

Friday – June 26

12:00 noon – 9:00 pm Registration

Grand Foyer

1:00 pm – 6:00 pm IASD Board Meeting

Boardroom

3:00 pm – 7:00 pm Exhibits & Product Sales

Stephens

7:00 pm – 9:00 pm SPECIAL OPENING EVENT

Grand Ballroom C

26 Year Retrospective Extravaganza Presentation

Rita Dwyer

This very special opening night is a celebration of IASD's 25th birthday! We begin with a ceremony reflecting our conference theme of earth dreaming, honoring our planet and its gifts to us. Following that, the evening will be like a family party, sharing personal memories, music and media. You'll hear of IASD's beginnings as you add your own memories in an IASD memory book that becomes a part of IASD's archives. There'll be a birthday cake with candles to blow out for future wishes to come true, and perhaps even a few dreamy door prizes and surprises!

9:00 pm – Midnight Opening Reception

Maxie's Bar and Patio

Saturday – June 27

7:30 am – 9:00 am **Breakfast**

Dining Room

8:00 am – 8:00 pm **Exhibits & Product Sales**

Stephens

8:00 am – 8:00 pm **Dream Art Exhibit**

Grand S

8:00 am – 9:00 am **MORNING DREAM GROUPS**

Please sign up for dream groups at the Registration Desk

Orly

Dream Group 1: Yoga-Dynamics

Jim Emery (014)

These sessions offer breathing techniques, gentle stretches and guided visualizations. You will be guided through yoga postures called the "Seven Energy Asanas" and a special yoga practice called the "Five Tibetan Rites." No experience in yoga is necessary.

Salon C

Dream Group 2: Developing the Intuition in Group Dreamwork

Curtiss Hoffman (068)

We will explore the ways in which intuitive perception can help in group dreamwork, following the Ullman technique as modified by Taylor along with Jungian amplification methods.

Salon B

Dream Group 3: Exploring the Heart of the Dream

Robert P. Gongloff (195)

Join with other group members as you jump start your dream "aha's" by exploring the themes of your dreams. Quickly get to the heart of the dream – that important message your dream is attempting to bring to your conscious mind, offering you a framework for deeper dream study.

Salon A

Dream Group 4: Working with Healing Dream Imagery

Wendy Pannier (056), Tallulah Lyons (057)

We will share techniques from our dreamwork with cancer patients, appropriate for anyone interested in the healing potential of dreams. You will experience ways of working with healing imagery, transforming nightmare imagery, and using healing dream imagery by integrating it with meditative techniques.

Heathrow

Dream Group 5: Sound-work with Dream Images

Sven Doehner (203)

The telling of a dream, as well as its images, can bring forth unexpected sounds, with possibilities for making unconscious aspects of our being palpable. Awakening a sound sensitivity opens unique opportunities for giving form to some of the soul's intimate preoccupations and intentions. Instead of "interpreting" dreams, we will "resonate" with the images they present.

Narita

Dream Group 6: Healing Collage □

Sheila McNellis Asato (005)

Come explore the visual and spatial genius of the dream as we allow images to move freely about the paper, seeing how the dream moves through us to create its own unique compositions. We will focus on working with the dream visually and seeing how the Healing Collage □ process can complement other dreamwork methods.

9:00 am – 9:15 am

Coffee Break

Lobby

9:15 am – 11:15 am

MORNING SESSIONS

Heathrow

Dreaming

Workshop: Solution Oriented Dream Decoding: Therapeutic

CL

Layne Dalfen (023)

If we know how to tap into the resource of our dreams, anyone, no matter where you are in the world or where you come from, can gain insight and clarity about relationships, work, family and life. This workshop gives participants tools needed to decode and understand not only why we have certain dreams on a particular night, but, more importantly, how that knowledge can enrich our lives.

Salon C

Challenging Transitions

Workshop: Using Intuitive Dreamwork for Insight into

PSI

Marcia Emery (019)

During this experiential workshop, participants will explore intuitive dreamwork. The first aspect of intuitive dreamwork is previewing upcoming events and recognizing the intuitive message in the dream. The second facet is learning how to retrieve rapid insights with Emery's Intuitive DreamShift technique. During the workshop, participants will discover how they are wired for intuitive receptivity.

Salon B

Dreamwork Symposium

CL

Animal Symbolism in Therapeutic Dreamwork

Greg Bogart, Chair (032)

This talk will describe cases of therapeutic dreamwork featuring animal symbolism as a central healing factor. We will discuss how animal dreams aid in addressing depression and anxiety, deepening our feeling life and relationships, and liberating creative and spiritual potentials. This presentation is based on the paper "Taming Wild Horses: A Study of Animal Symbolism and Male Sexuality," which appeared in the Dream Network Journal.

The Law of Attraction: The Art and Science of Dream

Incubation

Laurel Clark (018)

How does dream incubation work? Visualization! Visualization is a step-by-step process of communication between the conscious, waking mind and the subconscious mind where dreaming occurs. When the conscious mind visualizes a desire, it is like planting a seed in the fertile soil of the subconscious mind. Understanding specific keys that cause visualization to work enables dreamers to become more effective in incubating questions and receiving the answers they seek from their dreams.

Sound-work with Dream Images

Sven Doehner (204)

Telling a dream, as much as the dream images, brings forth unexpected sounds, and multiple possibilities for making palpable unconscious aspects of our being, yet we seldom work with the sounds in dreams. Being unaware of dream sounds should not hide the fact that making or hearing a sound can evoke new, unexpected images. Guided by Jung and Hillman's Alchemical Psychology, basic elements involved in working with the sounds in our dreams will be presented, a theoretical basis for dreamwork that includes sound-work.

Emotion in Dreams: The Power of Fear

Barbara Condron (141)

Fear has a powerful influence on dream recall. In over 1000 dreams studied, 80% included a fear factor, with most described as a nightmare. In each case, fear sealed the memory of the dream. This presentation outlines three phenomena linked to fear and anxiety in dreams. Fear will be presented as a means to draw attention to an area where the imagination can be harnessed to create fulfillment in waking life. Concentration, breathing, and visualization are explained as means to realize the power in fear, and effect change.

Salon A

Clinical Symposium [CE]

CL

Dreams in the Treatment of Trauma: Have We Made Progress?

Johanna M. King, Chair (206)

In my 1996 presidential address, I observed: "Though dreams, specifically nightmares, are widely acknowledged as common consequences of trauma, ... little in the mainstream trauma literature ... focuses directly on dreams, discusses their place in the existential meaning of trauma, discusses how to understand and deal with them in the context of trauma, or talks about how to use them in the recovery process." This paper looks at the progress made over the last 13 years.

"See You in My Dreams": A Systemic Approach to Dream

Work

Lauren Z. Schneider (145)

With therapeutic cases and personal anecdotes, this paper presents how dreams can inform and transform our relationships. Demonstrating the shift from a person-centered to a systemic approach to dream work, the presentation will delve into the psychosocial, transpersonal, and collective aspects of dreams as it elucidates the nature of our connectedness.

Toward a New Theory of Dream Interpretation

Adrian Medina-Liberty (046)

Dream content interpretation has been seldom treated within psychology with the notable exception of clinical psychologists. This paper presents a preliminary framework for interpreting dream content within the boundaries of sociocultural psychology. This approach consists in the interpretation of dream content on the basis of three general steps: 1) recollection and first inquiry, 2) categorizing and seizing dream content, and 3) reflecting on the dream & linking to previous experiences.

Safety in Dream Groups: The Clearness Committee as Model

Rev. Geoff Nelson (013)

Safety in dream groups is a major concern of the IASD as well as anyone new to dreamwork and dream groups. This presentation will cover the Clearness Committee, a Quaker discernment tool, as a model for dream groups, showing how it provides adaptable attitudes and methods for safe dream groups.

Grand N

Spiritual Symposium [CE]

RSP

Tom Lane, Chair

Jung, Jaspers, the Transcendent Function and Dreams

Bonnelle Lewis Strickling (134)

Jung and Jaspers are natural philosophical partners. One of Jaspers' central concepts is Existenzhellerung, the elucidation of Existenz, which overlaps Jung's concept of individuation. However, how Existenzhellerung is achieved is not entirely clear. Jeffrey C. Miller explores Jung's transcendent function to provide a way of understanding and expanding Existenzhellerung, and connecting Jaspers more deeply with Jung. I will illustrate this with a series of clients' dreams.

Symmetry in Dreams and its Relation to Psycho-spiritual

Awakening

Nigel Hamilton (026)

The significance of symmetry spontaneously appearing and developing in the dreams of a woman undergoing spiritual transformation over ten years will be compared with symmetry in a number of short-term solo spiritual retreats, and in the dreams of a psychotherapy client undergoing a psycho-spiritual change over several years. During psycho-spiritual transformation, there is a definite tendency towards a symmetrical balancing of intra-psychic forces within the dreamer.

Significant dreams: the unspoken spiritual experience?

Kate Adams (052)

It has long been recognised that many big/significant dreams that impact on the spiritual life occur during childhood and adolescence. This paper presents data which suggests that many young people in contemporary Western countries keep their dreams secret because they sense that others do not value them. This situation has the potential to create a generation of people who will be increasingly reluctant to share or explore their dreams with others and asks what can be done to address this problem.

Dreaming and the Dead

Rose Cleary (164)

I explore Rudolf Steiner's views on how dreaming helps heal our alienation from the dead. Steiner's ideas are illuminated by comparing them with those of Jung and Hillman: In what ways does Steiner's call for connecting with the dead echo Jung's discovery of a psyche peopled by ancestors? Hillman casts all interpretation of dreams in relation with soul, and soul with death. I compare Hillman's views on dreaming to Steiner's notion that "dreams are like surrogate clairvoyance."

Grand C

Research Panel: The Significance of Language in Dreams [CE]

RT

Robert J. Hoss, Chair; Deirdre Barrett, David Kahn

Four dimensions of language expression will be discussed: dream representations and narrative as an information expression; visual speech representations; speech and language in dreams; and verbal or written "messages."

The Dimensions of Language Expression

Robert Hoss, Chair (121)

Robert will introduce the session by summarizing the four dimensions of dream language, with examples of each including reference to the dreamer's waking life situation and associations. A brief introduction to the theories and research surrounding each will be described.

Verbatim Language

Deirdre Barrett (122)

Examples of verbatim language in dreams will be presented, with analyses of how this is altered relative to waking language. This will be compared to past research findings on language in dreams, and related to what's known about brain areas involved in dreaming and in different linguistic processes.

Neurological Implications

David Kahn (123)

Neurological implications of speech during dreaming will be presented, including a summary of speech and learning centers involved, as well as review of some of the research on REM sleep using PET and FMRI. Potential interpretations of how the selective brain region activations and deactivations affect the way language is expressed in dreams will be discussed.

