

Birth and Death in Dreams

Toronto Dreamers IASD Regional ~ Sunday, January 20, 2013

Agenda

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10:00a.m. - 12p.m.

Optional Facilitated Dream

Sharing with

Njeri Damali Campbell

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12:00p.m. - 1:00p.m.

Potluck Lunch

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1:00p.m. - 2:00p.m.

The Impact of Dreams in

Bereavement

with

Josh Black, M.A.(Candidate)

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2:00p.m. - 2:30p.m.

Break

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2:30p.m. - 3:30p.m.

Birth Dreams

with

Dr. Christopher Sowton, N.D.

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3:30p.m. - 4:00p.m.

Regional Business

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## *The Impact of Dreams in Bereavement*

*When a loved one dies we can only hope to see them one last time. What happens when the experience is felt during the sleep mentation (dreaming) process? Is it positive, negative, or neutral? This presentation will talk about the different occurrences of how the deceased appear in dreams and what impact, if any, this has on the bereaved.*

*~Josh Black, M.A. (Candidate)*

## *Birth Dreams*

*Dreams of pregnancy, birth, and babies are common and often carry a heightened emotional charge. In my experience they can be complicated because they might be referring to so many possible things. The unconscious freely and commonly uses birth and baby imagery for many purposes. We will briefly survey the field of possibilities and then discuss a few real examples.*

*~Dr. Christopher Sowton, N.D.*

RSVP by January 13th to

Mara Zadnoff

416-630-9559

[mara@healgently.ca](mailto:mara@healgently.ca)

\$10 for the 'kitty'

The Toronto Region of the International Association for the Study of Dreams continues to grow....please bring a guest  
7 Beaver Valley Road, Toronto, Ontario, Canada

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