates into metaphors at night  and also during daytime  *Metaphors at the Heart of Dreaming*  **Marie-Hélène Maltais** |  |
|  |  |  |
|  | ... dream to create beauty |  |
|  | **Kim Vergil**’s artwork provided a stage décor  with a touch of color and magic |  |
|  | | |
|  | The vast foyer between the auditorium and the cafeteria  provided ample space  where stands had been set up  to facilitate dialogue  between participants and presenters |  |
|  |  |  |
|  | The cafeteria was conveniently located just a few steps away from the auditorium |  |
|  |  |  |
|  |  |  |

|  |  |  |
| --- | --- | --- |
|  | **The Colloque was organized ...** |  |
|  | with the support of many volunteers, particularly **Thérèse Roy,**  **Carmen Dupont and Nicole Dion** |  |
|  |  |  |
|  | in collaboration with  **L’Arc-en-ciel – Centre de réalisation de soi**  and  **L’École Internationale de Rêves**  **Nicole Gratton** |  |
|  |  |  |
|  | **Merci**  The Organizing Committee |  |
|  |  |  |
| Yves Dubuc, Nicole Gratton,  Angela Dupont, Monique Séguin, Claude Desloges | | |

More photos :

<http://picasaweb.google.com/102187505805396332459/IASD2013?authkey=Gv1sRgCNDHyYe3pdemUw&feat=email>