11:15 am – 11:30 am

Transition

11:30 am – 12:30 pm LATE MORNING SESSIONS

Heathrow

Clinical Presentation: Dreams of Descent and Renewal [CE]

CL

Neil Canavan (001)

Dreams of descent and renewal are revealing and provocative. Mythic stories and legends provide insight into understanding the downward movement of the psyche. Dreams often parallel these mythic stories and inform us about the perils and tasks necessary to engage our own mythic journeys. Actual dreams of descent and renewal will be presented.

Salon C

Research Presentation: Using Content Analysis to Identify Structure and Content Categories [CE]

RT

Raymond E. Rainville (077) and Lorenda Rush (078)

Variation on the Hall and Van de Castle strategy was used to identify structural properties of dreams and content categories with their underlying cognitive and peer group significances.

Salon B
Doors

Dreamwork Symposium: Taboo: What Goes on Behind Closed

CL

Victoria Rabinowe (107) with Freya Diamond (108)

Explore the unapproachable yet unavoidable world of bathroom dreams, what everyone dreams but no one wants to talk about! Unorthodox, playful, imaginative, insightful and experiential, this "Ode to the Commode" is filled with double entendres and quirky images that will help break through shame and self-consciousness with humor, pathos, permission and passion. This multimedia presentation will reveal the wide range of emotional content that most of us withhold because we are too uncomfortable. Participants will never again be shy about facilitating, analyzing and sharing embarrassing dreams again.

Salon A

Arts & Humanities Symposium

AH

Bernard Welt, Moderator

Unusual Animals in the Dreams of Murad III

Ozgen Felek (103)

This present study looks at animals as dream figures in the Ottoman dream works and dream interpretations. In particular, unusual animals which appear in the dreams of Murad III (r. 1574-1595) will be discussed. The unique intertextual relation between his dream accounts and well-known literary texts of his time will be closely analyzed in order to demonstrate how these unusual animal figures were re-depicted in his dreams.

Dreaming Fictions, Writing Dreams: Intersections Between Dreams and Literature

Michaela Schrage-Frueh (127)

Dreaming and imaginative writing are "manifestations of the same biological need to convert experience into structure," i.e. to tell stories, and both "may be serving common purposes" that

"have something to do with our survival." This evolutionary approach to dreams and storytelling implies that study of dreams and of fictions may be mutually enlightening in ways surpassing the level of traditional literary dream analyses. I explore intersections between dreams and consciously created fictions by analysing representative examples from the Renaissance to the present.

Grand N
Dreaming

Special event: Wake Up: Exploring the Potential of Lucid

PSI

Chris Olsen (128) and Kira Sass (129)

The documentary *Wake Up: Exploring the Potential of Lucid Dreaming*, by Kira Sass and Chris Olsen, will be shown. This 30-minute film features interviews with prominent authors, researchers, and speakers who share the experiences and insights they've acquired while exploring the frontiers of dreaming and consciousness.

Grand C
Holocaust [CE]

Cultural Presentation: 20th Century Nightmare: Dreams of the

CA

David Kahn (138)

This presentation shares documentation of dreams of the Holocaust, including those of survivors during the Holocaust and after liberation, of the children of Holocaust survivors, and of modern people with little or no direct connection to the Holocaust. Some sources include The Shoah Dream Project, and documentation by Hebrew University student Yifat Erlich.

12:30 pm – 2:00 pm

LUNCH

Narita

Regional Representatives Meeting

Jodine Grundy

2:00 pm – 4:00 pm

AFTERNOON SESSIONS

Orly

Workshop: Using Hypnosis to Work with Dreams [CE]

CL

Deirdre Barrett (180)

Hypnosis is a state of consciousness with many similarities to dreaming, especially lucid dreaming. This workshop presents ways of combining hypnosis and dreamwork including inducing hypnotic dreams, working with nocturnal dreams during hypnosis, and hypnotic and self-hypnotic suggestions to aid dream recall and incubate specific dream content such as lucidity. There will be opportunities for participants to experience several of these techniques.

Salon C

Workshop: Relating with the Earth

EARTH

Susan Benson (126)

In this workshop, participants explore the inter-relationship of their dreams and waking imagery with experiences of specific landscapes and places. Through narrative, art, dreams and group dreamwork, we will evoke imagery of landscape and environments. Participants will be guided through meditative reflection and intuitive exercises to consider dreams and imagery of landscape as resonance, as personal association, as metaphor and intersubjective dialog providing insight and experience into the earth's dreaming.

Salon B

Workshop: Now What? Living the Wisdom of the Dream [CE]

CL

Robert P. Gongloff (189)

You've examined the dream. You have an idea of the theme, its core message. Now what? Learn how to take the next step. Learn how to use the Theme Matrix as a tool to benefit from the themes of your dreams, how to honor your dreams by taking positive action in your waking life.

Salon A

Panel: Listening to the Earth Dreaming

CA

MacColl

Jean Campbell, Jody Grundy, Wendy Pannier, Valley Reed, Teresa

Five of IASD's leading experts in listening deeply to dreams of the Earth and its creatures share their adventures with Earth Dreaming as they share divergent dreams and experiences from the same perspective: that it is possible, as our ancestors of all cultures have taught us, to hear the Earth's messages and act on the Earth's advice, through listening to our dreams.

Dreams of A-Bun-Dance

Jean Campbell, Chair (159)

Life Direction from Key Earth Dreams over a Life Span

Jody Grundy (160)

Healing Dreams for Ourselves and the Earth

Wendy Pannier (162)

The World Tree: Dreaming With the Earth

Valley Reed (161)

Thunder Dreamers

Teresa MacColl (163)

Grand N

Symposium: Lucid Dreaming [CE]

PSI

Lucid Dreaming and Spiritual Enlightenment

Beverly (Kedzierski Heart) D'Urso, Chair (136)

Some people have associated lucid dreaming with ego control and satisfaction. I will show how lucidity relates to expanded states of consciousness, and compare it to the work of contemporary spiritual teachers, Byron Katie and Eckhart Tolle. My topics include: inquiry, the present moment, expansion of self, the connectiveness of all, facing pain, viewing death, and

the interdependent illusions of space, time, and thought.

Lucid Nightmares: the Dark Side of Self-Awareness in Dreams

Ryan Hurd (190)

Lucid nightmares are a subset of lucid dreams in which the dreamer is awakened from sleep following a disturbing dream experience. This paper outlines preliminary features, explores various perspectives about the cause of lucid nightmares, and suggests ways to work with this important but misunderstood dream experience. This presentation is based on the paper "A Treatise on Lucid Nightmares", a winner of the IASD's 2008 Student Research Award.

The Forgotten History of Lucid Dreaming

Chris Olsen (130)

The history of the lucid dreaming concept in the nineteenth and early twentieth century is scarce and insubstantial. Traditional historical accounts normally include Hervey de Saint-Deny's, book *Dreams and How to Direct Them*, Van Eeden's paper "A Study of Dreams," and a handful of scattered references. This paper presents research that challenges the received history of lucid dreaming. The research was conducted in conjunction with first historiographic dissertation on lucid dreaming which the author is currently completing.

Lucid Dreaming, Freud and Jung: Discovering the Dream

Process

Robert Waggoner (178)

Freud and Jung proposed competing theories about the dream process. With the advent of lucid dreaming, psychology now has a revolutionary tool to explore and experiment in the dream space, and determine the validity of these ideas. Already lucid dreamers have begun to do just that. This presentation will explore experiences of lucid dreamers as they consider the ideas of Freud and Jung, while consciously aware in the dream.

Grand C

Seminal Work [CE]

Symposium: Diverse Applications of Montague Ullman's

RT

Mena E. Potts, Chair (087)

Our panel presents five diverse applications of Ullman's seminal research. Stanley Krippner takes us into Maimonides Dream Laboratory. Marcia Emery presents astrological and precognitive dream research. Gloria Sturzenacker delineates the authentic stages of Ullman's Experiential Dream Group Process. Dominic Potts discloses examples of subtle language selection and nuanced dialectics Ullman employed in his communications. Mena Potts presents "Psychohistorical Dreamwork," which applies Ullman's Experiential Dream Group Process.

Perchance to Dream, Telepathically

Stanley Krippner (088)

When Montague Ullman invited me to direct the Dream Laboratory he founded at Brooklyn's Maimonides Medical Center, I had a comfortable position at a state university. Monte and I stretched the funding for our telepathic dream studies into ten years, producing over 100 articles, a monograph, and a book, *Dream Telepathy*. In addition to our close professional relationship, we developed a friendship that was mutually gratifying as we congratulated each

other during periods of triumph and consoled each other during periods of loss. This was truly a "dream relationship," one that changed my life forever.

Revisiting Astrological Indicators of Precognitive Dreams

Marcia Emery (089)

Vivid precognitive dreams have visited me since 1970. Curiosity about this phenomenon led to exploratory research studies I conducted and presented at IASD conferences from 1987-1992. The fifth study, "The Relationship between Astrology and Precognitive Dreaming," tested the astrology hypothesis and found it significant for the precognitive dreams of Alan Vaughan, co-author of *Dream Telepathy*. The astrological indicators of precognitive dreams will be revisited so anyone can use these criteria to assess the validity of a precognitive dream as soon as it occurs.

The Ullman Method: Influential and Often Misunderstood

Gloria Sturzenacker (090)

Dr. Ullman's practice as a psychotherapist convinced him that ordinary people can help each other understand their dreams, and he dedicated his life to "extending dreamwork beyond the consulting room." The Ullman Method is widely known in name, but not in essence. Its safety and discovery factors result from unfolding a dream in carefully delineated stages. Although the entire process follows the dreamer's lead, the familiar "If this were my dream" is associated with a limited part of it.

The Role of Language in Montague Ullman's "Language of Dreams"

Dominic J. Potts (091)

This presentation explores Montague Ullman's monumental legacy to dream aficionados: the "Language of Dreams." Beneath Monte's urbane, erudite, genial exterior lay a dialectical mastery of self expression that imbued his work with vividness, clarity, and puissance, culminating in his unique "Language of Dreams." Illustrations and handouts of Ullman's deft, dialectical language selection, masterful phrasing, and artful sequencing will be provided to sharpen our own communicational acumen.

4:00 pm – 4:15 pm

Juice Break

Lobby

4:15 pm – 6:15 pm

LATE AFTERNOON SESSIONS

*Heathrow
the Part*

Workshop: Dream Portrayal: Discovering Meaning by Playing

CL

Michael E. Tappan (039), Irene Clurman (040)

Dream portrayal creates a community of dreamers who assist each other in discovering the meaning of dreams by enacting particularly resonant, enigmatic or powerful portions of a dream. Using simple props and basic improvisational techniques, participants bring dreams to life. In the process participants talk to guides, confront objects of fear and emerge with the understanding of the healing power of dreams.

