Birth and Death in Dreams

Toronto Dreamers IASD Regional ~ Sunday, January 20, 2013

Agenda

10:00 a.m. - 12 p.m.
Optional Facilitated Dream Sharing with Njeri Damali Campbell

12:00 p.m. - 1:00 p.m.
Potluck Lunch

1:00 p.m. - 2:00 p.m.
The Impact of Dreams in Bereavement with Josh Black, M.A. (Candidate)

2:00 p.m. - 2:30 p.m.
Break

2:30 p.m. - 3:30 p.m.
Birth Dreams with Dr. Christopher Sowton, N.D.

3:30 p.m. - 4:00 p.m.
Regional Business

The Impact of Dreams in Bereavement

When a loved one dies we can only hope to see them one last time. What happens when the experience is felt during the sleep mentation (dreaming) process? Is it positive, negative, or neutral? This presentation will talk about the different occurrences of how the deceased appear in dreams and what impact, if any, this has on the bereaved.

~ Josh Black, M.A. (Candidate)

Birth Dreams

Dreams of pregnancy, birth, and babies are common and often carry a heightened emotional charge. In my experience they can be complicated because they might be referring to so many possible things. The unconscious freely and commonly uses birth and baby imagery for many purposes. We will briefly survey the field of possibilities and then discuss a few real examples.

~ Dr. Christopher Sowton, N.D.

RSVP by January 15th to Mara Zadnoff
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$10 for the ‘kitty’