



the International Association for the Study of Dreams

Dream Studies Continuing Education Program Course Description

Dreaming in the World's Religions:

A Comparative Approach

Kelly Bulkeley, PhD

New York University Press, 2008

A 9 credit CE course developed by the International Association for the Study of Dreams Dream Studies Continuing Education Program

This CE course has been issued to NAME.

Your Payment Confirmation ID is NUMBER. This number must appear on your exam and participant satisfaction form in order for you to receive CE credit.

The set of materials for this course includes this introduction, the CE examination, and the participant satisfaction form, each as a separate pdf file. The examination and participant satisfaction files include links to online copies of these same forms. You have the option to complete the CE examination and the satisfaction forms *either* online using the links provided, *or* by printing and filling out paper copies of these forms and mailing them to the IASD office.

To complete this course and receive CE credit, you must:

(1) Read the book, **Dreaming in the World's Religions**. The full reference for the book appears above. IASD does not supply the book as part of this course. Copies should be available through your library or bookstore. If you choose to purchase the book through Amazon.com, the link below will connect you through the IASD bookstore.

<http://tinyurl.com/bulkeleybook>

(2) Complete and submit the CE examination. A pdf file of the CE examination has been provided. That file includes a link to an online version of the exam. You can *either* print out a copy of the exam, complete it, and send it to the IASD office, *or* complete the exam online. Please make sure your ID number appears on your exam. Send paper copies of exams to: The International Association for the Study of Dreams, 1672 University Avenue, Berkeley, CA 94703.

(3) Complete and submit the participant satisfaction form, which is included at the end of the examination in both the pdf file and online. *Please note that this form must be completed and submitted before CE credit can be awarded.* You can either print out a copy of the form, complete it, and send it to the IASD office, or complete the form online. Please make sure your ID number appears on the form. Send paper copies of participant satisfaction form to: International Association for the Study of Dreams, 1672 University Avenue, Berkeley, CA 94703.

(4) Attain a score of 75% or better on the examination. You will be notified via email of your score. Please allow one week for scoring an online examination. Please allow three weeks for scoring an examination mailed to the IASD office. You may take the examination three times, and no more than three times, to attain a passing score. Should you fail to pass the examination after three attempts, CE credit will not be awarded and no refund of course costs will be made.

Your CE certificate will be available for download or can be sent to you via email once all course requirements are completed.

Successful completion of this course will result in 8 hours of Continuing Education Credit. The IASD Dream Studies Continuing Education Program is the provider of CE Credits for this course. IASD is approved by the American Psychological Association to sponsor continuing education for psychologists. IASD maintains responsibility for this program and its contents. IASD is also a CE Provider for the (BBSE) California Board of Behavioral Science Examiners (PCE 2043) which licenses MFT and LCSW psychotherapists in California.

Dreaming in the World's Religions: A Comparative Approach

This course focuses on Dr. Bulkeley's book **Dreaming in the World's Religions: A Comparative History**. Dr. Bulkeley is the author and editor of 14 books and dozens of articles on the religious and psychological dimensions of dreaming. This book introduces readers to the importance of taking religion and spirituality seriously in the study of dreams. Contemporary psychologists can benefit from this information because our dream experiences today are shaped by the religious and spiritual teachings of our communities, whether or not we are formally "religious" people.

Dreaming in the World's Religions provides an authoritative and engaging one-volume resource for the study of this topic. It tells the story of how dreaming has shaped the religious history of humankind, from the Upanishads of Hinduism to the Qur'an of Islam, from the conception dream of Buddha's mother to the sexually tempting nightmares of St. Augustine, from the Ojibwa vision quest to Australian Aboriginal journeys in the Dreamtime. Bringing the latest insights from cross-cultural history to bear, Bulkeley incorporates an accessible consideration of cognitive neuroscience and evolutionary psychology into this fascinating overview.

From Biblical stories of Joseph interpreting Pharaoh's dreams in Egypt to prayers against bad dreams in the Hindu Rg Veda, cultures all over the world have seen their dreams as religiously meaningful experiences. In this view, dreams are a powerful medium of transpersonal guidance offering the opportunity to communicate with sacred beings, gain valuable wisdom and power, heal suffering, and explore new realms of existence. Conversely, the world's religious and spiritual traditions provide the best source of historical information about the broad patterns of human dream life. *Dreaming in the World's Religions* offers a carefully researched, accessibly written portrait of dreaming as a powerful, unpredictable, often iconoclastic force in human religious life.

Learning Objectives

After studying ***Dreaming in the World's Religions***, you will be able to:

- Describe the multiple roles of dreaming in different religious traditions.
- Recognize cross-cultural similarities in dream beliefs and practices.
- Make connections between ancient spiritual teachings and modern scientific dream research.
- Understand the appearance of dreams at significant stages in the life cycle (conception, childhood, adolescence, marriage, aging, death).
- Learn how to identify prototypical themes (aggressive, sexual, gravitational, mystical) in historical and contemporary dreams.

Please Note: If you are missing any materials for this course, contact Operations Director Richard Wilkerson at the IASD Office via email at office@asdreams.org with "CE Question" in the subject header.

If you have general questions or suggestions about the IASD CE program, contact IASD Education Chairperson and Continuing Education Administrator: Alan Siegel, Ph.D. via email at dreamsdr@aol.com



MAIL-IN FORM
IASD Dream Studies Program

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