Salon C

Featured Workshop: Tending the Dream is Tending the Earth

EARTH

Stephen Aizenstat (255)

Drawing from his highly acclaimed new book *Dream Tending*, Dr. Stephen Aizenstat will present the concept of the "World's Dream," inviting participants to experiment with a worldview that playfully and soulfully sees the world as alive and always dreaming. Dr. Aizenstat will lay out the foundational principles of a system of dreamwork that listens to the dreams of earth's landscapes and creatures. He will elaborate on the ideas of "archetypal activism," the "indigenous image," and the aboriginal notion of the "dreamtime." Skills sets will be offered that contribute to personal well-being and to a dream-centered environmental advocacy. The role of Dream Tending in the development of the Earth Charter, a project of the United Nations, will be described.

Salon B

Panel: Pain and Dreaming [CE]

AH

Sheila McNellis Asato, Patricia Garfield, Tallulah Lyons, Mary Pat Lynch, and Judy White

Sheila McNellis Asato, Patricia Garfield, Tallulah Lyons, Mary Pat Lynch, and Judy White

What is the relationship between pain and dreaming? In this panel, five IASD members from diverse backgrounds explore how pain and dreaming influence each other through art, vampire imagery, coping with cancer, shamanism, and embodied dreamwork.

Endometriosis in Dreams and Art

Sheila McNellis Asato, Chair (008)

In this multi-media presentation, Asato will show how the pain of endometriosis has influenced her dreams and art. Working with dreams through art, massage and embodied dreamwork, she has gained tremendous insights into pain that have helped her to cope more effectively, transforming despair and fatigue into hope and healing.

The Vampire's Bite

Patricia Garfield (009)

In this paper, Dr. Garfield presents classic and contemporary examples of dreams of the vampire's bite and its potential significance in physical pain. These legendary figures, attacking the throat for blood, are ideal metaphors to "explain" a dreamer's throat pain. Dream workers should know that vampire dreams might signal physical ailment.

Working With Cancer Pain Through Dream Re-entry

Tallulah Lyons (010)

Three late-stage cancer patients used a personalized CD repeatedly for over a month to help alleviate pain. Each CD had a guided imagery exercise to help them re-enter a specific healing dream. The severity of their pain before and after using the CD was measured on a standardized scale.

The Shamanic Healer's Journey Through Pain

Mary Pat Lynch (011)

Experiencing and integrating pain is central to becoming a shamanic healer. A key initiation on the path is the dismemberment journey. Through words and images, Lynch will describe how

shamans across cultures have experienced this painful but essential transition, and share her own experiences of these transformative journeys and dreams.

Breaking the Psychic Cast: the Pain of Forward Movement

Judy White (012)

In this presentation, Judy White will share her struggle with chronic pain and discomfort to illustrate Robert Bosnak's approach to dreaming. Highlights will include: the transformational potential of embodying the imagined "other;" and the relationship between somatic and psychic pain with developmental and historical wounds.

Salon A

Earth Dreaming Symposium

EARTH

Power of Earth Dreaming

Journey to the Center of Wholeness: The Transformative

Karen J. Bartnicki (207)

My Earth dreams have taken me on a journey to a conscious awakening. They have created a sense of terror and fear and led me to a recognition of dreams that came true, awareness of human responsibility for Earth's conditions, and understanding of the helplessness of human beings to fully control their environment. The Earth is a living planet that frequently acts suddenly, surprisingly, and outside human control. My Earth dreams mirror this process and our concerns, requiring us to accept change, destruction, regeneration, and events within and beyond human control.

Dreams and an Ecological Age by 2050

Olaf Gerlach-Hansen (158)

The paper will relate principles of biomimicry with dreams and dreaming, including discussion of romantic "back to nature" beliefs in ecology and dream studies, "copying nature" in dream theories, Jungian examples in dreams of the principles of biomimicry, the problem of aligning a normative ecological paradigm with dreams "who may not care about ecology," discussing whether there is an inherent tendency of biomimicry in dreams counterbalanced in socialization with "socio-mimicry." We will consider what "an ecological age by 2050" may imply for dreams and dreaming.

Dreaming Planet

Paco Mitchell (101)

For centuries we have labored under materialistic assumptions about the nature of reality. A new paradigm is emerging on the frontiers of cosmology and scientific theory, with surprising parallels between old and new knowledge. Dreams are implicated in the evolutionary impulse, from the Big Bang, through the development of life on Earth, to the troubled present. Most importantly, dreams are a crucial means of envisioning a viable future on the Dreaming Planet.

Grand N

Extraordinary Dreams Symposium

PSI

Awakening Asclepius: Healing Accounts in Lucid Dreams

Robert Waggoner (169)

Lucid dreaming, the ability to become consciously aware of dreaming while in the dream state,

has been used by psychotherapists to deal successfully with recurring nightmares. Less known in the healing community is the use of lucid dreams to deal with physical illness. This presentation will report on a number of healing attempts undertaken while consciously aware in the dream state.

Lucid Dreaming, Synaesthesia, and Sleep Disorders: Dreaming into Fiction

Clare Johnson (016) (read by Robert Waggoner)

Engaging with the dreaming imagination can help in any creative project, often with startlingly original results. The presenter, whose novels are based in dreams, discusses her experiences of dreaming into a subject and elucidates a series of powerful creative breakthroughs. Sometimes waking research is not enough, but fortunately the dreaming mind is gifted at presenting experiential solutions that can support the writing process. This presentation examines dream induction, the possibilities of lucid dreaming, and the wider connection between dreams and creativity.

Intuitive Dreaming

Laurel Clark (121)

Dreams can give us intuitive insight beyond the scope of the waking brain. This paper presents some precognitive dreams that enabled the author to be a healing presence for her husband as he struggled with life-threatening illness, and a visitation dream offering a healing message for humanity after 9/11/2001.

Pregnancy Dreams: Between the Earth and the Sky

Misa Tsuruta (075)

Ancient Greek men dreamed of having offspring without women. On the other hand, women pass down the experience of pregnancy and childbirth among them and from generation to generation. In this presentation the author will discuss how her conception and pregnancy was guided by dreams.

Grand C

Symposium: Video Game Play Effects on Dreams [CE]

RT
Krippner

Jayne Gackenbach, Raelyne Dopko, Jason Le and Stanley

Video game play and heavy immersion in electronic media affect dream content in a variety of ways. Three dream types or elements have been found to be affected: lucid dreams, nightmares, and bizarreness content. New research on the effect of video game play for each type/element is presented and an analysis of media impact on dreams offered.

A Further Exploration of the Lucidity-Gamer Association

Jayne Gackenbach, Chair (027)

In this study we delved further into the video game play-lucid dream relationship. Participants filled out the "Sleeping Experiences Questionnaire (SEQ)" and the "Subjective Experiences During Sleep (SER)" survey regarding a dream. High-end gamers reported considerably more cognitive type elements associated with lucidity.

Video Game Play, Dream Bizarreness and Creativity

Raelyne Dopko (028), Jayne Gackenbach (234)

Previous research found that video game players had more bizarre dream elements. It was unclear whether this was due to game content or the creativity of gamers. In this inquiry, high and low end gamers kept a two-week dream diary, answered media questions about their presleep activities and filled out verbal and nonverbal creativity tests. Results are presented.

Nightmares of Video Game Players: What do They Look Like?

Jason Le (029), Jayne Gackenbach (236)

Nightmares seem to not be associated with daytime video game play according to previous research. In this study we collected two positive and two negative dream examples from high and low end video game players to determine what might be a nightmare for a gamer from their point of view. Results are presented.

The Conditional Model of Socialization Effects of Media on

Dreams

Jayne Gackenbach (237), Raelyne Dopko (235)

While electronic media absorption seems to affect dream content, the question addressed in this study is what elements and types of media have what types of affects. Preliminary analysis showed that interactive media used predream and viewed as relevant to the dream were associated with electronic dream content and high dream control.

6:15 – 7:45 pm

DINNER

Dining Room

Dream group: The Genius of the Night Mind: New Tools, Tips and Techniques for Multidisciplinary Dreamgroups

Victoria Rabinowe (110) with Freya Diamond (111)

This is a voyage of the DreamShip Chicago. Its mission: to explore the strange new worlds within our dreams, to seek out new tools and techniques, to boldly go where no dreamer has gone before. This series of sessions will break the boundaries of traditional interpretation by opening dreams with creative conversations. Working with universal, archetypal and mythic themes, the wisdom of the group will meet the genius of the night mind. Each evening session will introduce different methods for group dream work. Take-out dinners will be available from the hotel restaurant.

7:45 pm – 9:00 pm
Shamanism [CE]

Keynote Address: Everyone Who Dreams Partakes of

Grand C

Stanley Krippner (212)

Early humans accepted all perceptions as reality, whether they were waking images, visionary images, or dream images. Once early humans began to discriminate among various types of "reality," shamans emerged to negotiate the shift between worlds and interpret images that occurred in non-ordinary reality. This role gradually was taken over by psychiatrists, psychologists, counselors, and other professional dreamworkers. But the "grass roots dream movement" of the latter 20th century began to return this function to dreamers, especially those trained to work with their own dreams. The Paratinin Indians of the Amazon remark, "Everyone who dreams partakes of shamanism," and this is exactly the function of the grass roots dream movement, as exemplified by the International Association for the Study of

Dreams. An example of this function is illustrated by the paintings of the celebrated Canadian artist, Rob Van de Horst, whose surrealistic paintings have been evoked by dream images for several decades.

9:00 pm – 9:30 pm Special Event: Dream Telepathy Contest

Grand C

Rita Dwyer and Robert Van de Castle

Try your Psi! Test your dreaming mind's ability to tune into a visual target that will be broadcast telepathically during the night by a designated "sender." Loosely patterned on the cutting-edge experiments in dream telepathy done at Maimonides Dream Laboratory by Drs. Stanley Krippner and Montague Ullman, the annual IASD contest is a playful but surprisingly successful way to test your telepathic skills. Instructions will be given making it easy to join in the fun.

9:30 pm – 10:30 pm Special event: DREAMTIME: An Integrative Health Series for Public Television

Grand N

Viki Anderson (124) and Richard Brendan (125)

DREAMTIME's goal is to educate, inform, entertain and inspire the PBS audience to better understand the power our nightly journeys have in guiding our waking lives. DREAMTIME uniquely combines expert interviews with art inspired by dreams, creating vibrant programming. DREAMTIME addresses the full spectrum of dreaming perspectives including spiritual, metaphysical, psychological, biological and science points of view. This presentation will display and discuss the program segment, "Universal Archetypes." Additional programs envisioned: Dream Symbols: How To Work With Them, Nightmares, Extraordinary Dreams, Children's Dreams and Dreams of Sex, Sensuality & Relationships.

Sunday – June 28

7:30 am – 9:00 am

Breakfast

Dining Room

8:00 am – 8:00 pm

Exhibits & Product Sales

Stephens

8:00 am – 10:30 pm

Dream Art Exhibit

Grand S

8:00 am – 9:00 am

MORNING DREAM GROUPS

See schedule for Saturday, June 27 for descriptions and rooms.

9:00 am – 9:15 am

Coffee Break

Lobby

9:15 am – 11:15 am

MORNING SESSIONS

Narita

Own Dream Pillow!

Workshop: The Stuff That Dreams Are Made On: Create Your

AH

Curtiss Hoffman (066), Tobi Hoffman (067)

Fabric collage is a useful and innovative way to capture archetypal dream imagery. Applying fabric pieces to pillow forms is a particularly appropriate means of “dream-catching.” Participants should bring a dream or dream image to work on. Fabric will be provided, or bring your own. No previous sewing experience necessary!

Salon C

Workshop: DreamWork/BodyWork

CL

Jean Campbell (149)

DreamWork/BodyWork is a bioenergetic approach to the interpretation and understanding of personal dreams, developed by Jean Campbell after eight years of study of Energetic Metatherapy, in which she is certified. Participants will move and feel themselves in their selected dreams. Exercises may include movement, dance, and self-expression, only at the self-selected pace of the dreamer. Participants should wear comfortable clothing.

Salon B

Dreams [CE]

Workshop: Cultural Issues in Understanding and Working with

CL

Alan Siegel (117)

Exploring dreams in psychotherapy can transcend cultural barriers, build rapport and provide a vehicle for exploring sensitive issues related to acculturation, cultural identity and beliefs about the nature of dreaming. This workshop provides clinical and ethical practice guidelines for dreamwork with individuals who have cultural, religious or other beliefs different from the therapist. We will explore: bilingual dreams, culture pattern dreams, journey dreams, the Dream Time, big dreams, PSI and metaphysical dreams. Vignettes for participant discussion are drawn from existing literature, the presenter's clinical experience, and from participants.

Salon A Imagery

Panel: Dreams in Orbit: Circular/Spiral Centering Motifs and

EARTH

Rita Dwyer (Chair), Judy Gardiner, Robert J. Hoss, Robert Moss

"Thou art a second world in miniature. The sun and moon are within thee, and also the stars." (Origen, Greek theologian, 185-254) Is circular/spiral imagery in dreams hardwired into our genetic code? We are in constant orbit around the sun on our round mother, spaceship Earth. Our bodies and all of creation are composed of the same basic chemical elements and teem with unseen energy in motion. In our culture, we consider time to be linear, but our dreams move us to the past and future, not only the present. Their cyclical nature allows us to connect in body, mind and spirit with each other and dimensions beyond, including the All, a total centering of ourselves within our environment. Explore with us circular/spiral images and motions that are powerful symbols of ultimate wholeness, revered by people from the past and still gifted to dreamers today.

Can Dreams Truly Move Humans and Earth into Holistic

Balance?

Rita Dwyer (196)

Do we label objects in our dreams without appreciating inherent shapes, such as the circle, or to describe actions, such as dancing, without noting the rhythmical spinning and swirling of body and sound? Yet these shapes and motions are primal, experienced in other cultures from ages past, often revered for deeper meanings. Circle imagery seems hardwired into our genetic code connecting us with all created matter. I will discuss my thoughts on this topic, calling upon great minds of the past and current dream phenomena.

Circular or Center-Oriented Imagery

Robert J. Hoss (197)

Jung spoke of the circle in terms of the totality of the human psyche and the relationship with the whole of nature. To Jung, circular imagery in dreams represented a completion, the ultimate wholeness, and the natural centering force within the psyche. Examples illustrate how this motif often appears in dream as well as how dreams, and the dreamer's life at the time, support the Jungian interpretation of the motif.

Personal Associations with Spiral Imagery and Its Power

Robert Moss (198)

I have used the spiral as my personal logo for 15 years, and describe one of the most important dream journeys of my life that took me to the indigenous "woman of power" I've called Island Woman. It began when I was drifting in the hypnagogic zone, focusing on a double spiral from a guardian stone at Newgrange, a double spiral I think of as the Eyes of the Goddess.

Colorful Journeying to New Levels of Connection

Judy Gardiner (199)

A dream will be described which led to a strange passage upward through different levels with brilliant color imagery and connections with a dear friend and mentor who had passed away in the last year and who continues to present evidence of his soul survival. Bohm's theory of Explicate-Implicate Orders as related to this experience will be discussed.

Spirals, Circles, and Shamanism

Stanley Krippner (210)

Circular and spiral geometric forms recur in both external shamanism (e.g., rituals) and internal shamanism (e.g., mental imagery). Navajo (or Dine') sand paintings show a remarkable similarity to Tibetan sand mandalas in form and function. Spiral imagery often appears in shamanic painting; among Amazonian shamans, it bears a remarkable similarity to the double helix. This resemblance prompted anthropologist Jeremy Narby to suggest that these shamans were "tuning in" to their own DNA. These forms can be observed in ancient cave paintings, among the most frequent designs observed in these archeological sites. Very early in humanity's development, there was a need to express inner experience in external forms.

Grand N

Clinical Symposium

CL

Dream Amplification: Meaning, Image, and Emotion

Meg Pierce, Chair (051)

With the advent of the Internet, we can quickly research dream images across cultures and time. History and art are available at the click of a mouse. The difficulty is in knowing what a specific dream means to us personally. And then there are those dreams that have no central image. Meaning then must come from the emotional tone, valence, and associations of the dreamer. This presentation cites two examples of image amplification and one of emotional amplification from the presenter's personal dreams.

Jungian Dreamwork and Common Factors Theory: An Evidence-Informed Psychotherapy Practice

Kirsten Maier (194)

Dreamwork as a source of information and therapeutic technique for change is a time-honoured tradition. Common Factors theory and research provides a current evidence base in which to situate this work. This presentation outlines a theoretical framework for integrating dreamwork and common factors. Clinical aspects will be discussed to explore best practices in psychotherapy.

Clinical Use of Dreams

Mark Hagen (133)

The presentation will familiarize attendees with how dreams have been used for over 2500 years from a clinical perspective. The diagnostic, therapeutic and prognostic value of dreams will be discussed, including semiotic functions and uses of dreams in psychotherapy. A developmental framework provides an understanding of the clinical presentation of symptoms. A symptom reading of dreams can facilitate the diagnostic and therapeutic process.

Harry Potter, A Power Creature for Helping Children Overcome

Nightmares

Hooshmand Ebrahimi (118) (read by Ghazal Bozorgmehr)

The paper describes the tasks of “Kids’ Skills” method. The task of choosing a power creature is discussed, showing Harry Potter as a power creature for helping children to learn the skill of converting nightmares into goodmares.

Grand C

Research Symposium: Extraordinary Dreams [CE]

RT

Dream Intensity after Ecstasy/MDMA Use: Implications for the Activation Input Modulation Model of Dream Formation

Mark Blagrove, Chair (184)

Use of the illegal drug ecstasy/MDMA causes a decrease in dream recall on the following sleep period but no change in dream emotional intensity. This is supportive of the Activation-Synthesis and AIM model of dream formation.

Classifying Impactful Dreams: Nightmares, Existential Dreams, and Transcendent Dreams

Don Kuiken (137)

I describe procedures by which samples of dreams can be systematically sorted into different classes, in particular, the three classes of impactful dreams: nightmares, existential dreams, and transcendent dreams. Using a 28-item questionnaire, the attribute profile of a new dream can be compared with the attribute profiles established for each original dream type. The established profile that the new dream most nearly resembles determines the class to which it belongs.

Continuity of Inhibition in Lucid Dreamers: Evidence from the Go/Nogo Paradigm

Caroline L. Horton (150)

Research investigations have tried to ascertain whether cognitive, personality and physiological behaviours remain constant over the sleep-wake cycle. The present investigation predicted that lucid dreamers, who demonstrate cognitive control and metacognitive awareness whilst asleep, might perform well on tests of inhibition whilst awake. 180 students participated, completing a questionnaire to determine lucid dreaming behaviours and a computerised go/nogo task. Predictions were upheld. Results are discussed in relation to the cognitive profile of dreaming generally.

The Bizarre and Hallucinatory REMS Dreams of Narcolepsy

J.F. Pagel (007)

Narcolepsy occurs in association with dream-like epiphenomena like bizarre hallucinations, sleep paralysis, and cataplexy. Dreams reported from narcoleptics during sleep onset REMS periods are utilized as a model for psychological and physiological characteristics of the dream state. This association of narcolepsy with REM sleep epiphenomena has been integrated and applied in forming the conceptual framework for some of the most widely accepted neuro-scientific theories of consciousness.

11:15 am – 11:30 am Transition

as an intervention for therapists.

Grand N
Welsh Mythology

Cultural Presentation: The Roots of Healing Dreamwork in

CA

Elizabeth Jeffries, (041), Nicholas Brink (042)

The first half of the Fourth "Branch" of the Welsh myth cycle, The Mabinogion, as a dream of our ancestors, addresses the struggle with humiliation, vengeance, integrity and respect. This discussion is a continuation of the last 3 years of discussions that dealt with the First through Third Branches.

Grand C

Special Arts Event: Dreaming of Barack Obama: Using Dream Theater to Explore the Cultural Meaning of Dreams

AH

Richard Russo (192)

Dreams about Obama were collected and turned into a 30-minute play. Video footage from the public performances of the play will be shown, and the use of dream theater as a way to present the cultural relevance of dreams to the general public discussed.

12:30 pm – 2:15 pm

LUNCH

Narita

2010 Planning Lunch

Robert Gongloff

2:15 pm – 4:15 pm

IASD GENERAL MEMBERSHIP MEETING

All IASD Members and conference attendees are invited to participate in the Annual Membership Meeting of the International Association for the Study of Dreams.

Agenda

Address from IASD President - *Olaf Gerlach-Hansen*

Address from IASD President-Elect - *Robert Waggoner*

Introductory Remarks - *Jean Campbell, IASD Board Chair*

Motion to pass minutes of last Membership Meeting

Introduction of New Slate of IASD Board Officers

Introduction of New Member-elected Board Members

Thanks to Outgoing Board Members

Membership Committee Report - *Jody Grundy, Membership Committee Chair*

Treasurer's Report - *Bob Hoss*

Remarks from Conference Host - *Jacquie Lewis*

Report on IASD Conference 2010 - *Robert Gongloff, 2010 Conference Host*

Research Grant Awards - *Bob Hoss, Research Committee Chair*

Student Awards - *Curt Hoffman, Student Awards Committee Chair*

Old Business

New Business

Adjournment

4:30 pm – 6:30 pm Special Event: Earth Dreaming Nature Hike

Lobby

Alan Siegel (116)

EARTH

Hike in a beautiful regional park near the conference site to commune with nature, relax, experience the plants and birds, network, get exercise to balance other sedentary conference events, share dreams with themes of nature, the environment, wilderness and explore how dreaming and dream sharing can help to heal the planet. Travel in the hotel shuttle bus or carpool to Busse Woods. Bring water, a snack and good hiking shoes.

4:30 pm – 8:30 pm Special Event: City of Chicago Tour

6:30 pm – 8:30 pm Dinner

Dining Room

Dream group: The Genius of the Night Mind: New Tools, Tips and Techniques for Multidisciplinary Dreamgroups

Victoria Rabinowe (110) with Freya Diamond (111)

See Saturday's description of this ongoing evening dream group.

8:30 pm – 10:30 pm Dream Art Reception

Grand South

Monday – June 29

7:30 am – 9:00 am

Breakfast

Dining Room

8:00 am – 6:00 pm

Exhibits & Product Sales

Stephens

8:00 am – 8:00 pm

Dream Art Exhibit

Grand S

8:00 am – 9:00 am

MORNING DREAM GROUPS

See schedule for Saturday, June 27 for descriptions and rooms.

9:00 am – 9:15 am

Coffee Break

Lobby

9:15 am – 11:15 am

MORNING SESSIONS

Orly

Workshop: The Montague Ullman Approach of Working with Dreams in a Group Setting

CL

Gunnar Sundström (171)

The Montague Ullman method of working with dreams will be presented in a group setting. Important factors will be pointed out, such as the need for the dreamer's safety in the group and the non-intrusiveness built in the method. Members of the workshop can share a dream with the group, and the group can work with the dream.

Salon C

Clinical Symposium: Dreams and Health [CE]

CL

Prodromal Dreams: The Diagnosis of Illness and Healing

Stephen B. Parker, Chair (082)

Dreams can be diagnostic of medical conditions. This slide show of images related to prodromal dreams will include a review of the literature, and anecdotal reports of prodromal dreams furnished to the presenter and other dream researchers.

Illness as Foretold in Dreams

Anita Leuthold (219)

A Swiss surgeon, who immigrated to the USA in 1971, was diagnosed in 1984 with a tumor in the brainstem. He was operated immediately and again in the following year. He died in 1989. His meticulous dream journals reveal that his dreams presaged the tumor as much as 11 years

before the medical diagnosis. Twelve dreams, extracted from the surgeon's journals, point the growth of a lethal tumor in the brain; all were carefully chronicled and illustrated.

Illness in Dreams: Physical and/or Symbolic Reality?

Marianne Tauber (135)

Part two offers sequential dream material for discussion. Whereas part one leads up to the first operation the Swiss surgeon had to undergo, we here look at some of his dreams and extensive elaborations between the first and the second operation, a year later. We are to witness a profound struggle between (in Jungian terms) the ego and the Self, until the moment of surrender, with the medical diagnosis of recurrence.

Salon B

Workshop: Intertwining Roots of Dreamwork and Energy Psychology: The Dream to Freedom Technique [CE]

CL

Robert J Hoss (024), Lynne M Hoss (025)

Dreamwork and energy psychology traditionally blossomed as separate disciplines. This workshop brings them together in a unique synergy. Participants will be taught a Gestalt-based *Image Activation* dreamwork approach for identifying emotional issues the dream is dealing with, followed by an *Emotional Freedom* protocol for reducing or eliminating stressful reactions surrounding that issue that often create barriers to progress. A brief theory introduction and example will be followed by an exercise open to all attendees. A worksheet is provided adaptable for professional or personal use.

Salon A

Panel: Key Issues in Dreams Education [CE]

ED

Barrett (218)

Philip H. King (131), Bernard Welt (132), Alan Siegel (217), Deirdre

This panel discusses key issues in teaching about dreams in academic courses and the broader community, including (1) institutional and cultural politics of dream teaching, (2) ethics of using participants dreams, (3) parameters, such as group size, session duration, audience knowledge level, nationality, gender, ability, expectations, and (4) teaching content, resources and activities.

Grand N

of Self and Planet

Symposium: Four Perspectives on Soul-Making: Reanimation

EARTH

Meg Pierce, Dawn Matheny, Winnie Piccolo, Robert Tompkins

Exploring the link between the telos of the human psyche and our relationship to the Earth, this symposium uses personal dreams to illuminate objectifying attitudes in need of reanimation. Just as objectification is necessary for destruction, dreams are key to revitalization by enabling our perception of the material world as alive, ensouled.

Dreams As Harbingers of Soul-Making

Robert Tompkins (050)

Dreams can chart paths of separation from the old and forge a new experience of self, teaching us the radical acceptance and fiery will needed to navigate this re-opening of soul's

loving, embodied relation to an ensouled world.

The Young and Wounded Male: The “Other” Within

Dawn Matheny (048)

Dawn will share her self-study of men and male energy in her dreams over a several year period. Relating and working to understand the inner, disavowed “other” is reanimating and essential to those on a path of wholeness.

In the Midst of Death We Are in Life: Dreaming Through the Deadness of Depression

Meg Pierce (047)

The willing descent into deadness is one way, paradoxically, to find that animating dynamic that can invigorate us. Meg will explore this revitalization of soul and its restoration to the World.

Confronting the Dream of Apocalypse

Winnie Piccolo (049)

Images of chaos, terror, and destruction visit many of us in the night. Winnie will speak on the issue of personal responsibility for the dark, persecutory energies within. Consciousness of our impact on the world is served when we confront the dream of inner apocalypse.

Grand C

Research Symposium: Sex, Relationships and Emotions: An Exploration with Dreams [CE]

RT

Jones, J. Clarke

Teresa L. DeCicco, Chair, M. Zanasi, G.S. Navara, G. Musolino, E.

These four research presentations use content analysis to explore dream imagery in relation to sex, intimate relationships or emotions. The first presents two investigations of dream sexual imagery for Italian and Canadian samples. The second discusses qualitative and quantitative analyses in terms of relationships and dreams. Presentation three discusses waking day depression, anxiety, and dreams. Finally, the fourth presents data on relationships among sexual dream imagery, romantic jealousy and relationship satisfaction.

Comparing and Contrasting Dreams with Sexual Imagery across Italian and Canadian Samples

M. Zanasi (060), T.L. DeCicco (059), G. Musolino (062)

Study 1 compares dream content of sexual imagery and emotions for an Italian sample (N=267) and a matched Canadian sample (N=267). Study 2 examines sexual dream content and emotions for 100 Canadian and 100 Italian participants from dreams with sexual content alone. Cultural differences and implications are discussed.

Exploring Intimate Relationships with Dreams and Dream Interpretation

G.S. Navara (061), T.L. DeCicco (238)

Forty dreams collected from dream journals over a 4 month period were used for both qualitative and quantitative analyses. Both a phenomenological approach and content analysis were employed on both the actual dream content and on the dream interpretation.

Results are presented with a particular interest in intimate relationships.

Differentiating Anxiety and Depression Using the Storytelling Method of Dream Interpretation and Content Analysis

E. Jones (063), T.L. DeCicco (239)

The dreams of 85 community-dwelling young adults were content analyzed, as were the discovery passages from the Storytelling Method of Dream Interpretation. These categories were compared to waking day measures of both depression, as measured by the BDI, and anxiety, as measured by the CES-D.

An Investigation among Dreams with Sexual Imagery, Romantic Jealousy and Relationship Satisfaction

J. Clarke (063), T.L. DeCicco (240)

This study extends previous findings on the relationship among dreams with sexual imagery and waking day relationship issues. Content analysis categories from the dreams of 100 university students are compared to waking day measures of romantic jealousy and relationship satisfaction.

11:15 am – 11:30 am Transition

11:30 am – 12:30 pm Invited Presentation: The Secret History of Dreaming

Grand N

Robert Moss (215)

We've been missing a vital part of the history we need to know – how dreams, coincidence and imagination have driven great lives and great events in every field, from war to healing, from science to religion. History without the inner side is as shallow as history without economics, and as boring as history without sex. In this high-octane presentation, Robert Moss restores the inner dimension to our understanding of how things happen in our world.

We'll learn how a dream led directly to one of the biggest oil finds in history, how Mark Twain's life was guided by coincidence and how Harriet Tubman was able to guide escaping slaves to freedom on the Underground Railroad because in dreams she could fly like a bird. We'll explore the role of imagination in healing, from the Asklepian dream temples of the ancient Mediterranean to the new chapter in mind-body medicine just opening. We'll hear about the new discipline Moss calls "dream archeology" and why we need the skills of both shamans, scholars and detectives to fathom the past and to prepare for the changes coming in the future history of our world.

12:30 pm – 2:00 pm LUNCH

Dining Room

Regional Representatives Meet with Members

Jodine Grundy

2:00 pm – 4:00 pm AFTERNOON SESSIONS

Narita
in Dreams

Workshop: Animal DreamSong: Messages of Animal Figures

AH

Paula Lippard Justice (084)

The future of our planet involves the liberation and continuing evolution of all life forms. We grow and bloom because we are loved. When animals come to us in dreams, as in life, they come to open us to our capacity to love and be loved unconditionally. In this workshop Participants will bring a dream involving an animal figure to work with in art and theatre. The objective will be to depict and dramatize the animal figures, bringing them/their message alive to the dreamer and other participants. Artistic materials and theatrical props will be provided.

Heathrow

Workshop: Dreams and Guided Meditation

RSP

Rita H. Hildebrandt (015)

In this workshop we will approach dream images in an altered state and by doing so bring forth their deeper spiritual essence. This process allows for the spiritualization of any element of the dream be it a character, an object, a symbol or a landscape.

Salon C

Workshop: Putting Dreamwork into Practice: Dream Interpretation for Professionals and Workshop Leaders [CE]

CL

T.L. DeCicco (054)

This workshop is based on the presenter's new book, *The Giant Compass: Navigating your life with your dreams*. The workshop illustrates a system of 4 techniques designed for professionals to lead participants in dream work. The techniques guide participants from novice dream work, to getting comfortable with dreams, to accessing emotions related to dreams and waking life, and finally, to getting to the deepest level of dream meanings. All techniques have been scientifically tested and found to lead to discovery.

Salon A

Panel: Long Term Journal Keeping: Living and Learning

CL

Cynthia Pearson (095), Patricia Garfield, Sandy and David Ginsberg, Gloria Struzenacker, Robert Waggoner

When the first panel on long-term journal keeping met at ASD-13, chair Dennis Schmidt noted: "...In the tradition of the naturalists whose patient observations prepared the ways to elegant understandings of physics, chemistry, and biology, home journal keepers record and discover events and regularities that astonish and enlighten...the personal journal is a uniquely sensitive instrument that may enlighten not only the individual dreamer but the whole field of dream study." Since then, journalers have met at every IASD conference to discuss long term record keeping and continue our cross-fertilization. In 2009 the theme will be "Living and Learning," featuring presentations by journal keepers who have learned things from their dreams they would not otherwise have known.

Dreams of a Lifetime: Highlights from A Sixty-Year Journal

Patricia Garfield (096)

Can long term dream journaling support life's outstanding transitions? At age fourteen, the author made her first entry in a sixty-year dream journal, April 15, 1949. In this paper, Garfield cites seven life-changing dreams from different stages of existence (schoolgirl, maiden, wife-mother, lover, worker, spiritual seeker, widow) and discusses repercussions.

Dream Journaling in Relationship

Sandy Ginsberg (098) and David Ginsberg (097)

Living together provides a wonderful opportunity for dreamworking. When couples attend to their dreaming by journaling, they can be exceptionally helpful to one another when it comes to understanding dreams, and can enhance their opportunities for a deeper appreciation of their dreams, their relationship and their inner lives.

Dream Words, Dream Meanings

Gloria Sturzenacker (098)

Long-term journal-keeping allowed me to discover a meaning thread connecting three dreams widely spaced across time. Each contained a different foreign word that, pursued out of curiosity, led to a deep spiritual meaning.

Abyssinian Dreams: What My Cat Taught Me

Robert Waggoner (100)

When his precocious Abyssinian cat, Penny, appears in his dreams and makes requests, not only does the presenter acquiesce, he begins to re-think the possibilities of animal communication. Thus begins a new level of experimental interaction with his cat and a new respect for animal life forms.

Grand N **Workshop: The Three Only Things: Tapping the Power of Dreams, Coincidence and Imagination**

CL *Robert Moss (208)*

We'll learn three simple and powerful techniques: the Lightning Dreamwork process for everyday dream sharing, leading to healing or creative action; a synchronicity game for reading the sign language of the world that will be fun to play at any point during the conference; and the Tree Gate method for growing a place of vision.

Grand C **Research Symposium: Dream Consciousness [CE]**

RT **Individual Differences in Reflective Awareness Sampled from Dreaming and Waking**

Tracey L. Kahan, Chair (193)

Theorists disagree on whether dreaming is deficient in executive functions such as reflective awareness or executive attention. Several studies demonstrated that dreaming experiences are not uniformly deficient in executive functions when compared with waking experiences. The present study (N = 188) extends prior research and considers whether patterns in RA across dreaming and waking vary for men and women (controlling for variables such as average sleep time, dream recall frequency, and motivation to recall dreams).

Relationships between Reflective Awareness in Dreams and

Impactful Dream Types

Ming-Ni Lee (186), Don Kuiken (187)

In an investigation of reflective awareness and impactful dream types, dual perspectives were most commonly found in transcendent dreams and existential dreams and that willed appearances and lucid control were most commonly observed in transcendent dreams.

Acceptance of the Unusual in Dreams: Functional?

David L. Kahn (006)

Empirical data show we are often unaware of the unusual while dreaming. These data are discussed and interpreted to highlight how unawareness of the unusual while dreaming is functional. The studies focused on characters and events in subjects' dreams. The results were that subjects were largely unaware of differences that existed between their dream characters and their wake counterparts, and of the bizarreness of some dream events. The question is, why can't the dreamer get it right? Is there a possible use for not getting it right?

The Effects of Dream Bizarreness on Threat Simulation

Katja Valli (092)

The Threat Simulation Theory (TST) of dreaming proposes that the original biological function of dreaming, threat simulation, enhanced ancestral fitness because repeated nocturnal threat recognition and avoidance rehearsal led to higher survival rates and more abundant offspring. One main criticism toward TST is that dreams are so random, disjointed, and bizarre that realistic threat simulation cannot take place. For the first time, the following questions have now been empirically answered: How bizarre threat simulations actually are? Does dream bizarreness render the threat simulations more or less efficient rehearsals, or has bizarreness no effect at all?

4:00 pm – 4:15 pm

Juice Break

Lobby

4:15 pm – 6:15 pm

LATE AFTERNOON SESSIONS

Narita

Workshop: The Stuff of Which Dreams Are Made: Mutual Dreams as Footprints in the Sands of the Universe

PSI

Deborah Armstrong Hickey (045)

This workshop begins with a brief presentation about historical views and practices around mutual dreams, that is, literally shared among members of a community. Following this will be an expressive experience that will bring to life and form mutual dreams from the presenter and the participants, that will include creating a dreaming prayers flag where mutual dreams will be written accompanied by symbols of these dreams. Participants will work with cloth to produce their contributions to the dreaming prayers flags. The dreaming prayers flags may be exhibited during the conference, with the participant's permission.

Salon C
Earth Changes

Workshop: Dream Wayfinding: Navigating Our Way Through

EARTH

Teresa MacColl (056), Valley Reed (057)

In this workshop, we explore “dream wayfinding” as a technique for navigating through this time of prophesied earth changes, to the place of the Fifth Hoop and the heart, where we will “dream the earth” as the earth dreams us. The workshop will be presented in the form of a dream ceremony, with opening and closing prayers, honoring of the ancestors, the directions, and All My Relations. Through a guided dream journey, we will find our place of “balance”, so that we may dream that place of balance

Salon B

Workshop: Impact of Emotions In Dreams and Waking Life

CL

Justina Lasley (191)

As part of a dream group, participants will explore the importance of Emotions and Energy within the dream and waking life. Innovative techniques will be used to understand that awareness of these emotions affects all personal reactions and decisions and is essential in the individuation process.

Salon A

Extraordinary Dreams Symposium

PSI

Findings of Lucid Dreamers in the Ukraine

Oleksandr Savsunenko (081)

An amateur lucid dreaming group in the Ukraine sought to investigate various aspects of lucid dreaming, including factors that influence the frequency of lucid dreaming, lucid dreaming in a possible NREM state, and the possibility of mutual lucid dreams. The group, MSU (which translates as "Free Mind"), has conducted informal studies in lucid dreaming since 2005.

Quantum Dreaming: The Dream's Place in the Universe

Nicholas Brink (036)

Changes in scientific thinking as described by Jean Gebser and Fritjof Capra suggest that dreaming will play a more central place in understanding life. I will describe these changes and how dreaming fits into this new thinking. Then I will push limits to describe where I think dreaming can go.

Exploring the Psi Dreaming Process

Dale E. Graff (102)

A direct comparison of psi dream imagery with the content of pictures in psi dream projects provided insight into the psi dreaming process. Pictures with a variety of content led to inferences about how the psi target is presented to dream awareness. The psi targets were in the local area or at distances of 8,000 miles. Some targets were pictures in future news articles. There is evidence of an adaptive pattern-matching process. Concepts based on a global mind hologram and nonlocal phenomenon in quantum physics are considered.

ESP and Dreams: Past, Present and Future Research

Robert L. Van de Castle (205)

This presentation covers a brief history of ESP in dreams back to Biblical times, studies of psychic dreams carried out in the late 19th and early 20th centuries, and work at Maimonides Hospital. It concludes with a survey of recent ASD telepathy contests and their implications for

understanding "group entanglement" in the results obtained. Suggestions for future research include the possible relevance of geo-magnetic forces, organ transplants, psychic bonds between identical twins and intentional connections between lucid dreamers.

Grand N

Spiritual Symposium: Spirit and Science [CE]

RSP

Dreamweavings of Science, Spirituality and Nature

Dennis L. Merritt (209)

Dreams can provide the images, narrative base, and guiding allure for a symbiotic integration of science, spirituality and nature. Science and spirituality share the basic tenant of order in the universe. The proper perspective and recognition of the parameters of each domain are necessary for a healthy interaction and dreams can facilitate this development. An experience of the Self and a connection with nature often comes through an extended immersion in nature, especially in natural environments suggested by Big Dreams.

Jung's Metapsychology: Implications of The Dream for the Future of Science

Roberta Pashley (175)

How can a dream, an imaginary and involuntary experience, provide insight into principles that govern science? This question is examined with regard to the philosophical overview of psychology found in the work of C. G. Jung. During the years 1932-1958, correspondence between Jung and Wolfgang Pauli indicate that Pauli worked with his dreams images and articulated the relationship between sense perception and scientific concepts in the language of depth psychology, while Jung proposed a new law of science, synchronicity. Pivotal to this process is the dream, which can have implications for the future of science.

The Anti-experience Thesis of Dreams

Melanie Rosen (073)

In this paper, I present the theories of philosophers Daniel Dennett and Norman Malcolm, who argue against the received view of dreams as internal mental experiences. I shall explain why these theories are not supported by current epistemic knowledge, and put forward my own theory that opposes the received view.

Holographic Dreaming

Deon van Zyl (053)

Case dreams can illustrate how each separate image or activity in a dream contains a dialectical dilemma within it, and how this dilemma is reflected in the central dialectical theme of the whole dream. The dream as a whole is like a holographic plate, wherein each part of the plate contains the picture of the whole. In addition, a built-in dialectic within each image depicts the overall dialectical dilemma. A different form of Freud's condensation principle will be proposed.

Grand C

Research Symposium: Dream Imagery [CE]

RT
Dreams

Content Analysis and Potential Significance of Color in

Robert J Hoss (120)

A content analysis of color in spontaneously recalled dream reports was performed in order to investigate the potential significance and stimulus for color in dreams. The analysis was performed on 15,245 dream reports in the DreamBank.net database, plus 12,841 dream reports from long-term dream journals. One objective was to determine, to the degree possible from dream content, whether dream color reports simply reflect our waking visual experience or if the colors reported are influenced by neurological or psychological factors.

The Colour of Dreams: Age, Media Experience and Visual Imagery Abilities

Eva Murzyn (076)

Individual differences in frequency of black and white dreaming can be explained in terms of influence of black and white media, or as a result of different dream construction dependent on cognitive style and visual imagery preference. In this talk, I present three studies, relate the results to what we know about visual consciousness, and discuss how the results are relevant for our understanding of how dreams are constructed and remembered.

Speculations About Dream Control

Dan Gollub

Efforts to manipulate a factor or variable and observe its effect on dream content have been a focus of dream research. Efforts also have been undertaken to identify "exotic" (puzzling, unusual, extraordinary, or anomalous) dreams. This presentation proposes that mental exercises carried out in the falling-asleep period can affect both the content and quality of dreams. Four such exercises are presented. Attempts to assess the content and quality of dreams can be undertaken simultaneously with seeking to analyze the meaning of dreams.

Dream Remembering: Theory and Measurement

Connie Svob (154), Don Kuiken (155)

In what ways and in what forms do dreams continue to be remembered days, weeks, and even years later? To investigate the phenomenon of dream remembering, we designed a new questionnaire to measure and explore the dimensionality of dream remembering. We report the results of an initial study, identifying several emergent factors (e.g., liminal dream re-entry, cued daytime dream recall) that suggest the need for a multi-dimensional theory of dream remembering.

6:15 – 7:45 pm

DINNER

Dining Room

Dream group: The Genius of the Night Mind: New Tools, Tips and Techniques for Multidisciplinary Dreamgroups

Victoria Rabinowe (110) with Freya Diamond (111)

See Saturday's description of this ongoing evening dream group.

7:45 pm – 9:00 pm
Dreaming [CE]

Keynote Address: The Shamanic Power and Spirituality of

Grand C

Barbara Tedlock (216)

Dreaming creates a spiritual refuge between ourselves and the multilayered world surrounding

us. The reality of this sanctuary—located between the tangible and the intangible, the visible and the invisible, the audible and the inaudible—has long been recognized and described by shamans and mystics. In shamanic traditions, children’s dreaming is encouraged and created in dialogue with elders. As they learn to enact their dreams, they move beyond being into becoming and understand dreaming as a process of transformation within the landscape of their souls. When they fully enter this magical world, they find themselves able to shape shift into a bird—perhaps a pelican or a gull—and fly rapidly into the sky, or else they flip into a dolphin and plunge deeply into the ocean, then turn suddenly and shoot upwards, breaching joyfully into the open air.

In the indigenous world, dream incubation—including omen reading, vision questing, conscious dreaming, and the ingesting of sacred plant medicines—is actively practiced. Dreams and visions provide experiential signals and icons, manifesting spiritual power in dreaming and waking reality. In this talk I describe Ojibwe, Huichol, Mayan, and Shipibo visionary dreaming practices and show art works created by shaman-dreamers from these and other traditions.

9:00 pm – 11:00 pm EVENING EVENTS

Grand N

Multi media performance: Desert Dreaming

AH

Lana Nasser (035)

A journey through landscape and dreams in search of forgotten stories; combining video footage, dance, signing, and the spoken word to present dreams recalled and collected in the Jordan desert. Exploring the interplay between dreams, mythology, and landscape, the dreamer asks: In the earth, is there stored a memory of civilizations past, do old hymns linger in sacred sites, and could dreams help us to re-member them? And what of imagination?

Hospitality Suite

Volunteers Reception

Tuesday – June 30

7:30 am – 9:00 am **Breakfast**

Dining Room

8:00 am – 8:00 pm **Exhibits & Product Sales**

Stephens

8:00 am – 8:00 pm **Dream Art Exhibit**

Grand S

8:00 am – 9:00 am **MORNING DREAM GROUPS**

See schedule for Saturday, June 27 for descriptions and rooms

9:00 am – 9:15 am **Coffee Break**

Lobby

9:15 am – 11:15 am **MORNING SESSIONS**

Orly **Workshop: Dreamlike Ecstatic Postures: A Replication of Felicitas Goodman's Work**

CL *Nicholas E. Brink (037)*

From her examination of ancient and primitive art, anthropologist Felicitas Goodman identified a number of shamanic postures that produce different dreamlike/trance experiences: Spirit Journeys, Divination, Healing, Shape Shifting, and Death and Rebirth. This experiential workshop will attempt to replicate some of these experiences.

Salon C **Workshop: Creating with the Dreams of the Earth**

EARTH *Michelle Mangini (252)*

This workshop provides a brief explanation of current earth dreaming theories, with examples of how dream imagery is used in visual artwork to connect the human spirit with the Earth. Then, participants will listen to a guided meditation designed to begin the creative process, and allow intuition, vision and dreaming experiences to lead and inspire them! Participants should be prepared to explore various earthly materials, including bark, stone, charcoal, wood, shells, sand, etc. Paint, scissors, pencils and paper will also be available.

Salon B **Workshop: Dreams of the Earth and Its Seasons**

EARTH *Dennis L. Merritt (112)*

The workshop explores how dreams of the land and its weather and seasons can help place the soul and connect us to the environment. Personal and clinical dream material illustrates how one can work with such dreams for personal development and in a clinical setting. A 15-minute video, "Seasons of the Soul," illustrates the archetypal, mythical and spiritual dimensions of weather and the seasons, particularly in the Midwest. Participants will break into groups to share and discuss relevant dreams and personal connections to land, weather and the seasons.

Salon A

Cultural Symposium [CE]

CA

Shamanic Dreams Following Munay-Ki Rites

Laurette Dupuis, Chair (170)

Fifteen women and men from Quebec attended a retreat to receive the Munay-Ki, a set of nine shamanic rites from the Andes. These rites of initiation are conferred upon men and women when they are ready to become a person of wisdom and power. They facilitate the transformation of consciousness and guide people on their journey towards healing, wholeness, love and light. This presentation describes three of the rites and discusses three dreams that took place shortly following the retreat to find evidence of incorporation of elements of the rites; to recognize signs that the dreamer has been invested with the powers or wisdom conferred by the rites; and also to highlight and honor guidance to fully integrate the wisdom received. The goal of the dreamwork is particularly important because the transmission, although it can be fully experienced on a subtle level, can then be confirmed by the dream.

Dreaming and the Origin of Language

Arthur Schmaltz (201)

The dream process may be the natural system upon which human language evolved. Some languages are structured to make it transparent that dreaming is actively at work in the act of creating social reality through discourse. The West Greenland Inuit are at the high end of being a "dream integrated" culture. For the Inuit, the dream process is actively involved in structuring their ecological, social, and spiritual reality. I describe how the grammar, syntax and semantics of West Greenlandic are isomorphic with the way metaphors are created in dreams.

The Global View 2008: The Subconscious View of Life on

Planet

Barbara Condron (142)

Among the 200 participants included in the "moon" experiments January 22 through March 7, 2008, twenty-four dreamers live outside the United States. By pairing these 24 participants with a sampling of U.S. participants, dream similarities and differences were studied. What did these dreamers dream? 108 dreams were recorded and submitted, a subconscious snapshot of the inner consciousness of the people on the planet. This presentation offers a global view of dream content and dream states.

Dreaming in Early America

Geoff Nelson (058)

The current dreamwork movement, of which IASD is a leading proponent, is part of a historical continuum, going back to earliest times. In the Early days of the American Colonies and the

new nation of the USA, dreams played a key role in the culture of the colonists and the new nation. This paper will present an overview of that activity with some dream samples illustrating the practices used then.

Grand N

Hot-off-the-Press Research Session [CE]

RT

T.L. DeCicco, Chair

The Storytelling Method of Dream Interpretation in English and Italian: Dream and Discovery Content

T.L. DeCicco (230), D. Donati, (246), P. Mauro (247)

Associations of Lucid Dreaming Frequency with Individual Differences in Focused Attention and Reaction Time

Emma Bell (242) and Mark Blagrove (227)

Exploring The Dreams of Women with Breast Cancer: Dream Interpretation, Discovery, and Content Analysis

C. Wright, (229); T.L. DeCicco (243), W. Pannier (244), T. Lyons (245)

NREM Dreaming Early-Night Serial Awakenings as a Paradigm for Studies of

Valdas Noreika (228), Katja Valli (248)

Snake Mother Imagery in Generalized Anxiety Disorder

Siamak Khodarahimi (225)

Gender differences in attitudes toward dreams

Malgorzata Holda (119)

Significance of Dreams among UAE University Students

Mohamed O Salem (220), Mohamed A Ragab (250), Said Y Abdel Razik (251)

Grand C

Research Symposium: Gender Factors [CE]

RT

Gender Differences in Nightmare Frequency: A Meta-analysis

Michael Schredl (086)

Many studies have reported gender differences in nightmare frequency. Data from 99 independent studies have been included in the analyses. Overall, estimated effect sizes in three age groups (adolescents, young and middle-aged adults) differed significantly from zero whereas the gender difference in nightmare frequency was not significant for children and older adults. The smallest effect size was found for children (0.031), the largest for young adults (0.266). Studies explaining this gender difference, however, are still lacking.

Adulthood Typical Content of Dreams in Adolescence and Young

Alfio Maggiolini (168)

The study investigates the way typical contents of dreams develop through adolescence and young adulthood. A dream and a waking episode were collected from each subject (500 males and 500 females, 11-25 years old) according to "the most recent dream" method, and applied to "a recent life episode." Results show that spatial confusions, gravity content and physical hindering characterize such dreams while emotions are not more frequent in dreams than in wakefulness. Bodily consciousness is more frequent in dreams than in waking narratives and increases with age, not differently from the sexual content, while contents of attack decrease.

Dream Change in the Elderly: A Review of the Evidence

Milton Kramer (069)

The dreams of the elderly have not been of great interest to dream researchers or geriatricians. The literature reveals a decrease in dream recall and characters in the dreams of the aged but an increase in family members in their dreams. Social interactions are decreased and gender differences found among the social interactions. Affect is generally decreased but death anxiety is increased. Regression occurs in dreams and the style of dreaming changes, with men becoming more passive and women more active. Disorders of dreaming may have diagnostic significance.

11:15 am – 11:30 am Transition

11:30 am – 1:00 pm LATE MORNING SESSIONS

***Orly* Workshop: Yoga Dreaming**

AH *Bethany Keen (254)*

Through understanding the nature and relationship of our breath, the body and its connection to our consciousness, we can deepen the power of our dreams. By utilizing simple yogic techniques, learn to rejuvenate and balance the body, causing relaxation. This workshop includes a discussion on the relationship of the outer body to the inner body, and walks the practitioner through simple tools to open and rejuvenate the outer body, in order to reach a stronger connection to the inner body through deep relaxation, and dreaming. Bring a yoga mat or firm blanket, and your dream journal.

***Salon C* Special Event: Drawing the Dream Awake**

CL *Uma J. Markus (070)*

Drawing the Dream Awake is an artistic journey into the dream world of the artist to renew her life. The images unfold on a PowerPoint presentation as the artist narrates a 30-minute story followed by a question/answer discussion with the audience.

***Salon B* Workshop: Making Marks: Bringing the Visual into the Dream**

CL *Walter Berry (146)*

In this interactive workshop exploring the use of the visual to open up dreams, we will choose dreams from the group and have the dreamer draw their own dream. When we honor our

dreams by giving them a visual voice, they evoke emotions, thoughts, and concepts that can lead the dreamer and the listener into deeper understanding. Using the visual clues that we create, we use the Ullman/Taylor projective dreamwork approach to open these dreams and their images, and see the places this takes us. You will be surprised what happens.

Salon A

Workshop: Dream Incubation: 10 Principles

CL

Nicole Gratton (074)

1) Collaboration: Dreams are our best allies. 2) Compensation: Dreams balance our emotions. 3) Elimination: Dreams purify the mind. 4) Information: Dreams make sense of the day. 5) Intention: Dreams depend on our expectations. 6) Experimentation: Dreams offer a personal laboratory. 7) Communication: Dreams put us in contact with others. 8) Transformation: Dreams contribute to our personal development. 9) Intention: Dreams nourish our creativity. 10) Premonition: Dreams project us into the future.

Grand N

Spiritual Symposium

RSP

Sources?

Angels in Dreams: Do They Originate From Internal or External

Robert L. Van de Castle, Chair (143) and Janice Baylis (144)

Dr. Van de Castle collected 100+ accounts of dreams involving angels. He will discuss accounts which suggest these dreams might be attributable to altered ego states similar to the concept of the ISH (Internal Self Helper) appearing in cases of MPD (Multiple Personality Disorder). The more traditional view taken toward angels is that they serve as messengers sent from a higher spiritual source to assist humankind. Dr. Baylis will discuss examples of dreams describing the physical appearance of angels as well as some of their helpful roles in providing warnings, comfort, healing and inspiration to dreamers.

Waking Life

The Owl and the Pussycat: Animal Visitations in Dreams and

Katrina Martin Davenport (002)

Follow a dreamer through a month of phenomenal dream and waking-life interactions with owls, cats, hawks, and her inner artist. See what happens when group and individual dreamwork and synchronicities speak directly to her soul, illuminating her path and lighting a fire that leads to amazing life changes. Witness the power of deep dreamwork in action.

Extraordinary, PSI, and Repetitive Dreams

Daniel Condron (113)

Is it possible to predict the outcome of events in our lives based on repetitive and recurring dreams? Forty years of studying thousands of dreams from hundreds of dreamers, at the School of Metaphysics and in private consultation, indicate repetitive dreams move toward a climax. Three common repetitive dream themes will be examined: (1) being in school long after the dreamer graduated, (2) being in houses that keep changing, and (3) a deceased person who is alive in the dream. We explore the commonalities in how this happens by drawing on dream experiences of famous and not-so-famous people.

Grand C

Research Panel: Dreaming by Ages [CE]

RT

Gary Goodwin, Chair (179), Michael Schredl, Patricia Garfield,

Ernest Hartmann

While we dream across our lifetime, the character of our dreams changes as we age. The various seasons of our lives offer differing dream themes and images, as well as differing types of nightmares. This panel will look across our life span, showing us where we have come from, where we are now, and where we are going in our dream world.

How Children's Dream Themes Differ from Adult's Dream

Themes

Patricia Garfield (180)

Do dream themes of children differ substantially from those of adults? If so, how? In this paper, Dr. Garfield describes three major contrasts in dream themes and imagery between the two groups (including some examples from Federico Fellini's recently published dream journals) and discusses their implications.

The Continuity Hypothesis of Dreaming

Michael Schredl (182)

The continuity hypothesis postulates that dreams reflect waking life directly. Since everyday life changes across the life-span, dream content is expected to change in a similar way. In a representative survey in Germany, we found that formal aspects of dreams like bizarreness and intensity of emotions do not change with age. Dream content, however, clearly indicate differences between young persons and older persons. Empirical findings support the continuity hypothesis of dreaming.

Discussant: Ernest Hartmann (181)

Dr. Hartmann will lead the discussion and make mention of his own dream journaling, observations in his studies, and future directions we can take to further document the changes in our dreams across our life span.

1:00 pm – 2:15 pm

LUNCH

Boardroom

IASD Board Meeting (until 6:00 pm)

2:15 pm – 3:15 pm

AFTERNOON SESSIONS

Salon C

Cultural Seminar (until 3:45 pm) [CE]

CA

Ecology of Dreaming

Arthur Schmaltz (185)

Cross-cultural research reveals that all human societies can be ranked on a "dreaming/waking integration scale". Cultures that integrate dream information into waking behaviors rank on the high end of the dream integration scale. These dream aware societies tend to display more benign and harmonious relationships to their natural environments. I will briefly describe how

dreaming plays a major role in the subsistence ecology of the Cree of upper Manitoba. I will argue that dreaming serves as an ecological mechanism that can continuously harmonize the organism to its environment.

“Dreams come from outside”: An Ethnography of the Night in the Peruvian Andes

Arianna Cecconi (253)

This paper is an analysis of the value and social use of dreams in two rural communities in the Peruvian Andes. In my research, I explored the importance of the dreaming dimension, the links between dream and action, the prophetic power ascribed to dream experience and the political consequences of the social narration of dreams. During the 80's and 90's, the region of Ayacucho (Peruvian Andes) has been the theatre of an armed conflict; thus, the research focuses on the relation between dreams, war, memory and trauma.

Salon B

Workshop: Dreams for the Great Crossing Over

ED

Monique Séguin (072)

A presentation of various scenarios of dreams from people at different stages of age at the end of life. From her work experience, Monique will present what can be heard in a milieu where death is so close. The dream could also be from a family member. To introduce dreams as a toll of communication, to see the feeling of the dreamer, different scenarios to help to see the 'Here and Now.'

Salon A

Dreamwork [CE]

Special Event: Reflexes: Discovered and Restored through

CA

Sven Doehner (202)

All movement initiates and is based on our reflexes. We will take advantage of some images from dreams to demonstrate how we can discover, explore and restore our relationship with the involuntary responses to specific stimuli we call reflexes. Our goal is to demonstrate how to discover and modify unconscious patterns in the lives of our patients by working with reflexes that appear in dream images, to open new choices in responding to difficult or unexpected situations in their everyday lives.

Grand N

Public Television

Special event: DREAMTIME: An Integrative Health Series for

CL

Viki Anderson (124), Richard Brendan (125)

DREAMTIME's communication goal is to educate, inform, entertain and inspire the PBS audience to better understand the power and influence that our nightly journeys have in guiding our waking lives. *This session repeats Saturday evening's showing of the DREAMTIME segment "Universal Archetypes."*

Grand C

Research Seminar [CE]

RT **Meaningful Novelty Processing During Sleep in Dreamers versus Non-Dreamers: An ERP Study**

Perrine Ruby (071)

Does dreaming modify the cerebral processing of external stimuli? For example, can we find an effect of dreaming on brain responses evoked by meaningful sounds presented during sleep? To test this hypothesis, we investigated brain reactivity (using event-related potentials) to verbal and meaningful novel auditory stimuli during wakefulness and sleep in two groups, Dreamers and Non-Dreamers.

Disentangling Patterns of Variance in Dream Reports: Bridging Art and Science

Willem Fermont (043)

A longitudinal study of 328 dream reports and annotations is presented showing that dream volume is extremely variable, but, over long time, remarkably constant and that dream recall "decay" is a consequence of reporting attitudes. Dream and annotation reporting styles evolve differently. The observed patterns are assigned to the author's mechanism of dream interpretation. With time, dream constituents seem to become interpreted and consolidated less coherently. Significance monitoring reveals pre-conscious patterns of behavioural change. We hypothesise that the patterns relate to driving artistic creativity mechanisms. This hypothesis is underpinned by authentic dream drawings.

3:15 pm – 3:30 pm Transition

3:30 pm – 4:30 pm LATE AFTERNOON SESSIONS

Salon B **Interactive presentation: Qigong Dreaming**

CA *Christina Bjergo (085)*

Learn an Asian inner cultivation technique for awakening inner awareness and dreaming. Through this nature-based movement meditation, individuals learn to work with life force energy or "qi." Harmonizing with the universe through visualization and spontaneous movement, a doorway to the collective unconscious opens to the qigong practitioner. Qigong is an easy to learn cultivation tool for inner alchemical transformation. Purification of the body-mind through qigong improves the quality and quantity of dream guidance facilitating the journey to wholeness and authenticity. Built upon Taoist philosophy it is a means to greater health, joy and illumination for individuals of all traditions.

Salon A **Clinical Film Event: The Power of Dreams [CE]**

CL *Alan Siegel*

Excerpts from the Discovery Channel special, *The Power of Dreams*, will be presented with a short opportunity for discussion. Well-known experts are featured with outstanding graphics, dream re-enactments and demonstration of techniques. The presentation is relevant for those seeking CE credits but is of interest to all attendees.

Grand N

Hot-off-the-Press Research Session [CE]

RT

An Animated Introduction to the Theory of Emotional Selection

Richard Coutts (221)

Thematic Content of Intentional Kundalini Experiences in

Lucid Dreams

Ted Esser (231)

Grand C

Theory Seminar

RT

Are We Really Deceived by Our Dreams? Integrating the Perspectives of Epistemology and Philosophy of Mind

Jennifer M. Windt, Chair (183)

Dreaming raises questions about our ability to acquire knowledge about the world, and about the conscious experience of dreaming. The former have been extensively discussed in the epistemological debate on dream skepticism, whereas the latter are related to the ongoing controversy on the status of dreams as conscious experiences. This paper confronts classical dream skepticism with empirical dream research and philosophy of mind, suggesting a revised version of dream skepticism built on different scenarios of actual dream deception. Consequences for philosophical and empirical theories of dreaming are discussed.

Intimations of the Infinite Nature of Being from Recollections of Personal Dreams

Tony Hawkins (065)

The universe is an infinity strikingly manifest in intelligent beings. Acquiring and maintaining the awareness of this manifestation is essential, yet many of our educational systems and scientific paradigms suppress it. Dreams bring us, in self-discovery, experiential knowledge of our link with higher intelligence. The presenter's personal dreams and thoughts are offered in illustration.

4:30 pm – 4:45 pm

Juice Break

Lobby

4:45 pm – 5:45 pm

Special Event: The Aesthetic of the Dream in Surrealist Film: Buñuel, Cocteau, Anger, Deren [CE]

Grand N

Bernard Welt (200)

AH

The surrealist cinema of the 1920s-'40s was a key cultural element in increasing popular interest in dreaming, psychoanalysis, and the unconscious mind. The most promising and provocative recent theories of dreaming show the continuing relevance of the subversive program of filmmakers such as Luis Bunuel, Jean Cocteau, Maya Deren, and Kenneth Anger.

5:45 pm – 7:30 pm

Dinner

Narita

Conference Advisory Committee Dinner Meeting

7:30 pm – 8:30 pm

Costume Parade and Judging

Grand Ballroom South

8:30 pm – Midnight

Annual Dream Ball

Grand Ballrooms Central and North